

# 4-H Happenings!

News for 4-H families and friends

*Patty Fisher*

Patty Fisher  
4-H Youth Specialist  
University of Missouri Extension  
E-mail: [pikeco@missouri.edu](mailto:pikeco@missouri.edu)

115 W. Main  
Bowling Green, MO 63334  
Ph. 573-324-5464  
<http://extension.missouri.edu/pike>

*Karen Coleman*

P.O. Box 540, 311 Main  
New London, MO 63459  
573-985-3911  
[ralls@missouri.edu](mailto:ralls@missouri.edu)

## December 2018

Regional Representative	1	Countywide Leaders	5
4-H Expo-The Road to Success!	1	Attention Ham Curing Members	5
Teen Conference – Mark Your Calendars!	2	Fun Night	5
Legislative Academy – Feb. 18-20, 2019	2	Merry Christmas & Happy New Year	5
Missouri Youth Civic Leaders Summit	2	Dates to Remember	6
Camp Counselor Applications-Due January 4, 2019	2		
Online Enrollment-All members and volunteers registered by December 14	3		
Missouri 4-H Foundation Scholarships Available	3		
2019 National 4-H Beekeeping Essay Competition	3		
4-H Feeding Missouri	3		
2019 Spring Program Assistants – National 4-H Center	4		
4-H Move Across Missouri (MOVE)	4		
Clover Kids Corner	4		

### Regional Representative

Are you interested in representing Missouri 4-H members, assisting with planning and implementing major 4-H events such as 4-H Congress and Teen Conference? Would you like to represent the State 4-H Council at special events and provide youth input? If so, serving as a Northeast Regional Representative may be the position for you. Find out more about what the council does on their website: <http://4h.missouri.edu/missouri-4h-council.aspx>. Applications are also available on the website. Applications are due to the Extension office by Monday, January 7, 2019.

### 4-H Expo - The Road to Success

Mark your calendars for the 4-H Expo in Hannibal High School. Youth ages 5 – 18 and adults are all invited to join us on Saturday, February 16 for a day of workshops, activities, and lunch! The cost is \$10/participant. The day will start at 10:00 a.m. and finish at 2:00 p.m. Registration is due by February 1. Make checks to Pike County Extension Council.

## Teen Conference - Mark Your Calendars!

**March 16-17, 2019 - Columbia, MO**

Teen Conference is a fun-filled, two-day event for ages 11-13, planned by your State 4-H Council teens, to promote *Belonging, Independence, Generosity* and *Mastery*. Mark your calendars now and don't miss out on the fun!! Registration will begin on December 1, 2018. Cost will be \$199 (for youth sharing a bed with a friend they select). **Remember your dues must be paid to be activated in 4HOnline to be able to register.**



### **Legislative Academy Feb. 18 - 20, 2019**

Legislative Academy is a one-of-a-kind opportunity for 4-H teens to be ambassadors for Missouri 4-H at the heart of Missouri state government in Jefferson City. Youth delegates from across the state are selected by 4-H to meet with executive, legislative, and judicial state government leaders. Highlights also include shadowing state legislators, and meeting with commodity groups, state agencies, and major supporters of the 4-H program.

The Academy provides teens with opportunities to share their 4-H experiences and success stories, while gaining leadership and citizenship skills for careers in public service, law, journalism, public relations, lobbying, and related fields. Deadline to register through 4Honline is December 15, 2018. More information can be found at <http://www.4h.missouri.edu/legislativeacad/main#gsc.tab=0>.

### **Missouri Youth Civic Leaders Summit**

**March 1-3, 2019**

**Windermere Conference Center**

The Missouri Youth Civic Leaders summit is a statewide gathering of teens and adults who are ready to engage with others on topics of leadership, service, and LIFE! YCLS teams can be made up of local teens and adults from 4-H SPIN, community clubs, councils, schools, afterschool programs, community organizations, or countywide groups. Teams (3-10 members) include youth ages 14-18, and an adult team leader/chaperone. Cost is \$170, which includes Fri/Sat lodging, meals, conference materials, and most recreation. Register through 4HOnline now through February 1, 2019. More information can be found at:

<http://4h.missouri.edu/YCLS/main#gsc.tab=0>.



### **Camp Counselor Applications - Due January 4, 2019**

Camp counselor applications are now available. Serving as a 4-H Camp Counselor can be one of the most rewarding and meaningful experiences of a 4-H career! Now is your chance to apply. Any teen between the age of 14 and 18 (as of 12/31/18) can apply for Camp Counselor. Applications are due to the Extension office by Friday, January 4, 2019. We have a limited number of Counselor positions for Junior Camp (campers aged 8-11) and for Teen Camp (campers aged 12-14). Counselors are selected based upon a variety of criteria, including age, meeting our balance for gender, geographical location, whether they have applied previously to be Counselor and other factors. Prior camping experience is NOT required!



## Online Enrollment - All members and volunteers registered by December 14

4H Online is now open for all current and new members and volunteers to enroll for the new year. For families re-enrolling the process will be simpler this time around. You will need to review information, make changes as needed, then choose projects for each member/volunteer. Returning families, please do not create duplicate profiles for your family or any member of your family. If you forgot your password, there is “I forgot password” on the log-in screen. **Our original deadline for registration (November 30) has passed and we still have several members and volunteers that need to get registered in 4HOnline. Please have registration done by December 14, 2018.**

## Missouri 4-H Foundation Scholarships Available

The Missouri 4-H Foundation offers educational scholarships for 4-H youth and former 4-H members pursuing post-secondary study. More than sixty scholarships are available, each ranging from \$500 to \$2,500. One scholarship application allows the applicant to be considered for any available scholarship, subject to the conditions specified by the donor. Applications are accepted after January 1 and applications are due in your local extension office by February 15, 2019.

4-Hers who are current high school seniors and former 4-Hers who are college students are eligible to apply. The scholarship guidelines and application is available on the Missouri 4-H Foundation website at <https://extension2.missouri.edu/programs/missouri-4-h-foundation/scholarships>. Check out the list of scholarships (list available but not updated) on the 4-H scholarship website and apply! The scholarship application format is almost identical to the 4-H Missouri Recognition Form (MRF) format. If you complete the MRF form, you’ve completed most of the narrative for the scholarship application, too.

## 2019 National 4-H Beekeeping Essay Competition

The 2019 National 4-H Beekeeping Essay competition is open to active 4-H club members only. Any 4-H club member interested in writing an essay should contact their local extension office for competition details. The 2019 essay topic is “Honey Varietals, State to State”. Your essay will need to identify one unique varietal to Missouri and discuss the flower’s uniqueness and how beekeepers can effectively market that varietal. Please include a photo of the varietal’s flower, an interview with a local beekeeper who collects this varietal and a recipe that highlights the varietal. Check with your local extension office for the complete rules. Essays must be received in the Missouri State 4-H Office by February 15, 2019.



The goal of 4-H Feeding Missouri is to raise one million meals the month of February in a first-of-its-kind statewide food drive, and every 4-H club in the state can contribute to its success! From February 1-28, 4-Hers across Missouri will engage in a friendly service competition to see which clubs can contribute the greatest amount of food, donations and volunteer hours. They’ll have an opportunity to organize and/or participate in food drives, fundraising, volunteerism and educational outreach to learn about hunger and food insecurity. Stay tuned for more information!

In the meantime, please consider including educational opportunities about hunger and food insecurity during club meetings and other events leading up to the February drive. Included on the [4-H Feeding Missouri webpage](#) is a resource section that features a “4-H: Empowering Youth to End Hunger in Their Communities Toolkit” with ready-made activities for youth to learn about this topic. You can draw from this resource to help youth learn about hunger and food insecurity.

## 2019 Spring Program Assistants - National 4-H Center

Do you have a passion for government, history, political science, working with youth, public speaking, or leadership? If so, apply for the position of Program Assistant (PA) at the National 4-H Conference Center for the 2019 Spring Season! We want to give you an opportunity to touch the lives of thousands of students from all over the United States.

Program Assistants:

- Facilitate interactive learning with youth from all over the country in Washington, D.C.
- Develop and refine teamwork skills, critical thinking, and problem-solving skills in a fast-paced and fun environment
- Become licensed D.C. tour guides
- Live on campus and receive a bi-weekly stipend

Educational Program Assistants work with multiple age groups and learn more about the nonprofit sector and youth services through professional development exercises and opportunities. The spring program begins in late-January and ends in early-June. Applications are open until filled. Contact the Extension office for more information.

## 4-H Move Across Missouri (MOVE)

MOVE in 2019! 4-H MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Enrollment for new and re-enrollment for current MOVERs begins January 1, 2019 and continues until May 1 (please make sure to register by May 1 so you can participate in the competition!).

Here's what youth and adults need to do to participate:

- Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects.
- Using a paper tracking system found on the 4-H website at: <http://4h.missouri.edu/4hmove/moveinfo>, youth and their families can "log" the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click "My Move Activity Log"). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12 week competitive period between May 1 - 15 in 4HOnline.

4-Hers and adults can register for the competitive event as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided.

## Clover Kids Corner

### Frosty Pictures

What you need

- Construction paper
- Epsom Salts • Water
- Paint Brushes • Bowls
- Crayons

What you do:

Have everyone draw a "winter" scene (i.e., snowman, holiday pictures, etc.) on a piece of construction paper. Mix up a solution of equal parts water and Epsom salts. Paint over the entire picture with the solution. As it dries, the solution makes shiny crystals over the pictures making it look like a winter wonderland!

# Ralls County News

## Countywide Leaders

The following have volunteered to lead a countywide project this year: Meats – Jim Meyer; Beef – Chad Wallace; Photography 3 - Dana Keller; Quilting - Amanda Haas; Archery – Branten Ingram, Dana Keller & Deanna Terry; Smallbore Rifle – Darrell Britt, Branten Ingram, & Alan Smith; Shotgun - Branten Ingram; Shooting Sports Safety - Branten Ingram; Air Rifle-Alan Smith; County Coordinator – Dana Keller; Sportfishing - Jon Barnes; Sarah Evans – Wildlife; International Foods and Breads – Pam Barnes and Dogs – Nichole Birkhead.

## Attention Ham Curing Members!

Please notify the UM Extension Office of how many hams you want to cure no later than December 28. The curing date will be Wednesday, January 9, 2019 at Center Locker. Please remember you will need to pay for your ham that evening and bring something to transport your ham home (box or basket).

## Family Fun Day

Ralls County 4-H will be bowling at the Ten Pin Alley in Hannibal on Sunday, January 20, 2019 from 2 – 4 p.m. The cost is \$8 per person and this includes rental shoes. You will need to RSVP to the office by January 11 if you are coming.

## Interested in Meat Judging?

If you would be interested in being on a Ralls County Meats Team, contact the UM Extension office, Ralls County by January 2, 2019. If enough people are interested, practices will be set up. State Contest will be on February 16, 2019.

## Teen Council

Teen Council will celebrate Christmas at the January 21 meeting. Everyone is to bring a snack and a story of something funny that happened over the holidays. Enjoy your Christmas Holidays!

## Club Corner

Rocky Point met on October 14, 2018. There were 17 members present. Business discussed was how to promote our club, secret Santa and sign up for Thanksgiving Dinner. Games were played and songs were sung. Program topic for next meeting will be dogs and sewing. Next meeting will be on November 18.



*Jim, Daniel, Pat, Karen, & Patty*