The new 4-H year has begun. This is a very busy time for all of us involved with the 4-H program here in Randolph County. Please take time to read this News Letter, take time to decide what projects you are going to take this 4-H year. If you have any questions about your projects or any of the 4-H activities please do not hesitate to call the 4-H office. We are all here to “Make the Best Better”.

2013 RANDOLPH COUNTY RECOGNITION PROGRAM
The 2013 Randolph County Recognition Program has been scheduled for Saturday, November 2 at the Municipal Auditorium. Dinner beginning at 6:00 PM. Neighborly Community 4-H Club will be in charge of decorations this year. Randolph County Challengers 4-H Club will be in charge of tickets and all Clubs will be in charge of clean-up. Tickets will be sent out closer to the time.

4-H RE-ENROLLMENTS
It’s time to be thinking about the new 4-H year. The deadline for enrollment is November 1. All forms should be turned into your club leader. You have all new enrollment forms this year. Please make sure you fill in all the blanks with the correct information. Please return your completed form and $10 fee (per member) and $10 (per family) dues to your club leader. (Ex. 1 child=$20.00, 5 children would be $60.00.) Contact your club leader for additional dues. Volunteer application forms must be filled out every year. Note that there is a backside as well. All club leaders need to have all of their club enrollments along with one check per club payable to the Randolph County 4-H Council to the Extension Office by November 1. The county deadline to change projects enrolled in is January 31.

Any changes or corrections need to be turned in to the 4-H office in writing (can also be emailed). I am also requesting that each child fill out the health form. We are going to keep these on file so they don’t have to be filled out for each event. If you have information such as your health insurance provider information that has changed, you will need to call the 4-H office and let us know. This is very important because if we have out dated information, this could delay care if your child needs medical attention! Make sure the child signs the Health form.

MEATS JUDGING
For those who attended the first meeting of the meats judging and those who are interested, but could not attend last month’s meeting, they will be meeting this month on Tuesday – October 15, 2013 at the Youth Cabin in Rothwell Part from 6PM – 8:00PM.

CALLING ALL WITH EMAIL ADDRESSES
During this time of year there are various times when announcements and reminders need to be made by email. Please either email the Extension Office or call with your current working email address. Contact the office even if the address has not changed as sometimes they are entered into the system incorrectly.
ORDERING LITERATURE
We have some wonderful literature available for leaders and parents to use in developing ideas for project work, and for guiding project work during the year. In Randolph County, we have special funds set aside to pay for this but the order must go through the 4-H office. In other words, if you personally send in an order to Extension Publications, you will be required to pay for it yourself. If you turn an order in to the 4-H office the literature is free. Order forms are available from the Extension Office or from your 4-H club leader. There is also an order form in the new 4-H Clover.

JUNIOR LEADER NEWS
The Randolph County Junior Leaders have met and have a new leader Chrissy Dignan. Their next meeting is Monday – October 14 at 5:30 at the Extension office. They plan to always meet the 2nd Monday at 5:30PM.

RANDOLPH COUNTY FAIR BOARD
The Randolph County Fair Board will hold a meeting on November 7 at 7:30pm at the Youth Cabin. Fair Committees will meet at 6:30 before the regular meeting. It is important that each 4-H club be represented. If you cannot attend please notify the Extension Office.

RANDOLPH COUNTY 4-H COUNCIL
The Randolph County 4-H Council will hold a meeting on November 25 at 7pm at the Extension Office. It is important that each 4-H club be represented. If you cannot attend please notify the Extension Office. We will be discussing the Chili and Veg. Soup Dinner.

Fall Craft Show
The FCE annual fall Craft Show is November 9th and 10th at the Activities Center at MACC. The 4-H Clubs have signed up to take money at the tables as the people come in. These tables will be at the bottom of the stairs and at the elevator. You will need 2 people at each table. There must be an adult at each table. The following is the times each club is responsible to be at the tables:

**Friday – Nov. 9th – 10:30 – 2:30 – Randolph County Builders and Westran Ramblers 2:30 – 6:00 – Magic City Clovers and Busy Busy Beavers.**

**Saturday – Nov. 10th – 8:30 – 12:00 - Randolph County Challengers; 12:00 – 3:00 – Neighborly Community**

ATTENTION HEALTHCARE USA MEMBERS
HealthCare USA now pays the initial membership fee to 4-H for their members? HealthCare USA is committed to helping their kids become more active, involved, and social resulting in healthier children. Membership in 4-H is one way HealthCare USA feels they can achieve that!

If you are a HealthCare USA member and would like to take advantage of this offer call the member services number at 1-800-566-6444 and request a Kid's Club Voucher. Once the voucher is received in the mail submit the voucher to the Extension Office when enrolling in 4-H. In turn, all 4-H has to do is mail the voucher to HealthCare USA at the address shown on the voucher and they will reimburse 4-H for the membership fee.

Completing the Health Form
When completing the health form you do not have to have it notarized but if there is an accident having it notarized is supposed to get the youth medical attention at a hospital faster than if it is not notarized.

Please also make sure a parent/guardian and the member signs the photo authorization section on the health form. This allows me to take pictures during the different 4-H events for our bulletin boards, flyers and newspaper articles.

**Congratulations to everyone that participated at Missouri 4-H State Competitions!!!!**

Randolph County was well represented.
**Self-Determined Projects**

New this year, if you are enrolling in Self Determined please write on your enrollment form what the project is. For example if you are taking Self Determined because you are showing fainting goats please write fainting goats by self-determined. If you are taking alpacas write alpacas beside Self Determined. If you have any questions about this, please give me a call.

**4-H Day at the Edward Jones Dome**

Dave Hileman

You are invited to join other Missouri and Illinois 4-H members, volunteers, family, and friends for 4-H Day at the Edward Jones Dome at noon on Sunday, November 3, to watch the St. Louis Rams take on the Tennessee Titans. The game will be followed by a country music concert by Billy Currington. Tickets for the game can be purchased over the phone (314-425-0528), or by mail or fax using the 4-H Ticket Order Form on the event flier at [www.mo4h.missouri.edu](http://www.mo4h.missouri.edu). You can also order tickets online at [http://www.stlouisrams.com/groupticketinfo](http://www.stlouisrams.com/groupticketinfo) using the promo code “4-H”. Credit card orders will be accepted.

There are two seating options. You can purchase a $50 upper terrace level seat or a $99 field level seat. With each ticket purchased you will receive a $10 food and drink voucher and a special t-shirt featuring the 4-H and Rams emblems (four sizes available). If your order is for 20 or more tickets, you will receive an additional $10 food and drink voucher for each ticket! Orders of 20 or more tickets can include some $50 tickets and some $99 tickets, or all the ticket values can be the same. As an additional benefit, $5 of each ticket order will be used to support Missouri and Illinois 4-H and Extension program initiatives.

There are a limited number of tickets available, so order soon. Questions can be addressed at the phone number and e-mail address on the 4-H Day at the Edward Jones Dome flier, or by contacting Dave Hileman at hilemand@missouri.edu

**4-H DAY WITH THE CHIEFS**

4-H Day with the Chiefs **Sunday, December 22, 2013 at noon**! Game against the Indianapolis Colts at Arrowhead Stadium, Kansas City, Mo.

4-H members, family and friends will have the opportunity to purchase tickets for the discounted price of $30. Parking and food are not included. Information and flyers for both types of promotions can be found on the Missouri 4-H website at [4h.missouri.edu/events/chiefs/](http://4h.missouri.edu/events/chiefs/)

**4-H CAMP FOOD AND FITNESS**

4-H Camp Food and Fitness is December 7-8, 2013 on the MU Campus. Check the 4-H website for details and registration materials – [http://4h.missouri.edu/events/foodandfitness/](http://4h.missouri.edu/events/foodandfitness/). The primary audience for the camp is youth ages 12-14 enrolled in 4-H Foods projects. The cost is $90 a person and includes lodging at Stoney Creek Inn, meals and take home materials.

**CLOVER KIDS CORNER**

Through Clover Kids clubs, children learn how to get along, share, work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.
**Leaf Rubbing**

**Materials**
- White paper
- Crayons
- Charcoal

**Directions**
Leaf rubbings demonstrate that plants contain capillaries that transport water throughout the plant to keep it hydrated. To make a leaf rubbing place a plain, white sheet of paper on top of a fresh leaf and color over the surface of the paper with a crayon or charcoal. The impression of the leaf will show through onto the paper.

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**4-H MOVE ACROSS MISSOURI**

4-H Move Across Missouri (MOVE) promotes physical activity by encouraging youth and families to engage in physical activities they enjoy such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

**Monthly MOVEMENT Activity**

**Shuffle Foot**

**Materials**
Dot stickers (2 colors)

**Directions**
At least 4 people are needed for this activity, divided into pairs. One person is “same” and the other person is “different.” Place one color dot stickers on all left feet and the other color on all right feet. The pair stands facing each other about 3 feet apart. Each person runs in place for 20 steps. On the 20th step, each player puts one foot forward. If they put the same foot forward (both left, both right), players yell, “Same!” If they put different feet forward, yell, “Different!”

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**4-H HAS A BRIGHT FUTURE, RICH HISTORY**

For more than 100 years, 4-H has provided youth across the nation with hands-on learning opportunities in a safe environment where they can experiment, discover and create. Kids in corn and canning clubs learned about food and nutrition and advances in agriculture technology through research from land-grant universities, such as the University of Missouri and Lincoln University.

Today, 4-H continues to provide positive youth development through three key areas of focus: citizenship, healthy living and science, engineering and technology. With the help of more than half a million caring adult volunteers, 6 million kids find their true passions, gain confidence and give back to their communities through 4-H. Young people can participate in 4-H projects in more than 1,000 topic areas, ranging from clothing and animal science to rocketry and GPS mapping, still based solidly on university research.

Here in Missouri, one in every 11 young people have been involved in a 4-H program, with the support of more than 11,000 volunteers behind them.

So, during this National 4-H Week, as you look forward to a new year of 4-H, take a moment to reflect back on the history of the organization and thank those leaders and volunteers who have helped to make your 4-H experience so great.
October Club Leader Tips

The club year is off to a great start because of caring adults like you who contribute their time and enthusiasm to the Missouri 4-H program! The start of the year can seem overwhelming because there are still some loose ends to tie up from last program year and the new year has already begun. Don’t forget to ask for help and call the extension office if you have questions, we want you to have a rewarding experience as well as the members. Here are some suggestions to consider for this month:

1. Collect completed member enrollment forms and volunteer applications strictly observing confidentiality procedures and checking for completeness.
2. Welcome and introduce new members.
3. Complete a “kick-off” project or activity to motivate new members.
4. Continue to recruit project leaders and work with other club leaders on county-wide projects. Share web resources with project leaders, starting with http://4h.missouri.edu/projects/
5. Announce county-wide projects and provide a list of additional leaders for county-wide projects to youth staff. Confirm recognized volunteer positions related to project groups and distribute literature.
6. Check that all families are receiving the 4-H family newsletter and notify the extension center of any changes to the mail list.
7. Be sure new families and new 4-H members have a “family mentor” to answer questions or assist them in other ways to keep them informed and feel like part of the group.
8. Begin working with your club on establishing goals and programs they wish to complete this year. Great planning resource: Club Program book Y612. Club seal standards can be found in this publication as well.
9. Train club officers.
10. Work with club vice president to set up sign-ups or appoint committees: program, health, activity, recreation. Encourage approved volunteers in your club to assist youth in these committees.
11. Turn in member fees and enrollments to the Extension Center.
12. Talk about representation at county 4-H council meetings.
13. Observe National 4-H Week. Determine activities to celebrate and say thanks to supporters.
14. Apply for BOAC grant or MO 4-H Foundation Community Service Grant if needed for a planned service project.

HAPPY BIRTHDAY

October

10 – 2 – Sarah Hoppe
10 – 3 – Sarah Turnbaugh
10 – 4 – Rayanna Pollard
10 – 5 – Taylor Coonce
10 – 10 – Kenzee Sunderland
10 – 21 – Sherry Meyer
10 – 23 – Nicole Ancell
10 – 27 – Cathy Cleeton
10 – 29 – Bridgett Hunt
10 – 30 – Andrea McKeown
DATES TO REMEMBER

October
6 – Take items to Lynn's Flowers at 3PM for the 4-H Week display – Jennifer Barfield - Chairman
6-12 - National 4-H Week
3 – Randolph County Fair Board meeting – 7:30PM
26 – Make a Difference Day

November
7 – Fair Board Meeting – 7:30PM, Committees at 6:30PM
2 – Recognition night – 6:00 PM
8-9 – Craft Show – Activity Center
28 – 4-H Council Meeting – 7:00 PM

December
1 – Fair Board meeting – 7:30