Did you know it takes milk only 48 hours to get from the cow to you? That’s fast, fresh and local!

6. Enjoy at School

Milk is picked up from the farm in large insulated trucks so it stays below 40 degrees. At the processing plant, it is tested, pasteurized and made into your favorite dairy foods!

5. Transportation

Cows are milked two or three times a day. A milking machine gently removes the milk from the cow’s udder. Did you know cows give up to 90 glasses of milk each day?

4. Inspection

EVERY tank of milk undergoes a safety inspection before it leaves the farm.

3. Milking Parlor

Cows eat about 90 pounds of nutritious feed and drink 30-50 gallons of water each day! Then, they rest on comfortable bedding.

2. Cow Care

It all starts with dairy farmers. The Midwest is home to 8,000 dairy farm families who take pride in caring for their cows, land and producing safe, nutritious milk.

1. Farm Families

Rampage always wondered where milk comes from, so he decided to visit a Midwest Dairy Farm and find out. Rampage wanted to pass along what he learned.

Rampage visits a Midwest Dairy Farm.

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