

4-H Happenings!

News for 4-H families and friends

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December 2011

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MU Extension 4-H Legislative Academy



Legislative Academy is an opportunity for MU Extension 4-H youth leaders to serve as ambassadors for two days in our capitol. It gives you an opportunity to share your 4-H success stories and experiences with key leaders. You will gain citizenship skills you can apply to careers in public service, fundraising, advocacy or related fields. The event will be in Jefferson City, Feb. 20-22, 2012. Young people must be 14-20 and complete an application and interview. For more information, eligibility requirements or to apply for the legislative academy, go online: <http://4h.missouri.edu/events/academy/>. Payment and forms are due Dec. 1 in Columbia.

Camp Food and Fitness

Camp Food and Fitness is scheduled for January 14-15, 2012! In addition to activities at the Stoney Creek Inn, youth will visit the University of Missouri-Columbia campus to participate in workshops and tours related to food and fitness. Please note that instead of participants preparing their evening meal, the group will tour HyVee grocery store and eat dinner there. Cost is \$90. Camp registration is between 10:00-10:45 a.m. on Saturday. The camp concludes at 10:30 a.m. on Sunday. Deadline to register is December 8, 2011. More information at <http://4h.missouri.edu/events/foodandfitness> or call the Extension office at 324-5464.

KANSAS CITY



4-H GLOBAL CONFERENCE

Kansas City 4-H Global Conference - March 14 - 17, 2012

The annual Summit provides opportunities for youth to explore careers, technology, environment and cultural diversity in a global society. Hands-on and interactive sessions involve youth in exploring issues central to their lives, families and communities – thus broadening their understanding of the world around them.

The Summit features tours to Kansas City area businesses and organizations, workshops showcasing a variety of careers, and cultural events. Dances, group events and other programs provide opportunities for youth to meet youth delegates from Arkansas, Kansas, Missouri, and Oklahoma

The cost is \$275 for youth (4 per sleeping room) and \$360 for adults. Youth may attend this conference no more than two times if they meet the age requirement. Visit <http://www.4h.missouri.edu/events/globalconf/> for more details and registration information. Payment and forms are due by December 8. Don't miss out!

Air Rifle And Air Pistol - State Teams Try Outs

4-H members, 14 years and older as of Dec 31, 2011, are eligible to participate as a state team member in the national competition for 4-H Shooting Sports, June 17-22, 2012 in Grand Island, Nebraska. This year's state team member selection is comprised of 2 selection matches. The 4-H member must participate in both. The 4 youth with the best scores will make the state team. Pre-registration is required and due by January 3, 2012.

Location: Walsworth Community Center - Marceline, MO

Dates: January 7 & 21, 2012

For pre-registration form and additional information go to the Missouri 4-H Shooting Sports website at <http://4h.missouri.edu/go/projects/shootingsports/contests.htm>

4-H Camp Counselor Applications Being Accepted

It is time to apply for one of the Camp Counselor positions for 2012! Camp will be held at Camp Inlow, near Philadelphia, MO. Any teen between the age of 14 and 18 (as of 12/31/2011) can apply to be a Camp Counselor. Applications are due in the Extension Office by Dec. 30. We have a limited number of Counselor positions for Junior Camp (campers 8-11) and Teen Camp (campers 12-14). Counselors are selected based upon a variety of criteria, including age, meeting our balance for gender, geographic location, whether they have applied to be a Counselor previously and other factors. Prior camping experience is not required. Camp Counselor applications have been mailed out be sure to get yours in by December 30. Camp dates listed on the application are wrong. Teen Camp dates are June 3-6 and Junior Camp dates are June 6-9.

MFA Saddle Award

Sponsored by MFA Agri-Services-Feed Division, the MFA Saddle Award is for Missouri 4-H members aged 14 years and older participating in the Missouri 4-H Horsemanship Program who demonstrate knowledge and skills in horsemanship and horse science, the ability to share the knowledge and skills with other members and a commitment to better their community. The MFA Saddle Award is presented at the Missouri Equine Celebration in January. Contact the Extension office for an application. Registration deadline is December 22.



2011 4-H Day with the Rams

4-H families, alumni, and friends are invited to cheer on the St. Louis Rams at the 2011 4-H Day with the Rams on Sunday, December 18 at the Edward Jones Dome in St. Louis. The Rams will play the Cincinnati Bengals in a noon game. Tickets are \$40 each (a \$15 discount). With each ticket ordered, participants will receive a \$10 voucher for food and drink at the dome, and a 4-H Day with the Rams t-shirt. And for orders of 10 or more tickets (must be on one order) each person will receive an additional \$10 food and drink voucher!

There are a limited number of seats available, so 4-H families are encouraged to order soon. Ticket orders can be mailed, or you can call or e-mail the order. All information for ordering is available at www.4-h.missouri.edu. T-shirts will be picked up at the dome on game day. For additional information, please call Dave Hileman at 636-583-5141.

4-H Day with MU Tiger Basketball

Saturday – December 10 4 p.m.

Good News! The MU Athletic Department is offering a group ticket discount opportunity to Missouri 4-H. 4-H groups using the [group order form](#) may purchase tickets for **\$10** (regular price is \$15) with a \$9 processing fee for the entire order. The deadline for group ticket orders is Friday, December 2. If you have questions, please contact ronaldj@missouri.edu or 573-445-9792.

2012 Missouri 4-H Equine Trip

May 23-29, 2012

They're off and running...to the horse capital of the world...Lexington, Kentucky! The tour begins at the Keeneland Race track catching the early morning 'breeding' of the horses and a day at the Kentucky Horse Park, the premier international equestrian facility. Participants will explore the wide range of equine industry opportunities through visits to world renowned equine medical and research facilities. The itinerary will include farm tours of famous Thoroughbreds, Saddlebreds, Morgans, Quarter Horses and Haflingers. Higher education equine programs and facilities such as the University of Kentucky will be visited as well as opportunities to meet nationally recognized leaders in the equine industry. And, of course, the tour will include a visit to Churchill Downs! Open to 4-Hers ages 14-18. Trip participants are accepted until bus is filled. Application, references and \$300 trip deposit (or full tour payment of \$550) is due **before** March 1 to secure your place on the tour. More info can be found at <http://mo4h.missouri.edu/events/horse/>.

Missouri Livestock Symposium

The 2010 event is set for Dec. 2-3 with details at <http://missourilivestock.com>. Copies of the agenda are available through the URL above, or your local extension office. This is an awesome opportunity for 4-H project leaders to hone their subject knowledge from qualified experts. The Missouri Livestock Symposium is known for its outstanding programs for horse, beef cattle, forage, sheep, meat goat, and stock dog owners and producers.

The Missouri Livestock Symposium is free and no pre-registration is required. The Symposium will be held at the Kirksville Middle School. Hours are 4-9 pm, Friday, Dec. 2 and 8 am to 5 pm on Saturday, Dec 3, 2011. A list of Trade Show vendors can be found on the website along with more information about the 2011 Missouri Livestock Symposium at www.missourilivestock.com or call 660-665-9866 or 660-341-6625.

Citizenship Washington Focus

June 30 – July 9, 2012

Citizenship Washington Focus (CWF) is a citizenship program conducted by the National 4-H Council for high school youth. Delegations of 14-19 year-olds from across the country attend the six-day program at the National 4-H Center, just outside of Washington, D.C. The program gives participants hands-on opportunities to learn and practice skills that promote “Better Citizens Today, Better Leaders Tomorrow.” Participants learn by attending workshops, committees, field trips, and social events.

The NW Region 4-H youth staff will be coordinating a trip for a Missouri 4-H delegation to attend CWF, which will also include the 4th of July celebration in our nation’s capital and a one-day visit in New York! The dates of our delegation trip will be June 30-July 9, 2012. Participants will stay at the National 4-H Center and attend CWF July 1-6. (We will experience Independence Day in Washington D.C.!) June 30 will be a travel day out, with an overnight stay in Columbus, Ohio. July 7 will be spent touring New York, with an overnight stay in New Jersey. July 8 will be a travel day/overnight headed home, getting us back on the 9th. Our delegation will be traveling by Sunset Tours Bus. The NW Region 4-H youth staff will be providing chaperones.

Payment Schedule

December 15, 2011 -- \$450 due with completed application and signed payment agreement

January 15, 2012 -- \$450 due

February 15, 2012 -- \$450 due

March 15, 2012 -- \$450 due

How to Apply

Please make checks payable to “Nodaway County Extension.” Send check, completed application, and completed payment agreement/cancellation policy to:

Annette Deering, 4-H youth specialist

Attention: CWF Trip

County Administration Building

403 North Market, Room 308

Maryville, MO 64468

You may contact Annette at DeeringA@missouri.edu or 660-582-8101 with questions.

4-H MOVE ACROSS MISSOURI - 2012 EDITION!

Get ready to continue 4-H Move Across Missouri (MOVE)! MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Enrollment for new and re-enrollment for current MOVERs begins January 1. Please note that if you are currently enrolled in MOVE you must re-enroll on January 1 or after in order to be a part of the 2012 program. If you do not re-enroll on January 1 or after your efforts will not be counted in 2012.

Using an online system, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program from February 1 – May 31. 4-Hers can enroll in the online MOVE program as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided. Stay tuned! MOVE is sponsored by the Missouri Beef Industry Council .

Monthly MOVEment Activity

Steppin' Out

Youth can do this activity outside, in a large room or hallway. How many giant steps does it take to get across a yard or room? How many “baby steps” does it take to get back? Can youth walk backward doing baby steps? Can they do this without falling or losing their balance? Participants can make a list of different steps for the group to try. Next to each one they can write how many steps it took for each trip up and down the yard or room. Compare and discuss the results!

Clover Kids Corner

Magic Mixture—Apple Dunk

You Will Need

- An apple
- Half of a lemon
- Shallow bowl
- Water
- Knife (ask a parent for help)

Here's How

Peel and slice an apple. Cover one slice with water in a shallow bowl. Sprinkle a second slice with the juice of half a lemon. Leave another slice exposed to the air. Wait about an hour, then compare. The slice with nothing on it turns brown.

Why?

When an apple is cut open, chemicals inside the apple combine with oxygen from the air to form a brown coating. The coating keeps oxygen from getting deeper into the apple. Water protects the first slice from oxygen in the air so it stays white. Vitamin C in the lemon juice binds with oxygen, keeping oxygen away from the second slice, so it stays white the longest.



PIKE COUNTY NEWS

4-H Council and Committee Night

The Pike County 4-H Council and Committee Night will be Tuesday, Nov. 29, 6:30 pm, in the courthouse. Committees will begin planning events for the year. The 4-H Council will discuss program goals, the county budget and upcoming opportunities.

County wide Project Leaders

There are two more county wide project leaders to add to your list. Annette Dixon is willing to lead Vet Science and Terry Fuerst is willing to lead Electricity and Welding.

Trip Policy

The policy for Pike County is that an individual must have completed the previous year and be in good standing at the time of the trip to receive funding from the 4-H Council. Also, an individual must have assisted with the county fundraiser in some way to receive funding. This is checked at the time of registration.

Club Corner

Peppy Circle –A program on the veterinary profession was given by Dr. Terry Newton. Members made Christmas cards for the military.

Pleasant Workers-Members & parents volunteered for county committees, members wrote thank you cards and fair premium checks were handed out, new officers were elected and Stephanie Schindler gave a program on goat milking.

