

4-H Happenings!

News for 4-H families and friends

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October 2018

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Online Enrollment begins October 1, 2018

Missouri 4HOnline will be open for enrollments on October 1.

New 4-H families will need a computer, internet access, a valid email address and a web browser (like Google Chrome or Firefox, DO NOT use Internet Explorer). Go to <http://mo.4honline.com> and select "I need to set up a profile" and complete the information for your family profile. Add members to the family (adult or youth) by selecting from the "Add A New Family Member" drop down menu. Complete the profile for each member, submit your enrollment and pay the required dues (either by credit card or bring payment to extension office).

Returning families will log into their family profile with their log-in email address. (If you can't remember your password, select "I forgot my password"). If you can't remember your log-in email, call your county office. **Do Not** create a duplicate profile! Continue to your family member list. Select **edit** next to the member you are re-enrolling and then select "**enroll for 2018-2019**" at the bottom of the first page. Review all content in the member profile, update any health form changes and change any projects (if you aren't enrolling in a project, delete it for this year). Submit enrollment and pay required dues (either by credit card or bring payment to extension office). If you have any problems with this process, please feel free to call the office at 324-5464 and we will do our best to help you.

4-H Volunteer Application Process

- A. Applicants (new and returning) need to ask local 4-H staff about current volunteer needs. Ask to see volunteer role descriptions to identify a role that might be a good fit.
- B. Build a new or, if returning, annually update your volunteer profile at <http://mo.4honline.com>.
- C. Complete the one-time 4-H volunteer orientation, if you are a brand new 4-H volunteer applicant. The orientation helps new applicants learn basic terms, organizational structure and safety practices.
- D. All volunteers need to complete the New Background Check Consent Form this year and turn in to the Extension Office.

Managed Care Coverage for 4-H Membership Dues

Youth covered by MO HealthNet Managed Care plans may be eligible to have their membership in one afterschool program or club paid by their insurance company. This includes membership fees for 4-H clubs!

1. Call the Member Services number and request a voucher for each child.
 - MissouriCare 1-800-322-6027
 - Home State Health 1-855-694-4663
 - United Healthcare (Does not cover 4-H membership at this time.)
2. The insurance company will verify eligibility and send a voucher in the mail.
3. Sign and date the voucher form and send the original form to your County Extension office.
4. The County Extension office will send the forms to the State 4-H office and your child's membership will become active.

National 4-H Conference

Are you interested in government, public policy, or working with others to solve a problem in your community? National 4-H Conference may be the place for you. It is the premier professional and leadership development event for 4-H members (15-19). While at National Conference you will work with other youth to create solutions to some of today's social problems such as distracted driving, childhood obesity and others. You will then have the opportunity to present your ideas to government agencies that can put your ideas to work such as the National Institute for Health, the National Traffic Safety Board and others. You will learn effective ways to advocate for an issue and can bring these skills home to your local community. If you are interested in this opportunity, you will need to complete the Level 3 State Excellence Award form, answer an additional four questions about your citizenship experiences and if selected for regional and/or state judging prepare up to a five minute presentation about a current topic. Youth may only participate in this conference once. You may continue to apply as long as you are still age eligible.

Outbound Exchange Opportunity

Just as 4-H goes beyond our doorstep and your county line, it also goes beyond our nation's borders. 4-H Global Education contributes to understanding people of the world through hosting, travel experience, project and activity enrollment for individuals and clubs. Opportunities for 4-H families provide insight into the world in which we live by participating in some phase of Global Education.

The 2019 Outbound Experiences information has been posted to the state website at <http://www.4h.missouri.edu/global-experiences/4h-exchanges>.

Our partners will be Japan, Finland, Costa Rica and Korea. The website includes a general brochure for each country, application, and scholarship applications. **DEADLINE FOR APPLICATION AND DEPOSIT TO BE RECEIVED AT THE STATE OFFICE IS NOVEMBER 1, 2018.** If you have questions or want more information contact Joy Taylor at TaylorJL@missouri.edu.



New 4-H Family Window Sticker Available!!

To your left is the 4-H family window sticker that is available for purchase. The stickers are in color and cost is \$1.00 each. Check with the Pike County Extension office to get yours.

America's Farmers Grow Communities

Since 2010, America's Farmers Grow Communities, sponsored by the Monsanto Fund, has strived to make it simple for farmers to lift up rural communities by awarding more than \$26 million to over 8,000 nonprofit organizations in farming communities.

Here's how easy it is to help. Farmers enroll Aug. 1 through Nov. 1 for a chance to direct a \$2,500 donation to their favorite eligible nonprofit community organization – from local shelters, to community centers, to fire and EMS workers.

In 2019, Grow Communities plans to award another \$3 million to nonprofits in rural America. Submit your enrollment August 1 through November 1 at www.americasfarmers.com/grow-communities or call (877) 267-3332.

2019 Education Program Assistants - National 4-H Center

Do you know a college student who has a passion for government, history, political science, education, public speaking, or leadership? We are looking for individuals with a passion for working with young people. If this brings someone to mind, please encourage them to apply for the position of Program Assistant (PA) at the National 4-H Conference Center! Our PA's impact the lives of thousands of students from all over the United States. Program Assistants: 1. Facilitate interactive learning with youth from all over the country in Washington, D.C.; 2. Develop and refine teamwork skills, critical thinking, and problem-solving skills in a fast-paced and fun environment; 3. Become licensed D.C. tour guides and 4. Live on campus and receive a bi-weekly stipend. If you know a college student looking for an internship or credit towards graduation, share this and have them contact the Extension office for more information.

Missouri Livestock Symposium Photo Contest

This contest is open to amateur photographers in the state of Missouri. Photographers may submit up to three entries. Entries must show some aspect of agriculture including farm life, farm scenes or livestock. Photographer affirms they are at least 18 years of age and competent to contract in their own name, or if younger than 18 years of age, confirm that their parent or guardian is submitting photographs on their behalf. Also, photographer or their parent or guardian, have read the terms and conditions ([pdf](#)) before submitting any photographs and fully understand the content, meaning, and impact of the terms and conditions. Photos will be accepted through 5 p.m., Wednesday, October 31, 2018.

- Email photos (jpg) to info@missourilivestock.com.
- Include your name, complete address, phone, age, title of photo and a little bit about your photo in the email.
- All photos must be 8.5 x 11 inches and portrait orientation. Photos must be 300 dpi.
- By submitting a photo, photographer has thus attached their electronic signature and is in agreement with the contest [terms and conditions \(PDF\)](#).

The winning photograph will appear on the cover of the Missouri Livestock Symposium program book. The winner will also receive a \$100 cash prize from the Missouri Livestock Symposium and a framed print of the winning photo. For more information go to: <http://www.missourilivestock.com/photo-contest.html>.

Statewide Clowning Workshop - November 3, 2018

4-H members who are or will be enrolled in clowning for the 2018/2019 4-H year are welcome to attend this workshop. They will be able to connect with each other, obtain support, receive educational materials, and grow their clowning skills. It will be held at the Cole County Extension Office, 2434 Tanner Bridge Road, Jefferson, City, Missouri. Register by October 19 at <https://www.surveymonkey.com/r/2TN67S3>.

Missouri 4-H Foundation 4th Annual Trivia Night

Gather your friends and get ready to give your brain a workout, while supporting Missouri 4-H! Mark your calendars for the **4th Missouri 4-H Foundation Trivia Night**, benefiting the MU Extension 4-H Center for Youth Development, on **Saturday, November 3, 2018** at the Knights of Columbus Hall in Columbia, Mo.

Doors open at 6:00 p.m. and trivia begins at 7:00 p.m. The cost is **\$200 per table** with a maximum of eight players per team. Ticket prices include non-alcoholic beverages. Teams are encouraged to bring their own snacks and drinks!

Mulligans will be available for purchase the night of the event. Attendance prizes and raffle prizes will be given. Deadline to register is October 29.

For more information and to register, visit <https://extension2.missouri.edu/events/missouri-4-h-4th-annual-quiz-night>.

Clover Kids Corner

Leaf Window Hanging

What you need:

- clear contact paper
- leaves, grasses, twigs and/or flower petals
- ribbon
- hole punch



Directions: Simply lay a piece of clear contact paper, sticky side up, on the table. You can tape the paper to the table to keep it from slipping. Have your toddler place the leaves, grasses and flower petals in their own design on the sticky paper. When they are finished place another piece of contact paper on top and trim the artwork into any shape you desire. Punch a hole at the top and thread ribbon for hanging your new masterpiece in the window.



Monthly MOVEMENT Activity

Steppin' Out!

Materials - Pen/Pencil Paper

Youth can do this activity outside or in a large room or hallway. They will certainly give their legs a workout! How many giant steps does it take to get across a yard or room? How many "baby steps" does it take to get back? Repeat all the way up the yard or room. Can youth walk backward doing baby steps? Can they do this without falling or losing their balance? Each participant can make a list of the different steps. Next to each one they can write how many steps it took for each trip up and down the yard or room. Compare and discuss the results!

Ralls County News



National 4-H Week - October 7-13, 2018

National 4-H Week will be held the first week in October. The theme “4-H Grows Leaders” continues with this year’s added emphasis “Inspire Kids to Do”. There are several activities planned for National 4-H Week, October 7-13. They include special edition articles, wear your 4-H or green shirt,

and scarecrow display.

- Wear your 4-H or green shirt, submit a picture of yourself; and send it to colemankar@missouri.edu for a DQ coupon. Let’s wear our 4-H with pride!

Recognition Night - October 14

The Ralls County Recognition Night will recognize 4-H members and leaders for their hard work throughout the year. It will be held Sunday, October 14, 2 p.m. at the Mark Twain High School Cafeteria. Each club needs to provide 4 dozen cookies.

Officer Training - October 18

There will be an Officer Training for Ralls County 4-H members on Thursday, October 18, 6:30 p.m. at the courthouse. The Council will be providing pizza at 6:00 p.m. that evening and each person attending needs to bring their own drink. This will be for current officers and any member interested in being an officer. If you are planning on attending, please RSVP to the office by October 11.

Countywide Leaders

The following have volunteered to lead a countywide project this year: Meats – Jim Meyer; Beef – Chad Wallace; Photography 3-Dana Keller; Quilting-Amanda Haas; Archery –Branten Ingram, Dana Keller & Deanna Terry; Smallbore Rifle – Darrell Britt, Branten Ingram, & Alan Smith; Shotgun-Branten Ingram & Mark Rubemeyer; Shooting Sports Safety-Branten Ingram; Air Rifle-Alan Smith; County Coordinator – Dana Keller; and Dogs–Nichole Birkhead.

4-H Council & Committee Night

4-H is a totally volunteer driven organization, which takes the time of many people to make it a successful, worthwhile program for its members. The Ralls County 4-H Council and Committee Night will be on November 5, 6:00 p.m. in the courthouse. The Council will be providing pizza that evening and each person attending needs to bring their own drink. Mark your calendar now. We will need a count for ordering pizza, so please RSVP to the office by November 2.

Award Judging

The Evaluation and Awards Committee will be doing award judging on October 16. Committee members plus two volunteers per club are needed to judge. The judging will be held at the Center Town Hall starting at 6:30 p.m.

Teen Council - October 15

Does leadership, fun, spending time with youth of a similar age interest you? If you are in the sixth grade and older then you should attend the next Ralls County Teen Council meeting on October 15. It will be held at the Ralls County Elementary at 6:30 p.m. The group will be electing officers for the year, setting goals and finish planning the year's activities. The meetings will be October 15, January 21, February 18, April 15, and June 17. Some of the Teen Council's activities include planning and conducting Discovery Camp, concession stands at Achievement Night and the fair along with a short fun and educational trip.

Congratulations

Congratulations to Easton Sharp for receiving 3rd place in Junior Traditional Recurve/Longbow and Kaleb Ingram for his 5th place finish in Junior Compound 3D at the State Shooting Sports contests on August 25 and September 15.