State 4-H Congress
May 30—June 1
Registrations are now open in 4Honline until April 15. Congress is designed for Missouri 4-Her’s ages 14-19. The Missouri State 4-H Council plans and implements the event that is held on the University of Missouri campus.

What you’ll do at State 4-H Congress
• Learn the life skills of a super leader, connecting with experts in quality workshops and learning opportunities!
• Experience campus living — residence halls, cafeterias, classrooms, you name it!
• Elect your representatives on the State 4-H Council!
• Get to know other 4-H youth from across Missouri...and HAVE FUN!

More information can be found at: http://www.4h.missouri.edu/statecongress
Cost $225

Morgan County Hog Weigh In
Sunday, April 29, 2 pm
Kroeschen Farm
Hogs weighed in will be eligible for rate of gain award.

Morgan County Swine Ownership Forms
Due to the Extension Office
May 1, 2018
Form can be in this newsletter.

4-H Council Meetings
Morgan County
April 24, 2018 at 6 pm
Sims Room
Moniteau County
May 22 at 6:30 pm
City Hall

Elaine Anderson
4H Youth Specialist
100 East Newton, 4th Floor
Versailles MO 65084
573-378-5358
andersonela@missouri.edu

Checkout our Facebook Pages
Morgan County 4-H
https://www.facebook.com/groups/1574708109490075/
Moniteau County 4-H
https://www.facebook.com/moniteau4H.edu/
Structurally Supporting One Another

Missouri 4-H is interested in making the best better – in our youth, our leaders and our programs. An ongoing program improvement process called “Quality Matters in 4-H” is underway in Missouri. The Quality or “Q-Tip” series includes short, research-based tips to help youth and adult leaders be more intentional about planning 4-H club meetings and other events where members feel safe, supported and engaged in fun, interactive activities.

In Active Engagement we learned how to actively involve youth in activities. This supports the research that youth gain more knowledge when they are engaged in learning.

Today, we will provide an activity to engage youth and provide them with an opportunity for them to visualize that we are all unique and can contribute different things to a group. This will hopefully allow them to see that as a 4-H member, they are combining their talents with leaders and other youth to become leaders of tomorrow.

Structure Activity- 15 minutes

Get participants in groups of two to three. Give each group a handful of toothpicks, marshmallows and some decorative material like glitter glue, construction paper and markers. Ask each group to take five minutes to create something that will hold and support a tablet of sticky notes up and off the table. After five minutes, walk around and see if creations will hold up the sticky notes off the table.

Look around the room and ask for any commonalities in the structures (...all have a base of support or some foundation). “Are there any differences in the structures?” (Likely, it will mostly be cosmetic and decorative differences.) “What are the ‘structures’ that exist in our program?” “What are the ‘decorative’ pieces?” (activities, topics, events, things that change up more often) When we are looking at building quality programs for youths, we need to make sure there is a structure that supports the young people. That structure should be consistent, grounded in research and changes should be intentional and planned.

Now discuss with the group that the soft structures are personal characteristics include: behavior, expectations, limits, and norms. The hard structural supports represent rituals and routines. This activity can open a discussion for qualities leaders possess and how we are in 4-H to benefit one another.

The YPQA pyramid depicts the structure for a safe learning environment. The elements that build a safe environment include: a supportive environment, interaction, and engagement.

Morgan County Youth

Instead of holding a achievement day, 4-H’ers may give a demonstrations at a 4H council meeting in April or June. If you are interested in giving your demonstration at the MO State Fair, you will need to present at the county level and this is your opportunity.

Please contact the office if you are interested.

Moniteau County Youth

If you are interested in giving a demonstration at the Missouri State Fair—please contact the Extension office.

Tickets for 4-H Day with the St. Louis Cardinals information.

Missouri and Illinois 4-H members, parents, volunteers and alumni will gather at Busch Stadium on Saturday, May 19, 2018 for the 17th annual 4-H Day with the Cardinals. The Cardinals will be playing the Philadelphia Phillies in a 1:15 p.m. game. Tickets for the game will be $25.00 each and includes a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

Registration forms can be found at http://www.4h.missouri.edu/4h-day-with/4h-day-with-cardinals
4-H Move Across Missouri (MOVE)

Keep track of you activity!

MOVE is back for 2018! And, youth and adults can register for it on 4HOnline!! Enrollment for new and re-enrollment for current MOVErs begins now and continues until May 1. As you know, MOVE promotes physical activity and encourages youths to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Here’s what youth and adults need to do to participate:

- Using a paper tracking system found on the 4-H website at: [http://4h.missouri.edu/4hmove/moveinfo](http://4h.missouri.edu/4hmove/moveinfo), youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12-week competitive period between May 1 - 15 in 4HOnline.

4-Hers and adults can register for the competitive event as individuals and/or as part of a team. An individual MOV-Er may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided.

For more information about 4-H MOVE visit - [http://4h.missouri.edu/4hmove/main](http://4h.missouri.edu/4hmove/main)

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Clover Kid Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence.

**Peanut Butter Balls**

**Supplies**
- Bowls, spatula, wax paper, liquid and dry measuring cups (1 cup and ½ cup), and plastic bags
- ½ cup peanut butter
- 1 cup oatmeal
- ½ cup honey (use liquid measuring cup)
- 1 cup dry milk

**Directions**
1. Have children mix ingredients together well.
2. Ask participants to use their hands and roll the mixture into balls.
3. Place balls on wax paper. This recipe makes enough for four to six children.
4. Have plastic bags available for children to take home a snack. Note: Be sure to ask parents ahead of time if children have peanut allergies.

Source: Colorado State University Cooperative Extension 4-H Youth Development
**4-H Sportfishing State Event**

Registration will open in [4HOnline](http://4h.missouri.edu/sportfishevent/main) on April 1 and will close May 15. Only those youth enrolled in the sportfishing project will be able to register.

For more complete information, check out: [http://4h.missouri.edu/sportfishevent/main](http://4h.missouri.edu/sportfishevent/main)

**Scheduled events will include:**

- Fishing derby (8:30-11 a.m.) includes both a shore and a boat class
- Casting contest
- Skill-a-thon (skills and knowledge-based activities). Topics included are from the 4-H Sportfishing curriculum and might include a variety of topics:
  - Fish identification
  - Missouri fishing regulations
  - Tackle identification
  - Basic fish biology (Habitat preferences, Identify fish parts, etc.)
  - Aquatic ecology
  - Sportsman ethics
  - Knot tying
  - Terminal rigging
  - Matching tackle to fish
  - Fishing safety
  - Fish species conversion chart

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**Public Speaking Academy**

The 4-H Public Speaking Academy is preparing for its seventh year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking.

**The Academy will be June 20-21, 2018 and registration is due May 17.** Lodging will be provided on the campus of Central Methodist University in Fayette, Mo. The cost is $100.

For more information, contact Patty Fisher at fisherp@missouri.edu or 573-324-5464 and be sure to download the...

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**Missouri 4-H Shooting Sports Ambassador Program**

Missouri 4-H Shooting Sports Ambassador Program is designed to promote 4-H and 4-H Shooting Sports. Youth selected to serve as Ambassadors will receive training that will allow them to return to their homes and advocate for the program at the county, regional, and state level. Ambassadors provide public relations support at special events such as donor/sponsor functions and also serve as spokespersons for the 4-H Shooting Sports Program, helping to make 4-H and the 4-H Shooting Sports Programs more visible. The Ambassador’s further develop their skills in leadership, public presentation, citizenship, community service, public relations and team building.

Applicants must be at least 12 years of age by January 1, 2018 to apply. It is recommended that the candidates also have at least one year left in 4-H.

**PURPOSE, GOALS, OBJECTIVES**

The 4-H Shooting Sports Ambassador program will provide a venue for 4-H teens to:

- Represent 4-H and specifically 4-H Shooting Sports for public relations purposes at special events; at donor/sponsor functions and with the general public, 4-H groups, community service organizations, schools and media contacts.
- Serve as spokespersons for the 4-H Shooting Sports program at their respective levels of participation – national, regional, state, county - helping to make 4-H Shooting Sports programs more visible.
- Further develop their skills in leadership, public presentation, citizenship, community service, public relations and team building.
- Assist in maintaining relations with 4-H Faculty and Extension Administrators as well as past, present and future program donors and supporters.
- Continue and expand their involvement in 4-H Shooting Sports beyond the shooting skills and competitive events.
- Stay actively connected with the 4-H Shooting Sports program as they enter their collegiate years and further into adulthood.

This Program will serve as a gateway to becoming a National 4-H Shooting Sports Ambassador.
State Poultry Day

June 17, 2018

Animal Science Building University of Missouri, Columbia, Mo.

Check in begins at 7:15 a.m.

Event times are 8 a.m. to 3:30 p.m.

This will be a youth training/skills demonstration event in an educational format. Tony Perryman, Missouri Department of Agriculture; Jesse Lyons, University of Missouri; Kim Cash, Lincoln University; will be providing the subject matter content with assistance from Dr. Michael Ouart and Dr. Vandepopuliere and Prof. Geiger retirees from the MU Poultry Science Department and students from Mizzou. This will be a great opportunity for leaders to pick up information and materials they can take back home to assist with their poultry training and programs and for members to hone their skills in a voluntary “just for fun” quiz bowl. Open to all 4-Hers, but participants 14 and over before Jan. 1 will be placed in the senior

4-H True Leaders in Service
2018 True Leaders in Service
National 4-H Day of Service, April 28

National 4-H headquarters is pleased to announce the 2nd annual True Leaders in Service / National 4-H Day of Service initiative.

Go to www.4-H.org/true-leaders-in-service for all the information and resources. Please promote broadly.

4-H’ers from around the nation will register for and engage in service projects throughout April 2018. The month of service will culminate with the National 4-H Day of Service on Saturday, April 28, 2018. Planning and promotional resources are available on the above website. Reach out if you have questions.

Attached is an infographic highlighting the involvement for the 2017 True Leaders in Service Initiative.

Missouri 4-H Clubs have tons of service project ideas they can choose from!

- Plant a Liberty Tree
- Raise and donate money to a food bank
- Grow a community garden
- Work at an animal shelter
- Honor local veterans with a meal
- Organize a farm tour or ag literacy event
- Clean up a stream, trail, or highway
- Hold a 5K run to promote physical activity
- Host a drug take back program
- Conduct a poll about broadband access

For tips on how to plan an outstanding service project, or to apply for project funding for your club, visit: http://4h.missouri.edu/service/main

April 2018 can be a month of Show Me 4-H Service across the state!
Ride the Tide
June 25-28, 2018
Camp Clover Point
Lake of the Ozark State Park

Discover the exciting world of 4-H at summer camp!!!

For more Information, contact the
Morgan County MU Extension Center
(573) 378-5358

- Swimming
- Songs
- Games
- Confidence Course
- Crafts
- Campfires

UNIVERSITY OF MISSOURI
Extension

MU Extension is an
Equal opportunity / ADA institution
Check out our exciting 2018 line-up!

4-H Counselor Camp
Ages 14-18       June 1-2
At this special training camp, teen applicants learn the skills to become effective Camp Counselors. To be eligible to attend, Camp Counselor Applications must be submitted by March 7th. In-county training will be held prior to camp that you must attend.

Traditional 4-H Camp
Ages 8-13        June 25-28
Together we’ll explore the exciting opportunities of 4-H! We’ll navigate the Confidence Course, paddle a canoe, shoot a bow and arrow, and make traditional crafts to take home. We’ll also enjoy all our old camp favorites like swimming, evening recreation and of course, campfires!

4-H Shooting Sports Camp
Ages 8-18        June 21-23
This three-day camp is designed to explore the world of 4-H Shooting Sports including archery, air pistol and air rifle. Whether you are currently enrolled in a shooting sports project or want to learn more, this camp is for you. State certified 4-H Shooting Sports instructors will lead the way!

4-H Canine Camp
Ages 8-18        June 7-9
This camp is designed for the dog lovers at heart. Bring your dog to camp and be ready to train it to great heights all while enjoying the camp traditions such as swimming, canoeing and campfire. Kids and dogs at all levels of skill are welcome!

Find your way to 4-H Camp

SMQA
If you are showing livestock at a County Fair—SMQA certification is required. If you were unable to attend one of the trainings, please go online at
http://agebb.missouri.edu/smqa/
Requirements: if under age 14, must complete 2 years in a row and take again at age 14.
Do you need to be recertified?
Contact Morgan County Extension Office at 573-378-5358.

THANK YOU
to the volunteers and club leaders who set up project tables at the Morgan County 4-H Project/Fun Night. There were many activities from making a step stool, scrapbooking pages, yarn egg, robotics, drones and snack mix. Everyone seemed to have a good time.
Thanks to Alber Kuhns Donation.
# 4-H Camp Clover Point Registration Form

One form per camper. Fill in and sign all required information. Registrations Due by May 1, 2018

<table>
<thead>
<tr>
<th>Camper's Name:</th>
<th>Age:</th>
<th>County:</th>
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<tbody>
<tr>
<td>Address:</td>
<td></td>
<td></td>
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<tr>
<td>City:</td>
<td>Zip:</td>
<td>In 4-H?</td>
</tr>
<tr>
<td></td>
<td></td>
<td>□ Yes  □ No</td>
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<tr>
<td>Parent/Guardian Name:</td>
<td></td>
<td># of Years:</td>
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Emergency contact name and phone number during camp:

List any special needs or accommodations Camp staff need to be aware of:

<table>
<thead>
<tr>
<th>4-H Counselor Training Camp (age 14 - 18)</th>
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<td>Check Here</td>
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*Non 4-H members add $10.00

<table>
<thead>
<tr>
<th>4-H Traditional Camp (age 8 - 13)</th>
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<tr>
<td>Check Here</td>
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<td></td>
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<tr>
<td>Roommate Preference:</td>
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</tbody>
</table>

Registration is complete when the following are returned to the Morgan/Moniteau County Extension Center:

- One Registration Form per camper
- Signed Technology Agreement
- Check for registration fees made payable to Morgan County Extension Council

No Refunds!!

Questions, call: 573-378-5358 or email: andersonela@missouri.edu

Return this form & payment to:

Morgan County Extension
100 E Newton, 4th Floor
Versailles MO 65084

4HOnline Health Form and Authorization Form will be printed by the Extension office.

4HOnline Health and Authorization forms: I have checked my child's 4HOnline Health and Authorization information and it is current and up-to-date. Parent/guardian signature ____________________________

4-H Camp Provision: Providing a safe and educational camp experience for youth is the top priority of the 4-H youth and camp staff. Campers who violate 4-H Camp rules or policies concerning substance possession, inappropriate personal conduct or safety will be sent home immediately. In such an event, it is the parent or guardian's responsibility to retrieve their child immediately from Camp Clover Point. Campers bringing cameras to camp may not take any photos inside the sleeping cabins (includes all cell phones/electronic devices). A designated time for taking cabin photos will be selected at each camp. Parent's signature indicates acceptance of these terms.

Parent/guardian signature ____________________________ Date __________
Rabbit Workshop

Saturday, April 28
9:00 am – 12:30pm

Doug Rummerfield, ARBA Registrar will be talking about breed classes, registering and grand championing, what the judges are looking, how to groom and care for rabbit and much more!

Care Guide:
Feeding and Watering
Naming pedigreed
Supplements
Kindling
Basic Medical Care

Location: Moniteau County Fairground
Centennial Hall California, MO

Demonstrations:
Breeding (reluctant breeder tricks)
Grooming (nails)
Tattooing (clamp and pen style)

Topics:
National Breed Clubs
Mo State Rabbit Producers Assoc.
Market Rabbits

For more information: Morgan/Moniteau Co Extension Office 573-378-5358 or email andersonela@missouri.edu
Pre-register is encouraged.
Morgan County Teen Conference
Front Row—Alivia Oehrke, Alivia Patton, Reese Brown,
Back Row—Barton Marriott, Matthew Imna, Koye Fisher,
Brody Kroeschen

Moniteau County Teen Conference
Front Row—Isabelle Allen, Sonya Grojtjan, Luke Baepler,
Back Row—Mitchell Moon, Elaine Anderson, Emma Baelpler,
and Haylee Kiesling
MORGAN COUNTY 4-H AND FFA SWINE OWNERSHIP

“I certify that I alone own the swine described below and plan to exhibit said animal at the Morgan County Fair.”

An ownership form must be completed for each animal to be shown and returned to the Extension office no later than May 1st or swine will not be allowed to be shown at the Morgan County Fair. All swine must be born after January 1st, with the exception only to Boars.

Exhibitor Name: _______________________________ Date: __________________

Exhibitor Signature: __________________________

Animal Birth Date: ____________________________ Barrow or Gilt: ___________

Breed &/or general color markings: __________________________

Animal Identification/Far Notch #: __________________________

(draw notches on illustration)

Rate of Gain weigh-in is set for April 29th, 2pm at the Kroeschel Farm, Stover.
UPCOMING EVENTS

April 14—Counselor Training—California
April 24—Morgan County 4-H Council—6 pm—Sims Room
April 29—Morgan County Swine Weigh-In—2 pm Kroeschen Farms
May 22—Moniteau County 4-H Council—6:30 pm California City Hall
May 30–June 1—State Congress
June 1-2—Counselor Camp
June 7-9—K-9 Camp
June 20-21—Public Speaking Camp, Fayette
June 21-23—Shooting Sports Camp
June 25-28—Regular 4-H Camp
July 11-14—Morgan County Fair