

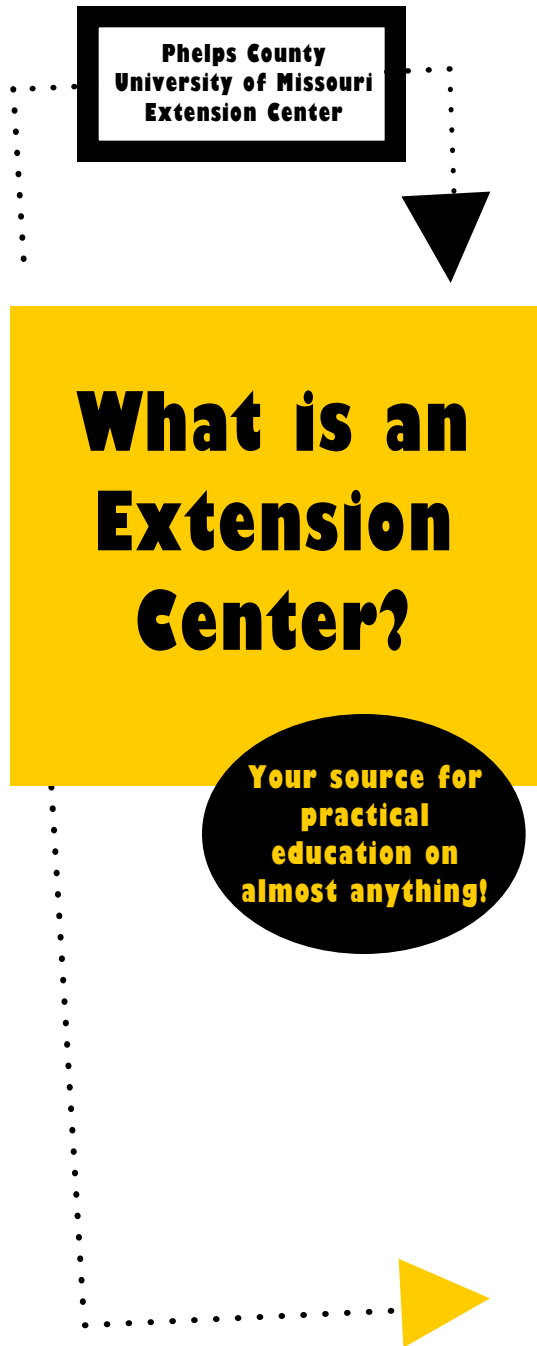
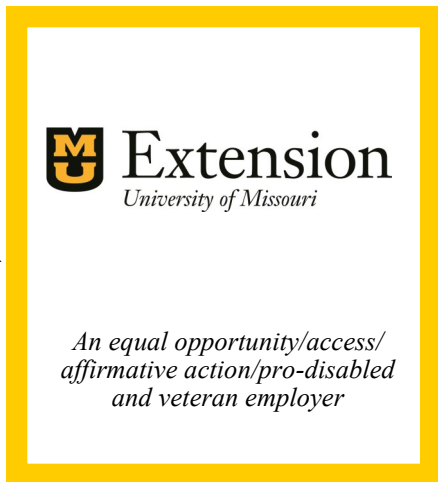
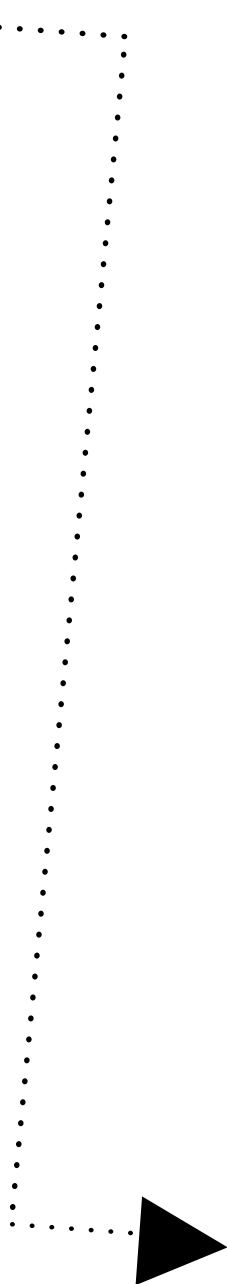
Rachel Buenemann
County Engagement Specialist in
Nutrition & Health Education

Chantae Alfred
Field Specialist in Family Finance

Sarah Havens
Field Specialist in Natural Resources

Jean Day
Nutrition Program Associate

Laura Faherty
County Office Support Staff



Who Runs It?

The services of the University of Missouri Extension Center and its staff are made possible by the University of Missouri, Lincoln University, the United States Department of Agriculture, and by the county in which you live.

There is a University of Missouri Extension Center in almost every county in the state, usually in the county seat. The “state” is the campus, and each center is your door to the universities and their resources.

Your University of Missouri Extension Center is here to serve you. Call or stop by your local office if you have a question or problem.

At each University of Missouri Extension Center you can get literature or help from trained specialists.

For example, the University of Missouri Extension Center provides these services:



What Does It Do?

Agriculture Soil testing, gardening information, livestock selection, and health information, farm management and record analysis, pesticide training, and more. Specialist are available in horticulture, agronomy, farm management, livestock, and agriculture engineering.


Human and Environmental Sciences Promotes optimal well-being of individuals, families and communities, with special recognition for the needs of vulnerable populations. Help with family finances (credit, budgeting); answers to food and nutrition questions, tips on understanding children, training in clothing construction, and information on ways to make your home more attractive and livable. HES Specialists are available in the following areas: Food & Nutrition, Clothing & Textiles, Child Development, Consumer & Family Economics, Housing, Human Environmental Design, and Equipment.

Community Development Need help in managing or organizing a not-for-profit corporation? Involved in a community program that wants to start a new project? Need help identifying community needs for community improvement projects? Community Development Specialists provide these services and more.

Youth and 4-H Help in organizing 4-H and youth groups, information on careers, colleges, and drug abuse, assistance with community programs for youth, and recreation activities for youth.

Business Development If you are wrestling with a business start up issue like business planning, proper type of legal structure, how to obtain an employer ID number, or preparing financial projections, you don't have to go it alone. If you need help with record keeping, or understanding your financial statements contact the Business Development Specialists, they provide business counseling services to entrepreneurs and potential entrepreneurs free of charge.

Nutrition The Family Nutrition Education Program offers sequenced pre-K-12 nutrition curricula, lessons that teach knowledge and healthy behaviors, weekly visits; 30-50 minutes per lesson, up to 12 lessons, experiential learning, age/grade appropriate activities, tasting healthy foods, integrated fitness activities, behaviorally-based evaluation, and special summer school programs.



Phelps County— University of Missouri Extension Center
200 N Main, Courthouse, G8
Rolla, MO 65401
Phone: (573) 458-6260
Fax: (573) 458-6264
Email: phelpsco@missouri.edu
Web Site: www.extension.missouri.edu