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January, 2018
St. Charles County Edition

260 Brown Road, St. Peters, MO 63376 636-970-3000
<http://extension.missouri.edu/stcharles/4h.aspx>

Dates to Remember

January

- 8 Fair Board meeting, 7 p.m.
- 13 Shooting Sports Safety
- 15 Martin Luther King Holiday - office closed
- 17 Poultry Meeting, 7 p.m.
- 23 Junior Leader meeting, 7 p.m.
- 29 Sheep Project meeting, 7 p.m.
- 31 4-H Council meeting, 7 p.m.

February

- 1 State Congress scholarship application due
- 6 County rabbit project meeting, 7 p.m.
- 8 Swine meeting, 6:30 p.m.
- 12 Fair Board meeting, 7 p.m.
- 12 Beef Project meeting, 7 p.m.
- 17 Shooting Sports Safety Snow Day
- 21 Shotgun project orientation - 6 p.m. - Daniel Boone Gun Club
- 23 Recognition Night, 7 p.m.
- 24 Mandatory Market Beef Weigh-In
- 26 King and Queen demonstrations

March

- 1 Camp registration due
- 5 Fair Board meeting, 7 p.m.
- 5 .22 Rifle orientation, 7 p.m.
- 6 County rabbit project meeting, 7 p.m.
- 10 Fair Board dinner auction
- 15 Archery orientation, 7 p.m.
- 15 Club fundraising money due in the Extension office, 4:30 p.m.
- 24 Fun Festival
- 24-25 State 4-H Teen Conference
- 28 4-H Council meeting, 7 p.m.

Important--Camp Registration

Recently, all St. Charles County families received an email explaining camp registration procedures. Did you miss it? The letter and registration forms are posted on our website at <http://extension.missouri.edu/stcharles/forms.aspx> Initial application and deposits for all campers and counselors are due March 1. Camp will be held June 11-12 for counselors and June 12-14 for campers. Counselor camp will cost \$60 and regular camp will cost \$150.



Scholastic Action Sports Program

If you have a location suitable for the Scholastic shooters to practice, please let Bob Pratte know. Bob can be reached through email at pratte1@charter.net

Poultry Project Meeting

There will be a meeting for all poultry project members, January 17, at 7:00 p.m., at the Extension Center, 260 Brown Road, St. Peters. You should have received a detailed letter about this meeting. If you didn't, please contact the office. This is an important meeting and all poultry project members are encouraged to attend. Parents are welcome also.

Swine Project Meeting

There will be a countywide swine project meeting, February 8, 6:00 p.m. at the Extension Center. All swine project members should plan to attend this important meeting.

Beef Project Meeting

There will be a countywide beef project meeting on Monday, February 12th, 7 p.m. at the Extension Center. All beef project members should plan to attend this important meeting. There will be information provided to help you with the beef project, upcoming events and county fair information. Contact Denny Meyer at 636-262-1460 if you have any questions. Please make every effort to attend.

Dog Project Meeting

2018 4-H Dog Project meetings will start on **Sunday, January 21st at 5 p.m.** **This first meeting will be held without dogs and we will be in a different location than regular meetings.** The goal of this meeting is to outline the

project calendar for the year, discuss the proper equipment needed for training, and review the activities involved in being on the St. Charles County 4-H Dog Care Drill Team.

We will have some of our select 4-H Therapy Dogs at this meeting to be used as demonstration dogs as we review the basics and discuss what level of training each of our members have accomplished.

Sunday, January 21 meeting - 5 p.m.

K9 Bed n' Breakfast
7333 Weldon Springs Road
Dardenne Prairie MO 63368

Recognition Night

Recognition Night is set for February 23, 7:00 p.m., at the Extension Center, 260 Brown Road, St. Peters. This important event is the time that 4-Hers are recognized for all of their hard work during the 4-H year. The Friend of 4-H and Alumni awards are also given out at this event. Everyone is welcome to attend.

2018 Fun Festival

It is time to start planning for the Fun Festival, which is scheduled for March 24, 2018. This annual event is always a lot of fun with game booths, food, and the coronation of our 4-H King & Queen. Refreshments will follow after the coronation. Clubs should decide what kind of a game booth they will have, and decide how they will raise money for the 4-H Council. Booth descriptions are due in the Extension Center by March 1. Booths cannot be duplicated, so it is best to get your choice in early. The 4-H club fundraising money is due in the Extension Center by 4:30 p.m. on March 15.

Ruth and Jim Mellor 4-H Scholarship/State 4-H Scholarships

We are pleased to announce a special \$500 scholarship opportunity through the Missouri 4-H Foundation. The fund has been created in honor of Ruth & Jim Mellor, who have been passionate 4-H volunteers since 1987.

Ruth Mellor was a graduate of 4-H in Ray County, Missouri, and she has served as the club leader for the Harvester 4-H Club since 1989. Both Ruth & Jim Mellor have served as project leaders for a variety of projects, including Foods, Clothing, Visual Arts, and Woodworking.



Applicants must be a present or former 4-H member from

St. Charles County that is planning to enroll or be enrolled as an undergraduate at an accredited 4-year college or university, community college, technical or trade school or in a graduate program. The scholarship recipient is not limited to Missouri schools.

Preference in awarding the scholarship will be given to current or former 4-H members from the Harvester 4-H Club. In the event there are no qualified applicants from the Harvester 4-H Club, the scholarship may be awarded county-wide. If no county applications are received, the scholarship will be awarded statewide.

Like the other Missouri 4-H Foundation scholarships, the scholarship application is based on the Missouri Recognition Form. Once you complete the MRF form, you've completed most of the narrative for the scholarship application, too.

A number of other 4-H scholarships are available through the Missouri 4-H Foundation. Present and former Missouri 4-H members, planning to enroll in college in the fall, may apply for these scholarships. One Missouri 4-H Scholarship Application permits the applicant to be considered for any available scholarship, subject to the conditions specified by the donors. If you are interested in applying, call the Extension Center for the application form and complete details or visit the website <http://4h.missouri.edu/foundation/scholarships.aspx>. Applications require a signature at the county level. Applications are due in the Extension Center by February 23, 2018 to allow for processing.

Missouri State Fair "Youth in Agriculture" Scholarship

The application deadline for the Missouri State Fair Youth in Agriculture Scholarship is February 1, 2018. Seniors graduating in 2018 may now apply at the Missouri State Fair's web site <http://www.mostatefair.com/youth-in-agriculture>. To be eligible for a scholarship, an applicant must be a high school senior and be an active 4-H or FFA member; have participated in the Missouri State Fair as a 4-H or FFA exhibitor; have plans to enroll in an accredited Missouri college or university with a major in agriculture; have not sold livestock in any past Missouri State Fair Sale of Champions.

Market Beef Weigh In

This is a reminder that the mandatory market beef weigh in and ear tagging will be held February 24, from 9:00 a.m. until noon at the St. Charles County Fairgrounds located in Rotary Park, Wentzville. The market beef animal must be at the weigh in and receive an ear tag in order for the 4-H member to show at the county fair in July. All beef project leaders are asked to contact Denny Meyer (636-262-1460)

for further information and to volunteer to help at the weigh in.

Nose Printing Of Market Steers

Nose printing of market steers for the Missouri State Fair is required again this year. Legible nose prints will be required before an animal can be named Breed Champion or Grand Champion. Nose prints are due in the Missouri State Fair office by March 15. If you plan to send a market steer to the Missouri State Fair, you can get your steer nose printed and ear tagged at the county weigh in on February 24.

Swine Weigh In

The mandatory swine weigh in will be held April 28, from 8:30 a.m. until 11 a.m. at the St. Charles County Fairgrounds located in Rotary Park, Wentzville.

Lamb Weigh In

The mandatory market lamb weigh in will be held May 5th. Please mark this date on your calendar. We will have more details in a future newsletter.

Spring 2018 Shooting Sports Leader Certification Workshop

Are you interested in becoming a certified Shooting Sports leader? Well look no further! The spring Shooting Sports Leader Certification workshop is taking place March 23-25, 2018 at Camp Jo-Ota in Clarence, Missouri. Registration will be open via 4HOnline from January 1st until full. Registration is limited and will close when a discipline class reaches maximum number; or when the camp is full. All registrations accepted on a first-come, first-served basis when accompanied by a \$90.00 fee. Reimbursement is available upon successful completion of the training. Workshops usually fill up, so don't procrastinate-register ASAP! For more information about the workshop click on the following link: <http://4h.missouri.edu/shooting-sports-events/shooting-sports-leader-certification>



Shooting Sports Orientation Meetings

All orientation meetings should be attended by the youth and at least one parent or guardian.

- Shotgun - February 21, Daniel Boone Gun Club, 6 p.m.
- .22 Rifle - March 5, Extension Center, 7 p.m.
- Archery - March 15, Extension Center, 7 p.m.
- BB/Pellet - April 12th, Practice Site, 6 p.m.

2018 Missouri 4-H Equine Tour

Join up! The 2018 Equine 4-H tour, May 21-28, will be headed west to Nebraska, Wyoming and Colorado exploring the equine world for teens dreaming of an equine related career or aspiring to learn more about the horse world. Each year's tour has a unique itinerary to help youth explore the diverse equine industry indigenous to the destinations. The 2018 will have a focus on the both English and Western performance, the rodeo and entertainment industry and visits to leading medical facilities. The itinerary will include visits to top horse ranches, dude ranches and a Colorado mountain trail ride. One of the higher education visits will be at Colorado State University in addition to meeting nationally recognized leaders and trainers in the equine industry.

The \$650 tour fee includes charter bus transportation, tours, trail ride, hotels, meals, tour t-shirt, travel bag and other associated costs. Applications are available: <http://4h.missouri.edu/equine-tour/equineregist> The fifty tour seats typically fill prior to the March 1 deadline. To avoid disappointment, submit complete application packet early! Questions? Debbie Davis, davisdd@missouri.edu or 816-539-3765.

Public Speaking Academy

The 4-H Public Speaking Academy is preparing for its seventh year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking.

The Academy will be June 20-21, 2018 and registration is due May 17. Lodging will be provided on the campus of Central Methodist University in Fayette, Mo. The cost is \$100.

For more information, contact Patty Fisher at fisherp@missouri.edu or 573-324-5464 and be sure to download the brochure on the Missouri 4-H page at <http://4h.missouri.edu/public-speaking-academy/main>.

Get Your Ticket to Leadership!

This March, go on location for an epic leadership adventure at the 2018 State 4-H Teen Conference! The theme is Lights...Camera... LEADERSHIP! and your State 4-H Council teens are making this another fun and exciting event for youth ages



11-13. Teen Conference is the first big trip away from home for many 4-H'ers, and it's a good choice. You'll meet amazing new friends, learn how to be a better leader and get a heads-up on all the exciting things waiting for you as a 4-H teenager! Teen Conference is safe and fun, and the hotel is super nice. Cost is \$179 (if you share the large bed with a friend you select) or \$229 (if you prefer your own bed). The production starts just after noon on Saturday, March 24th and the wraps at 11 a.m. on the 25th. Teen Conference registration is open at <http://mo.4honline.com> from December 1 to February 15. Be sure you don't miss out!

State 4-H Congress

Our registration materials are posted on the website – take a minute and look over the possibilities to participate and be ready to register early to get your choice of session(s).

Mark your calendars now and get registered for the 2018 State 4-H Congress. Registration opens for chaperons on February 1 and for delegates on March 1. The State Council has worked hard to plan our event this year to be different and new!!!

Sessions geared toward Career/College Readiness will be offered for several different Career Pathways. You will have a choice of selecting two different sessions in the morning on Thursday. The afternoon Leadership Sessions are all new subjects.

We have been invited to have our Wednesday evening meal in the Columns Club on the east side of Mizzou Stadium and then a tour of that area after dinner.

We will continue fund raising for 4-Hers Helping 4-Hers through the Dodge Ball Tournament.

Our Regional Representative Elections will be held on Wednesday during the 4:00 p.m. regional meeting. State Officer elections will be held on Thursday following the evening assembly.

JOANN Paper Clover Campaign

We are pleased to announce the Paper Clover campaign is coming to JOANN stores!

During the month of February, millions of JOANN customers, 4-H members and supporters will have a chance to share their hearts and show their love by equipping local Clubs with resources to reach more kids in need.

Here's how:



1. Support the 4-H Paper Clover Campaign by visiting your local store between February 1 and 28, 2018. Donate \$1 or \$4 at purchase, and you'll receive a clover

featuring a special Valentine's Day craft from FamilyFun. With each \$4 donation, you'll get \$4 off your next purchase.

2. Join hundreds of 4-H youth February 3, 2018, from 11am-2pm to make and deliver custom Valentine's Day cards to local children's hospitals, senior citizen centers, and others in the community. Visit your local JOANN store to participate.

Missouri Youth Civic Leaders Summit THE COURAGE TO LEAD!

When - March 2-4, 2018

Where - Windermere Conference Center, Missouri

<http://4h.missouri.edu/YCLS/main#gsc.tab=0>



2018 Registration is now open!

- Counties can coordinate registration of one or more teams of teens/adults to attend. Registration is open until Feb. 1, 2018.
- Teams are made up of teens ages 14-18, and one or more adult team leaders (staff, volunteer, parent).
- Teams can represent a local club, council, afterschool program, community group, organization, community or countywide effort.
- Teams have a minimum of 3 members (1 adult, 2 youth) and a maximum of 10 members (2 adults, 8 youth).
- Open to 4-H members and non-4-H members; adults must be approved as 4-H chaperones by the event.
- Registration is \$160.00 (youth/adults). Limited financial assistance available for youth with financial need (scholarship application required).
- For the first 20 teams to register, the adult team leader receives a discount registration (\$100.00 off).
- Counties can set local team registration due dates in advance. Space is limited, so early registration is encouraged!

2018 Highlights...

- Summit welcome activities, with Lafayette County 4-H and Missouri Community Betterment youth leaders!
- Dylan Johnson, youngest staff member of the Missouri Governor's Office, and Carey Portell, "Stronger Than Yesterday" speaker from St James, MO!
- "First Impressions" and youth engagement best practices, with Wisconsin 4-H youth/adults!
- Teambuilding and breakout sessions, with Mizzou Alternative Breaks, student experts on service-learning trips!
- Saturday Night Team Talent Showcase, with Mizzou Collegiate 4-H!
- 3 workshop tracks, 3 recreation options, including the EDGE Challenge High Ropes Course!
- \$200.00 mini-grants for teams to plan and carry out projects in 2018!

Questions? Please contact Dana Joerling, 4-H Youth Specialist at joerlingd@missouri.edu



Clover Kids Corner

Who doesn't like to get their hands messy AND help a bird? One of the best ways to engage youth in helping birds during winter is to have them create Bird Suet. If you look for recipes on Pinterest but not all ingredients attract all birds and sometimes there are things we might not consider as being good or bad for birds.

Here is their suggested recipe for Suet from September 2011's Xplor magazine article "Whip Up Some Bird Treats" published by Missouri Department of Conservation:

Suet - animal fat mixed with seeds, nuts and berries - is like candy for insect-eating birds. Fill a feeder with the stuff, and birds of every color and costume - from brightly colored [blue jays](#) to boldly patterned [woodpeckers](#) to understated but animated chickadees - will trick or treat your backyard. This super-simple suet recipe is sure to bring the birds flying. Use it to make suet beads or to fill a homemade suet feeder.

MIX THE FOLLOWING INGREDIENTS TOGETHER IN A LARGE BOWL:

- 1/2 cup shortening or lard
- 1/2 cup peanut butter (*this can also be something like WowButter if there is a peanut allergy among the kids*)
- 2 1/2 cups cornmeal or oatmeal
- 1 cup black-oil sunflower seeds
- 1/2 cup raisins

TO MAKE SUET BEADS:

1. Use your hands to roll the suet mixture into golf-ball-sized balls.
2. Carefully poke an old pencil through the center of each ball.
3. Chill the suet balls in your freezer until they are firm.
4. Thread the balls onto rope or wire and hang them outside where you can see them.

TO MAKE A HOMEMADE SUET FEEDER:

1. Find an old egg carton.
2. Use scissors to carefully cut a half-inch-wide hole in the bottom of each egg cup.
3. Use a spoon (or your hands if you don't mind getting messy) to fill each egg cup with the suet mixture.
4. Close the carton and wrap rubber bands around the outside to keep it closed.
5. Tie the carton, with the bumpy side facing out, to the trunk of a tree where you can see it from inside your house.





Club Corner

At the December 14th meeting of the **Callaway 4-H Club** we had a Pizza Party with Kool-Aid , Pizza, and cookies. We also played rob your neighbor. We talked about fundraisers and also discussed important dates including the shooting sports safety class, and all the animal meetings. We voted on basket ideas for the Fair Board Dinner Auction. (Chloe Hellweg, Reporter)

The **Twin Rivers 4-H Club** met on December 12, 2017 at the Extension center. We had our Christmas party. The club provided pizza and lemonade/kool-aid. Each family brought cookies to share for desert. Each member brought a gift and we played a game of rob your neighbor. The meeting was ended with a game. (Abbey Signorino, Reporter)

On November 16th, the **Point Prairie 4-H Club** had our monthly meeting. We had three former 4-H members, Gordie Steinhoff, Stanley Steinhoff, and Dan Schulte come and share the story of their honor flight that they had just returned from. They told us about the memorials they saw and talked about what a great experience it was. They all shared that it was great to be with the other veterans to share this experience and how special they were all treated. Our club cooked dinner for our local VFW and visited with the members and thanked them for their service. On December 10th our club had a brief meeting and pizza party then did one of our favorite yearly club activities. We went Christmas caroling to several elderly members of our community including a stop at a nursing home. We also sang at Frontier IGA that was closing and thanked them for always supporting our 4-H club. (Clare Dahm, Reporter)

Club Events open to all!

The **Pauldingville 4-H Club** is having a Meat Shoot on Saturday February 10, 2018 starting at 12 p.m. at the Wentzville VFW Post 5327. All proceeds will be used by the 4-H club for local community service donations. All ages are welcome. Bring your own guns or house guns will be available to use. For more information, please see enclosed flyer.



**MEAT
SHOOT**



The **Flint Hill 4-H Club** is having a YOUTH Trivia night on Friday, February 9, 2018 at the Extension Center. Doors open at 6:30 p.m. and trivia begins at 7 p.m. Ages 8 to 18 are welcome to play. \$10 per person or \$80 for a table of 8. RSVP by February 7, 2018. If your table is reserved and paid by February 5th, you get a free pizza! Please see the enclosed flyer for more information.

HAPPY MLK DAY





4-H Move Across Missouri

4-H Move Across Missouri (MOVE) is back for 2018! Youth and adults can register for it on 4HOnline! Enrollment for new and re-enrollment for current MOVErs begins January 1, 2018 and continues until May 1 (please make sure to register by May 1 so you can participate in the competition!). As you know, MOVE promotes physical activity and encourages youths to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Here is what youth and adults need to do to participate:

- Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects.

Using a paper tracking system found on the 4-H website at: <http://4h.missouri.edu/4hmove/moveinfo>, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12 week competitive period between May 1 - 15 in 4HOnline.



4-Hers and adults can register for the competitive event as individuals and/or as part of a team. An individual MOVEr may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided.

For more information about 4-H MOVE visit - <http://4h.missouri.edu/4hmove/main>

UNIVERSITY OF MISSOURI Extension

Now Hiring!

The position of Receptionist/Administrative Assistant is being hired for 32 hours per week. The St. Charles County Extension Council is seeking a friendly, professional and organized individual to provide office support. Essential duties include: primary office reception, maintaining records and other administrative duties in support of the council and MU Extension faculty. [Position description and application](#)

Clovers & Congratulations

- ✿ Congratulations and Thank-you to all of the members and volunteers that participated in the Shooting Sports Calendar Fundraiser. A total of \$930 was received by St. Charles County. Of this amount, \$520.80 went to support Shooting Sports and \$409.20 went to support your St. Charles County 4-H Council.