

4-H Happenings!

News for 4-H families and friends

Patty Fisher

Patty Fisher
4-H Youth Specialist
University of Missouri Extension
E-mail: pikeco@missouri.edu

115 W. Main
Bowling Green, MO 63334
Ph. 573-324-5464
<http://extension.missouri.edu/pike>

P.O. Box 540, 311 Main
New London, MO 63459
573-985-3911
ralls@missouri.edu

July 2018

11 th Annual Show Me 4-H Wares at the Missouri State Fair	1	4-H Robotics at Missouri State Fair Show-Me-Robots – August 12	4
2018 Fall Shooting Sports Certification Workshop	2	Clover Kids Corner	5
Shooting Sports Invitational Opportunities	2	Monthly MOVEMENT Activity	5
State Shooting Sports Contests – Registration is Open	2	Fair Time Reminders	6
Healthy Living – BAM! Body and Mind	3	Fashion Revue	6
Clover Kids Day at the State Fair	3	Shooting Sports Shotgun Shoot Change	6
State Fair 4-H Building Ambassadors	3	Club Corner	6
Upcoming Open Fair Shows	3	Dates to Remember	7
State Fair Reminder	4		
Make it with Wool Contest	4		
FilmFest 4-H – July 29-August 1	4		

11th Annual Show Me 4-H Wares at the Missouri State Fair

August 9-19, 2018. Show Me 4-H Wares is a youth business fair inside a commercial building open to all State Fair goers, with various displays and exhibitors from the University of Missouri. 4-H youth ages 11-18 can apply to sell original products or services to fairgoers in the Mizzou Central Building, youth can showcase their 4-H projects, gain business and marketing skills, and earn their own money as an entrepreneur! Sell as an individual, with a biz buddy, or a team of three members from a 4-H club or project group. Exhibitors are selected for a half-day time slot of their choice on one of the sales booth days. (Selected exhibitors ages 11-18 may be assisted by youth ages 8-10).

Sale days include:

- Thursday, August 9 - Opening Day
- Saturday, August 11 - Law Enforcement/Firefighter Appreciation Day
- Sunday, August 12 - Military Appreciation Day
- Monday, August 13 - Farm Bureau/Farm Family Day
- Thursday, August 16 - Governor, Legislator and Judge Day
- Saturday, August 18 - Youth in Agriculture Day

For more information on Show Me 4-H Wares, including photos and results from last year's State Fair sales booth, visit: <http://4h.missouri.edu/showme4hwares/main>

2018 Fall Shooting Sports Certification Workshop

September 21-23, 2018

Life Change Camp, 351 NE 831 Rd in Clinton, Mo.

The cost of \$90.00 includes five meals, overnight lodging (one or two nights), and workshop materials. Registration opens July 15 via [4HOnline](#). Registration is limited and will close when a discipline class reaches maximum number; or when the camp is full. All registrations accepted on a first-come, first-served basis when accompanied by fee. Workshops usually fill up before the deadline, so don't delay! Register A.S.A.P.

Check-in: Friday, September 21 from 6:00 - 7:15 p.m.

- 7:30 p.m.: General Session begins - required for all 1st time participants (optional - if currently 4-H SS certified)
 - Please note that the Friday night session is a general introduction to 4-H Shooting Sports and has no correlation to the required 4-H Volunteer Orientation; **Volunteer Orientation is completely separate**. Therefore, if you have already taken the 4-H Volunteer Orientation, you're still required to participate in the general Friday night session.

**** Please note that you must be a recognized 4-H volunteer in order to register for any of the 4-H Shooting Sports Leader Certification workshops. Steps can be found at <http://4h.missouri.edu/volunteer.aspx>**

Shooting Sports Invitational Opportunities

July 14 & 21 - [Cole County Fair Shooting Sports Match](#)

- July 14 - 3D Archery
- July 21 - All other events

August 4, 2018 - [Lewis County 4-H Invitational Shoot](#)

Deer Ridge Conservation Area - Jenkin's Shooting Ranges

Pre-registration due July 1

State Shooting Sports Contests - Registration is Open

- Aug 18, 2018 State Skeet Shoot
- Aug 25-26, 2018 State Trap and Archery Shoot
- Sept. 15-16, 2018 State Shoot

Registration for the State Shoot is open now and closes on August 1. Remember registration is not in 4HOnline but in Fair Entry, however, you will need to log into your 4HOnline profile, click on the State Shoot information on the family page and read the instructions that are posted before beginning registration. You can access the Fair Entry from a link in the instructions. Any questions, please contact the extension office.

Healthy Living - BAM! Body and Mind

This website, designed specifically for youth ages 9-12, hosts games, quizzes, and other interactive ways to engage young people in their own health and wellbeing. Visit – <https://www.cdc.gov/bam/index.html>.

Clover Kids Day at the State Fair

A special day for Clover Kids (youth ages 5-7) will be featured in the 4-H building in Sedalia on August 12 from 10:00 a.m. – 4:00 a.m.. All 4-H Clover Kids and their families are invited to attend this event.

Clover Kids can:

- Display an item they have made
- Receive a State Fair participation ribbon
- Give a demonstration
- Participate in arts/crafts, science and other fun learning activities
- See cool 4-H stuff displayed in the building

Don't miss out on the fun.

State Fair 4-H Building Ambassadors

Is the Missouri State Fair at the 4-H Building a summer tradition for your family? Maybe the fair is a new experience for your family and you would like to learn more. Either way, have we got a deal for you! We are looking for 4-H families who are willing to donate 2 ½ hours as a “4-H Building Ambassador” in the 4-H Building during the Missouri State Fair.

You ask, “What will I do during this time?” Here is what we need from you if you decide to help:

1. Greet people as they enter the 4-H Building.
2. Promote and answer questions about 4-H.
3. Help with the special activities held in the building.

You will receive a 4-H Building Ambassador t-shirt to wear during this time, sponsored by the Missouri 4-H Foundation. Now that you are excited about this opportunity, you need to sign up! The 4-H Building Ambassador opportunity is available as an event in 4Honline. Each person in your family that plans to work will need to register. Select a date and time and t-shirt size.

Upcoming Open Fair Shows

Audrain County Open Dog Show – July 21 - For more information, go to: extension.missouri.edu/Audrain/fair.aspx.

Marion County Horse Show - July 31 - Horses in place by 3:00 p.m. Show begins at 4:00 pm. Flower City Park, Palmyra, Mo. For information go to: extension.missouri.edu/marion/fair.aspx. The pre-registration charge is \$15 for all non-Marion Co. residents. The day of show charge is \$20.

Monroe County Horse Show – July 21- For more information, go to: extension.missouri.edu/Monroe/coutyfair.aspx.



State Fair Reminder

4-H/FFA exhibitors will NOT be entered automatically in the open show. **An open show fee is required. No entries will be accepted during the Fair.** This includes 4-H/FFA exhibitors wishing to enter open shows which is done separately from the youth show entry. All entries must be made and fees paid in compliance with stated deadlines prior to the Fair.

Exhibitors under age 13 will again be admitted free to the 11-day Fair, while exhibitors age 13 and older will be able to purchase up to 40 single-day exhibitor admission tickets at a special price of \$4. The discounted exhibitor tickets are available on entry forms and from the Fair's business office until August 8. The tickets do not include parking and will not be available at the gate.

Make It with Wool Contest

The Missouri Make It With Wool contest is October 6, 2018. Registration is due 9/1/2018. Entry forms can be obtained from the national website www.nationalmakeitwithwool.com All copies with entry fees and swatches need to be sent to Jeanne Shuck, MO MIWW Director, 29627 Mexico Rd, Perry, MO 63462. State prizes may include: sewing notions, thread, sewing machine for the preteen category, Pendleton wool, and tailoring accessories. Entry fee for Missouri is the \$12.00 for the national contest and \$7.00 for each swatch of fabric for testing. Top winner in Junior and Senior age groups will advance to the national competition in New Orleans, La. next January 24 – 26 2019. Wool content needs to be 60% and has to be tested. Please check out the website for more specific rules.

FilmFest 4-H - July 29-August 1

Are you interested in meeting wolves, learning about virtual reality, and becoming a better writer? How about attending a national 4-H event in your own back yard? This is the last chance to register for FilmFest 4-H, where we will also be learning about how documentaries and short films are made. All youth are welcome, so invite your non-4-H friends as well! Dates are July 29 – August 1 and location is Columbia. *Pre-registration is required, and deadline is July 6.* You'll need an All Access Pass (\$129), and those staying locally can make lodging arrangements with Stoney Creek Inn at a special conference rate. For all details, visit <http://filmfest4h.org>.

4-H Robotics at Missouri State Fair Show-Me-Robots - August 12

4-H members in the robotics project may participate in the Show-Me Robots at the Missouri State Fair on Sunday, August 12 from 10 a.m. - 5 p.m. in the Lowell Moheler Building on the fairgrounds. There will be several hands on activities around 4-H robotics and other STEM projects, exhibition by FIRST and VEX robotics, and colleges and universities with information about careers in STEM. There is no registration for this event and it would make a good field trip for 4-H robotics project groups.

Ralls County Fair

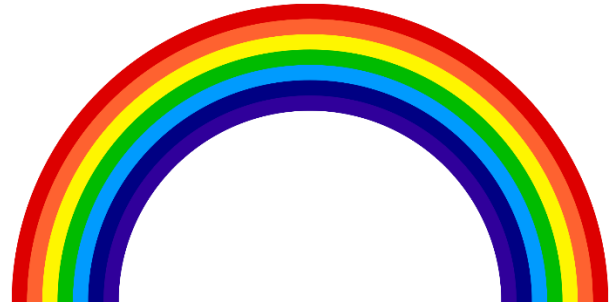
July 12 - 16, 2018

Clover Kids Corner

Make Your Own Rainbow

What You Need:

- Sunny day
- Short drinking glass
- Small mirror
- Sheet of white paper
- Water



What You Do:

- Help your child fill the glass about $\frac{1}{4}$ of the way full with water.
- Ask her to put the mirror in the glass.
- Then, turn the glass so the mirror faces the sun.
- Position the glass of water so that the sunlight shines on it.
- Help your child by holding the sheet of paper in front of the glass so that the rainbow can be easily seen.
- The sunlight will pass through the water in the glass and refract (bend), forming many different colors on the surface of the sheet.
- Encourage your child to experiment by holding the glass of water at different heights and angles while she watches for sunlight bouncing off the mirror.



Monthly MOVEment Activity

Clothes Pin Tag

Quick feet and fast hands are the key to success.

Supplies - five clothes pins or fewer per person

Let's get started! Before you start playing, make sure you make boundaries for this game. All players should start with five clothes pins pinned to the back of their shirts. Have them spread out around the playing area before the start of the game. The object is to try to capture the clothes pins from someone else's back without losing yours. If you capture a clothes pin, you are to go down on one knee while pinning it on your back. While you are on one knee, no one can take a clothes pin from you, but as soon as you stand up, you are free game to anyone. If a player goes out of bounds, he or she loses a clothes pin. Pushing is not allowed, and players only can touch clothes pins, not touch or pull clothes or the body. Any violators will lose one clothes pin per victim. The person who collects the most clothes pins in the allowed time wins. This also can be played with teams. (New Mexico State University, 2009)



Ralls County News

Fair Time Reminders

Just a reminder that goats and sheep will need health papers in order to show. All steers must be dehorned along with being free of warts and ringworm. All horses must have proof of a negative Coggins test. Horse exhibitors will need to bring their horse i.d. form with signatures to the show. Poultry will be tested at the show. Dogs and cats must have proof of up-to-date rabies shot at least two weeks prior to the show. Remember to check your judging and work schedule for the exhibit building. It is in the fair book. If you have any questions, contact the Extension Office. See you at the fair!

Fashion Revue

County Fashion Revue will be held on Tuesday, July 10, 6:30 p.m. at the Courthouse. Entry forms have been mailed, if you did not receive a form and would like to participate, please go by the office and pick up a form.

Shooting Sports Shotgun Shoot Change

Members will only be allowed to shoot on one of the dates listed in fair book, so please pick the date that best fits your schedule.

Bacon Curing Reminder

If you are planning on doing bacon curing, a reminder that Curing will be done on July 3, 3:30 p.m. at Center Locker.

Country Ham Clean-Up

If you have a smoked ham to show for the fair, please deliver your ham to the Center Locker on Friday, July 6. You can take them in beginning at 8:30 a.m. and all of them need to be delivered by no later than 3 p.m.

Club Corner

Liberty Wide Awake met on June 11 at the Spencer Creek Baptist Church. Members were reminded of the community service that will be held on June 16 at the Ralls County Library and July 5 at the Vandalia Area Fair. Ralls County Fair was discussed. The club is to guard exhibits on July 14 from 3:30 – 6:30 p.m.

