

The 4-H Pledge

I Pledge:

My HEAD to clearer thinking
My HEART to greater loyalty
My HANDS to larger service
My HEALTH to better living
For my club, my community, my country and my world.

Making the Pledge Meaningful

I Pledge:

My Head to clearer thinking

4-H- Helps you learn to plan before you take action.
Helps you learn things you can use as an adult.
Lets you make decisions.

My Heart to greater loyalty

Through 4-H you-
Make many friends.
Learn about trusting and respecting others.
Learn about people who are different than you.
Learn about values.

My Hands to larger service

4-H- Is learning by doing.
Is learning to complete tasks.
Is serving your community.
Is helping others.

My Health to better living

4-H- Encourages activities that are fun and healthy.
Teaches about protecting the environment.
Promotes the wise use of leisure time.

For my club, my community, my country, and my world

Through 4-H you-
Learn to be a good citizen.
Learn about community relationships.
Learn that you are a part of a larger group and that you belong.
Learn about 4-H across the nation and around the world.