

Web Edition!



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Regional 4-H Energizer

What: A day full of games, good times, fun, workshops, and food!

When: Saturday, March 5th 10 a.m. - 2 p.m.

Where: The Macon United Methodist Church



Who: Youth ages 12-18 and Adults

Cost: \$10 (lunch and snacks included)

Make checks payable to *University of Missouri Extension—Pike County*

Pre-registration is required, due in the Pike County Office by February 22nd
115 W. Main Bowling Green, MO 63334.

Workshops for youth: Parliamentary Procedure, Healthy Living, Public Speaking, Robotics, and Challenge Games.

Workshops for adults: Trips and Opportunities for members, Club Officer Training Made Easy, Exploring and Utilizing 4-H Project Literature, and Theatre Arts.

You can submit registrations to your own local Extension Office if you prefer, but due by the 2/16 deadline.

Camp Food and Fitness

Editor's note: Matthew recently attended the Camp Food and Fitness program conducted by Missouri 4-H. He was asked to write a brief report on what he did in that program, and here it is! Sounds like a great experience!

By: Matthew Taylor, Lucky Four 4-H Club

The first thing we did when we got to Camp Food and Fitness at the Stoney Creek Inn was play games and get to know each other. After a while we got on a bus and went to the Mizzou campus where we ate lunch. There was a lot to eat!

When we were done eating we were given folders with information in them.

Then we went to a classroom outside of the meat locker. In the classroom we learned about different kinds of cuts of meat. Then we got to tour the meat locker. We saw where they cut and store the meat. When we got back to the classroom we learned about healthy foods and had a class about knife safety.

We learned the proper way to use a knife. We went into the kitchen and prepared vegetable kabobs, potatoes, and I got to grill my own steak. Some kids made salads but I didn't make one. We got to eat our meal together while we visited. We got back on the bus and went back to the hotel and went to our rooms for a little break before we all got to go swimming! The next morning we ate breakfast and then played some fitness games. We wore pedometers and walked all around the hotel. I had a lot of fun and made some new friends. I would really like to go back again next year!



Don Nicholson temporarily assumes additional duties

Since late November, I have been serving as Interim Northeast Regional Director in addition to my 4-H Youth Development Specialist duties. That assignment is temporary (hopefully), lasting no longer than another couple of months or so. So, if you notice a little lag in my responsiveness between now and then—don't worry—I'll WILL get back to you.

Please take the Missouri 4-H website survey

Missouri 4-H is re-designing it's web site! If you've ever used the state 4-H web site, or if you've NEVER used the site or anywhere in between, please help us decide who the site should be most useful to, The survey is anonymous.

Survey link is <http://www.surveymonkey.com/s/missouri4h>

4-H Volunteer Orientation Dates Announced – New 4-H Volunteers Take Note!

Lots of things make 4-H successful. As a 4-H volunteer, you are probably the most important ingredient! We are pleased that you have taken the first steps toward becoming a “recognized” 4-H volunteer.

What does it mean to be a recognized 4-H volunteer? There are two minimum criteria.

- **Successfully complete the annual volunteer screening process.** Missouri 4-H has required background screening for 4-H volunteers for more than a decade. This policy helps provide a safe environment for the children and youth who are members and the adults who contribute their time and talents.

All sessions begin at 7:00 p.m. Attend on the date and at a location that best suits you!

January 13	Shelbyville
January 18	Kahoka
January 24	Palmyra
January 31	Monticello

Specific locations will be announced in the coming weeks. For now, mark your calendar!

- **Successfully complete the 4-H Volunteer Orientation.** This is a one-time-only requirement for all 4-H volunteers. The orientation will provide a common understanding of the 4-H organization, what we stand for, and the science we bring to helping young people grow and thrive. The orientation will answer questions, supply resources, and connect you with other caring adults who serve as 4-H volunteers.

Attending in-person is the most useful and enjoyable for most people. However, in addition to the in-person training, on-line and print versions are available. Adults may not serve as a 4-H volunteer, nor are they considered to be one—and may not work with 4-H members other than their own children until this requirement is met. This includes serving as a Project Leader (unless another recognized 4-H Volunteer is present), transporting 4-H members, and other responsibilities. Remember, this is a one-time commitment of time.

Do MU Extension volunteers from other program disciplines or other youth serving organizations have to complete orientation training? Yes, because it is important that our colleagues and partners know our strategies for learning by doing, philosophy of competition and approach to risk management in order to create the youth development environment we call 4-H.

So what happens if individuals do not complete the screening process or the orientation? They will not be volunteers for 4-H Youth Development. These individuals will not be allowed to work with our young people. They will be



encouraged to reapply to volunteer for 4-H when they have had more time to complete the entire process - screening and orientation.

Volunteers both new and experienced overwhelmingly have told us through the evaluation of the orientations that they have enjoyed the experience and have learned a lot. Missouri 4-H volunteers are well-educated and expect opportunities to grow and learn alongside our youth.

Special 4-H Award Winners in our area!

Up to five Level I award applications (ages 8-10) are selected each year for recognition at the regional level. Those selected receive a special certificate and a medal of excellence. Our area this year, winners are:

Nicole Goellner, Marion County

Kylie Selway, Clark County

Congratulations to both young ladies!

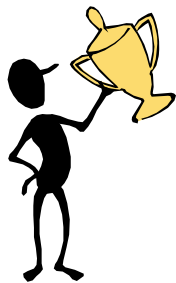
Congratulations!!

Up to three Level II award winners (aged 11-13) are selected each year in the region. Unfortunately, we didn't have anyone in the winner's circle this year, but just watch out next year!

4-H Achievement Seminar

Lewis County: January 15 9:00 a.m. – 11:30 a.m.

Shelby County: February 12 9:00 a.m. – 11:30 a.m.



This is a new event, for 4-H members aged 8 - 18 from any county willing to consider broader opportunities in 4-H. Learn about broader opportunities available to you in 4-H—now and in the future! In addition get hands-on assistance with beginning your 4-H Achievement/Recognition records (make your life easier!). Parents also welcome and encouraged to attend.

Regional Representative? You?

All teens 14 and older are encouraged to consider applying to become a candidate for the position of Regional Representative, serving on the Missouri State 4-H Council. The Council is instrumental in planning and conducting State 4-H Congress, Teen Conference and serves as ambassadors for Missouri 4-H. Applications are due in the Marion County Extension Office by **January 21**. Representative applicants will be interviewed during the Regional 4-H Energizer on March 5 in Macon. Representative candidates run for election during State 4-H Congress. State Congress attendance is mandatory for all candidates.

To learn more, contact your local Extension Office or go to:
<http://tinyurl.com/4hstatecouncil>.

MFA Saddle Award Applications

Applications are due in the State Office on or before **December 31, 2010**. For details about the MFA Saddle Award go to <http://4h.missouri.edu/events/horse/#MFA>.



Frank Graham Leadership and Hall of 4-H Fame Nominations

Frank Graham Leadership Award deadline is **February 1, 2011**. Information and application form are available at <http://4h.missouri.edu/foundation/recognition/graham.shtml>.

Hall of Fame **deadline is March 15, 2011**. Please note that this award recognizes volunteers with at least 25 years of service (not staff). Please use the 2011 nomination form that is available on the 4-H Foundation website at <http://4h.missouri.edu/foundation/recognition/halloffame.shtml>.

Show Me Quality Assurance Dates Announced

All 4-H members that are in any cattle, rabbit, poultry, goat, sheep or swine project must be current on their Missouri Show Me Quality Assurance certification (SMQA) to be considered a **member in good standing**, and be eligible to show at most county Fairs. In addition, SMQA certification is required for all FFA exhibitors at many county-level fairs and shows.



4-H and FFA members can attend at any SMQA training, or go through the training on-line.

February 15 Lewis
February 17 Clark
February 22 Shelby
February 28 Palmyra

All sessions begin at 7:00 p.m.

Members must complete SMQA training during two consecutive years during the years prior to their 14th birthday. Members must complete SMQA training once after their 14th birthday.

To check on your status with the SMQA certification, contact any Extension Office and we'll check to see what training you may still need, or NOT need! ☺ Check with your local Extension office if you'd like to learn more about the on-line option.

State Congress Update

June 1-3, 2011

Registration Fee: \$160.00 (includes housing, meals, workshop fees, t-shirt)

Applications will be due in your local Extension Office by **April 8**.

Registration books will available in Extension Centers in late February.

4-H Day With The Lady Tigers

Help us support the Lady Tigers basketball on **Saturday, February 5, 2011 at 7:00**

p.m. at Mizzou Arena for “New Coach, New Era” of women’s basketball vs. Kansas State. Tickets are only \$1 per person (what a deal!) and t-shirts are also available to order. For ordering instructions, see the Missouri 4-H website at <http://4h.missouri.edu/events/tigers/>. **Deadline for t-shirts orders is January 19 and for ticket orders January 26.**



For questions, contact Taylor Bryant at tlbp7c@mail.missouri.edu.

Photo Corps 2010 – Leadership Edition



Are you that person between the ages of 12-18 who always has their camera nearby? *Are you interested in being a leader?* For photographers, leadership involves using your skills to make the world a better place. It happens when you use your photos to communicate how things look from a different view; when you're engaged, knowing what's happening because you care; when you grab opportunities to learn more; when you give of your time and talents. And it happens when you do all this to ***make the best better.***

Would you like to show the world how Missouri looks through your personal lens? If the answer to any of these questions is “yes!” then consider applying to be a member of the State 4-H Photo Corps team. For more information and an application, visit the website at <http://4h.missouri.edu/go/programs/photocorps/>.

Applications for the 2010 Photo Corps are due January 14, 2011.

E-mail Address?

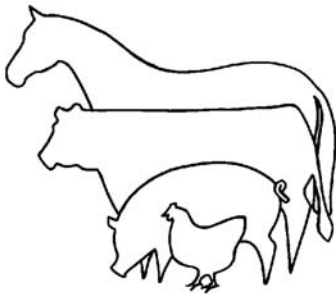
As you submit your enrollment and re-enrollment forms for the coming year, please make sure that email addresses that you give us are correct. (You'd be surprised how many families give us slightly different email addresses, so make sure that what you give us from each person is correct. Pretty please!)

Using email helps us cut costs, and keep you informed of key 4-H opportunities quickly! And, we won't abuse the privilege by filling your email in-box with “just stuff”. I promise!

As with any event or activity mentioned in this newsletter, if you need forms or additional information, contact your nearest Extension Office. We often have the needed information in our files, or we can access the information on the web for you, if it is available there.

Attention: Members Interested In 4-H and FFA Livestock Judging

On Saturday January 29, 2011 there will be a practice opportunity held at Trowbridge Livestock Center on the campus of the University of Missouri in Columbia. There will be minimally six classes of cattle (and possibly up to 10 classes) available for practice for any and all interested. Multiple breeds will be represented and we will have bulls and heifers.



The judging workshop will start at 9:00 a.m. and end at 12:00 p.m. The format will be the same as last year. Coaches and their students are allowed to start when cattle are in place and are free to move from class to class. Chip Kemp will provide placing and cuts for each class by 10:30 a.m. For the very novice students, two animals will be available with an instructor to help get you started in livestock judging. This is a great opportunity for 4-Hers. Participation could count as a project meeting or a field trip.

Chip Kemp will lead a discussion on reasons, which will take about one hour. The University of Missouri Judging Team will be on hand as well to assist.

You do not need to be on a team to participate although we ask that you bring an adult (over 18 yrs) with you.

Registration is free. LUNCH IS NOT PROVIDED. An RSVP is requested by January 26 to Dennis Fennewald at <http://animalsciences.missouri.edu/fennewald/> or email at fennewaldd@missouri.edu. If you have questions, call 573-882-1833.

4-H Community Service Grants

Through generous grants from the William D. Kemper Foundation and Pioneer Hi-Bred International, Inc., the Missouri 4-H Foundation offers up to five \$750 grants to 4-H community service project.

Successful 4-H Community Service Projects fulfill the following goals:

1. Projects are youth-driven: youth are involved in planning, fundraising and executing project
2. Projects offer opportunities for serving, working, and developing life skills
3. Projects reflect youth/community partnerships
4. 4-H funds match community donations of goods, equipment and labor
5. Projects demonstrate a "Return on Investment" in the community



Service project examples

State lake improvements and waterfowl box construction; raised flower bed construction at nursing homes; heirloom garden at historic site; garment and blanket construction for special-needs youth; fairground and park improvements; day camps; recycling events; 4-H Million Trees initiative. . . and more!

Applications and additional grant project ideas can be found at:

<http://4h.missouri.edu/foundation/grants/community.shtml>.

Shooting Sports Mini-Grants

Shooting Sports mini-grant applications are now available. County 4-H shooting programs may apply for mini-grants up to \$500. Funding for these mini-grants come from funds donated by the Missouri chapter of the National Wild Turkey Federation. A portion of their gift to the state shooting program is used for local program mini-grants. Top priority goes to programs not receiving previous mini-grants.

Applications are due February 1, 2011. For application and details, check the Missouri 4-H Shooting Sports web site at:

<http://4h.missouri.edu/go/projects/shootingsports/resources.htm>.

State Hunting Skills Team Try-out

Saturday, Jan 29

Prairie Grove Shotgun Sports (state shoot location)

Columbia, MO

The 2011 National 4-H Shooting Sports Invitational Match will be held in June 19-25 in San Antonio, Texas. Any 4-H Shooting Sports member – in good standing with their county program, and at least 14 years of age may be a team member. Additional information and registration forms can be found on the 4-H Shooting Sports website: <http://4h.missouri.edu/go/projects/shootingsports/contests.htm>

Check-in 8:00 – 8:30

Begin 8:30

Pre-Registration due: Jan 20

Cost: \$10 one time – for 1 or more team try-outs

4-H Move Across Missouri



4-H Move Across Missouri (MOVE) promotes physical activity by encouraging youths and families to engage in physical activities they enjoy such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Using an online system, youths and their families can “log” the number of minutes they accumulate throughout the year. Sign up as an individual or as part of a team. MOVE awards will be provided. Sign up on the 4-H website - <http://www.4h.missouri.edu/programs/move/>. MOVE is co-sponsored by the Missouri Beef Industry Council.

As with any event or activity mentioned in this newsletter, if you need forms or additional information, contact your nearest Extension Office. We often have the needed information in our files, or we can access the information on the web for you, if it is available there.

FilmFest 4-H

We are very pleased to officially announce *FilmFest 4-H*, a digital film festival that will take place in Branson on August 1-3, 2011! *FilmFest 4-H* builds on past videography and filmmaking opportunities such as 3..2..1..Action! trainings, the MCIA media track, Summers@Mizzou's "Director's Cut", and Don Nicholson's infamous "Digital Mayhem" contest. This event will include a national invitation, and is being opened to young 4-H filmmakers across the country.



Much like other film festivals, *FilmFest 4-H* will be a showcase of talent and opportunity. It will include workshops lead by professionals in the industry, cultural opportunities, and allow our young 4-H filmmakers a venue for showcasing their work. The contest categories are Narrative, Documentary and Music Video. Youth must be age 11-18 to submit films, but families with 4-H'ers of all ages are welcome to attend. Multiple films may be submitted, and youth may compete as individuals or in teams. Prizes will be awarded, including the winners in each category having their films shown nationally on **RFD TV!**

FilmFest 4-H is a partnership between Missouri 4-H, the Missouri Film Commission, and the City of Branson. For contest information and promotional materials, please check out the web site at <http://4h.missouri.edu/filmfest>.

Periodic updates will be forthcoming, starting today, and I look forward to discussing this further with you in the weeks and months ahead!

4-H Vehicle License

Occasionally the Missouri 4-H Foundation will receive a request from alumni for assistance in obtaining a 4-H license plate. The process can be confusing not only for alumni but also for Extension Center personnel. Wording of the state statute may contribute to the confusion (you can read the statute at <http://www.moga.mo.gov/statutes/C300-399/3010000481.HTM>).

Alumni "may apply" for a license, but the statute requires "proof as a member or member's parent." (alumni omitted.) If you receive requests for help from alumni, you can send a letter verifying alumni status. Volunteers are not listed in the statute, but a letter or certificate verifying their involvement with the 4-H organization may work.

Missouri 4-H members, former members and parents of 4-H members can order the 4-H license plate at local license bureaus, by following three steps:

1. Complete the Missouri Department of Revenue Form 1716, Application for Missouri Personalized and Special —License Plates. Download the form from the DOR web site at <http://dor.mo.gov/motorv/plates/#applying>.
2. Show proof that you are a member, former member or parent of a member of the 4-H organization (Request a certificate, membership card or a letter from your county University of Missouri Extension center).
3. Pay \$15 for each license plate set ordered above the standard vehicle license fee.

Annual Missouri Equine Council Equine Celebration



The annual Missouri Equine Council Equine Celebration will be held on January 21 through the 23, 2011, at the Boone County Fairgrounds. We have an exciting event - expanding our days, lowering our prices and a great venue of horsemanship and vendors.

We are looking for a 4-H horsemanship group to provide activities for youth during our event. You will get free admission up to 10 people if needed and a booth space.

As part of the Equine Celebration, the Show-Me Thunder drill team will be hosting a clinic - entries are limited.

When: Sunday, Jan. 23, 2011 at 1:00 p.m. Boone County Fairgrounds in Columbia, MO.

Cost: \$40 with your own horse and \$55 with drill team provided horse. Stall fee will be \$25.

The group will perform a short routine at 1:00 p.m. followed by a saddle based clinic. Covered, will be, basic drill team moves, desensitization of flags and audience, developing the drill horse stamina and working as a team. **The clinic will be limited to 8 participants.**

Please contact Schellie Blochberger at Osagehorses@hughes.net or 573-690-7014 for more information and forms.

Regarding any part of the Equine Celebration, please contact Schellie Blochberger, MEC treasurer at osagehorses@hughes.net or 573-690-7014.

4-H Horse Project Leader Tour

Join Up! Missouri 4-H Horse Project Leaders! It's now YOUR turn to take an equine trip to learn more about your passion and improve your 4-H Horse Project Leader skills. Mark your



calendars for April 15-21 for an intense 5 ½ days to the horse capitol of the world, Lexington, Kentucky! The 2011 University of Missouri 4-H Horse Project Leader Tour destinations will include famous horse farms, premier medical and educational facilities, visits with leaders in the horse industry, and an opportunity to meet and share with 4-H horse leaders from Kentucky and other states. The \$500 tour fee includes all chartered bus transportation, lodging, most meals, special tour fees and the highly prized tour shirt!

Applications and adult health forms are available from local University of Missouri Extension offices or on the Missouri 4-H web site: <http://mo4h.missouri.edu/events/horse/#equine> . Deadline for applications and trip deposit is **February 1** to the Clinton County University of Missouri Extension office. Don't delay as this promises to be a fantastic experience as we 'Learn By Doing.' For more information contact Debbie Davis, Clinton County 4-H Youth Specialist, Phone: 816-539-3765 or email: davisdd@missouri.edu.

Horse Judging Workshop

4-H/FFA NW Missouri Horse Judging Workshop will be Saturday, February 19 2011. All horse judging youth are invited to participate in an instructional horse judging clinic in Kearney, MO.

The Fort Scott Equine Judging Team and their Coach, Rachel Martin, will be the official instructors for the day with assistance from other highly recognized horse judging specialists.



The workshop begins at 9 AM with classroom sessions at Kearney First Christian Church, 2151 S Jefferson St (Intersection of Hwy 33 & 21st St, 1 mi south of Hwy 92). Beginner, intermediate and advanced breakout groups will all receive judging skill instructions in Halter and Performance.

The lunch break will be 11:30—1:00 pm. Participants may find fast food options in Kearney or bring a sack lunch. The afternoon session begins at 1 pm at the Diamond in the Rough Equine Facility, 10616 NE 137th St, Liberty, MO. Directions: Travel 3 miles west on Hwy 92 from Kearney, south on A Hwy 2 mi, go west on 137th St 1/4 mile. Participants will need to dress appropriately for judging several horse classes and giving reasons in the indoor arena.

Pre-paid registration of \$5 will be accepted until February 10 and only registered participants will receive materials the day of the workshop. On-site registration will be \$10. Adults are welcome to attend all workshops. Materials will only be available to those who have registered and paid the required fees.

Inclement weather date is February 26.

Please send registration fees with participant's name, experience level, address, phone number to: Debbie Davis, Clinton County University of Missouri Extension, PO Box 294, Plattsburg, MO 64477.

Checks are made payable to Clinton County Extension. Questions? 816-539-3765 or davisdd@missouri.edu.

Camp Memories CD hot off the press!

If you went to 4-H Camp this past year—and even if you didn't, a CD containing about 20 minutes of highlights from each of the 2010 4-H Camps is now available! The cost is \$5 per copy. Contact the Marion County Extension Office to order yours! Make checks payable to "Marion County Extension".

Computers on the Farm

This annual event is geared for Missouri youth and adults interested in computer applications on the farm. Demonstrations and discussion of computer technologies for farm applications are emphasized in these hands-on, interactive sessions. Registration is required, but there is no registration fee for 4-H'ers and their parents to attend Computers on the Farm on January 7-8, 2011.



Location is Tan-Tar-A resort, and rooms are available at a special low conference rate. Lodging and meals are on your own, and facilities include an indoor water park that the entire family can enjoy. A pizza lunch will be served on 4-H Saturday. Visit

<http://4h.missouri.edu/events/computeronfarm/> for additional information or call John Travlos at 573-882-7369.

6th Annual Youth Civic Leaders Summit, "Standing Up, Out, & Together!"

March 4-6, 2011 (Friday 5:30 p.m. to Sunday 11:30 a.m.)

Windermere Conference Center at Lake of the Ozarks

Theme: *Standing Up, Standing Out, Standing Together!* – teen and adult leaders will convene to discover their voice, visions, and ideas for creating better programs and communities.

The Summit will highlight 21st Century leadership skills for teens and adult leaders:

- Global & cultural awareness
 - Community & civic literacy
 - Building relationships in the digital era
 - Collective leadership (youth-adult partnerships)
-
- Youth/adult team registrations - Dec. 1 to Jan. 15
 - Fee approx. \$110/person (t-shirts/some recreation options extra)
 - Some partial scholarships available for participants with financial need
 - Event capacity is planned for 120-140 youth/adults



Who should attend?

- The Summit is a statewide weekend retreat for young people who are active or aspiring leaders and decision-makers in their communities, and the adults who support them.
- Young people (ages 13-18) active with 4-H Councils, Junior/Senior Leaders, Youth EXCEL, or similar leadership programs are encouraged to attend, as well as adult staff and volunteers.

- Some workshops will be geared specifically for Council Youth Liaisons (CYLs), County Extension Council Youth Leaders (ECYL), and Missouri 4-H Homegrown Community Leaders (MOHOCOLA) communities.
- Summit teams will each receive a Monsanto mini-seed grant (\$100) to implement a collective leadership activity in 2011

Team registration

- Counties may register one or more teams starting December 1.
- Teams may consist of 3-10 people (2-8 youth, 1-2 adults), any group of youth/adults that will be working together in 2011.
- Registrations from individual youth, or youth w/o an adult team leader cannot be accepted. Counties with individual youth should contact others in their region to form a Summit team.
- Team registration deadline (in Columbia) is **January 15, 2011**.

For more information, visit <http://4h.missouri.edu/events/summit>. Contact: Your local Extension Office or Steve Henness at 573-884-6618 or henness@umsystem.edu.



Happy New Year!