

# 4-H Happenings!

News for 4-H families and friends

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### Missouri 4-H Shooting Sports Ambassador Program

Missouri 4-H Shooting Sports Ambassador Program is designed to promote 4-H and 4-H Shooting Sports. Youth selected to serve as Ambassadors will receive training that will allow them to return to their home counties and advocate for the program at the county, regional, and state level. Ambassadors provide public relations support at special events such as donor/sponsor functions and also serve as spokespersons for the 4-H Shooting Sports Program, helping to make 4-H and the 4-H Shooting Sports Programs more visible. The Ambassadors further develop their skills in leadership, public presentation, citizenship, community service, public relations and team building. Applicants must be at least 12 years of age by January 1, 2019 to apply. It is recommended that the candidates also have at least one year left in 4-H. This Program will serve as a gateway to becoming a National 4-H Shooting Sports Ambassador. Application packets are available on the Shooting Sports Ambassador webpage <http://www.4h.missouri.edu/shooting-sports/ambassador>.

## State Hippology Contest - April 28, 2019

Hippology is an activity that can enhance learning for 4-H members by letting them exhibit their knowledge and understanding of equine science and husbandry in a competitive setting. The primary objective of the Hippology Contest is to provide an opportunity for youth enrolled in the 4-H Horsemanship or Horseless Horse projects to demonstrate their depth and breadth of their horse knowledge in competitive setting where attitudes of friendship and fairness prevail. The Hippology Contest has four (4) phases: examination phase, station phase, judging phase and team problems. This contest is open to all 4-Hers, but is limited to the first 180. Registration deadline is March 15 in [4HOnline](http://4HOnline). Late registration will be allowed until April 1 with cost being \$25. The Hippology Contest will be in the University of Missouri Animal Science Center and begins at 9:00 a.m. with check-in. Lunch is on your own. Boone County 4-H is sponsoring a food stand. More information can be found online at <https://4h.missouri.edu/horses/Hippology#gsc.tab=0>.

## April 12-14, 2019 - Hunting and Outdoor Skills Leader Certification Workshop Windermere Conference Center, Roach, Mo.

Here is your chance to become certified to teach the 4-H Hunting and Outdoor Skills project of the Shooting Sports program. Participate in active learning as you become acquainted with this challenging, yet FUN project. Learn firsthand from the state instructors on how to lead a local/county Hunting Skills program. Experience various teaching activities that have proven effective for youth. Receive answers to your questions and become part of a network of other Hunting Skills volunteer instructors. Cost is \$85.00 and registration is open via 4HOnline until March 15 or when the workshop is full. For more information, contact your local extension office.



### Clovers for Kids at JOANN Fabrics

JOANN stores are helping 4-H bring more hands-on programs to local communities across the nation to inspire kids to lead lives with their heads, hands, and hearts. Between March 1 – April 30, 2019 visit your local JOANN store and purchase a clover tear away at the register for either \$1 or \$4. More information coming soon.

## 4-H Day with the Cardinals

**Saturday, May 11, 2019**

**Busch Stadium, St. Louis, Mo.**

You are invited to join us for the 18th Annual 4-H Day with the Cardinals. The Cardinals will be taking on the Pittsburgh Pirates in a 1:15 p.m. game. Don't miss out! We have a limited number of tickets, and they go quickly!



Tickets for the event must be ordered on the 4-H Day with the Cardinals order form. Ticket order forms are available at the University of Missouri Extension office, or on the web at [www.mo4h.missouri.edu](http://www.mo4h.missouri.edu). **Ticket orders must be postmarked by April 1, 2019.** Tickets are only \$25 each for this wonderful family outing and includes a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

Order as quickly as possible! A limited number of tickets are available and tickets usually sell out early. 4-H Clubs, counties or groups of families who would like to be seated together must send their orders in the same envelope.

## Public Speaking Academy

The 4-H Public Speaking Academy is preparing for its eighth year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking. **The Academy will be June 12-13, 2019 and registration is due May 1.** Lodging will be provided on the campus of Central Methodist University in Fayette, Mo. The cost is \$100. For more information, contact Patty Fisher at [fisherp@missouri.edu](mailto:fisherp@missouri.edu) or 573-324-5464 and be sure to download the brochure and application on the Missouri 4-H page at <http://4h.missouri.edu/public-speaking-academy/main>.

## Shaping Rural Missouri \$500 Grants

Developing a thriving rural Missouri is important to FCS Financial. The Shaping Rural Missouri grant program offers Missouri 4-H and FFA organizations \$500 grants to implement projects that will benefit their rural communities and youth development. Funds are awarded to assist club or chapter members in bringing positive change by establishing projects that make their local communities better places to live. FCS Financial encourages applicants to collaborate with other community organizations to develop and complete their improvement project. Applications are online and due April 1, 2019. Apply or find more information about the Shaping Rural Missouri grant program at [www.myfcsfinancial.com](http://www.myfcsfinancial.com), click on the About Us tab and then select Community Giving or call 1-800-369-3276 ext. 1173.

## Summer Camps at Missouri S & T

Ready to explore a future career? Adventurer? Cyber guru? Space explorer? No matter what your interest, these summer camps may be for you. Some of the camps being offered are cyberminer camp, robotics camp girls save the planet and much more. To learn more and to register, go to <https://futurestudents.mst.edu/summer-camps/>.



## 2019 4-H Camp Applications

Camp will be held at Camp Cedar Crest, 5 miles north of Mexico. Junior Camp, 8-11 years of age, will be June 3-6 and Teen Camp, 12-14 years of age, will be held June 6-9. Enclosed is an application and health form. Both forms are due May 1. A camping fee of \$85 per person, or \$160 for two children in the same immediate family, must be included with the application. Make your check payable to Pike County

Extension Council. Non 4-H'ers are still invited to camp. Pike and Ralls County have made limited assistance available. If you are interested in receiving assistance, please write scholarship on your application. You must be in good standing for financial assistance. Don't miss out, get your application in now! Application can be found online at <http://extension.missouri.edu/pike/4hcamp.aspx>.

## Natural Resources Careers Academy - July 23-28, 2019

Want to learn about careers in natural resources? Up to 30 high school current juniors and sophomores (rising seniors and juniors) will be selected based on scholastic achievement and their interests in the natural world, conservation and environmental studies. Academy is free of charge. Application deadline is May 4. More information at <https://cafnr.missouri.edu/summer-academies/natural-resources-careers-academy/>.

## Missouri Show Me Quality Assurance Training

All 4-H members enrolled in food animal projects including beef, sheep, swine, dairy cattle, meat and dairy goats, rabbits, and poultry must be current on their Missouri Show Me Quality Assurance certification (SMQA) to be considered a member in good standing. Some county fairs require this from 4-H and FFA exhibitors. Members must receive SMQA training two consecutive years during the years prior to their 14<sup>th</sup> birthday. Members must receive SMQA training once after their 14<sup>th</sup> birthday. Opportunities to get trained in our area are:

March 14, 6:30 p.m.

Ralls County, Courthouse, Basement Meeting Room

**March 19, 6:30 p.m.**

**Pike County, Courthouse, 3<sup>rd</sup> Floor Courtroom**

Please contact the Extension Office in advance to let us know which session you plan to attend.

## Mizzou Trap Academy

The Mizzou Trap Academy is an opportunity for high school juniors and seniors to learn skills in a competitive, constructive and fun environment. In combination with shooting, all participants will gain information on programs, scholarships, and ways to advance collegiate study opportunities in Natural Resource Recreation Management, Recreation Management and Sport Management. Shooters will be selected on their active and future pursuit of competitive shooting and interest in higher education. Squads will be selected providing a cross-section of skills, scores, and passion for shooting.

The 2019 Mizzou Trap Academy is set to take place on July 20-22 at Prairie Grove Shotgun Sports and Mizzou campus and will be open to 20 eligible shooters. Applications are due April 1. For more information and application requirements, go to <https://cafnr.missouri.edu/summer-academics/trap-academy/>.

## MU Animal Science Youth Leadership Academy - May 29-June 1, 2019

The four-day program will focus on increasing knowledge of Missouri's diverse and dynamic livestock industry, as well as building participant's leadership and communication skills. Twenty high school students will be selected to participate in the session based upon educational, community, and agricultural involvement, as reflected through an application process. Students will have personalized instruction and interaction with counselors, professors and livestock industry leaders. Cost is \$100 per student and applications must be postmarked by April 1, no late applications accepted. More information can be found at <https://cafnr.missouri.edu/summer-academics/animal-sciences-youth-leadership-academy/>.



## State 4-H Congress - May 29-31, 2019

Congress is designed for Missouri 4-Hers ages 14-19. The Missouri State 4-H Council plans and implements the event that is held on the University of Missouri campus. Learn the life skills of a super leader, connecting with experts in quality workshops and other learning opportunities! Experience campus living, residence halls, cafeterias, classrooms, you name it! Elect your representatives on the State 4-H Council! Get to know other 4-H youth from across Missouri...and HAVE FUN. Cost is \$225 per person and registration is open through 4H Online until April 15.



## Monthly MOVEment Activity Balloon Smash

To prepare for this game, you need two balloons for each person in your group (plus some spares for those that might break whilst you're inflating them). Preferably the balloons should be two different colors (to represent two different teams). Tie two-foot-long strings to the ends of each balloon.

Give each person two balloons (of the same color) and have them tie one to each leg. Separate the teams on either side of the room/area.

When you say 'go', the kids must try to pop the balloons from the other team by stepping on them. When both your balloons have popped, you're out and must sit down. The last balloon left is the winner.

## Clover Kids Corner

### Wild Bird Treat

#### YOU WILL NEED

- Wild bird seed mix
- Pinecones
- Creamy peanut butter
- String, thread, or twine
- Newspaper

#### HERE'S HOW

1. Pour a pile of bird seed onto the newspaper.
2. Using a dull knife, fill the spaces in the pinecone with peanut butter.
3. Roll the sticky pinecone in the bird seed and push the seeds into the crevices with your fingers. Make sure you fill it up with seeds.
4. Tie the string onto the top of the pinecone. Cut the string, leaving it at least six inches long.
5. Hang the pinecone from a tree outside as a treat for wild birds.



<http://kids.nationalgeographic.com/kids/activities/crafts/>

  
*Happy St. Patrick's Day*



# Ralls County News

## **Achievement Night - A Great Opportunity!**

The 4-H Achievement Night offers a wealth of experiences for 4-H members. It will be held **Thursday, March 28, 5:30 p.m.** at the Mark Twain Elementary School. The forms will still be accepted. Events during the evening will include personal development, table setting, photography, collections, public speaking, and demonstrations.

A list of **demonstration** types and requirements are on the back of the entry form. Guide sheets on how to prepare a demonstration are available at the Extension office.

In **Public Speaking**, you may select any topic of your choice. For the junior division (8-10 years of age) the speech must be three to five minutes long; intermediates (11-13 years of age) the speech must be four to six minutes long. For the senior division (14 years of age and older) the speech must be five to seven minutes long.

**Technology Assisted Public Speaking** may be on any topic of your choice. The presentation follows the same guidelines as prepared speech, but allows for use of presentation software. There will be a junior, intermediate and a senior division.

**Extemporaneous Speech** will draw for three topics, select one to speak on and have 15 minutes to prepare.

**Interpretation** is to be memorized and take place without music or other external sound effects. Special makeup and clothing may be worn as the contestant deems appropriate to the content of the interpretation. Interpretation consists of three sub-categories: dramatic, pantomime, and humorous. Time limit is three to five minutes.

**Business Pitch Speech** quickly generates interest and energetically demonstrates knowledge and persuasion to motivate the listener to reach a decision or act immediately on the information presented. Presenters are allowed to use presentation software such as PowerPoint. An example would be a "Shark Tank" TV show style pitch by an entrepreneur about a 4-H made product or service.

**Personal Development** is broken down into junior, intermediate and senior divisions. Participants are asked to say what occasion they are dressed for, give a short introduction of themselves, answer questions about personal care, family and maintaining friendships. Older youth will have interview type questions.

**Table Setting** is an event where the participant chooses an occasion to set a table for, which includes a menu, decorations, and place setting for one person. You must provide your own card table. You are judged on creativity, coordination of items, eye appeal, and the proper placement of dishes and utensils. Guidelines are available at the extension office.

**Photography** is open to any member. You may enter one photograph per category, animal, landscape or people. Guidelines are on the back of the entry form.

**Collections** is open to any member. The Collection must be owned by the member and displayed on a card table. You must provide your own table. Collections are judged on the interview, knowledge about collection and the appearance of the display. Collection examples are: rocks, stamps, animal figurines, tractors, and ornaments.

Entry forms can also be found at <http://extension.missouri.edu/ralls/4hforms.aspx>.

## **Fundraiser Dinner 2019**

The Annual 4-H Fundraiser Dinner is coming up on April 14, 11 a.m. to 1 p.m., at the Mark Twain High School Cafeteria. Advanced tickets are due back to your club leader prior to March 29. Silent auction basket or item descriptions and value are due in Extension office by March 1. Desserts need to be at the school no later than 10:00 a.m. on April 14. A great way to support the county program is by selling your tickets and signing up to work!

Where does the money go from the fundraiser? It goes to support your county events, trip scholarships, awards, and literature for leaders.

## **Attention Ham and Bacon Members - April 6**

There will be a meat informational meeting on Saturday, April 6, 9 a.m. at the Center Town Hall. All ham and bacon project members are encouraged to attend.

## **Ham Clean-Up - April 6**

Ham clean-up will be held on April 6 following the meat informational meeting. All ham members are encouraged to attend.

## **4-H Discovery Camp**

Come explore "Under the Sea" at the 4-H Discovery Camp on Friday, March 22, 6-8 p.m. It will be held at the Ralls County Elementary School. It is open to any child, ages kindergarten to fourth grade. You do not have to be a 4-H member to attend. The cost is \$10 per child and includes dinner, crafts and activities. Please submit registration form that is enclosed by March 15 to Ralls County Extension office.