

Improving student health and academic achievement through nutrition, physical activity and the management of chronic conditions in schools

INPUTS	STRATEGIES AND ACTIVITIES	SHORT-TERM OUTCOMES	INTERMEDIATE OUTCOMES	LONG-TERM OUTCOMES
<p><u>Funding</u> -CDC/DPH/SHB -Other federal sources -Organizational resources -Private sources -In-kind</p> <p><u>Staff</u> 100% qualified FTE</p> <p><u>Federal, State, & Local Legislation & Policy</u></p> <p><u>Collaboration, Networks, & Partnerships</u> -MOU</p> <p>-CDC/DPH/SHB -Other federal agencies -NGOs -DOH, DOE and other State and local agencies -MOU</p> <p><u>Professional Development & Technical Assistance</u> -CDC/DPH/SHB -Other federal agencies -NGOs -Consultants</p>	<p>Priority 1 - Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions in Schools Strategy 1: Infrastructure Development</p> <ul style="list-style-type: none"> SEAs will build infrastructure and capacity within LEAs and schools through implementation of the following activities: <ul style="list-style-type: none"> Establish and coordinate a state-wide coalition with key school health stakeholders to facilitate collaboration and advance the program. Support the adoption of school health councils to advance health promoting strategies in schools by providing resources and guidance. Support use of the SHI for routine assessment to strengthen school health policies, practices, and programs. Use technology to increase the efficiency of communication, dissemination of information, and to support training, program implementation, and evaluation. <p>Strategy 2: Professional Development and Training</p> <ul style="list-style-type: none"> Promote school health through professional development and training (e.g., Whole School, Whole Community, Whole Child approach, connections between health and academic achievement, and school health tools and resources). Support LEAs and schools to improve, implement and evaluate local wellness policies. Support LEAs and schools to improve the school nutrition environment. Support LEAs and schools to improve physical education and physical activity through CSPAP. Support LEAs and schools in the development and maintenance of a system to manage chronic health conditions. Support the role out of school time programs can play in supporting student health and academic achievement. Promote the importance of quality health education curriculum and instruction. <p>Strategy 3: Technical Assistance</p> <ul style="list-style-type: none"> SEAs will provide technical assistance to support development and adoption of policies and practices that create supportive nutrition environments. Support LEAs and schools to create supportive environments for physical education and physical activity through a Comprehensive School Physical Activity Program (CSPAP). Foster a systematic approach to address the management of chronic health conditions among students, including disease specific education, managing emergency needs, and care coordination. Assist LEAs and schools in the integration of health promoting activities in out-of-school time, such as increasing access to healthy foods and beverages, physical activity and care coordination for students with chronic health conditions. <p>Priority 2 - National Professional Development and Training to Improve Student Health and Academic Achievement Strategy 1: National Professional Development and Training</p> <ul style="list-style-type: none"> Coordinating and providing professional development and training to funded state departments of education by: <ul style="list-style-type: none"> Convening a consortium of national and state stakeholders for the purpose of planning and coordinating school health professional development and training. Assessing and identifying key professional development and training needs of Priority 1 SEAs. Developing professional development and trainings that support school health priorities using CDC's professional development practices. Delivering up to two, in person, professional development and training events annually that bring together state teams. Offering other professional development opportunities including webinars, blogs, newsletters, Communities of Practice. 	<p>~1 to 3 years</p> <p><i>Increased skill among individuals trained to improve school health.</i></p> <p><i>Increased skill in implementing school health policies and practices among individuals or teams</i></p>	<p>~3 to 5 years</p> <p><i>Increased % of schools that do not sell less healthy foods and beverages (soda pop or fruit drinks, sport drinks, baked goods, salty snacks, candy).*</i></p> <p><i>Increased % of schools that have established, implemented and/or evaluated CSPAP.*</i></p> <p><i>Increased % of schools that provide case management for students with chronic health conditions.*</i></p> <p><i>Increased % of individuals or teams who have been able to transfer school health skills into practice.</i></p>	<p>~5 or more years</p> <p><i>Increased % of students who ate vegetables 3 or more times per day.*</i></p> <p><i>Increased % of students who ate fruit or drank 100% fruit juices two or more times per day.*</i></p> <p><i>Increased % of students participating in 60 minutes of daily physical activity.*</i></p>

** These outcomes will be collected using existing surveillance systems and reported by CDC.*