

PRESS RELEASE

FOR IMMEDIATE RELEASE

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MU Extension, St. Louis County “Make and Take” Food Preservation Classes

Did you plant a big garden this year and want to reap the benefits all year? Have you always wanted to try canning, but you are not quite sure where to begin? Did your mom or grandma used to can, and you want to try out their old recipes? These are the perfect classes for you!

In this Food Preservation workshop, you will learn how to preserve your own harvest safely. This is a hands-on class, which will allow you to “make and take” your products home for you to enjoy! You will learn how to can vegetables, salsa & fruits, and how to pickle vegetables. There are two classes offered. Sign up for one or both!

“*Make and Take*” workshop details:

- When: Saturday, July 8 or 15 9:30 a.m. to 3:00 p.m.
- Where: Webster Groves Rock Hill Ministries, 111 E. Waymire Ave., Webster Groves, MO 63119
- Fee: \$30 per class
- Instructor: Leslie Bertsch, Nutrition Education Specialist, 314-400-7397 or [bertschl@missouri.edu](mailto:bertschl@missouri.edu)

Register: Call Amy Armstrong at 314-400-7632 or go [here to register](#).

Additional information about upcoming classes and events at University of Missouri Extension in Saint Louis County can be found online at <http://extension.missouri.edu/stlouis>. Please follow us on [Twitter](#). Like us on [Facebook](#).