



Clover news



September 2009

Polk County Webpage:

<http://extension.missouri.edu/polk>

State Webpage:

<http://www.4h.missouri.edu>

Pat Kirby

4-H Program Assistant

Dear 4-H Members,

Time again to select from the many projects 4-H has to offer. We have some great volunteers that will be making county-wide projects available again this year. Those project areas are: Horse; Foods; Rabbits; Dogs; Small Engines; Shooting Sports and Sport Fishing. We hope to add to this list as talented volunteers step forward.

Sample some of the various 4-H project areas by attending Project Night at the Polk County Fairgrounds Youth Building on October 10. Registration begins at 6:00, sessions at 6:15. All 4-H families are encouraged to attend this county-wide event. Project Night will give you a chance to check out some of the projects 4-H has to offer and try something new.

Youth will be able to choose two of the eight different project areas. Members will make an item or take part in an educational hands-on activity during each session. Clover Kids have their own project area and will have foods, crafts and games in their sessions.

Since this is the time of year to share your 4-H experience with other youth, members are encouraged to bring along a non-4-H friend. Why keep such wonderful opportunities for fun and learning to yourself?

To assist project leaders with teaching and guiding our youth through their project activities, 4-H publications can be purchased at very reasonable cost through the Missouri 4-H Literature and Merchandise Order Form. The Extension office also has a small lending library of 4-H materials.

There is a vast array of information for project leaders on the 4-H website: www.4h.missouri.edu. Project Briefs are just one example of what to find there. Each project brief provides a two page overview with project objectives, resources, fair projects, demonstration ideas, field trips, community service, science and technology, speech topics and critical thinking—all geared toward a specific project. Check it out!



Congratulations— to all Polk County 4-H participants for their accomplishments with their livestock entries and exhibits at the Ozark Empire Fair and Missouri State Fair!

Upcoming Events

New 4-H Year Begins	Sept 1
Polk County 4-H Council	Sept 12
State Fashion Revue	Sept 12
SWEC Fund-raiser	Sept 19
State 4-H Shooting Contest	Sept 19
State Public Speaking Contest	Sept 26
Regional MOUSE trip	Sept 26
National 4-H Week	Oct 4-10
4-H Project Night	Oct 10
Recognition Night	Oct 17

Mon**Tue****Wed****Thu****Fri****Sat****Sun**

		<i>1 New 4-H Year Begins</i>	2	3	4	5
<i>6 Pin Hook Club</i>	7	<i>8 Oak 4-H Club</i>	9	<i>10 Pleasant Hope Club</i>	11	<i>12 Polk County 4-H Council</i>
13	<i>14 Eudora Club Goodtimes Club Rock Prairie Club</i>	15	16	17	18	<i>19 SW Electric Car Parking State 4-H Shooting Sports</i>
20	<i>21 Woodlawn Club</i>	22	23	24	25	<i>26 Regional MOUSE Trip</i>
27	28	29	30			

FYI

Courthouse Flowers -

Woodlawn 4-H club has weeding and watering duties for September.

4-H Recognition Night -

Help honor our 4-H members and volunteers on October 17, 6:30 p.m. at CMH. There will be a potluck dinner preceding awards.

Ozark Empire Fair & Missouri State Fair Exhibits

need to be picked up at the Extension office.

Polk County 4-H Council -

will meet on Sept 12, 9:00 a.m. at the Extension office.

Council officer elections, committee sign-up, Project Night, National 4-H Week and Recognition Night are just a few of the items on the agenda.

A club can have three voting delegates for the election. So please see that your club is well represented.



SW Electric Fundraiser-

Polk County 4-H has been asked to assist with parking cars at the Southwest Electric annual meeting on September 19. 4-H members, ages 12 and up, are needed to help. We will meet in the parking area south of the tennis courts on the SBU campus at 7:45 a.m. Please call the Extension office by Sept 12 to let us know you will be able to help. This is a rain or shine fundraiser.



Shooting Sports FYI

Fall Shooting Sports Certification Workshop

Leader certification will be October 9-11 at Camp Galilee in El Dorado Springs, MO.

Cost is \$50 and includes 5 meals, overnight lodging for 1 or 2 nights, and workshop materials. Pre-registration forms are

now available on the 4-H website or at the Extension office. Registrations are due Sept. 23.



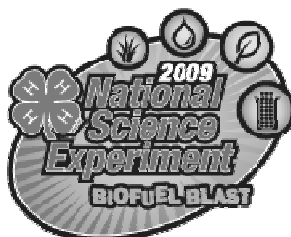
Polk County .22 Contest

The contest was held on Sunday, August 9. Participants and their placings were: Junior Division: William LeJeune, 1st place; Cody Westfall, 2nd place; Wesley Spellman, 3rd place. Senior division: Neil Presley, 1st place. Congratulations!

National 4-H Week & Youth Science Day

“Celebrate 4-H” is the theme for National 4-H week, October 4 - 10, 2009. Plan for your club to participate with special events and show your pride of 4-H in your community and schools.

Wear your 4-H shirts to school and set up a display in a community building or storefront to let others know about the opportunities in your 4-H club.



On National Youth Science Day, Oct. 7, young people, nationwide, will have the opportunity to join leading scientists in ex-

perimenting with biofuels to discover which ones will lead us to a sustainable future. Be part of this chance to explore, learn-and have a blast with the Biofuel Blast National Science Experiment. For more information, go to:

<http://4h.org/mediabarn/index.php>.



September Club Leader Tips

Thank you for signing up to help provide 4-H members with a rewarding and wonderful experience in the Missouri 4-H program. September is an exciting part of the 4-H year as the new program year is just beginning. Remember to encourage club officers and other 4-H members to take responsibility for events and activities; this is a great experience and fosters ownership of the program. Here are some suggestions and ideas that may help you get prepared for the new year:

1. Install officers.
2. Invite prospective members and volunteers to the first meeting of the new program year. Some clubs have a separate welcome meeting for new families to ask questions before enrollment.
3. Assign a mentor to new members and volunteers to answer questions during their first year. This helps families feel welcome and a part of the group from the beginning.
4. Discuss importance of the county's family newsletter.
5. Recruit assistant leaders to lighten the load of club coordination. Consider a planned succession of leadership duties. A committee with defined roles has been effective in many clubs.
6. Explain completion requirements for the county and club and define "member in good standing" so that members and families understand expectations.
7. Explain the countywide accident insurance policy that is a part of the membership fee. (This provides proof of good faith effort to manage risk in case of accident during, or travel to or from a sanctioned 4-H event that includes club and project meetings, field trips and other countywide or club events.)
8. Discuss purchase of member project manuals. Coordinate literature order to save shipping costs. Announce/distribute project leader training resources.
9. Discuss recognition for year just completed and date of county recognition event. Encourage new families to attend as well as existing families. Encourage youth that have participated to share experiences.
10. Talk about plans for National 4-H Week, the first week in October, 4-10.
11. Work with youth on planning a Halloween party or other fall social event to get acquainted with new members/families. It is important for new members to feel involved right away.
12. Turn in names and addresses of new members and leaders (also dropped members) to the local MU Extension center as soon as possible to update the family newsletter mailing list.
13. Remind reporter to send in club reports to extension center every month.

Polk County 4-H Club News

Eudora 4-H Jade Presley, Reporter

Eudora held its first meeting of the new year with officer elections. The 09-10 officers are Elliott Taylor, President; Neil Presley, Vice President; Sloan Dodson, Secretary; Chloe Harper, Vice Secretary; Tiffany Taylor, Treasure; Jade Presley, Reporter/Historian. After the new officers were installed we proceeded with the meeting. Roll call was taken, there were 6 members present. Neil Presley helped with Clover Kids and was a team member in the Super Farmer contest at the Polk County Fair. Jade Presley showed her pigs and received blue ribbons, Grand Champion, Res. Grand Champion, and Jr. Showmanship. She also entered p.j. bottoms in sewing, a scrapbook, and a pig book in swine she received blue ribbons in all divisions. Elliott Taylor showed his pig and received a blue ribbon, and Sr. Showmanship. Lexi Lakey entered a scrapbook, no-bake cookies, and chocolate chip cookies in foods, horse book in horse projects. She received blue ribbons on all projects. Lexie Lakey, Elliott Taylor, Micheal Taylor, Bryant Taylor, and Neil Presley attended the 4-H parade at the Ozark Empire Fair. Lexi Lakey received blue ribbons on her no-bake cookies, choc. chip cookies, scrapbook and horse book. Elliott Taylor showed his pig and won Reserve Grand Champion Spot, Jade Presley showed her pigs and won Grand Champion Spot, Jr. Showmanship and Jr. Herdsman. Jade also received a blue ribbon on her p.j. pants and a Grand Champion on her swine book.

New business included a reminder that rec. forms are due Aug. 26th. Fundraisers for this year were discussed: selling nachos at the Morrisville Back to School bash; selling pans; and an ice skating trip was tabled until the Sept. meeting. Lexi Lakey will be giving an demonstration at the Sept. meeting. The meeting was adjured. Refreshments were provided by Nellie Presley.



Oak 4-H Emma Igo, Reporter

Oak 4H club met in regular session August 11th. The meeting was called to order by President, Kirby Elliott. Pledges were led by Dylan Elliott and Emma Igo. Roll call was answered by members stating their favorite school subject. No Secretary or treasurer's report was given. Club leader, Kathy Drake, reported on the previous county council meeting. Kirby reported on the club trip to the Springfield nature center in July. Emma and Kirby reported on the Polk County Fair. Kathy reported on our club's funnel cake fundraiser held during the Fair. Kirby, Hunter Garretson, and Emma reported on the Ozark Empire Fair. Members were informed that the zoo will be putting on a program at our next club meeting at the fairgrounds. Anyone that is interested in joining our club, is more than welcome to attend. For more information, please contact the Polk County Extension Office. Emma Igo reported on attending

the recent 4-H CWF trip to Washington DC.

Officer elections were held. Newly elected officers are as follows: President, Kirby Elliott; Vice President, Dashia Breesawitz; Treasurer, Cody Dahlberg; Secretary, Emma Igo; Reporter, Hunter Garretson.

Members worked on end of the year recognition forms. With no further business, the meeting was adjourned.

Rock Prairie 4-H Darren Eagon, Reporter

The Rock Prairie 4-H meeting was held July 27, 2009 at Devin and Summer Orbin's home. They hosted a wiener roast and a swimming party. Old business included a report from the cookbook committee; report on Regional Achievement Day in which Julie and Darren participated; three Clover Kids attended camp, and a report on Polk County Fair. New business included Recognition Forms due Aug. 26, Pleasant Hope Livestock Show - Sept. 10, 11 & 12, MOUSE Trip - Sept. 26, SWEC meeting/fundraiser - Sept. 19, Super 4-Her T-shirt design contest, and Ozark Empire Fair and Missouri State Fair. Our next meeting will be Sept. 14, and we will elect new officers.

SW Regional 4-H Camp

What I learned: I learned how to make a treasure chest. Michaela Higginbotham

What I liked Most: I really liked going swimming. Michaela

American Royal Unbelievable Horse Happening

This event is for 4-H, open youth, and adults in a variety of disciplines.

There are several 4-H classes and incentives: There's monetary rewards for the three 4-H clubs with the highest number of participating exhibitors. We have four high point buckles in different age divisions. There will be three Circle Y Saddles to be given away in drawings.

Exhibitors get one drawing ticket per class entry to encourage lots of registrations. For more information: <http://www.betterhorsesnetwork.com/>

SW Regional MOUSE Trip

SW Regional 4-H invites youth, ages 5-11, accompanied by an adult, to join an adventure to the Verona Corn Maize on September 26. Traverse the maze and enjoy a hay ride, sack lunch, petting zoo and games. For a brochure and more information contact the Extension office at 326-4916.

4-H Day at Arrowhead Stadium

The Kansas City Chiefs would like to invite you to 4-H Day at Arrowhead Stadium for the New York Giants game, Oct. 4.

The Chiefs are offering a limited number of group tickets at a discounted price to 4-H members in the Red View (\$39) and

Red Reserve sections (\$54) of the stadium.

To buy your tickets, go online to www.kcchiefs.com/mygroup, scroll down to 4-H Weekend, and click on GIANTS.

Deadline to order tickets is Sept. 20. To plan a group outing or organize a tailgate party for this special day, please contact BJ Supple at 816-920-4817 or bsupple@chiefs.nfl.com and mention the 4-H Day discount.

Move Across Missouri



Appliance Antics

Materials Needed:
Index cards
Markers

Write down the names of household appliances and machinery (one per card): blender, dishwasher, dryer, washing machine, vac-

uum cleaner, lawn mower, hair dryer, electric can opener, coffee maker, electric saw, power drill, etc. Participants sit in a circle and the cards are placed face down in the center of the group. One youth selects the top card. Using both body movements and vocal sounds the

youth acts out the movements of the machine.

The others must guess the machine. The person who guesses correctly get to choose the next card to act out. Coordination, imagination, and a lot of endurance is helpful to excel in this activity!

4-H Camp Food and Fitness

Sign up now for the sixth annual 4-H Camp Food and Fitness, Nov. 14-15, on the MU campus. Young people, ages 12-14, have a chance to perform food science experiments, learn about chef skills and practices, and prepare and eat a steak dinner. Cost is

\$80 per person and includes lodging, meals and take-home materials.

Camp Food and Fitness!

Registration is limited to 40, so sign up early. Limited scholarships are available. Details and registration forms are available at: <http://4h.missouri.edu/events/foodandfitness/> or through the Extension office. Deadline is Oct 8.

“Youth As Professionals” Set to Give 4-H’ers Edge In Careers

Learn what it takes to succeed in the workforce at a new seminar offered by the State 4-H Council. “Youth as Professionals” will focus on how to apply for a job, how to nail the interview, how to shop for work clothes and how to find the right career for you.

Sessions will be taught by experts from MU Extension Human Resources, the College of

Human Environmental Sciences and the MU Career Center.



This event, for youth ages 15-18, will take place from 9 a.m. to 3 p.m., Nov. 14 on the MU Campus.

Cost is \$10 per person. There is no limit on how many youth may participate. For additional information, please visit: <http://4h.missouri.edu/go/events/professionals/>.

4-H Alums Plan Fall Reunion



All southwest Missouri 4-H alumni are invited to the second annual alumni reunion, 3 p.m., Sunday, Sept. 27, at Center Hall E-plex, at the Ozark Empire Fairgrounds in Springfield. Sponsored by the Greene County 4-H Foundation, the

program includes recognition for current outstanding 4-H members from southwest Missouri as well as a pie auction, silent auction and alumni recognition and visiting and renewing of old friendships. Scrapbooks from the

Ozark Empire Fair will be available to refresh many fond memories. Over two hundred alumni are expected to attend. For more information contact Carrie Sissel, Greene County 4-H Foundation chair, at ['clsissel@gmail.com.'](mailto:clsissel@gmail.com)

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Clover Kids Corner

Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Graham Cracker Creation



Supplies Needed

Graham crackers

Creamy peanut butter (cake frosting for those with peanut allergies)

Assorted foods for decorations: marshmallows, pretzel sticks, animal crackers, cereal, candy

Plastic Knives

Disposable Plates

Show and tell your Clover Kids that you have brought some materials that they can use to create a snack. Brainstorm about some of the things they could build with the ingredients - a house, truck, animal, book, etc. Ask what they could use to hold the parts of their creation together. Let them use their imagination to create their snack. Invite them to talk about their creation before they enjoy it. Consider serving ice cold milk as the beverage.