

4-H Happenings!

News for 4-H families and friends

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Missouri 4-H T-Shirts

Youth, families, faculty and staff may once again purchase a Missouri 4-H t-shirt through 4HOnline. The cost of the shirts are \$11 each. Orders will be placed through the event registration system in 4HOnline. You may pay by check or credit card. If paying by check, please make your check out to your local extension office. Once payment is received in the local county extension office, your 4-H faculty/staff will approve the registration and the order will be processed. The t-shirts are black with short-sleeves and a green and white design. Sizes available include youth sizes small-large; adult sizes small-3XL. If your size is currently out of stock, you will be contacted directly by someone from the Daviess County Extension office. Any out of stock sizes will be replenished in a timely manner and your order processed. If you have any questions, please contact Becky Simpson at simpsonre@missouri.edu or 660-663-3232.





State Teen Conference - Mark Your Calendars! March 16-17, 2019 - Columbia, MO

Come join the game of leadership at the 2019 State 4-H Teen Conference, March 16-17 in Columbia! The State 4-H Council is planning another “don’t miss” event that you’ll be talking about all year. Teen Conference begins at 12:30 p.m. on Saturday and ends by noon on Sunday.

Registration is \$189 for youth (sharing a bed with a friend you select) and for chaperones. For youth who would prefer their own bed, registration is

\$239. Registration through 4HOnline is open and extends through February 1, 2019. Late registration is open February 2-10 with an additional \$50 late fee. For more info on Teen Conference, please visit <http://4h.missouri.edu/teen-conference>. **Remember your dues must be paid to be activated in 4HOnline to be able to register.**

Missouri Youth Civic Leaders Summit

March 1-3, 2019

Windermere Conference Center

The Missouri Youth Civic Leaders summit is a statewide gathering of teens and adults who are ready to engage with others on topics of leadership, service, and LIFE! YCLS teams can be made up of local teens and adults from 4-H SPIN, community clubs, councils, schools, afterschool programs, community organizations, or countywide groups. Teams (3-10 members) include youth ages 14-18, and an adult team leader/chaperone. Cost is \$170, which includes Fri/Sat lodging, meals, conference materials, and most recreation. Register through 4HOnline now through February 1, 2019. More information can be found at:

<http://4h.missouri.edu/YCLS/main#gsc.tab=0>.



Camp Counselor Applications - Due January 4, 2019

Camp counselor applications are now available. Serving as a 4-H camp counselor can be one of the most rewarding and meaningful experiences of a 4-H career! Now is your chance to apply. Any teen between the age of 14 and 18 (as of 12/31/18) can apply for camp counselor. Applications are due to the Extension office by Friday, January 4, 2019. We have a limited number of counselor positions for Junior Camp (campers aged 8-11) and for Teen Camp (campers aged 12-14). Counselors are selected based upon a variety of criteria, including age, meeting our balance for gender, geographical location, whether they have applied previously to be counselor and other factors. Prior camping experience is NOT required!

Missouri 4-H Foundation Scholarships Available

The Missouri 4-H Foundation offers educational scholarships for 4-H youth and former 4-H members pursuing post-secondary study. More than sixty scholarships are available, each ranging from \$500 to \$2,500. One scholarship application allows the applicant to be considered for any available scholarship, subject to the conditions specified by the donor. Applications are accepted after January 1 and applications are due in your local extension office by February 15, 2019.

4-Hers who are current high school seniors and former 4-Hers who are college students are eligible to apply. The scholarship guidelines and application is available on the Missouri 4-H Foundation website at <https://extension2.missouri.edu/programs/missouri-4-h-foundation/scholarships>. Check out the list of scholarships on the 4-H scholarship website and apply! The scholarship application format is almost identical to the 4-H Missouri Recognition Form (MRF) format. If you complete the MRF form, you’ve completed most of the narrative for the scholarship application, too.

2019 National 4-H Beekeeping Essay Competition

The 2019 National 4-H Beekeeping Essay competition is open to active 4-H club members only. Any 4-H club member interested in writing an essay should contact their local extension office for competition details. The 2019 essay topic is “Honey Varietals, State to State”. Your essay will need to identify one unique varietal to Missouri and discuss the flower’s uniqueness and how beekeepers can effectively market that varietal. Please include a photo of the varietal’s flower, an interview with a local beekeeper who collects this varietal and a recipe that highlights the varietal. Check with your local extension office for the complete rules. Essays must be received in the Missouri State 4-H Office by February 15, 2019.



The goal of 4-H Feeding Missouri is to raise one million meals the month of February in a first-of-its-kind statewide food drive, and every 4-H club in the state can contribute to its success! From February 1-28, 4-Hers across Missouri will engage in a friendly service competition to see which clubs can contribute the greatest amount of food, donations and volunteer hours. They’ll have an opportunity to organize and/or participate in food drives, fundraising, volunteerism and educational outreach to learn about hunger and food insecurity. Stay tuned for more information!

In the meantime, please consider including educational opportunities about hunger and food insecurity during club meetings and other events leading up to the February drive. Included on the [4-H Feeding Missouri webpage](#) is a resource section that features a “4-H: Empowering Youth to End Hunger in Their Communities Toolkit” with ready-made activities for youth to learn about this topic. You can draw from this resource to help youth learn about hunger and food insecurity.

Regional Representative

Are you interested in representing Missouri 4-H members, assisting with planning and implementing major 4-H events such as 4-H Congress and Teen Conference? Would you like to represent the State 4-H Council at special events and provide youth input? If so, serving as a Northeast Regional Representative may be the position for you. Find out more about what the council does on their website: <http://4h.missouri.edu/missouri-4h-council.aspx>. Applications are also available on the website. Applications are due to the Extension office by Monday, January 7, 2019.

4-H Expo - The Road to Success!

Mark your calendars for the 4-H Expo. Youth ages 5 – 18 and adults are all invited to join us on Saturday, February 16 for a day of workshops, activities, and lunch! The cost is \$10/participant. The day will start at 10:00 a.m. and finish at 2:00 p.m. Registration is due by February 1. Make checks to Pike County Extension Council.

2019 4-H Camp Dates

Junior Camp – June 2-5, 2019

Teen Camp – June 5-8, 2019

State Meats Judging Contest

Saturday, February 16, 2019

Eckles Hall, University of Missouri-Columbia

This program has two options for participation. For those who have more experience in meats evaluation and would like to compete, the judging contest is the option for you. If you are less experienced in meats evaluation, there will be a learning track workshop. The workshop will walk you through how to evaluate judging classes, provide you with the basics of good note taking, and give you tips on retail identification. Participants must choose either judging or workshop options. Registration for the Meats Judging State Contest/Workshop is available through <https://mo.4honline.com>. A help sheet to register is available at <http://4h.missouri.edu/doc/MOEventRegistration.pdf>. Registration deadline is February 1.

State Horse Judging Contest - February 23, 2019

National Equestrian Center, 6880 Lake St. Louis Blvd., Lake St. Louis, MO 63367

This event is open to all 4-Hers. There is no limit on the number of members a county may pre-enter in the contest; however, youth must pre-enter if they wish to participate. The contest's registration cost is \$20 per individual and no fee for parents or leaders. Pre-entered youth will receive an information email with maps, details, etc. Contact your county office for more information and for the registration deadline, as each county varies. Registration will be done through your [4HOnline profile](#).

Missouri State Fair Agriculture Scholarships

The Missouri State Fair Youth in Agriculture scholarship [application](#) for Missouri High School seniors graduating in 2019 is now available. Applications should be submitted to the Missouri State Fair and must be postmarked by Feb. 1, 2019. Applicants must submit an original copy of their application and five additional copies.

These scholarships are possible thanks to the gracious contributions of many individuals and companies. One \$5,000 platinum scholarship sponsored by Youth in Agriculture supporters, one \$2,500 supreme scholarship sponsored by Sydenstricker John Deere of Missouri/Sydenstricker Angus Genetics, and 40 \$1,500 scholarships sponsored by Youth in Agriculture supporters are being offered.

Applicants must be high school seniors and active members of 4-H or FFA, and have participated at least once as a 4-H or FFA exhibitor at the Missouri State Fair. Eligible scholarship applicants must plan to enroll in an accredited Missouri community college or a four-year-college or university in the fall/spring semester immediately following graduation from high school. Applicants are not required to pursue a degree in agriculture; however, a five-point bonus will be given to applicants pursuing a degree in agriculture during the selection process. Additional information can be found at:

<https://content.govdelivery.com/accounts/MOMDA/bulletins/21cdbf9>

State 4-H Congress Opportunity Scholarship

If you are interested in attending the 2019 State 4-H Congress and have a need for a scholarship, please contact the Extension office for the application. Applications are due in the office by February 19, 2019.

2019 Summer Citizenship Washington Focus Program Assistant National 4-H Center

This position runs from mid May to late July and will work with our Citizenship Washington Focus (CWF) summer 4-H program. In this role, Program Assistants help to plan and execute all parts of CWF. They operate both as a team and independently, while working directly with 4-H members from all over the country as they explore Washington, D.C. and learn about the legislative branch of government.

Benefits for all of our Positions

Paid via bi-weekly stipend, room and board provided. Stay free in our on campus intern housing at Warren Hall, eat free at the Clover Café and have the potential to get internship credit. **Applications must be submitted by January 15th, 2019**

2019 Missouri 4-H Equine Tour

Do you dream of combining your equine passion with a future career, love to learn more about the horse industry, and enjoy making new 4-H friends who share your love of horses? The University of Missouri Extension 4-H Annual Equine Career Tour may be just for you! The 2019 tour, May 20-28, will be exploring the horse industry in Missouri, Illinois, Wisconsin, Michigan, Indiana, Ohio and Canada and is open to Missouri 4-H teens, ages 14-18. Tour highlights will include collegiate equine education departments, harness racing, visiting a variety of equine farms, meeting 4-H youth, and touring Mackinac Island. Participants will learn from leading equine professionals in the fields of equine therapy, dressage, entertainment, training, art, harness racing, equine facility management and equine welfare. In its 13th year, the tour has proven to be a great opportunity for participants to expand and clarify their possible equine related career paths. The \$650 tour fee provides charter bus transportation, 4-H staff chaperones, and most all travel related expenses. Applications are available at <http://4h.missouri.edu/equine-tour> and are due before March 1, 2019. Specific travel information with detailed tour itinerary will be available to participants after March 1. For additional information, contact Debbie Davis, 816-866-9880, davisdd@missouri.edu.

First Impact Traffic Safety Parent Program

Parents are invited and encouraged to bring their teen drivers with them to the First Impact Traffic Safety Program which will be held on Wednesday January 9, 2019, 4:30 – 6:00 p.m. at the Bowling Green High School. First Impact is a 90 minute evidence-based traffic safety program that educates parents about Missouri's GDL law. The goal of First Impact is to reduce new driver crashes, resulting injuries and fatalities, by increasing parental awareness and enforcement of Missouri's graduated driver license law. First Impact provides the tools parents need to monitor, coach and support their new teen driver. First Impact features a video and discussion to promote the importance of parents and teens working together to reduce teen crashes, injuries and fatalities.

4-H Robotics Training - January 19, 2019 Tan-Tar-A Resort, Osage Beach, Mo.

A hands on session for adult 4-H volunteers interested in learning more about using the LEGO MINDSTORMS EV3 Robotics Kit. The workshop will be held from 9 a.m. to 2 p.m. and will start with the basics and also include advanced features of the EV3. Registration is due by January 14, 2019. No registration fee required.

Cancellation Procedure

In case of bad weather, listen to your local radio station for notice of cancellation. The stations contacted will be KWWR/KXEO in Mexico and KHMO/KICK in Hannibal.



Monthly MOVEment Activity

Power Jumping Materials
6 to 8 feet of large bubble wrap
Clothespins (one for each child)
Measuring Tape
Marker



Ask youth how far they can jump. Lay out a long strip of bubble wrap (preferably the large bubble kind). Youth stand at the end with both feet together. They swing their arms back and jump forward as far as possible. Listen to the bubbles popping! Fasten a clothespin with each participant's name to the side of the bubble wrap where the heels landed. Ask youth what they can do to improve their jump (i.e., bend knees more, push harder off the toes, etc.). Use the measuring tape to measure the distance.

Clover Kids Corner

Chocolate-Dipped Pretzel Rods

Supplies

- One bag of pretzel rods
- 12-ounce bag semisweet or white chocolate chips
- 2 tablespoons butter
- Microwave-safe bowl
- Cookie sheet lined with waxed paper
- Spoon, flat spatula, and table knife
- Sprinkles (optional)



Directions

1. Put chocolate chips and butter in a microwave-safe bowl, and microwave on high for 1½ minutes. Stir with spoon. If the chips are not melted, heat for 30 more seconds and stir again.
2. Dip the spatula into the melted chocolate. Roll the pretzel rod in the chocolate on the spatula so it is half-covered. (Melted white chocolate can be a little lumpy, so you may need to smooth it over the pretzel with the knife.) Add sprinkles if desired.
3. Lay each chocolate-dipped pretzel on the cookie sheet. Let the dipped pretzels sit for 30 minutes before serving. Do not refrigerate.

Ralls County News

Family Fun Day

Ralls County 4-H will be bowling at the Ten Pin Alley in Hannibal on Sunday, January 20, 2019 from 2 – 4 p.m. The cost is \$8 per person and this includes rental shoes. You will need to RSVP to the office by January 11 if you are coming.

Teen Council

Ralls County Teen Council will meet Monday, January 21 at the Ralls County Elementary at 6:30 p.m. Everyone is to bring a snack and a story of something funny that happened over the holidays. Patty will be talking about activities and awards for older 4H members and we will be planning Discovery Camp. Come with ideas and willingness to take on an activity! Discovery Camp will be March 22 and the theme is Underwater Sea!

Club President Meeting - January 3, 2019

All Ralls County club presidents are invited to attend a training for presidents on Thursday, January 3, 5 p.m. at the Courthouse. Topics covered will be president's duties and correct parliamentary procedure.

Fees for Shooting Sports

The following fees will apply to the Shooting Sports project this year.

Shotgun - \$4 per round

Archery - \$10 per year

Rifle - \$10 per year

Members will provide their ammo or buy ammo for \$3 per round. Deadline to pay shooting sports fees will be March 1.

The safety meeting will be held on Saturday, February 9 at the Center Town Hall from 9 a.m. to 2 p.m. Pizza will be provided for lunch. All first year members in shooting sports must attend this meeting. All second year members and older are encouraged to attend.

Ralls County 4-H Council

The Ralls County 4-H Council will be meeting on Monday, January 7, 6:30 p.m., in the Courthouse meeting room. The agenda will include making final plans for county activities. Council members please mark your calendars and plan on attending. There will be a club leader orientation starting at 6 p.m.

Beef Weigh In

Beef weigh in will be held Saturday, February 2, 9 a.m. to 10:30 a.m., at the Wallace farm in Vandalia. All steers and market heifers must be weighed in for the performance class.

Ralls County Junior Fair Board

The Ralls County Junior Fair Board meeting will be on Thursday, January 3, 6:30 p.m., at the Center Town Hall. The agenda will include judge selection and donation responsibilities.