4-H Happenings!

Lisa Morrison  
4-H Youth Specialist  
University of Missouri Extension  
E-mail: Morrisonl@missouri.edu  
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COUNTY NEWS

COUNTY NEWS FROM YOUR YPA VICKIE

NEWS FROM YOUR YPA – VICKIE

Here it is March and we are beginning a very busy time for the 4-H year. It is very important that you really read this Newsletter and mark your calendar with all the important dates.

MISSOURI SHOW ME QUALITY ASSURANCE TRAINING (SMQA)

All 4-H members in Beef, Sheep, Swine, Rabbits, Goats, Dairy and Poultry must have a valid Show Me Quality Assurance Card by June 1st to be member in good standing to show at the County or State Fair. Members 8 – 13 must take the SMQA training two consecutive years and once again when they turn 14. Members 14 and over must take the program once. The Randolph County date has not been set, but will let you know as soon as it is set. You can do it online at http://www.agebb.missouri.edu/smA/.

2015 WORKING DEMONSTRATIONS

Working demonstrations will be held on Friday, March 20th at Orscheln Farm and Home. There will be 30 minutes slots to fill beginning at 4:00 PM and no demonstrations after 7:30. Please call the office and sign up.

2015 RANDOLPH COUNTY PUBLIC SPEAKING CONTEST

The 2015 Randolph County Public Speaking Contest has not been scheduled yet, but will keep you informed.

STEER WEIGH-IN and NOSE PRINTING

To all 4-H members who are showing Steers in their Beef Project. We will have the steer weigh-in and Nose Printing on SATURDAY – MARCH 7, 2015 from 8AM – 9AM at GREEN HILLS VETERINARY – 1709 E. Urbandale Dr. If you plan to show your steer at the State Fair you must have the nose print. The weigh-in is also for the County Rate of Gain. You do not have to this if you are only showing at the County Fair or are only showing Breeding Stock. This will be the only time to have the nose Printing done for the Steers or also, Market Heifers. Please let the Extension office know if you plan to have animals at the weigh-in.

RANDOLPH COUNTY SHEEP AND BORE GOAT NOSE PRINTING

The Randolph County Sheep and Bore Goat Nose Printing has been scheduled for Saturday – May 30, 2015. This is the only opportunity to get nose prints on any Sheep or Bore Goats that you may be considering taking to the MO State Fair. All animals must be tagged.
RANDOLPH COUNTY FAIR BOARD

The Randolph County Fair board will meet on Thursday April 2 at 7:30pm at the Youth Cabin. This is a very important meeting, several items will be on the agenda and it is very important that everyone that is a Representative for their club be present. Remember the dates for the County Fair are July 14-19.

JUNIOR LEADERS

Junior Leaders will meet on Monday – March 9, 2015 at 5:30PM at the Extension office. This is a great group of 4-H members and they have a lot of activities planned for the year. For more information about the Junior Leaders group you can contact Chrissy Dignan the Adult Volunteer Leader at 277-5249.

OTHER COUNTY NEWS

ATTENTION HORSE PROJECT MEMBERS AND LEADERS

Horse enrollment forms are due to the Extension Office before May 1. Please remember that you must these forms on file in the Extension Office for each horse that you plan to use for your 4-H project. This is a state rule and deadline! Club leaders have available forms.

2015 SUMMER CAMP

Mark your calendar, 4-H camp at Camp Si Colburn at Mark Twain State Park is scheduled for June 9-11 for 4-H members 8-13 years of age. Counselors will come on June 8 and then be ready for the regular camp on the 9th. Counselors are for members 14 and over. Camp applications will be sent out at a later date.

E-MAIL ADDRESSES

If you have not been receiving the newsletter through email please contact the Extension Office to verify that we have the correct email address for you. Thank you.

RANDOLPH COUNTY 4-H COUNCIL

The Randolph County 4-H Council will hold a meeting on March 23rd at 7:00pm at the Extension Office. It is important that each 4-H club be represented. If you cannot attend please notify the Extension Office.

ELIGIBILITY TO EXHIBIT AT THE COUNTY FAIR

In order for a member to exhibit at the Randolph County Fair, he/she must attend at least 75% of the club meetings held before the 2013 fair.

COMMUNITY SERVICE PROJECT

The 4-H is again helping to put up the Flags in Oakland Cemetery. This year, however, we are doing something a little different. The 4-H members are needed to pull the caps off the Flag poles the day before the Flags are put up. Suzanne Hogan is heading this up for the 4-H members and all clubs are encouraged to participate in this great community service project.
500 Community Improvement Grants Available to 4-H & FFA Youth

Developing a thriving rural Missouri is important to FCS Financial. The Shaping Rural Missouri grant program offers Missouri 4-H and FFA organizations $500 grants to implement projects that will benefit their rural communities and youth development.

Last year FCS Financial awarded 17 grants throughout Missouri. Each office will have the opportunity to select the winning grant from their area.

Funds will be awarded to assist club or chapter members in bringing positive change by establishing projects that make their local communities better places to live. FCS Financial encourages applicants to collaborate with other community organizations to develop and complete their improvement project.

Applications are due April 1, 2015. An application and more information on the Shaping Rural Missouri grant program can be found at https://www.myfcsfinancial.com/wp-content/uploads/2013/12/Complete-2014-Grant.pdf or by calling Sarah Gehring at 573-636-7809 ext. 1173.

Summers @ Mizzou

Do you have an idea you want to turn into your own business? Do you want to move from a seat in the audience to the Director’s Chair? Do you like helping people? Do you like maps? Do you enjoy helping animals? Are you interested in science? If any of these apply to you, Summers @ Mizzou is where you should be this summer. Camps will be offered the week of July 12-16 and July 19-23rd.

Summers @ Mizzou offers nine different camps: Director’s Cut, to a Health Career, Build-a-Business, Dog Days of Summer, The Life, Through Artist’s Eyes, Future Internet Apps, Meet the “Big and GeoTech. These camps are offered as residential or day camps. Camps are available for a wide range of ages beginning with 12 year olds; check the registration information for the age range of each camp.

For registration and available scholarships see http://4h.missouri.edu/programs/summers For those without internet access call your local Extension Office or Teresa Bishop at 573-884-0554 for a brochure.

State Fair Photography Guidelines Updated*

The guidelines for 2014 are now online, at http://4h.missouri.edu/go/events/statefair/, on the left hand side of the page. Attached is a .pdf file with major policy changes highlighted in yellow.
REGIONAL NEWS

Just A Little Note
If something in the newsletter ever says go to a website or go on-line and you do not have the internet or it is too slow for you, please call the Extension Office. We can help get that information to you. I do not want to see anyone not get to do something they are interested in just because they do not have the internet or because it is too slow to bring up needed information.

VOLUNTEER LEADER ORIENTATION
Each adult wanting to volunteer with 4-H must take a one-time volunteer orientation. This orientation will give you an opportunity to mingle with people like you. Information that will be covered during this training includes some history on 4-H, information about youth development, competition, character and risk management. To take the training on-line go to http://4h.missouri.edu/getinvolved/volunteer/ At the end make sure you submit the quiz. The only way I know you took the orientation is if you submit the quiz.

14th Annual 4-H Day with the St. Louis Cardinals

Missouri and Illinois 4-H members, parents, volunteers and alumni will gather at Busch Stadium on Saturday, May 16, 2015 for the 14th annual 4-H Day with the Cardinals. The National League Central Champion Cardinals will be playing the Detroit Tigers in a 1:15 p.m. game. Tickets for the game will be $25.00 each and includes a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

4-H members, leaders, alumni, and their families who purchase 4-H Day with the Cardinals tickets will have the opportunity to participate in a parade around the Busch Stadium outfield. Pre-game ceremonies will include a recitation of the 4-H pledge and ceremonial first pitches by an Illinois and Missouri 4-H member.

Tickets for the event must be ordered on the 4-H Day with the Cardinals order form. Ticket order forms are available at the University of Missouri Extension office, or on the web at www.mo4h.missouri.edu. Ticket orders must be postmarked by April 6, 2015. Tickets usually sell out before the order deadline so families are encouraged to order early. 4-H Clubs, counties, or groups of families who would like to be seated together must send their orders in the same envelope.

Families can also participate in the 4-H Day with the Cardinals raffle to win prizes such as throwing out the first pitch, autographed baseballs, and tickets to other Cardinal baseball games. Funds raised through the raffle support Missouri and Illinois 4-H programs. Complete information about the 4-H Day with the Cardinals raffle is on the ticket order form.
State 4-H Congress  
June 3 – 5
All state 4-H congress delegates must be 14 years of age before January 1 of current program year. Eligible members may attend more than one State Congress. The Missouri State 4-H Council plans and implements this event that will be held on the University of Missouri Campus in Columbia. Participants will elect State 4-H Council members, enjoy quality workshops and educational opportunities, get to know 4-H members from across Missouri and experience campus living such as staying in a residence hall, eating in the cafeterias and sitting in college classrooms. You may sign up online beginning March 2, 2015 at http://mo.4honline.com. Additional information is available at http://4h.missouri.edu/events/congress. I need your check in the office by April 7, 2015. Make checks payable to Randolph County 4-H Council.

4-H Foundation Scholarships
College is expensive but 4-H can help! The Missouri 4-H Foundation offers college scholarships that help 4-H members pursue their educational dreams.
In 2014, thanks to generous donor support, the Missouri 4-H Foundation will offer 58 college scholarships ranging from $500-$2,000 per scholarship. 4-H members who are current high school seniors and former 4-H members who are college students are eligible to apply. The scholarship guidelines and application is available on the Missouri 4-H website at http://mo4h.missouri.edu/recognition/scholarships/ Applications are due to the Randolph County Extension Office by March 23rd.

CLOVER KIDS CORNER
Through Clover Kids clubs, children learn how to get along, share, work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kid leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Lucky Smoothie
Make this healthy, green smoothie for St. Patrick's Day.

Supplies
- 2 (peeled) kiwis
- 1 frozen banana
- 1/2 cup vanilla yogurt
- Splash of milk
- Dab of honey
- Green food coloring (optional)

Instructions
With the help of an adult, put all of the ingredients into a blender and puree until smooth. Serve in a chilled glass.

4-H MOVE ACROSS MISSOURI (MOVE)
MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more. Enrollment for new and re-enrollment for current MOVErs began January 1. Please note that if you were enrolled in 2011 you must re-enroll in 2012 in order to be a part of the 2011 program. If you do not re-enroll your efforts will not be counted in 2012.
Using an online or paper copy system, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program from February 1 – May 31. 4-H members can enroll in the online MOVE program as individuals and/or as part of a team. An individual MOVEr may also be a part of a team. A team can consist of a family or members of a 4-H club or
group. MOVE awards will be provided. Stay tuned! MOVE is sponsored by the Missouri Beef Industry Council. For more details, visit http://www.4h.missouri.edu/programs/move/.

Monthly MOVEMENT Activity

Power Jumping

Materials
- 6 to 8 feet of large bubble wrap
- Clothespins (one for each child)
- Measuring tape
- Marker

Instructions
Ask youth how far they can jump. Lay out a long strip of bubble wrap (preferably the large bubble kind). Youth stand at the end with both feet together. They swing their arms back and jump forward as far as possible. Listen to the bubbles popping! Fasten a clothespin with each participant’s name to the side of the bubble wrap where the heels landed. Ask youth what they can do to improve their jump (i.e., bend knees more, push harder off the toes, etc.). Use the measuring tape to measure the distance.

To be a member in good standing
In order for a 4-H member to be a member in good standing he/she must attend at least 75% of their club meetings, complete at least 6 project hours per project with a registered 4-H project leader, do a demonstration or exhibit at a fair and be SMQA qualified if taking a food animal project.

What does a Blue, Red and White Ribbon mean?
The Danish system of judging is used in 4-H and at our county fair. Exhibits are evaluated against a standard that the judge feels is appropriate for the member’s age and skill level. Recognition is given to the exhibitor by how close they come to meeting that standard in terms of exhibit quality and members knowledge in the project area. The easiest way to explain the different ribbon colors is below.

**Blue:** A blue ribbon indicates the youth has excellence knowledge in the project area that meets or exceeds the standard.

**Red:** A red ribbon indicates the youth has some knowledge in the project area but does not quite meet the standard in mind.

**White:** A white ribbon indicates the member does not have much or no knowledge in the project area.

The quality of the exhibit itself is also used to determine ribbon color. A poster with wet glue and smudges will most likely be a white ribbon.

All judging begins with a red ribbon.

Over the past few years many blue ribbons have been awarded. This is just a friendly reminder to members, parents and leaders to not expect blue ribbons. There is nothing wrong with a red or white ribbon. The more you know about your project areas the better you will do. Members may start making fair exhibits now. Don’t wait until the week of or the day of conference judging at the fair to finish projects just in case something goes wrong.
MARCH CLUB LEADER TIPS
The month of March offers a lot of opportunities for youth to be involved in activities beyond the club level. 4-H members enjoy these opportunities to meet new friends and experience new things. You have been doing a wonderful job providing opportunities for members to enhance skills, learn new things, and engage in leadership experiences! Hats off to you for your great leadership and support of the members, families, and other volunteers!

This month as you help prepare your team, consider the following suggestions and ideas:

1. Continue to encourage all members to keep records for awards and recognition opportunities that will be available at year end.
2. Be sure all project groups are functioning, meet with project leaders and see if you can help them with their needs in recruiting help, resources, or communication to members and families.
3. Have members discuss/approve spring and summer service projects as proposed by the committee. Work with the volunteer assisting committees in applying for MO 4-H Foundation Community Service Grants, if needed.
4. Share opportunities concerning upcoming contests, shows, and fairs. Have youth that have participated in these events share their experiences.
5. Continue to encourage families to read and save the 4-H family newsletter.
6. Remind high school seniors of MO 4-H Foundation Scholarship applications that are due in state office by April 1.
7. Work with committee on setting up a quiz bowl opportunity for the next club meeting.

MARCH PROJECT LEADER TIPS
What other activities can be added to the project group?
In addition to taking part in the regular project meeting, members can participate by:
- Planning and carrying out project events such as field trips, tours, special exhibits, events for parents, etc.
- Giving demonstrations or judging and exhibiting at local, county or area 4-H Achievement Day.
- Community service activities
- Skill-a-thons
- Judging Classes

When planning activities, keep in mind the ages and abilities of the youths and the available resources. For additional examples of activities, refer to the project page on the Missouri 4-H Web site at http://4h.missouri.edu/projects/.
MARCH BIRTHDAYS

3–2 – Ellenna Orscheln
3–3 – Skyler Huntsman, Gentry Bohm
3–5 – Hunter Riddle
3–7 – Emma Bright, Mackenzie Cullifer
3–9 – Jason McKeown
3–12 – Brendan Huntsman, Jalynne Widaman
3–14 – Hudson Schmitt
3–17 – Cayden Gerike
3–19 – Seaton Schmitt
3–23 – Rhonda Hunt
3–24 – Alexandra Lucas
3–26 – Austin Mitchell
3–29 – Sherilyn Peters

HAPPY BIRTHDAY TO EVERYONE FROM THE EXTENSION OFFICE STAFF
DATES TO REMEMBER

MARCH
March 5 – Randolph County Fair Board meeting – Youth Cabin – 7:30 PM
March 7 – Steer Weigh-in and Nose printing - 8:00AM – 9:00AM - Green Hills Veterinary
March 9 – Junior Leaders meeting at 5:30 in Extension office
March 20 – Working Demonstrations at Orschelns – 4PM – 7:30PM
March 23 – Randolph County 4-H Council Meeting, 7 PM at the Extension Office
March 28 – 29– Teen Conference in Columbia

APRIL
April 2 – Randolph County Fair Board meeting at 7:30PM, Committees meet at 6:30
April 7 – Money for 4-H Congress due in Extension office.

MAY
May 1 – Horse Enrollment Forms Due to the Extension Office
May 16 – 4-H Day with the Cardinals
May 30 – Sheep and Meat Goat weigh-in and nose printing - 8AM – 9:30AM

JUNE
June 3 – 5 State 4-H Congress in Columbia on MU Campus
June 4 – Randolph County Fair Board meeting at 7:30 – Youth Cabin
June 5 – 6 – Rodeo at Rothwell Park
June 8 – Counselor Camp
June 9, 10, 11 - 4-H Summer Camp

JULY
July 13 – Fashion Review at Little Dixie Regional Library
July 20 – 25 – Randolph County Fair
July 19 – Ham Judging
July 20 – Achievement Day

AUGUST
August 13-23 – Missouri State Fair