

# The Ray County Fourcast



"A NEWSLETTER FOR RAY COUNTY 4-H FAMILIES"  
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<http://extension.missouri.edu/ray>



*Like snowflakes, Christmas memories  
gather and dance - each beautiful and  
unique.*

*Nancy & Elizabeth*

A flurry of activities occur this month, including shopping, wrapping and (my favorite!) celebrating with family & friends. No matter what your traditions are, they're bound to include special dishes for the merry-making...my favorites are my Grandma Coleman's Date Roll Cookies and her Dream Bars and, of course, I like all the trimmings too!

Clovers to... 

**Jeff & Jill Jones of Olde Tyme 4-H and Kim Zimmerman & Vicki Squires of Clever Clovers 4-H Club** for organizing a fun night for Ray County 4-H families & friends at the "Incredible Fall Event" at the Jones Ranch! Appreciate the other clubs working with us on the event. We had lots of fun!!

## Welcome New 4-H Families to Ray County 4-H!

New 4-H families, and returning families, will receive this newsletter (once we have the enrollments). "The Ray County Fourcast" is 10 issues/year that is sent to 4-H families and it includes news of upcoming 4-H events/deadlines/opportunities & other information about 4-H in the county, region & state. If you have any questions please give me a call.



*Nancy Coleman*  
4-H Youth Specialist  
Nancy Coleman  
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December 2011 & January 2012  
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**4-H YEAR**

Remember----4-H club enrollments were requested by **December 1<sup>st</sup> to the Extension Center.** Clubs that have turned in enrollments are: Clever Clovers, Orrick, Lawson, & Central. Please make sure **projects/project numbers** are filled out for members & leaders, this helps with the data entry.

Each year, **ALL volunteer application forms** will go through a child abuse & neglect screening along with a criminal records screen. Volunteers will not be recognized until the record check process is completed. Volunteers will receive a postcard of notification in writing. Remember, these procedures are necessary "to make the best better" for youth, for volunteers and for families as we help young people grow in a positive, caring program.

**CLUB NEWS**

**HAM CURING**

The "Country Cured Ham Project" will be held on **Thursday, January 19<sup>th</sup>, 7pm** for Ray County 4-H & FFA members at the Vo-Ag Dept Building at the Richmond High School. You must reserve a ham with a **\$20.00 deposit** by **December 29<sup>th</sup>.**

Please note----new members may not be on the current mailing list so clubs will need to notify them of this project. Each person is responsible to get the deposit in on time and to be at the project meeting night on January 19<sup>th</sup>.

**LEADERSHIP CHALLENGES**

4-H members---come join us to expand your leadership skills & have fun with friends on **Sunday, January 8<sup>th</sup> from 2-5 pm** at the FFA/4-H Building on the fairgrounds in Richmond.

Older teens & 4-H alumni will discuss what it takes to be a good officer. We will cover all club offices—President, Vice-President, Secretary, Treasurer, Historian/Photographer, Reporter, and Song & Game Leader.

SCHEDULE	LEADERSHIP CHALLENGE
2:00 pm	4-H Friends Get Acquainted
2:30 pm	Club Team Building
3:00 pm	Jeopardy for Officers
3:45 pm	Officer Role Discussion
4:15 pm	PIZZA & Wrap Up
5:00 pm	Head Home

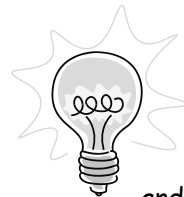
Please RSVP by **January 4<sup>th</sup>** so we can order the PIZZA. Please come even if you are not an officer---"leadership skills" are a way to become a part of the team! You can always volunteer to assist with club activities. We hope to see you there!

**4-H COUNCIL**

The Ray County 4-H Council will meet on **Monday, January 23, 2012 7:00 p.m.** at the Extension Center in Richmond. Please have your club represented. Election of council officers will be held and council will discuss the committee structure.

**REGIONAL ENERGIZER**

Mark your calendars for the West Central Regional Energizer at--**the Belton Freshman Center on Saturday, January 28<sup>th</sup>.** The Regional Energizer invites 4-H members & leaders from the 11 county region to participate in a variety of workshops and activities. It is a great way to get new ideas, meet new people, and find out about other programs 4-H offers. The **cost is \$10**, with meal included, if you pre-register **by January 12<sup>th</sup>** and \$15 if you do not. See attached flyer.



**2012 4-H MOVE ACROSS MISSOURI**

Ready to continue 4-H Move Across Missouri (MOVE)! MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Enrollment for new and re-enrollment for current MOVERs **begins January 1.** You must re-enroll on January 1 or after in order to be a part of the 2012 program if you were in it last year.

Using the online system, youth & families can "log" the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program from February 1 - May 31. 4-Hers can enroll in the online MOVE program as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided. Stay tuned! MOVE is sponsored by the Missouri Beef Industry Council. For more details visit at [4h.missouri.edu/programs/move/](http://4h.missouri.edu/programs/move/)

## MONTHLY MOVEMENT ACTIVITY

**Steppin' Out!**---youth can do this activity outside, in a large room or hallway. How many giant steps does it take to get across a yard or room? How many "baby steps" does it take to get back? Can youth walk backward doing baby steps? Can they do this without falling or losing their balance? Participants can make a list of different steps for the group to try. Next to each one they can write how many steps it took for each trip up and down the yard or room. Compare and discuss the results!



### LEADER INFORMATION

#### VOLUNTEER ORIENTATION TRAINING

All 4-H volunteer leaders must complete a one-time Volunteer Orientation. New 4-H volunteers **MUST** complete this orientation by **January 1, 2012**. After that you will have to do the on-line version. The training is: **Monday, December 6<sup>th</sup>, 6:45-9:00 pm**. If you are unable to attend the face-to-face training you will have to complete the Volunteer Orientation online. The training is available on-line at <http://mo4h.missouri.edu/getinvolved/volunteer/application.htm>

**You will not** be able to work with 4-H youth or sign 4-H paperwork of any kind until you have completed the training.

#### PROJECT LEADERS

The 4-H Program requires a "team effort". This team includes volunteer (club & project) leaders, Extension Staff, parents & youths working together for the good of the 4-H. As a project leader your main responsibility is to teach skills & subject matter in a given project area to the members in your club. If you are leading a project---it should be open to all members that are interested in that in project area---not just your children.



## OUTSTANDING LEADERS

The Ray County 4-H program has the opportunity to honor two outstanding leaders with the **Frank Graham Outstanding Leader Award**.

The **Naomi Crouch Leadership Award** goes to one leader or organization/business in the entire state. If you know of someone who is active at a club, county and possibly state level, please nominate them for this award. Nominations for both awards are due to the State 4-H Center by **February 1st**. Please contact the Extension Center for the form.



### TEEN OPPORTUNITIES

#### KANSAS CITY GLOBAL CONFERENCE

The KC 4-H Global Conference occurs March 14-17, 2012 for teens, age 15 & older who want to learn more about global careers, technology, environment, and cultural diversity.

The cost is \$275 for youth, 4/room. The 4-H Council will pay \$100 towards the trip. Registration is due **December 7th** to the Extension Center.

See <http://www.4h.missouri.edu/events/globalconf/>

#### SCHOLARSHIPS

Applications for Missouri State Fair Youth in Agriculture Scholarship are available (30---\$1,000 scholarships) go online at [www.mostatofair.com](http://www.mostatofair.com) for MO high school seniors graduating in 2012 and must be **postmarked by February 1, 2012**. Applicants: high school senior/active 4-H or FFA member/have participated in the MSF as a 4-H or FFA exhibitor, enroll in an accredited MO college/university with a major in agriculture/have not sold livestock in any past MSF Sale of Champions. More info call MSF at 1-800-422-FAIR (3247) or e-mail questions [mostatofair@mda.mo.gov](mailto:mostatofair@mda.mo.gov)



## SHOOTING SPORTS

### COUNTY SAFETY CLASS

The 2011 Ray County Shooting Sports project will meet **December 2nd (6-9pm) & December 3rd (9am-12 noon)** for the **required Safety Class at the FFA/ 4-H Building on the fairgrounds in Richmond.** This is for first time members in Shooting Sports that need the safety class and **you must attend both of the sessions to meet the requirement.** If questions contact Shelly Hoskins at: 816-868-9201.

Please remember **all shooting sports members** must have a parent present at all of the meetings with them--age does not matter.

## EQUINE NEWS

### HORSE HIPPOLOGY/HORSE BOWL

The 2012 Horse Bowl & Hippology group will meet **Saturday, December 3rd from 3-5pm** at the Excelsior Springs Fire Station. They will explain the 2 contests and show slides of the national contest. Please contact Sherri for other information: 816-838-9321 or email [Smteddy91@yahoo.com](mailto:Smteddy91@yahoo.com)

### HORSE JUDGING

Janet Aldrich will start horse judging practice on **Saturday, January 21<sup>st</sup>, 1PM** at Janet's so if you are interested please contact Janet @ 816-630-0318 or by email at [JABQTHORSE@aol.com](mailto:JABQTHORSE@aol.com)

### MFA SADDLE AWARD

The "MFA Saddle Award" is open to youth 14 & over that have participated in the horsemanship program, that have demonstrated knowledge & skills with the commitment to share their knowledge & to better their community. Please call the office if you would like an application and it is due **December 28<sup>th</sup>**. Information is available at <http://www.4h.missouri.edu/events/horse/#MFA>

### 4-H EQUINE CAREER TOUR

They're off and running...to the horse capital of the world... Lexington, Kentucky! 4-H teens dreaming of an equine related career will want to participate in the **Annual Missouri 4-H Equine Tour, May 23-29, 2012.** The itinerary includes: farm

tours of famous Thoroughbreds, Saddlebreds, Morgans, Quarter Horses and Haflingers. Higher education equine programs & facilities at the University of Kentucky and will visit with nationally recognized leaders in the equine industry.

Make your plans to be in the winner's circle! The **\$550 tour fee** includes the transportation on a charter bus, tours, hotels, meals; tour t-shirt, travel bag and other associated costs. Applications are available: <http://mo4h.missouri.edu/events/horse/> and are due by March 1, 2012 with initial deposit. Questions? Debbie Davis, [davisdd@missouri.edu](mailto:davisdd@missouri.edu) or 816-539-3765

## Club Reports

Please remember— reports are due by **the 24<sup>th</sup> of the month** to guarantee that it will make the newsletter.

**Clever Clovers 4-H Club** met November 8<sup>th</sup> with 30 members present. The club voted to collect items for the Good Samaritan Center for Thanksgiving and Adopt-A-Family for Christmas and to go Christmas caroling at the Nursing Home. Members suggested possible ideas for programs for the year. Reported on the Fall Event.  
**Next Meeting: 12/13/11** Brennan Squires, Reporter

**Millville 4-H Club** met November 9<sup>th</sup> with 22 members answering the roll call of—A Blessing that you are thankful for. Member enrollments & dues were collected. T-shirts were given out to new members. The leaders made posters showing "what the members wanted 4-H to do for them this during a brainstorming session. The December meeting will be their Christmas Party and each member is to bring a snack/treat to share with the club and a gift donation for the Shirkey's Gift Store.  
**Next Meeting: 12/7/11** Allie Renfro, Reporter

**Guys & Gals 4-H Club** met November 10<sup>th</sup> with 26 members present. Club approved the community service project of donating \$1500 to the Richmond Back Pack program for Christmas meal boxes. Members will assemble the meals at the December meeting at the Richmond Middle School. The horse project group had a weekend campout/trail ride hosted by the Rohlf's family. The horse project will meet November 12<sup>th</sup>.  
Guys & Gals met October 13<sup>th</sup> with 21 members present. The club discussed: community service projects, the Gold Seal & Purple Award. Member & leader pins were given out.  
**Next meeting: 12/8/11** Kalynn Persell, Reporter

**Dale-Patton 4-H Club** met November 20<sup>th</sup> with 9 members present. Club officers will be: President--Haley Jenkins, Vice-President--Carleigh Cowick, Secretary--Lesa Dickey, Treasurer--Darren Jenkins, Reporter--Emily Martens, Song Leaders--Taylor Coffey & Madalyn Arnold, Game Leaders--Ashlynn Coffey & Laney Cowick. The club will be Bell Ringers for Salvation Army on December 6<sup>th</sup> at Wal-Mart. Everyone brought canned goods for Salvation Army & gifts for Shirkey's. Money for ham project is due December before December 28<sup>th</sup>. Club made placemats by recycling Christmas cards and placing them between two sheets of contact paper.

**Next Mtg:12/4/11 @ 5:30PM** Emily Martens, Reporter



### 2012 FUTURE DATES

March 24-25 Teen Conference, Columbia  
 June 12-14 4-H Camp, Knob Noster  
 July 1 Ray County Fair, Richmond  
 August 11-21 MO State Fair, Sedalia

**RAY COUNTY MISSOURI UNIVERSITY  
 EXTENSION  
 108 W. NORTH MAIN  
 RICHMOND, MO 64085**

### December, 2011 and January, 2012 4-H NEWSLETTER



## FOURCAST

### DECEMBER 2011

- 1 **4-H ENROLLMENTS DUE**
- 2 Shooting Sports Safety, 6-9pm, Richmond
- 3 Shooting Sports (cont) 9am-12noon, Richmond
- 6 Volunteer Training, 6:45pm, Richmond
- 7 KC Global Conference, Registration DUE
- 23 Holiday, Extension Center Closed
- 25 *Merry Christmas*
- 26 Holiday, Extension Center Closed
- 29 Ham Deposits DUE

### JANUARY 2012

- 1 *Happy New Year*
- 2 Holiday, Office Closed
- 8 Leadership Challenge, 2-5PM, Richmond
- 12 Regional Energizer Registration DUE
- 16 *Martin Luther King Holiday, Office Closed*
- 19 County Ham Curing Project, 7pm, Richmond
- 24 4-H Council Meeting, 7pm, Richmond
- 28 Regional Energizer, 9AM, Belton

# Regional 4-H Energizer



WEST CENTRAL REGIONAL ENERGIZER  
SATURDAY, JANUARY 28, 2012  
BELTON FRESHMAN CENTER - 801 W. North Ave, Belton, MO  
Pre-Registration: \$10/person (includes lunch)  
Day of Event Registration: \$15/person (lunch NOT included)



## SCHEDULE

9:00 a.m. REGISTRATION

9:30 a.m. WELCOME..... Mary Jo Williams and Sarah Torbert

### SESSION #1:

9:45-10:40 a.m.

Clower Kids: Arts and Crafts - Lynn Lee

#### Everyone:

Community Service Project - Gymnasium  
Filmmaking - Bradd Anderson  
Scrapbooking - Nancy Mense  
Presentation/Public Speaking/Demonstration tips - Kathy Bondy  
Horse Bowl - Cynthia Calbert  
Basic Cake Decorating - Courtney Twyman  
Being Inclusive at Club Meetings - Nancy Coleman  
Basic Livestock Judging - Megan Richner  
Home Environment - Chris Mosbrucker  
Tips for Project Leaders - Joyce Taylor  
Advanced Animal Management - Kyle Lovercamp  
Horticulture Tips - Mark Goodwin  
Robotics - Gear Tech 21 curriculum - must attend sessions 1 & 2 - Naomi Reynolds/ Katie Thomas

#### Volunteers only:

Sharing Session - Shaping the Direction of the Missouri 4-H Program - Mary Jo Williams

### SESSION #2:

10:45-11:40 a.m.

Clower Kids: Horticulture - Selinda Ramsey

#### Everyone:

Community Service Project - Gymnasium  
Take Ten for Leadership - Nancy Mense and Kathy Bondy  
Hippology - Cynthia Calbert  
Opportunities for 4-H Participation Beyond the County - WC Regional Reps  
Advanced Cake Decorating - Courtney Twyman  
Entomology - Megan Richner  
SMQA 1 - Patrick Davis  
Clowning - Ella Hackney  
*Design Decisions - Marsha Alexander*  
Microwave Magic - Tammy Roberts  
Theatre Arts - Andy Pierce  
Neighbors Helping Neighbors - Serving Your Community - Todd Farley  
Deputy Chief - Central Jackson County  
Robotics - Gear Tech 21 curriculum - must attend sessions 1 & 2 - Naomi Reynolds/ Katie Thomas

#### Volunteers:

Sharing Sessions - Fundraising - Alice Roach

11:45 a.m.-12:15 p.m. LUNCH - Nadler's Catering, Wellington, MO

**SESSION #3:**

**12:20-1:15 p.m.**

Clover Kids: Science - Kylie Dicket

Everyone:

Community Service Project - Gymnasium  
"You Get Out What You Put In" Equine Nutrition - Susan Remington  
How to Market Your Club - Alice Roach  
Challenges for Small Spaces (Repeated in session 4) - Sharen Hunt  
Photography (with a portion on properly mounting photos) - Karley Jones  
Foods and Nutrition - Tammy Roberts  
SMQA 2 - Patrick Davis  
Conservation - Eric and Selinda Ramsey  
Small Animal Projects - Beyond the Show Ring - Susan Jaster  
Using Photography to Document Your Club's History - Amanda Stapp  
Entrepreneurship - Nancy Mense and Show Me Wares Participants  
Advanced Theatre Arts - Andy Pierce  
Science for 4-H from NASA (Repeated in Session 4) - Ollie Bogdon

Volunteers only:

Volunteer Orientation (must attend sessions 3 & 4)....Alan Munday  
Sharing Sessions - Community Service - Nancy Coleman

**SESSION #4:**

**1:20-2:15 p.m.**

Clover Kids: Foods and Nutrition - Tammy Roberts

Everyone:

Community Service Project - Gymnasium  
Photography - Experiences Beyond 4-H - Karley Jones  
Songs and Games for Club Meetings - Nancy Mense & Kylie Dicket  
Challenges for Small Spaces (Repeat from Session 3) - Sharen Hunt  
Food Allergies and 4-H Club Activities - Sarah Albert  
Livestock Grooming and Showing Tips - Patrick Davis  
Join the Revolution of Responsible Face Booking - Sarah Torbert  
Adding Bling to Your Outfit - Rachel Simmons  
What is the State 4-H Council? - WC Regional Representatives  
Getting Your 4-H club in the News - Amanda Stapp  
Getting Started and Moving Forward with 4-H Robotics - Bill Pabst  
Science for 4-H from NASA (Repeat from Session 3) - Ollie Bogdon  
Garden Measuring and Growing Experiments - Susan Jaster  
(Please bring 2 clear two liter soda/pop bottles & a pair of pointed scissors)

Volunteers only:

Volunteer Orientation (must attend sessions 3 & 4)....Alan Munday  
Sharing Sessions - Club programming - Alice Roach

**2:30 p.m. CLOSING AND AWARDS**

**Sing along time...Campers lead some songs - Nancy Mense & Kathy Bondy**

**Reservations required by THURSDAY, JANUARY 12, 2012**  
**CONTACT: RAY COUNTY EXTENSION CENTER TO REGISTER**  
**NO REFUNDS ON REGISTRATIONS**

If you have a disability as defined by the Americans with Disabilities Act and require a specific accommodation, please contact your local Extension Office.

**DIRECTIONS TO BELTON FRESHMAN CENTER**

· From 71 Hwy---Take the Belton exit at M58/E. North Ave./ Drive west on M58/E. North Ave. until you get to the intersection at Scott St. (There is a stoplight.)/ ·Jog left onto W. North Avenue/ ·Continue west on W. North Avenue through 3 traffic circles./ ·Shortly after the third traffic circle, the Belton Freshman Center will be on the south side of the street about 2 blocks.

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