**Mission:** MOCAN fosters and supports healthy eating and active living through policy and environmental changes to measurably improve the health and quality of life of Missouri residents.

**Vision:** The health and quality of life of Missourians will be significantly improved through healthy eating and active living.

### Agenda

**8:30 am**  
Registration

**9:00**  
Welcome – Jessica Mackey, 2019 MOCAN Chair  
- MOCAN Leadership: Recognizing 2019 and Announcing 2020  
- Financial Report  
- Workgroup Funded Projects 2019-2020  
- Complete the poll to schedule the MOCAN Day at the Capitol in January  
- MOCAN 2020 Conference: Building a Health & Productive Missouri Workforce

**9:30**  
Healthcare Student Awardee Presentation – Daniel Bicklein, 2019 BS Graduate of University of Missouri, Biological Sciences and Wellness

**10:00**  
Healthcare Professional Awardee Presentation – Laura Hyland, RN Community Nurse & Program Director of Covenant Community Health and Wellness

**10:30**  
Break

**10:45**  
Weight Bias in Healthcare, School, and Community Settings – Julie Benard, MD

**11:30**  
Gardening Program at the Center for Children’s Healthy Lifestyles and Nutrition at Children’s Mercy Kansas City – Mallory Moon, MPH Education Coordinator in Weight Management

**11:45**  
Update on CDC Childhood Obesity Research Demonstration (CORD) 3.0 Grant – Sarah Hampl, MD

**12:00**  
Lunch and Regional Networking  
- New and current member introductions

**1:00**  
Regional Reports (partner updates and new member introductions)

**1:30**  
Workgroup Reports Covering 2016-2020  
- Childcare: Sarah Young/Emily Meissen-Sebelius  
- Schools: Laura Beckmann/Denise Strehlow  
- Food Systems: Erica Williams/Andrea Cullers  
- Healthcare: Sarah Hampl/Julie Benard  
- Physical Activity: Ron Bentch/Laura McCulloch  
- Policy/Communications: Kaitie Brakke/Michelle Shikles  
- Worksites: Kris Drake/Sarah Swearingen

**2:00**  
Adjourn