

Scotland County 4-H Newsletter

SEPTEMBER 2017

The Scotland County Fair board has invited us to attend their September meeting. It will be September 17th from 4-6PM @ the art hall. Please come to express compliments, concerns, or your ideas for improvements.

The September 4-H Council Meeting is September 20th at 7:00PM at the Courthouse. We will be electing new officers. If you would like to be an officer let Kristy know at the Extension Office (660)-465-7255 by Sept. 18th to be on the ballot.

Calendar

- September 17
SC Fairboard Mtg
4:00-6:00PM @ Art Hall
- September 20th
4-H Council Mtg
7:00PM Courthouse
- October 1-7
National 4-H Week
- October 1
New 4-H Year Begins
- October 6
End of Year Reports Due

The End is NEAR!!!- RECOGNITION IS COMING!!!

As we get ready to wrap up another great year in 4-H, please keep in mind that in 4-H we operate with the Do-Reflect-Apply Model. This year you have gained knowledge and skills and as we complete the year, we would like all of our members to reflect or think about the experiences and project work you have completed as we look to beginning enrollment on October 1st for the New 4-H Year. Completing recognition forms allows members to reflect on what they have accomplished in 4-H this year and be recognized for those efforts. Completing the appropriate State Level Recognition Forms allow you to be eligible for awards on both the county and state level. It is required to complete a project record with a project story for one project to earn a completion pin! Check out our website <http://extension.missouri.edu/scotland> for the report forms and project records or contact the Extension Office.

As you complete these forms, tell us three things:

1- What did you do?

2-What did you learn?

3-What do you plan to do next?/Why is what you did/learned important?

These forms take some time, so start on them as soon as you can! If you have questions, please ask ahead of the deadline. Recognition is usually a Sunday Evening in November, so watch for the date and complete your forms to be recognized.

****Recognition Forms, Youth Services to Communities (club leaders), Secretary Books and Treasurer Books are due to the Extension Office no later than October 6th by 3:30PM. These WILL NOT be accepted late!!!**

National 4-H Conference

Do you have an interest in government, public policy, or working with others to solve a problem in your community? Then National 4-H Conference may be the place for you! It is the premier professional and leadership development event for 4-H members ages 15-19. While attending National Conference, you will work with other youth to create solutions to some of today's social problems like distracted driving, childhood obesity and others. You will then have the opportunity to present your ideas to government agencies that can put your ideas to work such as the National Institute for Health, the National Traffic Safety Board and others. You will learn effective ways to advocate for an issue and can then bring those skills home to your local community.

If you are interested, you will need to complete the Level 3 State Recognition Form, answer an additional four questions about your citizenship experiences and if selected for regional and/or state judging, prepare a presentation about a current topic. Youth may only participate in this conference once, but if not selected this year, may continue to apply as long as they are still age eligible.



Missouri Cattleman's Foundation 2018 Scholarships



Applications are available for the 2018 scholarships from the Missouri Cattleman's Foundation. Applicants must be a Missouri resident and a current paid member of the Missouri Junior Cattlemen's Association or their parent/guardian must be a current paid member of the Missouri Cattlemen's Association. This scholarship is available to high school seniors or full-time college students and can be found at <https://www.mocattle.org/scholarshipprogram.aspx>.

America's Farmers Grow Communities

Farmer enrollment is open now through November 30th for Monsanto Fund's America's Farmers Grow Communities. Please encourage local farmers to visit [www. Growcommunities.com](http://www.Growcommunities.com) to enroll or find a complete list of eligibility requirements. Through this program, local farmers have the chance to direct \$2,500 donations to rural non-profit organizations.



Outbound Exchange Opportunity

Just as 4-H goes beyond our doorstep and your county line, it also goes beyond our nation's borders. 4-H Global Education contributes to understanding peoples of the world through hosting, travel experience, project and activity enrollment for individuals and clubs. Opportunities for 4-H families provide insight into the world in which we live by participating in some phase of Global Education.

Opportunities for youth at least 12 years old are available this coming summer. In the summer of 2018, exchanges will be going to Japan, Finland, and Costa Rica. Applications are due to the State 4-H Office by **November 1**. For more information, check out the website <http://4h.missouri.edu/global-experiences/main> or contact Joyce Taylor taylorjl@missouri.edu.

National 4-H Week

National 4-H Week will be celebrated **October 1-7, 2017**.

Work with your club to make plans to celebrate this week and share the value of 4-H with your community. All 4-H members are encouraged to wear a 4-H shirt at least once during this week and share their experiences with friends and classmates. This year's theme is **TRUE LEADERS**. 4-H



grows confident, capable and caring kids with the life skills to thrive in today's world and succeed in their boldest dreams for tomorrow. During 4-H Week and throughout the year, share your personal story about how you have grown through 4-H. You are encouraged to use #TrueLeaders in any social media posts that you do during 4-H Week and after.



Managed Care Coverage for 4-H Membership Dues

Youth covered by MO HealthNet Managed Care plans are eligible to have their membership in one after-school program or club paid by their insurance company. This includes membership fees for 4-H Clubs!

1. Call **Member Services 1-800-322-6027** and request a voucher for each child.
2. The insurance company will verify eligibility and send a voucher in the mail.
3. Sign and date the voucher form and send the original for to your County Extension Office.
4. The County Extension Office will send the forms to the State 4-H Office and your child's membership will become active.

***When enrolling in 4-H Online, select the "pay by club/check" option as you finish up enrollment. Do not pay online! Refunds will not be provided!



Shooting Sports– State Team Tryouts

The selection process for the nine state shooting teams will begin this fall to set the team members who will travel to Grand Island, Nebraska in late June 2018 to represent Missouri in the National Invitational Match. Any 4-H Shooting Sports member who is in good standing with their county program, enrolled in the appropriate project number and at least 14 years of age for the 2017-2018 4-H Year are eligible to participate in the selection process. For more specific details and deadlines, visit <http://4h.missouri.edu/shooting-sports-events/team-try-outs>.



Dog Opportunities Outside 4-H

The American Kennel Club is reaching out to 4-H organizations to provide additional information about new and exciting opportunities for juniors to participate in AKC events. The AKC Board has recently approved the following: **Agility Course Test (ACT):** an entry level agility event designed to introduce and welcome beginning dogs and their handlers to the AKC sport of agility. 4-H groups would be able to host these tests and the participants would be eligible to earn AKC Titles. More detailed information about this program can be found at this link: <http://www.akc.org/events/agility/act-program/>.

Juniors Showcase Events: Juniors Only Obedience, Rally and Agility Trials: These events would require an AKC Club to host them, but they would be happy to assist in facilitating **relationships** between these clubs and the 4-H programs. More detailed information about the Junior Showcase events can be found at this link: <http://www.akc.org/events/junior-showcase-events/>

Farm Dog Certification: This test is open to all AKC registered dogs (including Foundation Stock Service, Purebred Alternative Listing and Canine Partners) who are at least nine months of age, and is designed to assess the overall conduct of a dog within a typical farm environment. Many 4-H groups have contacted AKC with interest in learning more about Farm Dog certification. If you are interested in more information about FDC, please contact Mari-Beth O'Neill at 919-816-3789. More detailed information about Farm Dog Certification can be found at this link: <http://www.akc.org/events/herding/farm-dog-certified-test/>.

AKC Trick Dog program: The primary focus of this program is having fun! This program awards titles to AKC registered dogs (including FSS, PAL and CP) on four different levels from novice to performer. More detailed information about the AKC Trick Dog can be found at this link: <http://www.akc.org/trick-dog/>



Monthly MOVEment Activity: Fun Balance Challenges for Kids

No matter your age, poise and stability are essential skills for staying fit. Help your child improve her balance (and practice your own) with these fun challenges.

1. **Back to Back:** Have your kids sit on the ground with their backs to each other. See if they can stand up without using their hands. Hint: They'll need to press against each other at the same time to pull it off.
2. **Do the Hop:** Drape a bandana or other lightweight fabric over one of your child's feet. With that foot lifted, can she hop up and down without losing the fabric?
3. **Don't Drop the Ball** Have your child hold a ball between her knees (use one she can squeeze comfortably) then try to walk. Now, see if she can hop or skip.

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Clover Kids Corner: Balloon Rocket

A rocket is a type of spacecraft that is powered by gases that are forced out of one end. Let's use our aerospace skills to make a balloon rocket!

Materials: 6 Feet of String 4 Inch Piece of Drinking Straw 2 Chairs
 9 Inch Round Balloon Spring Clothespin Transparent Tape

Procedure:

- 1.Thread the string through the straw and tie both ends of the string to the backs of the chairs.
- 2.Position the chairs so the string between them is very tight.
- 3.Inflate the balloon and twist the open end of the balloon and secure it with the clothespin.
- 4.Move the straw to one end of the string.
- 5.Tape the inflated balloon to the straw.
- 6.Time for takeoff! Carefully remove the clothespin from the balloon.



**TRUE LEADERS
AREN'T BORN.
THEY'RE GROWN.**