Implore you to support these kids with your registration. Come, run or walk, but be a part of something really great happening right here in Alton. This is a first for this community and for this club. A registration form has been included on page 3 of this newsletter for your convenience. The First Annual Green Clover 5K Run/Walk.

It’s exciting and nerve-racking to host a large event like a 5K. When it’s your first time and you’re a small club like the Alton Comet Cavaliers, it’s especially scary. With the deadline for printing t-shirts looming (it’s March 9th) we’re hoping that people won’t hesitate any longer and those registrations will get here. You see, it’s not about winning, although 44 medals is a nice incentive to come and run. It’s not about a nice shirt, although it’s a cool shirt. It’s not even about getting squirted with green powder, although that even appeals to me and I’m OCD. It’s about supporting a small group of wonderful kids, their committed parents, and their community. Who wouldn’t want to be a part of that? So if you don’t already have plans for March 14th, I implore you to support these kids with your registration. Come, run or walk, but be a part of something really great happening right here in Alton. This is a first for this community and for this club. A registration form has been included on page 3 of this newsletter for your convenience. The First Annual Green Clover 5K Run/Walk.

A Reporters Reflections

By Shelby Ledgerwood

The Alton 4-H meetings have started out well. Officers run the meetings, they have recreation and snacks. Meetings are held on every 4th Monday.

The meeting held on January 26th began with an icebreaker game, which was followed by elections. Club members selected Charli Burkhardt for President, Danny Burkhardt for Vice President, Cheyenne Greer for Secretary, and Daniella Vargas-Palma for Treasurer. Other officers elected were Tucker Combs for Photographer, Owen Luster for Historian, Royce Ledgerwood for Recreation Leader and Shelby Ledgerwood for News Reporter. The snacks were chocolate chip cookies brought to us by Rachel Luster.

At the meeting on February 23rd the newly elected officers were able to take charge. The topics discussed were: the Color Run in March, robotics, photography and shooting sports. Danny Burkhardt made an interesting presentation with his cat, Blue. The club members had fun playing a game led by Royce Ledgerwood, and enjoyed snacks provided by Rachel McDonald. It will be exciting to see what happens next in the 4H meeting.

Shelby is nine years old and a student at Faith Christian Academy in West Plains, Missouri. As part of her duties as reporter, she will be composing an article for the newsletter each month. She said she “feels like Jo March.”
The 2015 Southeast Regional Energizer was on February 14th, there were so many things to do. There were two main workshops; one about visiting other countries like Japan. The other workshop focused on experiencing foods from other countries and cultures. We made salsa, guacamole, and a drink called sangria.

After that there were two mini workshops. One was dancing and they would show us how to dance to certain songs. The other was about all the 4-H related trips that you could go on. There were a lot of opportunities to go places and meet new people, but most of them started after you turned fourteen.

Soon after, we had dinner which was hamburgers, hotdogs, chips, brownies, and lemonade. There was a little time to play some games in the gym before we started another project.

The community service project was making some tie-blankets. They broke us up into groups based upon what country was written on our name tags. Mine was Australia. I had made a tie blanket before, so I thought it was very easy.

Once all the groups finished we had a photo shoot of all the counties. Then we got to have a three hour long dance. We didn’t stay for the entire dance because we lived so far away, but it was really fun.

I have a great t-shirt from the energizer with 4-H GLOBAL on it, and I got another one they were selling there. These are my first 4-H t-shirts ever.

One thing I noticed was that the 4-H members that hosted the energizer were all high school age. Our club is much younger, but I hope one day to be able to host an energizer like this one.

Members Attend the 2015 Southeast Regional Energizer

By Charli Burkhardt

Save the Date for 4-H Camp

By Rachel McDonald

I can get so excited about the prospect of camp. This year is no exception. After meeting with the council and discussing this year’s theme “The Amazing Race,” I was thrilled to run back home and tell everyone about our plans. The television show focuses on teams of two people who race across the country finding clues and solving them to get to their next destination. Add some geocaching, scavenger-hunting, and crafts to the mix and you have the perfect ingredients for camp. While more details for camp will follow next month, I can tell you this: SAVE THE DATE! It’s June 26th, 27th, and 28th. We’re working hard to make it a camp you won’t forget.

Charli Burkhardt is the President of the Alton Comet Cavalier 4-H Club. She is 12 years old and in sixth grade at Alton Elementary. This is her second year in 4-H and she has several projects she is working on and loves anything that has to do with art.

Carlton Burkhardt
Alton 4H Green Clover 5k
Run/Walk
Saturday, March 14, 2015 @ 10:00 am

Race Location: Alton Square. Registration begins at 8 am on the square by the County Library

Course Description: Slightly hilly. All pavement. Moderate turns through city streets.

Awards: Top single in each category will receive a medal. Top pair in each category will each receive matching medals. First and second place teams will receive medals for each team member.

Proceeds: Benefit the Alton 4H club members, volunteers, and their community projects.

Entry Cost Information: $20 with white T-shirts for runners. This is a green color run event. No entries will be accepted without full payment and a completed entry form. (There is an additional $2 fee for each 2XL and 3XL shirt)

Other Information: Runners may only enter one category: Single, Pair, or Team. You must specify on your entry form or you will be entered as a single runner in your age category.

Make Checks to: Alton 4H Club and mail them to: PO Box 97, Alton, MO 65666

Contact: Rachel McDonald @ 417-778-7490 fax: 417-778-7049 email: mcdonaldrs@missouri.edu

Website: Race forms are also available online at: http://extension.missouri.edu/oregon/4h.aspx

Results: Will be posted at: http://extension.missouri.edu/oregon/4h.aspx

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GREEN CLOVER 5K RUN ENTRY FORM 3/14/15 PLEASE PRINT LEGIBLY

Name_________________________Sex____Age (by 3/1/14)____Phone_________________________
Address________________________City, State Zip____________________________

Email________________________

SHIRT SIZE (circle one) Youth S M L Adult SM M L XL 2XL 3XL

Are you entering as a SINGLE RUNNER --- A PAIR-----OR A TEAM? (CIRCLE ONE) Name of Team________________________

MEDALS GIVEN IN THE FOLLOWING CATEGORIES

<table>
<thead>
<tr>
<th>Single Entry</th>
<th>Single Entry</th>
<th>Single Entry</th>
<th>Single Entry</th>
<th>Pair Entry</th>
<th>Team Entry</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;5 Boys</td>
<td>&lt;5 Girls</td>
<td>20-29 Men</td>
<td>20-29 Women</td>
<td>Brothers</td>
<td>*Teams must consist of (4) four runners. All applications must be received in the same envelope. Each member of the first and second place teams will receive a medal.</td>
</tr>
<tr>
<td>6-7 Boys</td>
<td>6-7 Girls</td>
<td>30-39 Men</td>
<td>30-39 Women</td>
<td>Sisters</td>
<td></td>
</tr>
<tr>
<td>8-9 Boys</td>
<td>8-9 Girls</td>
<td>40-49 Men</td>
<td>40-49 Women</td>
<td>Father-Son</td>
<td></td>
</tr>
<tr>
<td>10-11 Boys</td>
<td>10-11 Girls</td>
<td>50-59 Men</td>
<td>50-59 Women</td>
<td>Mother-Daughter</td>
<td></td>
</tr>
<tr>
<td>12-13 Boys</td>
<td>12-13 Girls</td>
<td>60-69 Men</td>
<td>60-69 Women</td>
<td>Grandparent-Grandchild</td>
<td></td>
</tr>
<tr>
<td>14-19 Boys</td>
<td>14-19 Girls</td>
<td>&gt;70 Men</td>
<td>&gt; 70 Women</td>
<td>Siblings</td>
<td></td>
</tr>
</tbody>
</table>

Waiver (MUST BE SIGNED)

In consideration of accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature________________________Date________________________

Parent or Guardian if under 18________________________No refunds will be issued for any reason.
Every day important news is updated on our Facebook page for everyone to see. If you are not a Facebook user, now is a great time to get connected so you can stay informed about what is happening in and around our county. Just log into Facebook and create an account for yourself and then go directly to Oregon County Extension 4H and “LIKE” our page. When you do that, you should receive notifications of events that are posted for your benefit. If you’d like to go directly to our site, the address is: https://www.facebook.com/pages/Oregon-County-Extension-4-H/164926423661851

Oregon County Extension Council Annual Meeting

Weather has postponed the Oregon County Extension Council’s Annual Meeting until Thursday night, March 26th, at 6 p.m. at the Thayer Elementary School Cafeteria. The Council would really like to see 4-H members present what they are learning and doing in 4-H. I have a lot of great ideas for this event, so please contact me to discuss project presentation. Barbara Simpson would really like you to RSVP for the event. It is free, so please provide her with a courtesy call to let her know you will be attending. This is a great way to show our Council members how 4H is impacting young lives in Oregon County.

Contact:
Barbara Simpson
Courthouse
PO Box 97
Alton, MO 65606
417-778-7490
Fax 417-778-7049