2015 STATE FAIR 4-H BUILDING EXHIBITS
Expo Center exhibits chosen at the county fair to be shown at the 2015 Missouri State Fair are due to the Extension Office by July 28th. Only 2 projects may be taken per member. No late exhibits accepted. They will be back at the office for pick up between August 25-28.

Thank You Letters
I hope the fair was a good event for you and your family. Whether you felt stressed at times, worn out, elated, disappointed, gratified, or whatever, I hope you can be proud of the entire year of accomplishments of the 4-H members in your family and in your club. I’m sure all of you do feel that pride and enjoyed the opportunity to celebrate the many accomplishments of the 4-H members, the volunteers and the entire community.

Be sure to thank each other as you come and go and express your appreciation for the opportunities to participate and for the financial support that many offer to make bits and pieces of the whole thing happen at all.

If you received a trophy, other prizes or sold an item at the auction during the Macon County Town & Country Fair, please make sure to send a thank you note to the sponsor or buyer. The trophy sponsors address is on the bottom of the trophy.

Thank you letters are very important. So be sure to write them and send them. A fair is a gift not an entitlement. No one owes anyone a fair. Show your appreciation to the people that spend innumerable hours each year planning and putting on the fair and maybe they will be willing to conduct another fair next year.

4-H Fair T-Shirts
If you did not get your fair t-shirt that you ordered, they are at the Extension Office. Please pick them up by August 15th. There is also 1 adult small, 2 adult mediums, 1 adult large and 1 youth small for sale at the price of $10 each also available at the Extension Office. JP’s Tux, Tees & Moore has a few of the transfers that can also be put on a shirt.

2015-2016 4-H Enrollment Year
Enrollment will once again be online through 4hOnline. The program will not be accessible for a few weeks in September so it can be reset, but will open October 1st for new year enrollments.

4-H Council Meeting
The next 4-H Council meeting will be held September 1st at the Extension Office at 6:30 p.m.

Fair Board Meeting
The next Fair Board meeting will be held September 24th at the Extension Office at 7:00pm.

Fair Premium Checks
Premium checks will not be available until mid to late October.

State Fair Scrapbookers
Remember if you get to send your scrapbook on to the State Fair you can only send one page, not the entire book.

4-H NEWSPAPER EDITION
Each year the newspaper does a 4-H tab in the paper during National 4-H week. Please help me make another great tab by submitting your 4-H story and pictures to the Extension Office by September 21st to be published in this edition. A 4-H story could be what you have learned by participating in 4-H, what you have accomplished, what you like about the program, what your favorite projects or events are and anything else that you would like to share with the community about our great 4-H program. Please put your name on your story and identify who is in the photos and what is happening in the pictures.

The story could also be the one you will be putting with your project record forms.

Lost and Found Items Form the Fair
There was a blue push broom, white water hose, short blue extension hose, pair of green socks, purple Velcro fasteners for a calf neck sweat collar, blue t-shirt (I would do my homework but…), girls white dress shirt, blue tank top (O so berry cool), Old Navy girls fleece hoodie, 2 hand towels (one red, one yellow & white) and large TJ Max shopping bag. Please claim by August 15th by calling the Office. After that date everything will be donated.

Save the Dates
4-H Sunday will be October 4th and Recognition will be November 8th.
RECOGNITION/AWARD FORMS

Outstanding boy/girl, All-Around 4-H'er, Quality of Living, Danforth Award, Project Records, Outstanding Leader and Missouri Report Forms are available on our website at http://extension.missouri.edu/macon/awardsforms.aspx and the Extension Office (Missouri Report Forms are available on the MO 4-H website as well). All forms, Secretary, Treasurer, Historian and Reporter books are due to the Extension Office by October 9th. All awards will be given out at the annual Recognition Day on November 8th. Keep an eye out in upcoming newsletters for the location of this event. Recognition Day is the wrap-up and end of the program year for all the hard work 4-H members have put in throughout the year. I strongly encourage members to complete these forms.

Why would I want to complete these forms?

Project Record Form: If you fill out a form for each of your projects you have completed this year, you will receive a project award disc. To receive this disc you must completely fill in the blanks on this form, have had 6 hours of educational instruction during the year and if it is a food animal project be up-to-date on the Show Me Quality Assurance class.

MO Report (Recognition) Form: By completing this form you can get a gift and an award disc from the county. If your report is chosen to move on to the state level you can receive state awards as well. For 8-10 year olds you could get a scholarship to attend a camp in 2016 and a certificate of excellence; 11-13 year olds could get a scholarship to attend State 4-H Teen Conference; 14 and over youth that are selected get to move on to regional/state interviews and the interviews along with the report form are used to select youth to attend National 4-H Congress in Atlanta, Georgia.

All-Around 4-Her Award: Members who complete the All-Around 4-H/Outstanding Boy/Girl application earn points toward becoming an All Around 4-H member. In the 8-10 age group 4-H members must score 20 or more points, 11-13 year olds must score 25 or more and 14 and over must score 30 or more points to be named an All Around 4-H member. Members that are named All Around 4-H members receive an award disc.

Outstanding Boy/Girl Form: the winner of this award will receive an award disc and a cash prize. (You cannot win in the same age category more than once)

Quality of Living Award Form: this award winner will get a cash prize and a disc. (You may only win this award once)

I Dare You Award Form: the I Dare You Award winner receives a disc, certificate and a book from the Danforth Foundation. (May only win one time)

Key Award: This award takes time. 4-H members that complete this award get State 4-H recognition, a pendant and an award disc.

Secretary, Treasurer, Historian and Reporter books: the winning club secretary, treasurer, historian and reporter book receives a gift and a disc.

Why Should my kids bother to complete 4-H records?

Record keeping is one of the unique 4-H learning opportunities that begins a life-time of possibilities! Too often in the past, 4-H parents and volunteers have only considered record-keeping as a means toward winning awards. Though that is sometimes the case, winning awards is NOT the most important pay-off!

4-H members throughout history have seldom been interested in taking the time to complete a 4-H record. It almost always requires a parent or other adult (one that sees and understands the long-term value of completing a record form) to urge, encourage and even insist that a member complete a 4-H record at any level. Fortunately, there are different levels of 4-H records and differing levels of recognition that go with each (see blurb on this page about Recognition/Award Forms ).

Teens and pre-teens often set goals for themselves lower than they are capable of attaining. That is just a developmental fact for most young people. Here again, it takes a caring adult to help members set high goals for themselves, then encourage and even insist they strive to reach those goals. It is well known too, the younger a member is when they start doing 4-H records, the easier it is as you go along. That is a known fact!

4-H members that do records annually have these skills at levels much higher than peers in school or 4-H peers that do not complete 4-H records:

- Are able to set personal goals.
- Able to plan and do things to meet those goals.
- Able to collect and organize information.
- Better able to accept and follow through with responsibility.
- Better able to express themselves verbally and in writing.
- We know 4-H members who complete annual 4-H records are far more likely to be successful throughout school and beyond. In addition to being more successful, they are more confident in school and are more likely to find a rewarding job as a teen and as an adult.
- Any of the above is a pretty nifty “gift” to give your 4-H member not to mention the whole list and pretty cool trips and awards for your member that is folded into the mix along the way.

COMMUNITY SERVICE FORM REMINDER

Club Leaders, each year our 4-H members provide outstanding community service within their communities. We recognize this achievement each year with a certificate award. In order to participate in this award don’t forget to send your form to the Extension Office by September 1st. The form can be found in the back of the Clover or can be filled out electronically using the form on the Missouri 4-H website at (http://mo4h.missouri.edu/resources/materials/docs/LG760FILL.pdf) Be sure to fill in all the information especially your county, your number of members and the number of youth and adults involved in each service project. This form only needs to be completed by one person in the club.

Club Seal Applications

The club seal application is due October 9th. This form is available at http://extension.missouri.edu/macon/awardsforms.aspx This form only needs to be completed by one person in the club. Clubs will receive a seal to go on their club charter at the awarded level of gold, silver or bronze.
**STATE AND REGIONAL INFORMATION**

### September 19-20 State Shoot
Registration for the September 19-20 State Shoot is open online through 4hOnline. Registration will close August 15th. When working in 4hOnline make sure not to use Internet Explorer as it is likely not to save your information you enter.

### Clover Kids Corner
Through Clover Kids, children learn how to get along, share and work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kid leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

#### Fun with Water
Invite children to play outside with water. Remind them to bring a swimsuit and towel!

<table>
<thead>
<tr>
<th>Ideas include:</th>
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<tbody>
<tr>
<td>Water balloon toss</td>
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<tr>
<td>Water painting - provide paint brushes and water in a bucket.</td>
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<tr>
<td>Encourage children to &quot;paint&quot; with the water and watch how the water evaporates in the warm sun. Paint rocks, trees, the sidewalk, anything!</td>
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<tr>
<td>Car wash - children can bring and wash toy cars and vehicles</td>
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<tr>
<td>Water sprinklers</td>
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<tr>
<td>Spray bottles</td>
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<tr>
<td>Frozen water - ice cubes are refreshing and feel good as they melt in your hands on a hot summer day!</td>
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<tr>
<td>Watermelon - a fun snack after water play activities!</td>
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</tbody>
</table>

### 4-H Move Across Missouri
4-H Move Across Missouri (MOVE) promotes physical activity by encouraging youth and families to engage in physical activities they enjoy such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Youth and their families can “log” the number of minutes they accumulate throughout the year. Sign up on the 4-H website at [http://www.4h.missouri.edu/programs/move/](http://www.4h.missouri.edu/programs/move/)

#### Monthly MOVEment Activity
Streamers!

| Supplies: 36-inch streamers (made from ribbon, plastic, or crepe paper); music; music player |

You can do this activity with any number of youth. Each player gets a streamer; arrange people in a scatter formation. Give youth these instructions:

- When the music starts, move the streamers using as many arm patterns as possible.
- Be creative and come up with your own routines.
- Keep moving while the music is playing.

#### Suggestions:
- form letters or write out words
- move at a low, medium and high speed
- move through legs, above head and above waist
- throw streamer in the air, catch it and keep moving
- make figure-8 shapes in front of your body
- make large and small circles on each side of body or above the head

#### Variations:
- Work with 2 or 3 streamers
- Work with a partner with several streamers
- Work with a partner to create a special movement or routine to share

### Clover Kids Day at the State Fair
A special day for Clover Kids (youth ages 5-7) will be featured in the 4-H building in Sedalia on August 16. All 4-H Clover Kids and their families are invited to attend this event.

Clover Kids can:
- Display an item they have made
- Receive a State Fair participation ribbon
- Give a demonstration
- Participate in arts/crafts, science and other fun learning activities
- See cool 4-H stuff displayed in the building

All you have to do is show up, no registration is needed. Don’t miss out on the fun!
State 4-H Fashion Revue
If you qualified to represent Macon County 4-H at the State Fashion Revue, registration is now open through 4hOnline. To attend you must register by August 31st. When you register on 4hOnline do not use Internet Explorer as your information may not save. When you get to the payment section select “pay by check” as the Macon County 4-H Council will pay your fee to attend. If you do not plan to participate, please let us know so an alternate can be contacted.

State 4-H Public Speaking Contest
If you qualified to represent Macon County 4-H at the State Public Speaking Contest registration is now open through 4hOnline. To attend you must register by August 31st. When you register on 4hOnline do not use Internet Explorer as your information may not save. When you get to the payment section select “pay by check” as the Macon County 4-H Council will pay your fee to attend. If you do not plan to participate, please let us know.

Show Me Robots Youth Robotics Challenge
@ The Missouri State Fair
When and Where:
August 16th at the Lowell Mohler Assembly Hall 12:00pm-3:00pm with awards at 4:00pm
Who: 2-3 youth per team ages 8-18 in three age division. Age divisions are juniors (8-10), intermediate (11-13) and seniors (14-18).
What: Two robotics team challenges Bottle Sumo and Search and Rescue. Any robotics platform can be used: Lego Mindstorm, VEX or any that meets requirements.
How: Registration is due by August 1st with a limited number of team slots available. Register online at 4hOnline. Youth register individually and indicate their team name. Fee is $10.00 per youth and $5.00 per division.

More detailed information can be found at http://4h.missouri.edu/projects/robots/index.htm

Calendar
July
28 State Fair 4-H Building Exhibits due to Extension Office
30-Aug 2 State Fair Horse Show
August
13-23 Missouri State Fair
13-16 State Fair Show-Me Wares
16 Clover Kids Day @ Missouri State Fair
16 Show Me Robots Youth Robotics Challenge MO State Fair
22 State Trap Shoot
22-23 Archery NFAA 300 Shoot
25-28 Pick-up State Fair 4-H Building Exhibits
28-30 Shooting Sports Leaders Certification
September
1 4-H Council Meeting
1 Community Service Applications due
19-20 State 4-H Shoot
21 4-H Week newspaper edition stories and pictures due
24 Fair Board Meeting
October
1 2015-2016 4-H Enrollment begins
4 4-H Sunday
9 Recognition Award Forms due to the Extension Office
9 Club Seal Applications due
November
8 Recognition Day

Don’t forget to Like the Macon County Extension Facebook page.