



Training Employers | Promoting Health | Maximizing Performance

About the Program

The Work@Health™ Certification Training was developed by the Centers for Disease Control and Prevention (CDC) to enhance employer knowledge of strategies and tools for the planning, implementation, and evaluation of workplace health interventions. The science-based curriculum includes 8 core modules that provide employers with the skills to implement a comprehensive worksite wellness program using interventions that principally address chronic health conditions, such as heart disease, stroke, cancer, diabetes, arthritis, and obesity.

Employer Benefits

- **Obtain professional training** on establishing a customized worksite health intervention plan.
- **Conduct an assessment** to define existing needs, interests, and capacity for specific programs.
- Learn how to **create a healthier work environment** for improving employee well-being and productivity.
- **Network and share best practices** with other companies across the state of Missouri.
- Receive a **certificate of completion** from the CDC.

Program Modules

1. Making the Business Case
2. Assessing Your Worksite
3. Building Leadership Support
4. Developing Policy, Benefit, & Environmental Supports in the Workplace
5. Developing Effective Communications
6. Evaluating Your Program
7. Planning & Developing Your Program
8. Implementing & Sustaining Your Program

Training & Registration Details

Day 1: August 22, 2019, from 12:00 PM to 5:00 PM (lunch provided)

Day 2: August 23, 2019, from 8:00 AM to 12:00 PM (breakfast provided)

Location: St. Louis Area Business Health Coalition
8888 Ladue Road, Suite 250, St. Louis, MO 63124

Fee: \$25 per participant

Register: www.stlbhc.org/event/Work_At_Health_MOCAN

