

4-H Happenings!

News for 4-H families and friends

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Pike County MASH Camp

Anyone interested in a healthcare career? If so, Pike County MASH (Missouri AHEC Science & Health Camp) Camp is just for you. It is held on July 16 and 17, 2009 from 8:00 a.m. to 4:00 p.m. at Pike County Memorial Hospital in Louisiana, Mo. Cost for the camp is \$40 which includes meals, snacks, and supplies. Enrollment is limited. Goals for MASH camp are providing “hands-on” experiences to students interested in health care and science occupations; exposing students to a variety of careers in the science and health field; and providing students with a fun and interesting experience during the summer. For more information and registration form, please contact the extension office.

State Contests – CHANGE OF DATE

- Due to conflicts on the original date, the State Horse Public Speaking and Demonstration contest will move to **September 12, 2009**. Information letters will be sent to all who pre-registered.
- Due to schedule conflicts, the State 4-H Livestock Judging Contest will be moved to **October 3, 2009**.

Newly Elected State 4-H Council

We are very pleased to announce your new State 4-H Council for 2009-10 and to welcome Rhonda Shafer (Lincoln County) as the MU Faculty Liaison for this year's State 4-H Council. Rhonda will be keeping you apprised of Council news and events, and serving as an Adult Advisor to the Council.

Please visit the web site at <http://4h.missouri.edu/go/getinvolved/council/> and be sure to click on the group picture at the top of the first web page for Regional Rep photos!

Officers

Sara Kahrs (Pettis), President
Taylor Moreland (Cass), Vice-President
Trent Todd (Adair), Secretary
Lance Day (Cooper), Treasurer

State Representatives

Jarod Koenig (Perry)
Amy Wilsdorf (Boone)
Sara Weidner (Livingston)
Jennifer Johns (Stoddard)

Regional Reps

In addition to their regional duties, Regional Reps are assigned a handful of counties that they are directly responsible for maintaining contact with, through the County Youth Liaison.

Jeff Durbin (Marion)
Andrew Fisher (Pike)
Nancy Jackson (Macon)

North Central Region Volunteer Forum 2009 – Registration Booklet

The University of Nebraska – Lincoln Extension 4-H Youth Development Program is excited to invite you to the 2009 North Central Region 4-H Volunteer Forum on **October 1-4, 2009** in historic downtown, Lincoln, Nebraska. The Nebraska team is working hard at “Giving You our Best” so that you, as a volunteer, will be able to “Give them Your Best.”

Registration booklet is located at <http://4h.missouri.edu/getinvolved/volunteer/>

Dairy Goat Photo Contest Alert at State Fair!

New for 2009 Missouri State Fair 4-H/FFA Dairy Goat Exhibitors. This photo contest is for 4-H/FFA members showing their dairy goats at the MSF. The theme for the contest: Your favorite dairy goat picture. Ownership of the dairy goat in the picture is not required.

Where: MSF Dairy Goat Dept.
Judging Time: To be announced at the fair
Registration: During normal check in.



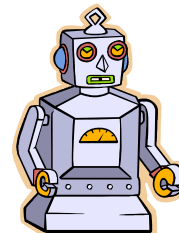
Matted pictures are preferred with pictures not larger than 5x7. There is no limit on photo entries. Prizes will be awarded. There will be three age divisions determined the day of the judging. If you have any questions or would like to help sponsor this event, please contact Gretchen Sims at 660-879-4597 or sims@iland.net.

More Fun in Science Event at the Missouri State Fair

Missouri 4-H is co-sponsoring the three day MOre Fun in Science event at the Missouri State Fair August 20-22. There are two activities that will be especially fun. 4-Hers can help set a world record Mentos Soda Launch Saturday afternoon August 22. And the Show-Me Robots event on Thursday afternoon August 20 will feature robots and robot education in Missouri. There will be exhibits, robot demonstrations, competitions, and hands-on robot activities.

For more information on the world record Mentos Soda Launch please visit <http://www.mostatefair.com/press/PR05202009.htm>

For more information on the Show-Me Robots event please visit <http://4h.missouri.edu/events/fair/robots.htm>



Fashion Revue

Pike County Fashion Revue will be held at the Fairgrounds on July 30, 2009 at 9:30 a.m. Registration forms are due to the Extension office no later than July 16.

Fair Time Reminders

Just a reminder that goats and sheep will need health papers in order to show. All steers must be dehorned along with being free of warts and ringworm. All horses must have proof of a negative Coggins test. Horse exhibitors will need to bring their horse i.d. form with signatures to the show. Poultry will be tested at the show. Dogs and cats must have proof of up-to-date rabies shot at least two weeks prior to the show.



Remember to check your judging and work schedule for the exhibit building. It is in the fair book. If you have any questions, contact the Extension Office. See you at the fair!

Pike County Fair Schedule

SCHEDULE OF EVENTS - 4-H & FFA

SUNDAY--JULY 26

2:00 p.m.

Horses in Place

3:00 p.m.

Gymkhana

MONDAY--JULY 27

6:00 p.m.

Set-up barn

6:00 p.m.

Building Exhibits--Registration & Judging

TUESDAY--JULY 28

8:00 a.m.

Sheep & Goats in place & weigh-in. Need to have health papers checked prior to unloading.

9:30 a.m.

Goat Show-Showmanship, Breeding Stock, Wethers/Sheep Show-Sheep Showmanship, Breeding Stock Show, Market Lamb Show

5:30 - 10 p.m.

Youth Building Open

Release time for sheep and goats is after completion of sheep show.

WEDNESDAY--JULY 29

Noon

All swine in place.

11:00 a.m.

Scan

4:00 p.m.

Swine Showmanship, Breeding Swine Show, Crossbred Gilt Show, Barrow Show

5:30 - 10 p.m.

Youth Building Open

Release time is after completion of last show.

All hogs need to be removed from the barn one hour after completion of the show.

THURSDAY--JULY 30

9:30 a.m.

Fashion Revue

Noon

Steer weigh-in at barn.

2:00 p.m.

Cattle must be in place.

4:00 p.m.

Exhibitor meeting in ring.

Bucket Calf Show

5:30 - 10 p.m.

Beef Cattle – Showmanship/Breeding Cattle/Steers

Youth Building Open

Release time is after completion of last show.

Clean Barn

FRIDAY--JULY 31

8:30 a.m.

Dogs, Cats and Clover Kid Pets in place

9:00 a.m.	Cat Show
9:30 a.m.	Clover Kid Pet Show
10:00 a.m.	Dog Show
	Cat, Clover Kids & Dogs released at completion of Dog Show.
	Rabbits in place
10:30 a.m.	Poultry in place
11:30 a.m.	Rabbit Show
	Rabbits released at end of Rabbit Show.
1:00 p.m.	Poultry Market Pen Show
	Poultry released after completion of show.
5:30 - 10 p.m.	Youth Building Open

SATURDAY--AUGUST 1

1:00 p.m.	Association of Fairs Public Speaking Contest
Noon – 8:30 p.m.	Youth Building Open
4:00 p.m.	Pike County 4-H & FFA Sale Animals – Livestock Barn
6:00 p.m.	Pike County 4-H & FFA Sale – Livestock Barn
8:00 p.m. – 10:00 p.m. or 1 - 2 p.m.	Exhibits will <u>not</u> be released before 8:00 p.m., Saturday. All Exhibits Must Be Out by 2 p.m. on Sunday.

Livestock Judging

You do not have to be enrolled in a livestock project to participate in livestock judging. The livestock judging contest will be held on Wednesday, July 8, 5:30 pm, at Mike Schumacher’s farm. It is located at 14809 Pike 139, Bowling Green. Directions are: take Business 61 North to Blacktop UU, go about 1 ½ miles, there will be a gravel road 139 also called fairgrounds road, take a right on to it. Go about ½ mile on this road. They will be the first place on the left. Participants will need to bring a pencil and paper for notes. Teams for state contest will be selected at this competition. There will be sandwiches provided. Be sure to bring your own drink and other snacks wanted.

Move Across Missouri

A hearty and healthy congrats to all area 4-H members and adults that took part in the Move Across Missouri effort.

Abigale Moore
 April Moore
 Ashlee Waddell
 Halie Meyer

Michael Foster
 Paige Moore
 Tanner Foster



The top mover in the Pike county group was Abigale Moore. In addition to the t-shirt she earned, she was also awarded with a special MOVE backpack.

Lewis County 4-H Invitational Shoot

The invitational shoot will be held on July 19, 2009 at the Deer Ridge Conservation Area Jenkin’s Shooting Ranges. Registration begins at 12:30 p.m. Pre-registration must be post-marked by July 6th. The shoot is open to Missouri 4-H members who enrolled in 4-H shooting sports projects and have met county, club, and project requirements. The events taking place are archery and advanced archery, hunting and outdoor skills, muzzle loader, small bore rifle, air pistol, shotgun (trap & 5-stand).

Registration packets are available at the extension office or from:

http://extension.missouri.edu/lewis/4h/shootingsports/shooting_sports_index.htm or contact the Lewis County Extension Office at 573-767-5273.

Pike County Classic- \$JACKPOT\$

The Jackpot show is scheduled for Monday, July 6, 2009 at the Pike County Fairgrounds, located 2 miles east of Bowling Green on Hwy 54.

Schedule:

Weigh lambs, goats, pigs and steers 1:00 – 3:00 p.m.- Must be in place by 2:30 p.m.

The order of the show will be: Pewee, steers, lambs, goats (must have at least 10 entries in goats to pay Champ. & Res), pigs.



Jackpot:

Champion of each species- \$75

Reserve Champion of each species- \$50

- The jackpot pay out will be 60% back and prorated in each class. Approximately the top 50% of each class will be awarded in the payout. The payout will be determined the day of the show based on number of animals in each class.

Show Rules:

1. Show is open to any 4-H or FFA member in good standing.
2. Exhibitors will be charged a \$10 per head entry fee. No pre-entry needed. Just show up.
3. Health regulations will be the Missouri State Animal Health requirements for exhibition.

For more information, please contact Bowling Green FFA: 573-324-3377

Announcements made the day of the show take precedence over previous announcements.

Knox County Open Shows

Schedule:

Tuesday July 14, 2009: 4-H / FFA Open Goat Show- registration is between 10:30 a.m. -12:00 p.m. the show begins at 3:00 p.m. Following the show will be a Goat & Sheep Style Show. All will take place in the 4-H building.

Thursday July 16, 2009: 4-H / FFA Open Poultry Show- registration is from 2:00 – 3:00 p.m. the show begins at 4:00 p.m. All will take place in the 4-H building.

Friday July 17, 2009: 4-H / FFA Open Dairy Cattle Show- registration is from 9:00 – 10:00 a.m. the show begins at 11:00 a.m. Following the Open Dairy Cattle Show there will be **Meat and Dairy Goat Showmanship classes**, followed by **Goat & Sheep Style Show**. All will take place in the 4-H building.

Pre-entries are due in Edina by July 1st, 2009:

Knox County 4-H/FFA Fair Board
Open Junior Shows
University of Missouri Extension Center
110 North 4th Street
Edina, Mo 63537

(660) 397-2179 or email: loyd-mineark@missouri.edu

Additional rules and info can be found at <http://knoxcountymofair.org>

Statewide 4-H Trap Shoot

August 29, 2009

MTA- Linn Creek, Mo

Missouri 4-H Shooting Sports is cooperating with Missouri Trap Shooters Association and co-hosting a statewide 4-H Trap Shoot. All 4-H shotgun members are invited to participate. Junior division shooters can shoot up to 50 targets. Senior division shooters can shoot up to 100 targets. Entry forms will be mailed to shotgun members and are due back to the extension office by July 17, 2009. Check periodically on the 4-H Shooting Sports website, <http://4h.missouri.edu/go/projects/shootingsports> for more information.

Shooting Sports State Match

September 19, 2009

The state shoot has been scheduled for September 19, 2009 at Cedar Creek Rod and Gun Club, Columbia Mo. Entry forms will be mailed out to shooting sports members. These forms are due back to the extension office by July 17, 2009. Rules for the 2009 Shooting Sports State Contest are available on the website- <http://4h.missouri.edu/go/projects/shootingsports/SSrules.pdf>.

Monthly MOVEment Activity

Kids, families, clubs, afterschool groups and others can have fun while being physically active.



Stretch and Twist

Participants reach their left hand behind their back, placing it on their right back hip. Place the other hand on top of their head and gently tilt to the right. They should feel a stretch down the neck and across the upper shoulder. Hold for 30 seconds. Repeat on the other side. This is a good activity if a group has been sitting for a long period of time.

Source: Missouri 4-H Couch Potato Challenge - <http://www.4h.missouri.edu/projects/health/>

LEADER LOOKOUT

July Club Leader Tips

During the month of July we celebrate our nation's freedom and express thanks to those whom have dedicated their life to protecting our freedoms. While we celebrate these many great gifts celebrate your success as well. You have helped many 4-H members reach for the stars and accomplish their goals and learn many life skills that will enhance their lives forever.

As you prepare to celebrate this year's many successes consider the following suggestions and ideas:

1. If you have not already done so, pass out award forms and remind members of county due dates for state and local awards.
2. Nominate a leader for Frank Graham Award from your club, submit the clubs nomination to the local extension office.
3. Start recruiting project and assistant club leaders for the coming year. Share descriptions of expectations and time commitments with potential leaders.
4. Visit with project leaders about experiences leading projects this year and ask for suggestions for next year.
5. Begin working with club treasurer on closing books and completing required reports to submit to the local extension office.

Clover Kids Corner

Bike or Scooter Games

Bike riding – or scooters – is a fun way for children to be physically active. Determine a safe and flat area large enough for riding bikes. Ask Clover Kid members to bring a bike to the meeting and try these games (scooters work for those without bikes or unable to ride a bike). Remind children to follow bike/scooter safety tips before riding:

1. Always wear a helmet
2. Obey all traffic laws

Line Biking

Draw a chalk line on the flat top surface for each child. Each one can then try to keep their front and back wheels on his/her chalk line from start to finish.

Fun Obstacle Course

For each child, spread several carpet squares, paper, soda cans or other items in an obstacle course arrangement. Tell children the beginning and ending points and have them ride through their own fun obstacle course.

Circle Biking

Draw a large chalk circle on the flat top surface. One or two at a time, encourage children to keep their front wheel on the circle as they ride.

Other

Ask children to think of other fun and safe bike/scooter games to play.

Clover Kids Day At The Missouri State Fair

Calling all Clover Kids! A special day for Clover Kids is scheduled during the Missouri State Fair in Sedalia on August 16 in the 4-H Building from 9:00 a.m. - 3:00 p.m. Clover Kids will have an opportunity to:

- Display one item made during a Clover Kids meeting or event in the 4-H Building that day
- Receive a State Fair participation ribbon
- Give a demonstration (sign up that day in the 4-H Building)
- Participate in arts/crafts, science and other fun activities
- Make balloon animals

Please encourage Clover Kids to attend!

CLUB CORNER

Peppy Circle- By Aundrea Burnett

The club met on June 10, 2009 and discussed filling out fair entry forms and asked for volunteers for Ralls County Fair judging. The next meeting will be July 15, 2009 at the Bowling Green pool from 6-8 p.m.