

RALLS COUNTY 4-H ACHIEVEMENT NIGHT

Pre-Registration Form

March 28, 2019

Return to Extension Office by **March 8**.

Name(s): _____ Age(s) as of Dec. 31, 2018: _____

Address: _____

Phone: _____ Email Address: _____ 4-H Club: _____

This form may be copied or completed for more than one participant by placing each member's initials in the appropriate blank.

	Clover Kid		8 – 10 Years Old		11 – 13 Years Old		14 and Over	
	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl
Personal Development								
Public Speaking - Prepared								
Technology Assisted Speaking								
Horse Public Speaking								
Table Setting								
Extemporaneous Speech								
Business Pitch								
Interpretation								
Photography								
Collections								

Demonstrations

Clover Kid _____ 4-H Electric Theatre _____ Egg Demonstration _____ International Topic _____

Pork Contest _____ 4-H Working Demonstration _____ 4-H General Demonstration _____

MO Grown Foods _____ Horse Demonstration _____ Cooking with Honey _____

Photography: (can enter one photo in each category)

Categories: _____ People _____ Animal _____ Landscape

4-H Demonstrations

General –Can be on any topic or project area that you are enrolled in. It needs to be 5-10 minutes in length.

Electric -All demonstrations must use electricity and contain information on electricity used in the demonstration.

Working - Demonstrations may be on any topic or project. In a working demonstration, the 4-H member works continuously on an item, or shows a particular skill. Members do not give a formal talk while they work, but respond to questions. Members should bring enough material so they can work for about 10 minutes. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the demonstration table. If chosen for the Missouri State Fair, demonstration should last 30 minutes.

Pork - Age categories for this division are 8-10, 11-13, and 14 & over. Members must be enrolled in a Foods or Swine project. Demonstrations may be on any facet of pork, including food, nutrition, production practices, or byproducts. Live animals may not be used. Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills. A team demonstration of two can be given in only the 8-10 age division.

International Topic - Demonstrations should be 7-10 minutes in length and demonstrates an item made, used or originates in another country. It should include a lot of information about the place where the item originates and the people who use the item. If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should be given to judges.

Missouri Grown Foods Contest - Age categories for this division are 8-10, 11-13, and 14 & over. Member doesn't have to be enrolled in any specific project. Demonstrations should be 7-10 minutes in length. No team demonstrations allowed. The demonstration must use a product produced or made by a Missouri company or producers, give background information on the company or producer, and provide nutritional and preparation information. The demonstration will also be judged on presentation and speaking ability. A copy of the recipe and a sample of the food should be given to judges.

Egg - No team demonstrations allowed. Demonstrations may not exceed 12 minutes. Demonstration must include information on eggs, nutritional value, preparation and storage, functional properties, grading and sizing, versatility and economics of cooking with eggs. A copy of the recipe and finished product for sampling must be available. For recipe criteria, contact the extension office.

Cooking With Honey -The demonstrator must use honey grown or made by a Missouri honey producer or company; provide the honey producer or company's name; give nutrition information; the health benefits of honey and the benefits of pollinators. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.

Horse - Junior Contestants – 8-13 years of age and Senior Contestants – 14 & over. Subject must pertain to the horse industry. No live animals may be used. Demonstrations should be 9-12 minutes in length. Should cite the major references after the conclusion of the demonstration. Creative audio visual aids may be used, but the contestant must be involved in making or designing them and provide their own equipment.

Photography Guidelines

- ★Do NOT have to be enrolled in photography.
- ★Must be a 4-H member, age categories of Clover Kids, 8-13, and 14 & older.
- ★Photograph must be taken by the person entering.
- ★Can be 3x5 up to an 8x10 size photograph that is mounted on any color of mat.
- ★Can't be a photo that was judged at the fair.
- ★No people or animals shall be included in the landscape photography category.
- ★Photograph must have been taken between September 1, 2018 and March 27, 2019.
- ★A winner will be selected in each category.
- ★Be prepared to visit with the judge.
- ★Do not add any writing, stickers or decorations to the mat.

Animals: Photograph of any animal. Picture may be taken indoors or outdoors. The main subject of the picture must be the animal.

Landscape: Scenes of any type of landscape. It may include buildings, scenery, sunsets, clouds, etc. Please do not include people or animals.

People: This may include babies, children and adults. You may include one or more people in the picture. The photo could be a portrait or an action photo. Can include animals but the main subject must be a person.

Judging criteria are: focus, exposure, lighting, print quality, subject, composition, and uniqueness.