



**UPCOMING EVENTS**  
TUESDAY, APRIL 18, 2017  
**MOCAN MEETING**

*The Steering Committee encourages all members to send in articles for the newsletter.*

*Please send your submissions to [Donna Mehrle](mailto:Donna.Mehrle@moacan.org). Thanks!*



[mocan.org](http://mocan.org)

May 5, 2017

## MOCAN | NEWS UPDATES

### ARTICLES OF INTEREST

#### IN CASE YOU MISSED IT: MOCAN MEETING – APRIL 18

Whether you weren't able to make the MOCAN meeting on April 18 or you just want to take another look at the presentations, handouts and minutes, this edition has you covered:

- [Meeting agenda](#)
- [Meeting minutes](#)
- [Legislative Update](#)
- [Save the Date for Missouri Health Policy Summit](#)
- Worksite Wellness
  - [Workplace Well-being: Missouri and Nationally](#) – Lauren Schulte
  - [WorkWell Missouri Toolkit Pilot Phase](#) – Karla Voss
  - [Workplace Wellness Programs and Your Small Business](#) – Mary Overbey
  - [Healthy Business, Healthy Community Workplace Wellness Challenge](#)
  - [Healthy Business, Healthy Community Workplace Wellness Challenge: Sponsorship Opportunities](#)
  - [WorkWell Missouri Toolkit flyer](#)

#### REGISTER TODAY: SHOW-ME DIABETES PREVENTION ENGAGEMENT MEETING – MAY 24

The **Missouri Department of Health and Senior Services** is requesting your participation at the **Show-Me Diabetes Prevention State Engagement** meeting. The purpose of this meeting is to galvanize partners in Missouri to increase awareness about type 2 diabetes, learn about the promising practices in our state and a call to collective action to prevent type 2 diabetes.

This educational call to action event will focus on the Centers for Disease Control and Prevention's national effort to scale and sustain the National Diabetes Prevention Program to decrease new cases of type 2 diabetes. The cornerstone of the National Diabetes Prevention Program is a structured lifestyle intervention, which has been proven effective in helping people at high risk for type 2 diabetes lose a moderate amount of weight (5 percent to 7 percent of their current weight) and increase their physical activity to 150 minutes per week.

[Show-Me Diabetes Prevention State Engagement Meeting](#)

Registration ends **May 19, 2017**.

#### CALL FOR IDEAS: 'SETTING THE TABLE FOR SUCCESS' SUMMIT – OCTOBER 26

The MOCAN Conference Planning Committee is gearing up for a great summit! We are seeking ideas for session topics, speakers for those topics and keynote speakers.

Please send your ideas to Jill Lucht at [luchtj@health.missouri.edu](mailto:luchtj@health.missouri.edu) or 573-823-8109.

Our summit topic is **Setting the Table for Success: Food and Health Policy in 2017 and Beyond**. Margot Wootan, Center for Science in the Public Interest, and Bill Barkley, Food Service Director at Children's Mercy and the Healthy Hospital Initiative, will serve as 2 of 3 keynotes.

## FDA PUSHES BACK MENU-LABELING DEADLINE ONE YEAR

The U.S. Food and Drug Administration is extending the compliance date for menu labeling requirements from May 5, 2017 to May 7, 2018. This extension allows for further consideration of what opportunities there may be to reduce costs and enhance the flexibility of these requirements beyond those reflected in the interim final rule.

The FDA is inviting comments for 60 days on the implementation of the menu labeling requirements, such as approaches to reduce regulatory burden or increase flexibility related to (a) calorie disclosure signage for self-service foods, including buffets and grab-and-go foods; (b) methods for providing calorie disclosure information other than on the menu itself; and (c) criteria for distinguishing between menus and other information presented to the consumer.

The extension will be effective on May 4, 2017 when the Federal Register publishes the extension in advance of the May 5 compliance date. The 60-day comment period will begin on May 4, 2017. Submit electronic comments [here](#) (#FDA-2011-F-0172).

## SERIOUS ILLNESS CARE PLANNING+TPOPP TRAINING - MAY 19

The KS/MO TPOPP Initiative will conduct a ***Building a TPOPP Community Coalition and Serious Illness Care Planning*** training at the Phelps County Regional Medical Center in Rolla, MO all day Friday, **May 19, 2017**.

TPOPP stands for Transportable Physician Orders for Patient Preferences and is the name for KS/MO POLST Program (Physician Orders for Life Sustaining Treatment). TPOPP is a new standard of care approach for ensuring that patient preferences are honored at the end of life. You can learn more about it on our website [here](#).

The morning session will address Community Coalition organizing and include provider group breakouts for hospitals, EMS, and LTC emphasizing unique characteristics of TPOPP implementation. The afternoon session will be training for clinicians in the new ***Serious Illness Care Planning*** (SICP) model from [Ariadne Labs](#) (Harvard Medical School).

[RSVP via email here](#) for the Morning Session, Afternoon Session, or both. Seating for the afternoon breakout sessions is limited. Continuing Education Units available for the onsite afternoon session.

## MAY IS NATIONAL PHYSICAL FITNESS AND SPORTS MONTH

# #MOVE IN MAY

May 1<sup>st</sup> marks the start of **National Physical Fitness and Sports Month!** The President's Council on Fitness, Sports & Nutrition wants to make sure that you have plenty of opportunities to join in the celebration. Get out, get active and share with us on Twitter @FitnessGov how you #MoveInMay and every day!

It doesn't matter if you are just taking your first steps on your fitness journey, if you are a seasoned marathoner, or if you visit the gym every day to work out. What's important is that you make the commitment to becoming a healthier you, and have fun doing it! And what better time than National Physical Fitness and Sports Month to focus on your health?

Throughout National Physical Fitness and Sports Month, the President's Council will also be highlighting other related observances that fall within the month of May. Stay tuned for... information about **National Physical Education & Sport Week** (May 1-7); **National Bike to School Day** (May 10); **National Women's Health Week** (May 14-20); the anniversary of the Council's **I Can Do It, You Can Do It program** (May 21); and **Senior Health & Fitness Day** (May 31).

Also, we encourage partners to help us promote National Physical Fitness and Sports Month. Be sure to check out our **#MoveInMay Playbook** for tips, memes and graphics, sample social media messages and more that you can use via your communications channels to help us spread the word.

## EXTENSION FOUNDATION SEEKS FOOD SYSTEMS FELLOW

The eXtension Foundation is seeking a Food Systems Fellow for a one-year, .5 to .75FTE appointment. This individual would lead the eXtension Impact Collaborative on Food Systems.

The position description and other details are found [here](#).

The **deadline for applications** is **June 1, 2017**.

*Thanks to Cindy DeBlauw, Jessica Mackey, and Donna Mehrle for contributing links for this issue!*

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## UPCOMING CONFERENCE CALLS

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### SCHOOLS WORK GROUP CONFERENCE CALLS

This group meets the **first Tuesday** of every month at **11am CST**.

Dial-in number: 866-357-7737

Passcode: **614 774 2047**

Contact [Cindy DeBlauw](#) for more information.

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### CHILD CARE WORK GROUP CONFERENCE CALLS

This group meets the **first Tuesday** of every month at **1pm CST**.

Dial-in number: 866-357-7737

Passcode: **614 774 2047**

Contact [Lynn Cole](#) for more information.

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### COMMUNICATIONS WORK GROUP CONFERENCE CALLS

This group meets the **third Tuesday** of every month at **2pm CST**.

Dial-in number: 866-357-7737

Passcode: **958 214 7529**

Contact [Dana Meyer](#) for more information.

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### PHYSICAL ACTIVITY WORK GROUP CONFERENCE CALLS

This group meets the **third Tuesday** of every month at **10am CST**.

Bridge & call-in number: 526-6207/866-630-9356

Contact [Kathy Craig](#) for more information.

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### FOOD SYSTEMS WORK GROUP CONFERENCE CALLS

This group meets the **fourth Wednesday** of every month at **3pm CST**.

Dial-in number: 866-357-7737

Passcode: **506 966 4346**

Contact [Lorin Fahrmeier](#) for more information.

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### WORKSITES WORK GROUP CONFERENCE CALLS

This group meets the **second Wednesday** of **March, June, September** and **December** at **9am CST**.

Dial-in number: 716-293-8805 (U.S. Toll)

Passcode: **32424**

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### POLICY WORK GROUP CONFERENCE CALLS

This group meets ad-hoc periodically.

Contact [Donna Mehrle](#) for more information.