

## MOCAN Meeting Minutes 04-18-2017

Lisa Nelson opened the meeting and announced Joplin's remote participation in the meeting.

Jill Lucht gave an update about the upcoming Summit to be held the afternoon of October 26 and all day October 27. Jill provided the "Setting the Table for Success" flyer ([link](#)). There will soon be email messages and Facebook messages available to share for attendees to share.

Farm Bill Forum April 24th in Columbia, MO. Ask Jill for details.

Any MOCAN Members interested in sponsoring the Summit are welcome.

Lisa Nelson gave updates on the Membership and Financial Stability ad hoc committee.

Lauren Schulte from the St Louis Area Business Health Coalition spoke about Worksite Wellness, why it is needed and background on how to sell it to businesses. (Workplace Wellbeing slide handout)

Sara Topp, Missouri State Legislature, Missouri Convergence Partnership, Missouri State Alliance of YMCAs, spoke about the legislative session, i.e. budgeting for programming assistance at the federal and state levels. (Packet handout). Afterward, she held a question and answer session.

Karla Voss of the Missouri Department of Health and Senior Services presented on the WorkWell Missouri Toolkit Pilot Phase. (PowerPoint green slide handout.)

Cathy Brown of Freeman Health Systems discussed working with the pilot groups.

Mary Overbey of Small Business Majority gave a presentation on 'Workplace Wellness Programs and your Small Business.' (Small Business Majority slide handout).

The next MOCAN quarterly meeting will be July 20th in Columbia. The group broke into work groups for their meetings.

The work groups then reported out:

Natalie Hampton of the Communications work group reported. The group re-examined what their main role was within MOCAN. Discussed how to promote the upcoming conference. The group is also reviewing the membership materials available to identify gaps in materials. Will review that at next monthly phone meeting.

Sarah Hampl of the Healthcare work group reported. They have selected a healthcare professional and student for the MOCAN Healthcare award. Will work with the Communications group to help design parent friendly communication about new treatment benefit in response to the CSC recommendations.

Jill Lucht reported for the Food Systems work group. They brainstormed linking food insecurity to obesity and discussed food waste and hunger across the lifespan.

Karla Voss reported for the Worksites work group. Worksite Wellness was funded by MOCAN to have a booth at the ST BHC forum and the CDC Work at Health class.

Schools and Childcare work group report: The Department of Elementary and Secondary Education (DESE) is hoping their position will be filled by July 1st. Their group will be having a conversation about whether they go to the State Board, who will go to the General Assembly to request that workgroups be assigned to update standards. There is a grant with Kellogg's working with non-Head Start child care providers (ages 3 and 4) to promote nutrition and movement. Barbara Keen is currently writing a new nutrition grant proposal. USDA is putting much more emphasis now on health evaluation. We need to do more with meal plan requirements, effective October 1<sup>st</sup>. Want to improve the lunchroom environment to improve eating habits. There will be a core team of 4 members attending the national meeting this year.

Steering Committee Updates - trying to get the grant proposals synced up with the awarding of funding. There will be a call for workgroup proposals in August that will sync up with the funding cycle. The funds will be awarded October 1 and must be expended by September 30, 2018. If you have anyone in mind for independent reviewers, let the Steering Committee know.

The next Steering Committee meeting is May 16th. If you have any topics that you would like to see discussed, let your group leaders know.