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This program is brought to you by MU Extension and the Bernard Osher Foundation.

ABOUT MU EXTENSION

Using science-based knowledge, University of Missouri Extension engages people to help them understand change, solve problems and make informed decisions.

MU Extension makes university education and information accessible to create

- economic viability,
- empowered individuals,
- strong families and communities and
- healthy environments.

MU Extension is a partnership of the University of Missouri campuses, Lincoln University, the people of Missouri through county extension councils, and the National Institute for Food and Agriculture of the U.S. Department of Agriculture.

Learn more at extension.missouri.edu.
A LETTER FROM THE DIRECTOR

Dear colleagues,

Winter semester went by quickly but was very much a success! Thank you to the volunteers, staff and once again, to Don Nicholson for ensuring that Osher at Mizzou continues to thrive. We are excited to announce that we now have a full staff with the addition of Nicki Eatinger-Sprague as assistant director and Walker Perkins as classroom and facilities support. They are both off to a great start. If you have not had the pleasure of meeting them yet, please introduce yourself to make them feel welcome in our community!

Spring semester looks to be one full of timely topics and critical issues, from global to local. Noting a few, we have:

- Discussions on Climate Change focuses on the latest status of our environment. Discussions will look at some of the controversies around this subject, evaluate the various types of information, and examine the proposed ways to adapt to climate change.

- Years of Decisions: U.S. People, Peace and Policies explores the culture, politics and economics that motivated western expansion and conflict in mid-19th century and some of the key people who influenced this doctrine.

- Historical People, Places and Events of Boone County is a series of topics on our home in Boone County. Highlights include “A Who’s Who of Columbia Cemetery Featuring the Spirits of Old Mizzou,” “Boone County Treasures,” “One-Room Schools” and “The Columbia Branch Railroad.”

- Potpourri of Local Issues and Leaders is another series that asks, “Who has the most impact on our daily lives and what are the major issues facing our community?” Discussions will center around housing, journalism, transportation, health and human services, the sheriff’s office and Columbia’s Parks and Recreation system.

I am looking forward to another vibrant and stimulating Osher at Mizzou semester with you!

Sincerely,

Kristin Millikan
Director
Osher at Mizzou
OLLI FOR ALL
We are dedicated to making Osher Lifelong Learning Institute (OLLI) membership and participation affordable and accessible to Columbia area residents over 50 who wish to be involved. If you would like to request tuition assistance or require disability-related accommodations or special assistance, contact the Osher at Mizzou office at learnforlife@missouri.edu or 573-882-8189.

If you wish to make a gift to support our programs (including our scholarship fund), go to our donation page at donatetomu.missouri.edu/extension and click the “Statewide endowments” tab, or contact Kristin Millikan at millikank@missouri.edu.

INCLEMENT WEATHER POLICY
If the Columbia Public School System cancels classes due to inclement weather, the Osher Institute classes will NOT meet on that day.

IMPORTANT DATES
Monday, March 7
Spring session begins

Monday, March 28–Friday, April 1
Spring break

Wednesday, April 13
Spring Osher Instructor Tribute

Monday, June 6
Summer session begins

Monday, Sept. 6
Fall session begins

CONDUCT OF STAFF, ADVISORY COUNCIL, INSTRUCTORS, MEMBERS AND VOLUNTEERS
Osher members and Osher instructors are fundamental in partnering with MU Extension to guide and deliver programs relevant to the citizens of Missouri. Extension depends on volunteers to operate with a high standard of ethical conduct.

All Osher members and instructors must understand and observe these basic standards:

- Treat all youths and adults with respect and without discrimination. This standard includes providing equal access to participation for all, regardless of their race, color, national origin, ancestry, religion, sex, sexual orientation, gender identity, gender expression, age, genetic information, disability or protected veteran status.
- Avoid harming youths or adults, whether through neglect, sexual harassment, physical force, verbal or emotional abuse.
- Obey the laws of the locality, state and nation.
- Display mutual respect to one another.
- Practice personal and intellectual integrity.
- Demonstrate responsible decision-making.
- Display tolerance and respect for diverse opinions and perspectives.
- Avoid situations where a conflict of interest may occur, regarding their role as an MU Extension volunteer and their business interests.

Additional information and policy details may be found within the MU Extension Volunteer Conduct policy.
PHOTO AND PARTICIPATION DISCLAIMER

Osher at Mizzou does not collect individual waivers for use of photographs or for liability.

Osher at Mizzou reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of Osher at Mizzou or by other participants, for promotional purposes. By enrolling in an Osher at Mizzou program, participants agree to allow their images to be used in such photography. Participants who prefer their images not be used are asked to contact the Osher at Mizzou office at 573-882-8189.

Individuals acknowledge and assume any and all risk associated with participation in Osher at Mizzou activities. The University of Missouri makes no representation regarding the appropriateness of any activity for an individual. Osher at Mizzou disclaims any and all liability for each individual’s participation in said activities.

If you register for a course or event that involves physical activity, you are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended you consult your physician before participating in any physical activity. OLLI disclaims any and all liability for each individual’s participation in any course that involves physical activity.

Volunteer instructors are responsible for developing their own course content. The information, views and opinions provided by Osher at Mizzou instructors are those of the instructor and do not necessarily reflect the views and opinions of the University of Missouri or the Osher at Mizzou program.
OSHER MEMBERSHIP AND FEES

Osher membership at all levels includes joint membership between Osher and the Columbia Parks and Recreation 50+ program, plus an “all access pass” to use Parks and Recreation facilities for Osher functions such as Travel Club, Spanish Club, Saturday Morning Book Talks and other groups that might form in the future.

Premium membership (annual)*

For $240, you become a yearlong Osher member. Premium membership follows the academic year, from Sept. 1 to Aug. 31. The premium membership includes all of the benefits of a basic membership, as well as these perks reserved for premium members:

- Pay a reduced re-enrollment fee of $10 for classes in each of the three subsequent semesters during the academic year
- Attend Friday Afternoon Film Festivals for the full year (four semesters)
- Audit all classes, if they aren’t already full, at no additional cost
- Bring a guest at no charge to Brown Bag Seminar Series and the Friday Afternoon Film Festival sessions
- Request a University of Missouri library card for one full academic year
- Receive a personal invitation to the Robert G. Silvers Memorial Seminar, usually held in the fall
- Become eligible to serve on the Osher Advisory Council

* For the spring 2016 semester, the premium membership is $140 and includes all classes in the spring and summer sessions.

Semester membership

Enroll in one or more classes for a single semester ($80 for each 8-week class in spring and fall; $60 for each 4-week class in summer and winter). In addition to attending the course for which you enrolled, you receive these perks:

- All of the benefits of a basic membership
- Ability to attend Friday Afternoon Film Festivals for the semester in which you are enrolled

Basic membership (annual)

The basic Osher membership costs $40 per year. This level of membership lets you do the following:

- Attend “Taste of Osher” Brown Bag Seminar Series throughout the year
- Attend all Saturday Morning Book Talks
- Take part in any of the Osher clubs, including Spanish Club and Travel Club
- Have a Columbia Parks and Recreation 50+ membership with additional program benefits

Potpourri course fees

To attend individual sessions in the potpourri courses, the fee is $25 per session.
OSHER MEMBER COMMITTEES

Osher is a program that thrives thanks to the devoted work by our advisory council and its standing committees:

- Program
- Finance
- Facilities
- Volunteer
- Outreach

Osher Advisory Council committees are open to all interested members. We count on our members to guide the program in substantial ways. Contact any of our staff or a member of the Advisory Council to learn more.

WHY BE A PART OF OSHER?

The goal of Osher is to create a community for participants who are over 50 that offers the following characteristics:

- Is educational
- Creates social opportunities and networking
- Is relevant in the lives and interests of members
- Enhances self-worth
- Enhances physical and mental health
- Develops cognitive skills and life-skills
- Affirms the value of the seniors in our community

We are dedicated to making Osher Lifelong Learning Institute (OLLI) membership and participation affordable and accessible to Columbia area residents over 50 who wish to be involved.

COURSE INSTRUCTORS

- Anthony Alioto
- Wayne Anderson
- Gene Baumann
- John Blakemore
- James Bogan
- Tina Bradley
- Larry G. Brown
- Stephanie Browning
- Caryl Bryan
- Johann Bruhn
- Chris Campbell
- Dwayne Carey
- Michael Chippendale
- Yolanda Ciolli
- Leslie Clay
- Erika Coffman
- Juanamaria Cordones-Cook
- Don Day
- Thomas F. Dillingham
- Carolyn Doyle
- Patti Doyle
- Jeanne Dzurick
- Judy Elliott
- Sarah Froese
- Tom Fuhrman
- Howard Fulweiler
- Nancy Gentzsch
- Val Germann
- Mike Griggs
- Charlie Hargrove
- Amy Hoffman
- Jason Ingram
- John Carl Kelly
- Travis Koestner
- Aline Kultgen
- John (Jack) Kultgen
- Didi Lawson
- Anna L. Martin
- Kathy Matteo
- Mike McKean
- Jane Bick Mudd
- Cindy Mustard
- Ben Nelms
- Dave Nichols
- Karen Onofrio
- Larry Joe Pauley
- Marty Paten
- Diane Peterson
- Alice Anna Reese
- Genie Rogers
- Kit Salter
- Dennis Sentilles
- Phil Steinhaus
- Turk Storvick
- Robert J. Sutter
- Boyd Terry
- Nancy Thomas
- Karen B. Traylor-Adolph
- Mike Trial
- Paul Wallace
- David Webber
- Sue Worsowicz
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<td>9–10:30 a.m. Experiencing World Wonders (Moss A)</td>
<td>9:30–11 a.m. Existential Choices (Hillcrest C)</td>
<td>9:30–11 a.m. Potpourri of the Arts (Moss A)</td>
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<td>9:30–10:30 a.m. Healthier Living Through Nutrition (Moss B) 3 sessions</td>
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<td>10:30–noon Potpourri of Local Issues and Leaders (Moss B)</td>
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<td>9:30–11 a.m. Choosing Civility (Moss B) 2 sessions</td>
<td>10–11:30 a.m. Historical People, Places and Events of Boone County (Moss A)</td>
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<td>11:30 a.m.–1 p.m. 300 Years of Rice Cultivation in the U.S.: Retrospective and Perspective (Hillcrest D) 2 sessions</td>
<td>11:15 a.m.–12:45 p.m. Brown Bag Seminar (Moss A)</td>
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<td>11 a.m.–12:30 p.m. Why We Wear Clothes (Moss B)</td>
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<td>11 a.m.–12:30 p.m. Why We Wear Clothes (Moss B)</td>
<td>12:30–2 p.m. Using a Case Study to Break Through Those Genealogy Brick Walls (Moss A)</td>
<td>12:30–2 p.m. Digital Photography With the Camera Phone (Moss B)</td>
<td>1:30–3 p.m. Is Survival Insufficient in the Post-Apocalypse World? (Moss A)</td>
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<td>1–3 p.m. Shadows and Satins: Film Noir (Moss A)</td>
<td>1–2 p.m. William Blake’s Visions of Innocence and Experience (Moss B)</td>
<td>1:30–3 p.m. iPhones and iPads (Hillcrest C)</td>
<td>1:30–3 p.m. Help Yourself to a Healthy Home (Moss B)</td>
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<td>1:30–3 p.m. Victorian Social Criticism and the Absurd (Moss B)</td>
<td>1:30–3 p.m. Four Myths in a World of Myths (Hillcrest C)</td>
<td>2:30–5 p.m. Film Interpretations of Jane Eyre (Moss B)</td>
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<td>2–3:30 p.m. The Pleasures of Probability (Moss A)</td>
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* All courses are eight sessions except as noted.
All courses will meet at the Waters-Moss Memorial Wildlife Preservation Area, primarily in the Moss Building and occasionally in the Hillcrest Community Center unless otherwise indicated.

MONDAYS

Discussions on Climate Change [8 SESSIONS]

9–10:30 a.m., Moss A
March 7, 14, 21, April 4, 11, 18, 25, May 2

This class will focus on the latest status of climate change. We'll discuss some of the controversies related to climate change and how to evaluate the various types of information on climate change. Discussion will also include proposed ways to adapt to climate change, as well as mitigation techniques. We hope to have lively discussion. Presentations will be tailored to beginning learners about this important subject.

- **Week 1:** Basics of climate change — What is the problem, broken down in simple language? The group will discuss their understanding of what climate change is.
- **Week 2:** Types of electricity production — We'll learn how the U.S. and global nations got their power in 2015, as well as the effect of climate change on agriculture.
**Healthier Living Through Nutrition** [3 SESSIONS]

9:30–10:30 a.m., Moss B
March 7, 14, 21

Nutrition is most important to help people continue to function to their full abilities and to enjoy a happy lifestyle. However, proper dietary guidelines are very difficult to meet as populations move toward more sedentary lifestyles. Learn about the importance of keeping yourself in prime working order; nutrition is essential to meet the needs of the mind and body.

**Instructor:** Kathy Matteo has a lifetime of study of nutrition, learning the value of proper nutrition, and the use of dietary supplements. She has presented courses on a variety of topics as seminars and classroom instruction. She retired in January and wants to share her knowledge of proper nutrition to help people lead happier, healthier lives.

**Choosing Civility** [2 SESSIONS]

9:30–11 a.m., Moss B
April 4, 11

This two-session series will serve as a think-tank for interested participants with the text “Choosing Civility” (P.M. Forni, St. Martin’s Griffin Press, 2002) as a background. The first session will outline the general approach and set context. The second session will center upon discussion for topics suggested by participants in the first session, and perhaps work toward outlining direction for future civility discussions for upcoming Osher semesters. Participants are encouraged to get a copy of the text before the course begins. The two sessions are at least partly motivated by increasingly high levels
of societal violence in the U.S. (like San Bernardino) and internationally (like Paris).

**Instructors:** Boyd Terry, MD, is professor emeritus in the division of burn and wound surgery at the University of Missouri School of Medicine. Before joining the faculty at MU in 1968, Terry was a captain, serving as a surgeon in the United States Army at Fort Still, Okla. He has served on the surgical faculty with the University of Missouri since 1968. He developed the burn program at MU, leading to his role as medical director of the George David Peak Memorial Burn Center from 1977-2000. His interest in metabolic surgery helped establish the Nutritional Support Team and Bariatric Surgery program at MU. Terry received his medical degree from Washington University in St. Louis in 1960. He completed both his residency training in general surgery and research fellowship at State University of New York Upstate Medical Center in Syracuse, N.Y. Terry earned board certification from the American Board of Surgery in 1969.

Paul Wallace (PhD, University of California, Berkeley) is professor emeritus of political science at the University of Missouri. He has been a consultant on South Asia to a member of the U.S. Senate Foreign Relations Committee, the U.S. Attorney General's Office, defense lawyers and other agencies in North America, and he has received five Smithsonian-funded awards for national election studies in India. In September 2003, Wallace served as the expert witness on Sikh violence at the Air India trial in Vancouver, Canada. His research in India includes a Senior Fulbright Research Award in 1972, and funding from the Ford Foundation (1988–89), the American Institute of Indian Studies (1980–81), and various government and non-government groups in India. Professor Wallace is the author or editor of eight books and more than 40 book chapters and articles.

**Financial Planning — Myths, Misconceptions and Missing Facts** [6 SESSIONS]

10–11:30 a.m., Hillcrest D  
March 7, 14, 21, April 4, 11, 18

Financial planning — find out must-know critical facts before you make decisions. This course will cover several topics important to a worry-free retirement for those retired or soon to be retired (55 and up) to prepare. We’ll cover investment vehicles, risk vs reward, Social Security maximization, Medicare and supplemental options, phantom and stealth income taxes, how to prevent double taxation, long-term care options, legacy and planning, required minimum distribution (RMD) and how it will affect retirement, annuities explained with myths and misconceptions, hidden fees in mutual funds, IRA and 401(k) (with multi-generational approaches), and life insurance as a tax-free income.

**Week 1:** Get introduced to the decision-making process and get tools to evaluate critical facts in order to make sound financial decisions. Taxes and how they affect you is the first and most important part of your income plan.

**Week 2:** We’ll cover the myths and misconceptions about annuities. Learn about the four kinds of annuities and how the super-wealthy use them effectively in retirement. Topics will include benefits and fees, fixed index annuities, the new bond position, tax consequences and how to manage RMDs.

**Week 3:** Learn the true risks and fees associated with 401(k), 403(b), 457, SEP and IRAs, including stretch IRAs and alternative funds.
**Week 4:** Learn about all the possibilities of Social Security, Medicare and long-term care (both asset-based long-term care and alternatives). If you don’t have funds set aside for long-term care, then all your assets are at risk. We’ll also discuss 7702 plans, tax advantaged payout and the secret ROTH the wealthy use to build generational wealth.

**Week 5:** Explore the five financial buckets and how each one works with fees and benefits. Learn about alternative investments, active management versus buy and hold, modern portfolio theory and capital asset pricing model explained.

**Week 6:** Actively manage your estate with an income plan, estate planning or legacy. Build an income spreadsheet that can change when your life changes, and learn how the super-wealthy use tax advantages.

**Instructor:** Jason Ingram is one of the original members of the Accelerated Wealth organization. In addition to serving as the Midwest regional director of accelerated wealth, he has offices in Columbia and Chesterfield, Mo. Ingram has a Series 65 license, which qualifies him to serve as an investment advisor representative. This designation holds the bearer to a fiduciary commitment to the client, assuring that all recommendations are made in the best interest of the client, with the responsibility to have full transparency in all dealings. He also maintains life and health licenses in six states. An educator at heart, Ingram teaches an annual risk management course at the University of Missouri’s Trulaske College of Business as a visiting professor. He is an active member of the Better Business Bureau Advisory Board, as well as a member of the National Ethics Association. He serves on the senior advisory board of Accelerated Wealth and supports numerous philanthropic organizations.

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**Why We Wear Clothes** [8 SESSIONS]

11 a.m.–12:30 p.m., Moss B  
March 7, 14, 21, April 4, 11, 18, 25, May 2

Be prepared to wonder and even laugh at the foibles of our “dressed-up and dressed-down ancestors.” This class is not only for the ladies but also will cover a considerable amount of men’s fashion whys.

This course is a historic and pseudo-scientific look at clothing through the ages. Course presentations will illustrate examples of dress from the cave man to the Kardashians. We will explore theories of attraction, what was considered proper for social and occupational clothing, economic and political events, and what fads and fashions changed our habits of dress. Class discussion is encouraged.

**Instructor:** Patti Doyle was professor of costume design at Stephens College for 35 years and loves to study the changes of what we wear throughout the ages.
Shadows and Satins: Film Noir [8 SESSIONS]
1–3 p.m., Moss A
March 7, 14, 21, April 4, 11, 18, 25, May 2

A survey of classic Film Noir in American Cinema, 1940–1958

What is Film Noir?
“*The most American film genre, because no society could have created a world so filled with doom, fate, fear and betrayal, unless it were essentially naive and optimistic.*”

The 1940s gave birth to the American phenomenon of film noir, a film style that existed during the first two decades of the postwar World War II era. This course will look at that style, the historical currents out of which it rose, the problem with its definition, its origins, characteristics, conventions, themes, moods, film language, protagonists and antagonists. We'll do this through documentaries, scene analysis and some of the key émigré directors and their work. So put on your trench coat with the turned-up collar and satin dress with the plunging neckline, and join us.

Instructor: John Blakemore spent 22 years in the advertising industry creating award-winning campaigns for the Buick Motor Division of General Motors and the University of Missouri’s Hospital and Clinics. As a professor and department chair at Stephens College for 19 years, he created the film major in the mass communication program. He also created and administered the Summer Film Boot Camp. His expertise includes film history and production.

Victorian Social Criticism and the Absurd: “Bleak House” and “Alice in Wonderland” [8 SESSIONS]
1:30–3 p.m., Moss B
March 7, 14, 21, April 4, 11, 18, 25, May 2

The rise of science and industry brought our modern civilization, and these developments concluded that all things conform in a logical way to uniform and reliable natural laws. This is the doctrine of the great Victorian sages: Thomas Babington Macaulay, John Stuart Mill, Charles Darwin and Karl Marx. They tended to imagine an atomistic world constructed on the model of the machines they could see around them — machines working on logical and rational principles. It is ironic that this view of a machine world has led in our own time to a vision of total absurdity, even nihilism. For example, Joseph Heller’s “Catch 22” offers the absurd thesis that to stop bombing you must tell the psychiatrists that you are mad; but if you want to stop bombing, you obviously are not mad and must continue bombing. This sense of the world as an absurd machine appears not only in the black humor of writers like Heller, Vonnegut or Kesey, but also in the “theater of the absurd,” represented by playwrights like Beckett or Pinter.
Although a literature of the absurd is usually associated with writers of the 20th or 21st century, two of the most popular writers of the nineteenth century, popular both in their own time and in ours, used absurdity as a central tool of their fiction — Charles Dickens and Lewis Carroll. This course will first consider Dickens’s “Bleak House,” with its attack on the corrupt mechanisms of the English legal system, symbolized by the owner of a chaotic junk shop who dies of spontaneous combustion. We will then read both “Alice’s Adventures in Wonderland,” and “Through the Looking-Glass,” which begin by reducing the mechanical horrors of primary school curricula, didactic governesses and stern parents to the absurdity they represent and moving outward to other aspects of Victorian life. The two Carroll works are widely available in a single volume, as is “Bleak House.”

**Instructor:** Howard Fulweiler taught English literature and general humanities at the University of Missouri for 40 years until he retired. He has written widely on 19th-century fiction and poetry, as well as cultural, religious and scientific history.

### TUESDAYS

**Vision and Aging [3 SESSIONS]**

**8:30–9:30 a.m., Moss A**

March 8, 15, 22

Vision is more than being able to see 20/20. Vision is needed for proper balance, orientation and direction. When vision is working properly, it can guide us and lead us. When vision is not working, it can interfere. Vision is necessary for learning and leading our lives. One can be blind, but still have the visual skills for survival.

**Instructor:** Robert J. Sutter, OD, FCOVD, is a retired optometrist who has held hospital privileges at Health South and has fellowed in COVD. Many who have had traumatic brain injury, CVA, tend to give up on life; his job was to rehabilitate patients to a level where they could care for themselves to avoid nursing homes. He also worked with children with ocular motor dysfunction, convergence insufficiency and convergence excess.

**Years of Decisions: U.S. People, Peace and Policies [8 SESSIONS]**

**8:30–10:30 a.m., Moss B**

March 8, 15, 22, April 5, 12, 19, 26, May 3

This class will look at the culture, politics and economics that motivated western expansion and conflict in the mid-19th century, with a specific view of some representative persons of the era.

**Instructor:** Larry G. Brown is a retired assistant professor of human geography at the University of Missouri. He has a PhD from MU in policy studies, a Master’s of Divinity and a Master of Arts in geography. He has conducted research on the radical racist religious right movement called Christian Identity and has published several articles. He pastored congregations for 30 years before becoming a full-time professor. In addition to teaching at MU, he taught at Stephens College and the Missouri School of Religion.
Historical People, Places and Events of Boone County [8 SESSIONS]

10–11:30 a.m., Moss A
March 8, 15, 22, April 5, 12, 19, 26, May 3

March 8 — One-Room Schools
Author Mike Trial and publisher Yolanda Cioli researched the seven rural one-room schools that were consolidated into the local Midway Heights school in 1957 and wrote a book about it: “The Last Days of the One-Room Schools: C-7 Midway Heights Consolidation — 1957.” Learn where and why schools were located and how a teacher could handle twelve grades at a time.

March 15 — Where the Historic Figures of Boone County Gather: A Who’s Who of Columbia Cemetery Featuring the Spirits of Old Mizzou
Cindy Mustard and Genie Rogers have put together an entertaining and interesting program about the last place anyone wants to go!

March 22 — “The Columbia Branch Railroad”
This book is the result of exhaustive research by author and historian Marty Paten. He begins in the 1830s when James S. Rollins first came to town and started championing a rail connection to the nation’s system at the time when it was almost abandoned by Norfolk/Southern, and continues through the 1980s when it was purchased by the City. This presentation packs a lot of history in that short distance from Columbia to Centralia.

April 5 — Searching for Our Roots
Genealogist Nancy Thomas overviews a few basics of genealogical research and the tools available in Boone County. Even if you never plan to search out your family’s black sheep or aristocratic ancestors, join us to learn about the reasons and methods used in today’s search for our roots.

April 12 — A Driving Tour of Northwestern Boone County
A 20-page guide to some of the historic places in that region of the county has been prepared by the County Historical Society Historic Sites committee. Committee members Carolyn Doyle and Gene Baumann, our guest presenters, will talk about these places as well as others that will be the subject in upcoming volumes. Copies of the guide will be available for $1.

April 19 — Toll Roads in Boone County
The name Pauley is about as common as Sapp, Nichols and Crane around certain parts of Boone County. Larry Joe Pauley decided to find out about toll roads and their usage back in the days before governments took an interest in their construction and maintenance. Join us and find out how Blackfoot Rd. and Old #7 got their names, and much more.

April 26 — Boone County Treasures
Tour the Village at Boone Junction, the Walter’s Museum, the Montminy Gallery, Maplewood House and the Genealogical Society’s Library. Historical Society Executive Director Chris Campbell will
escort you through Boone County history and one of the biggest local art galleries. Learn more about the hidden jewels of Boone County!

**May 3 — To Be Announced**

**Using a Case Study to Break Through Those Genealogy Brick Walls [8 SESSIONS]**

12:30–2 p.m., Moss A
March 8, 15, 22, April 5, 12, 19, 26, May 3

*Intermediate level
Enrollment is limited to 15 students.

This class will concentrate on helping participants find that missing link in their family history. It is doubtful that anyone doing extensive family research has found every one of their ancestors. Those who have done genealogy for a while always seem to have one ancestor who seems impossible to find. By using the case study approach, all avenues of the life of the missing person will be sought.

*Class members are expected to have experience doing genealogy research, as this is not a beginning course. All class members are expected to have computers and have experience doing online research.* It will be an interactive setting with members helping each other find the pieces of the puzzle by offering helpful hints.

**Instructor:** Anna L. Martin, EdD, retired educator, has been researching her family tree for more than 30 years. After teaching high school history, it was a natural progression to researching her family history. When she and her husband returned in 1982 from a tour with the Peace Corps in Liberia, West Africa, they put their belongings in storage, moved into a travel trailer and crisscrossed the U.S. visiting libraries, courthouses and cemeteries, collecting data for their family trees. This beginning has led to a near obsession with genealogy research. She has previously taught beginning genealogy courses at NCMC in Trenton, Mo.
William Blake’s Visions of Innocence and Experience [8 SESSIONS]

1–2 p.m., Moss B
March 8, 15, 22, April 5, 12, 19, 26, May 3

William Blake’s poems have been read to children; memorized and recited in bars, parks and pulpits; challenged scholars and theologians; inspired flower children, political radicals and contemporary writers; and led to his listing, along with Lao-Tse, Buddha and Saint Bernard, as “men who walked with God.” Born the son of a tradesman and of dissenting Christians, he was self-educated and apprenticed to an engraver. Except for a couple of unhappy years, he lived his whole life on the side streets of London, eking out a living as an engraver for such clients as Wedgwood China and commercial booksellers. However, he always saw himself as a poet, painter and prophet — a visionary. Accused in his lifetime of treason, insanity, heresy and sex crimes, he was actually a simple working man, until recently known best for the hymn “Jerusalem.”

However, in the past half-century, his work has begun to be highly prized: his poetic genius, his “illuminated works,” his paintings and drawings and his illustrations for the Bible. This course will concentrate primarily on his early works, the poetry and designs of “Songs of Innocence and Experience,” the brief “Book of Thel,” and the revolutionary “America: A Prophecy.”

Instructor: A retired English teacher, Ben Nelms has taught eighth graders, high school students, and undergraduate as well as master’s and doctoral students in Tennessee, Texas, Iowa, Missouri and Florida. As professor emeritus of both the University of Missouri and the University of Florida, he has served as a department chair and dean of the College of Education. Nelms has been studying and teaching Blake for 55 years.

Four Myths in a World of Myths [8 SESSIONS]

1:30–3 p.m., Hillcrest C
March 8, 15, 22, April 5, 12, 19, 26, May 3

What do the goddess Ishtar; the young culture hero Xbalanque; the warrior Arjuna and the god Krishna; and the humble elderly couple, Baucis and Philemon, have in common? Not much, in fact, except that each figures importantly in a mythic narrative that provides both a record and an example of the interaction of narrative and belief in ancient cultures.

When we speak of “myth,” which too often is equated with “lie” or “fraud” in our own time, we are actually speaking of other religions. This course will focus on four great mythic narratives — the “Epic of Gilgamesh,” the “Popol-Vuh” of the Quiche Maya, the Hindu “Mahabharata” and Ovid’s great compendium of Greco-Roman myths, “Metamorphoses.”
Our work with these narratives will explore the significance of the myths in their times as well as their continuing meaning in our time. Although no book purchases are required, the four texts are available in paperback versions; inexpensive used copies can be ordered online from Amazon or Abebooks, or found in local independent bookstores. Ideally, course participants will read the complete works, but as this often isn’t possible in the available time, targeted readings will be recommended. You can find vast supporting resources for studying myth online, but exercise caution with these sources, as many sites are run by enthusiasts trying to assert the primacy of one myth.

Preferred editions of the main texts:

- William Buck: Mahabharata. Meridian Book

Instructor: Thomas F. Dillingham, PhD, is a former professor of English and creative writing at Stephens College and professor emeritus of English at Central Methodist University.

The Pleasures of Probability [8 SESSIONS]

2–3:30 p.m., Moss A
March 8, 15, 22, April 5, 12, 19, 26, May 3

Overcome number paralysis and add a new dimension to your reading of the daily paper. With the work of author John Allen Paulos, we’ll go through a series of selected newspaper articles that reveal validations, contradictions and sometimes downright silliness that follows from what little mathematics (usually only arithmetic) they infrequently contain. A few basic ideas, presented with compassion and a light touch, will awaken your interest in understanding the meaning of everyday quantities and estimates, and overcome mathematical naiveté to better understand issues in the news that might not seem to involve mathematics at all. The instructor will use the paperback by Paulos, “A Mathematician Reads the Newspaper” (from Anchor Books, a division of Random House, $11, available from most booksellers), along with materials you bring to class, and perhaps Paulos’s “Innumeracy” (from Vintage Press, a division of Random House, $9).

Instructor: Dennis Sentilles is a professor emeritus of mathematics at MU.
WEDNESDAYS

Experiencing World Wonders [8 SESSIONS]
9–10:30 a.m., Moss A
March 9, 16, 23, April 6, 13, 20, 27, May 4

Travelers have been putting together lists of must-see world wonders for centuries. Most well known are the Seven Wonders of the World, but these lists have grown so that many lists now highlight 100 must-see sites. Some of these wonders are difficult to get to and have had few visitors, such as Easter Island and the South Pole. Other wonders are readily available and have had millions of visitors, such as the Grand Canyon and the Colosseum in Rome.

The instructor will share some of his favorite experiences in his travels to many wonders across the world:

• **Week One:** Two favorite world wonders: An African safari into the Serengeti and the heights of Peru
• **Week Two:** A look into our past: Egypt’s Valley of the Kings and Jerusalem, the Holy City for three religions
• **Week Three:** India: Five thousand miles on a train exploring the striking contrasts of India
• **Week Four:** Italy, Europe’s most wonder-packed country

• **Week Five:** London, my favorite foreign city
• **Week Six:** Offbeat travel: The weird places of the world, with some attention to ghosts
• **Week Seven:** Traveling into trauma zones: Bosnia and Kosovo
• **Week Eight:** Tracking down Scandinavian ancestors

Instructor: Wayne Anderson has a PhD in psychology and is professor emeritus. For the past 19 years, he has written a weekly travel column for the “Columbia Daily Tribune.” He has lived in six foreign countries and visited an additional 54. Of Hillman’s 100 World Wonders, Wayne has visited 60, putting him in the top 1 percent of world travelers. From 1995 until 2010, he was a volunteer with the International Center for Psychosocial Trauma and made 26 trips into trauma zones training doctors and teachers to work with traumatized children.

Potpourri of Local Issues and Leaders [8 SESSIONS]
10:30 a.m.–Noon, Moss B
March 9, 16, 23, April 6, 13, 20, 27, May 4

Who has the most impact on your daily life? What are major issues our community faces over the next few years? Take this opportunity to meet a few of these locally influential people, ask questions and exchange ideas.

March 9 — Patriot Place: Apartments and Services for Homeless Veterans and Other Affordable Housing Initiatives in Our Community

Phil Steinhaus, Columbia Housing Authority’s CEO, has quietly built an outstanding collaborative effort among local businesses, governments and nongovernmental organizations (NGOs) in a successful quest to make best use of scarce resources.
He will present with Sarah Froese, the psychosocial rehabilitation supervisor at the Truman VA Hospital in Columbia. She supervises the Homeless, Vocational, Peer Support and Veterans Justice Outreach programs. Sarah has 35 years’ experience in behavioral health and has been honored with the prestigious Hands and Heart award from the Veteran Administration. Come find out how the pieces all fit together.

**March 16 — Journalism in the Digital Age**

To say that professional journalism is a rapidly changing field is to dramatically understate the obvious. Mike McKean is at the forefront of MU’s journalism school’s efforts to prepare students for that future. McKean is facilitator of the Media of the Future initiative and directs the Futures Lab, the experimental newsroom and, among other things, founded the Reynolds Journalism Institute’s Convergence Journalism Program. Join us to find out about the prospects and challenges facing journalists of the future.

**March 23 — The State of Our State’s Streets and Highways: Is There a Funding Crisis?**

For the past several years, we’ve been told that current revenue sources are inadequate to build and maintain roads in the future. This long-term funding issue can be attributed to how revenue generation for transportation hasn’t changed in over 20 years and can’t keep up with inflation. Travis Koestner, MODOT’s assistant district engineer for our part of the state, will give us the latest developments and let us know of future possibilities, especially for I-70, our most important link with the rest of the state.

**April 6 — Speaking of Transportation**

Columbia’s Public Works Director Dave Nichols will fill us in on Columbia’s transportation system from Airport to Walking (he couldn’t come up with an X, Y or Z). The airport, bus service, capital improvement engineering, parking meters, garages, fleet management, street construction and maintenance, sidewalks, traffic and the GetAbout Columbia non-motorized program are all a part of his operations. Participate and get updated!

**April 13 — What Does a Columbia/Boone County Health and Human Services Department Really Do?**

Director Stephanie Browning’s department covers a lot of territory. From animal control to vital records, learn about the variety of programs administered by the Columbia/Boone County Health and Human Services Department. Come get a better perspective on the challenges facing low-income families in our community and some of the things being done to help them meet those challenges.

**April 20 — The Criminal Justice System in Boone County: The Sheriff’s Role**

Get an overview of what’s happening in Sheriff Dwayne Carey’s domain as the county’s chief law enforcement official. From the new, state-of-the-art 911 communications center to patrolling rural parts of our county, find out about the successes and challenges facing his department.

**April 27 — Columbia’s Parks and Recreation System: Chapter One**

Few people question that Columbia’s parks would rank among the best in the nation for cities our size. Is it worth the money? Who pays for it? Why all the trails? Are vital services suffering? Why do we need more parks? What improvements will we see during the next six years? Parks and Recreation Director Mike Griggs will address these questions and more in the first of two sessions about his department.

**May 4 — Columbia’s Parks and Recreation System: Chapter Two**

Learn about the full range of recreational services in addition to the Career Awareness Related Experience (C.A.R.E.) program that provides real-world, hands-on work experience for Columbia’s at-risk youth from recreation services manager Erika Coffman and staff. Find out how much of what activities are covered by user fees, how many participate in different activities, what’s increasing and decreasing in popularity, and future challenges for their programs.
**Series Coordinator:** Charlie Hargrove retired from the City of Columbia in 2000, after 34 years of service. He started in 1965 as personnel director and retired as assistant city manager. He has organized and facilitated several community issues series for Osher.

### The Buddha and Buddhism [8 SESSIONS]

1–2:30 p.m., Moss A  
March 9, 16, 23, April 6, 13, 20, 27, May 4

Nearly 2,500 years ago, a 29-year-old prince of the Shakya Clan in northern India (today Nepal) went on a quest. According to the ancient sources, his goal was to find “the way beyond decay and death.” Six years later he “awoke,” for he had “blown out” illusion. He’d defeated the evil god Mara. And so he became known as “the One Who Woke Up,” the Buddha. Western scholars have labeled his teachings “Buddhism,” but it is more precise and historical to speak of his dharma, the way or path to Enlightenment. He invited others to walk his path, “to be lamps unto yourselves … and you will overcome the darkness.” And so shall we, paying special attention to the history and philosophy of what is known as Buddhism.

- **Week 1:** Philosophy in Ancient India  
- **Week 2:** The Life of Siddhartha Gautama  
- **Week 3:** The Buddha’s Enlightenment

### Digital Photography With the Camera Phone [8 SESSIONS]

12:30–2 p.m., Moss B  
March 9, 16, 23, April 6, 13, 20, 27, May 4

There is little doubt now that the camera phone has led to a true revolution in photography, worldwide. The quality and convenience of the camera phone, combined with its connection to the Internet, have created an entirely new phenomenon and an entirely new photographic industry. In this course, we will learn how to get the most from the latest generations of camera phones — and then how to save, edit and archive the hundreds of photos we get.

The first four weeks will cover the basics of the camera phone and its imaging system, plus
several of the most useful and inexpensive apps specifically designed for photo and video on the camera phone. The camera phone has unique qualities and limitations; it requires a bit of care to get the best photos. A few simple rules, if learned well, can make a big difference in camera phone results.

In the second four weeks, we will take a close look at what to do with the photographs on our cameras after we’ve emailed or uploaded them. You will need a home computer and a couple of inexpensive programs to handle photographs. The camera phone has a limited memory, so photos and videos taken should be periodically downloaded and eventually backed up to a physical archive.

Your instructor will bring a computer to class and demonstrate various programs and devices that make downloading, editing and archiving relatively simple. He can speak from experience that doing this is very valuable indeed. The camera phone is the diary of our times. Nearly all of us take photos with our phones and many of those photos are destined to become family heirlooms — if we can only prevent them from being lost. In this course we’ll learn how to get quality photos of those special moments, then how to download, store and archive them for the future.

Instructor: Val Germann got his first “real” camera, a Kodak 404 Instamatic, in 1966 and has been fascinated with photography ever since. He was photo editor of MU’s “Maneater” newspaper and seriously considered photojournalism as a career. Germann has worked at Columbia Photo, has operated an optical manufacturing company and has been lugging cameras around for almost 50 years. Now retired from teaching science, he enjoys nothing more than talking photography with other interested people.

**iPhones and iPads [8 SESSIONS]**

1:30–3 p.m., Hillcrest C
March 9, 16, 23, April 6, 13, 20, 27, May 4

This course is a series of workshops that will facilitate greater literacy in the use of iPads and iPhones in an easygoing environment. Questions will be addressed within the 90-minute time frame of each session. Equipment will not be provided; each student must bring their own device and already have some experience and familiarity with it. Instruction is limited to Apple iPhones and iPads, with iOS8 or iOS9 installed. Those using earlier operating systems will not benefit as much, because classes are tailored to iOS8 or 9. This course does not cover laptops, Windows phones, Windows tablets, Blackberry phones or Android devices.

Instructor: Sue Worsowicz has a bachelor’s degree in civil engineering and has always had a passion for electronics and gadgets. She has always been involved in helping others learn and now combines these two interests and offers private lessons for iPhones and iPads.
Film Interpretations of Jane Eyre  [8 SESSIONS]
2:30–5 p.m., Moss B
March 9, 16, 23, April 6, 13, 20, 27, May 4
Charlotte Bronte’s classic novel “Jane Eyre” has been adapted for film and television numerous times throughout the years. Each film interpretation is unique in terms of content included and the actors’ portrayals. Join us as we compare and contrast five popular versions. We will compare each against the book itself, and the instructor will add background information and photographs to enhance the viewing. We will also discuss the many themes of the books and films — poverty, religion, women’s liberation and more.

Instructor: Diane Peterson is a retired school library media specialist who reviews and blogs about romance novels. She is currently involved in a research project examining the elements of romance fiction. Peterson has bachelor’s degrees in elementary education and English, and master’s degrees in elementary education and educational technology. She is a member of the Romance Writers of America.

THURSDAYS

Existential Choices  [8 SESSIONS]
9:30–11 a.m., Hillcrest C
March 10, 17, 24, April 7, 14, 21, 28, May 5
At critical times in their lives, people make choices that determine their path for the future. This course will be devoted to a discussion of eight such existential choices. The choices are made on the basis of answers to these questions:

- What meaning should you seek for your life and how can you acquire it?
- Should you try to live authentically (face up to your nature and what life in this world entails), or accept a comforting picture of yourself and the world provided by others?
- How should you face the death of others who are important to you and your own eventual death? What choice should you make in what has been called your being-toward-death while you are alive? And what will become of you when you die?
- How should you respond to religion? Should you have faith in the sense of belief and trust in someone or something greater than yourself?
- Should you always do what your conscience dictates in difficult situations?
- What causes or individuals deserve your loyalty and what sacrifices would loyalty to them require of you?
- Is violence ever justified in the pursuit of good objectives or defense against the evil actions of others?
Living an authentic and meaningful life in the face of obstacles, temptations and dangers requires what has been called “the courage to be.” As a windup to our course, we will discuss what you have to believe, possess and do; and how you must live with courage to achieve your goals for self-identity.

As fodder for our discussions, we will consider ideas of prominent thinkers with widely different points of view like Thomas Aquinas, Søren Kierkegaard, Friedrich Nietzsche, Mark Twain, Martin Heidegger, Hannah Arent, Jean-Paul Sartre, Simone de Beauvoir and Paul Tillich.

**Instructor:** The course will be conducted by John (Jack) Kultgen, professor emeritus of the University of Missouri’s Department of Philosophy. Prior to his retirement in 2007, Jack taught at MU for 40 years, including courses on theoretical and applied ethics and the history of philosophy. He was active for 25 years in the Peace Studies Program. His published books include “The Nature of Man” (1969), “Ethics and Professionalism” (1988), “Intervention and Autonomy: Paternalism and the Caring Life” (1995) and “Abolition of Nuclear Weapons as a Moral Imperative” (2015).

**TED Talks [8 SESSIONS]**

10–11:30 a.m., Moss A
March 10, 17, 24, April 7, 14, 21, 28, May 5

You might be familiar with TED talks. TED.com (Technology, Education and Design*) features short Web-based videos on compelling topics presented by some of the best minds in the world.

For each session, the group will watch the video together and then join in a discussion and dialogue led by an experienced facilitator. Come. Watch. Learn. Discuss!

**March 10 — David Rothkopf: How Fear Drives American Politics**

Does it seem like Washington has no new ideas? Instead of looking to build the future, it sometimes feels like the U.S. political establishment happily retreats into fear and willful ignorance. Journalist David Rothkopf lays out a few of the major issues that U.S. leadership is failing to address — from cybercrime to world-shaking new tech to the reality of modern total war — and calls for a new vision that sets fear aside.

**March 17 — Janine Benyus: Biomimicry’s Surprising Lessons from Nature’s Engineers**

In this inspiring talk about recent developments in biomimicry, Janine Benyus provides heartening examples of ways in which nature is already influencing the products and systems we build.

**March 24 — Daniel Ariely: Our Buggy Moral Code**

Behavioral economist Dan Ariely studies the bugs in our moral code: the hidden reasons we think it’s OK to cheat or steal (sometimes). Clever studies help make his point that we’re predictably irrational — and can be influenced in ways we can’t grasp.

**April 7 — Nick Hanauer: Beware Fellow Plutocrats, the Pitchforks Are Coming**

Nick Hanauer is a rich guy, an unrepentant capitalist — and he has something to say to his fellow plutocrats: Wake up! Growing inequality is about to push our societies into conditions resembling pre-revolutionary France. Hear his argument about why a dramatic increase in minimum wage could grow the middle class, deliver economic prosperity … and prevent a revolution.

**April 14 — Peter van Uhm: Why I Chose a Gun**

Peter van Uhm is the Netherlands’ chief of defense, but that does not mean he is pro-war. In this talk, he explains how his career is one shaped by a love of peace, not a desire for bloodshed — and why we need armies if we want peace.
April 21 — Eric X. Li: A Tale of Two Political Systems

It’s a standard assumption in the West: As a society progresses, it eventually becomes a capitalist, multi-party democracy. Right? Eric X. Li, a Chinese investor and political scientist, begs to differ. In this provocative, boundary-pushing talk, he asks his audience to consider that there’s more than one way to run a successful modern nation.

April 28 — Hans and Ola Rosling: How Not To Be Ignorant About the World

How much do you know about the world? Hans Rosling, with his famous charts of global population, health and income data (and an extra-extra-long pointer), demonstrates that you have a high statistical chance of being quite wrong about what you think you know. Play along with his audience quiz — then, from his son Ola, learn four ways to quickly get less ignorant.

May 5 — Edward Snowden: Here’s How We Take Back the Internet

Appearing by telepresence robot, Edward Snowden speaks at TED2014 about surveillance and Internet freedom. The right to data privacy, he suggests, is not a partisan issue, but requires a fundamental rethink of the role of the Internet in our lives — and the laws that protect it. “Your rights matter,” he says, “because you never know when you’re going to need them.” Chris Anderson interviews, with special guest Tim Berners-Lee.

Facilitator: Jeanne Dzurick moved to the Ashland area from Kansas City in 2004, after retiring as an insurance executive with BMA-Generali. She became a financial adviser with Waddell & Reed until she retired (again) in 2012, and moved to Columbia. Since then, she has co-founded Divorce Consultants, LLC, and works with attorneys and their clients to facilitate a fair and mutual agreement on asset division and support.

Conversational French [8 SESSIONS]

10:30 a.m.–12:30 p.m., Moss A
March 10, 17, 24, April 7, 14, 21, 28, May 5

Are you able to speak French enough to be chatty at a level somewhere between intermediate and fluent? Are there two or three years of French study, or its equivalent, somewhere in your high school or college transcript? Flex your French skills, play along with enthusiasts, strut your vocabulary and communicate with others in a friendly, accepting setting. Speaking only French, you will read, act out and discuss passages, examine themes, imagine new endings in French literature and generally immerse yourself in the French language. There will be a choice of oral presentations and communicative activities relating to our reading and on various other topics of interest; some purely fun, but all encouraging serious communication. We end with a French film and a French déjeuner to which everyone will contribute.

Instructor: Aline Kultgen is a native French speaker who taught French in Ontario, Canada, and for the Columbia Public School System for a total of 25 years. She has been teaching French at Osher since 2006.
300 Years of Rice Cultivation in the U.S.: Retrospective and Perspective [2 SESSIONS]

11 a.m.–12:30 p.m., Hillcrest D
March 10, 17

Rice is the most important grain in the world for human nutrition and caloric intake, providing about \( \frac{1}{5} \) of the calories consumed by humans. With the projected increase in world population and the threat imposed by global warming, finding sustainable ways to increase the cultivation of rice is becoming increasingly important.

Today, the leading states for rice production are Arkansas, California, Louisiana, Mississippi, Missouri and Texas. The key feature of modern rice production in the U.S. is capital intensive mass production. In 2012, U.S. rice production was estimated to be 10 million tons valued at about $3 billion, and with a significant portion being exported. This course will cover the history of rice production, as well as the genetics and breeding of rice, the application of biotechnology to rice cultivation, and the conservation of plant biodiversity.

**Instructor:** Michael Chippendale was a professor of entomology from 1968, until his retirement in 2006. He led the insect physiology laboratory, which focused on studying the regulation of diapause and development in plant feeding insects. Beginning in 1988, he held various administrative positions including chair of the department of entomology, coordinator for entomology and plant pathology, unit leader for plant sciences, interim associate director of the Missouri Agricultural Experiment Station and senior associate dean of the College of Agriculture, Food and Natural Resources. He retired at MU as interim director of the Bond Life Sciences Center. In 2007, he established a consulting firm, Chippendale Consulting, LLC, based in Columbia, Mo., to advise on the planning and design of interdisciplinary life sciences facilities.

Is Survival Insufficient in the Post-Apocalypse World?
Three Views of Society After the Collapse of Civilization [8 SESSIONS]

1–2:30 p.m., Moss A
March 10, 17, 24, April 7, 14, 21, 28, May 5

“Survival is insufficient.” This is one of the most provocative lines in the 2015 One Read “Station Eleven” (Mandel, 2014), and that belief serves as a subtheme for the variety of worlds viewed in this post-apocalypse novel. This Osher class is built around three such novels that present...
a very distinct view of human societies after the unexplained loss of some 95 to 99 percent of the human population. Our class will read the three novels, two weeks for each, and see one film looking at a world created after the collapse of normalcy.

**Required novels:**
- “Earth Abides” (1949) by George Stewart
- “The Dog Stars” (2012) by Peter Heller
- “Station Eleven” (2014) by Emily St. John Mandel

All of these novels are readily available in multiple formats.

**Assignments:**
- **March 10:** Bring the three novels and come prepared to speculate on the kinds of problems humans would have to solve immediately post-collapse; think in terms of small pods of population in the scores, or hundreds at the most.
- **March 17:** Part I: World Without End in “Earth Abides”
- **March 24:** Parts II and II: The Year 22 and The Last American in “Earth Abides”
- **Spring break — March 31:** No Class. Keep reading!
- **April 7:** Book I in “The Dog Stars”
- **April 14:** Book II and III in “The Dog Stars”
- **April 21:** Pages 1–164 in “Station Eleven”
- **April 28:** Pages 165–333 in “Station Eleven”
- **Optional — Friday, April 29:** Osher Film Fest at 1 p.m. (with popcorn!) will focus on this same theme of post-collapse societies.
- **May 5:** Wrap up and consideration of Bucky Fuller’s Great Question

**Some of the themes to consider:**
- What are the essentials for the existence of human population after collapse?
- React to the social structures, taboos and tensions associated with such societies.
- In your judgment, what critical omissions in social structure seem to be apparent?
- Differentiate complete fantasy from probable reality in the scenes of the novels.
- Anticipate the nature of any given social pod 10 years hence.

**Basic class dynamics:**
We will come to class assuming all have read the reading assignments for that day. In doing that reading, each participant will select two or three small segments, read them aloud and discuss their relevance to the flow of the novel generally, and to that section particularly. You may use only once the excuse, “She took the very paragraph I wanted!” No exams. Little writing. Some role-playing. Mostly just novel discussion.

**Instructor:** Kit Salter is a geographer who went to Oberlin College for his BA and University of California Berkeley for his MA and PhD. He taught at UCLA for 20 years, at the University of Oregon and at MU for 14 years, where he was chair of the Department of Geography. He also taught English for three years in Taiwan at Tunghai University and worked as a consultant at National Geographic for nine years. Beyond his professional writings in geography, he has authored short stories, a play and newspaper pieces, and is active in geographic organizations. His most impressive accomplishment, however, is courting and winning (38 years ago and counting) marriage and life with Cathy Riggs Salter.
Help Yourself to a Healthy Home [8 SESSIONS]

1:30–3 p.m., Moss B
March 10, 17, 24, April 7, 14, 21, 28, May 5

This course will take participants through key steps toward getting and keeping a healthy home. Most of us spend the majority of our time indoors so it is essential to have healthy indoor air quality, be free of pests, be free of such things as mold and radon, and be safe. Please join us for this research-based nationally-recognized curriculum.

Instructor: Tom Fuhrman serves on the University of Missouri Extension faculty as a regional housing and environmental design specialist for northeast Missouri. In this role, he provides consultations to home owners and teaches workshops covering a range of housing topics.

Potpourri of the Arts [8 SESSIONS]

9:30–11 a.m., All classes meet in Moss A unless otherwise noted below
March 11, 18, 25, April 8, 15, 22, 29, May 6

March 11 — Sisters in Song
Hillcrest D

Few people read the credits in their hymnals to learn who wrote the hymns they sing and love. More than 100 women are featured, along with their most loved hymns, in “Sisters in Song.” Learn some of the surprising facts the author has unearthed about the history of many of the most familiar hymn writers. Who knew how important women have been to hymnology? Come prepared to sing along!

Instructor: A kakuro addict, an almond addict, a left-handed klutz on land and adroit in water, Leslie Clay is a recent escapee from the corporate world of insurance law. She would have retired sooner if she had known how much fun she’d have and if she’d had the means. Now she’s at the local rec center swimming pool five days a week, making many new friends, reading about everything except torts and contracts, serving as an election judge in Boone County, Missouri, and playing the piano for a small rural Missouri church. Her patient, tolerant husband of 44 years, Stan, supports her.

March 18 — From Room at the Inn to “A Night at the Shelter”: One Local’s Journey

In fewer than 12 months, “A Night at the Inn” evolved from an idea for a personal essay to a one-act play with a large cast, two standing room only performances and a successful fund-raiser. Among the fortuitous breaks was Nora Dietzel joining them as a co-director to increase expectations, attract cast members and improve the use of social media. We’ll review that journey to apply its lessons for other community endeavors. In this session, we’ll examine script writing and development, cast recruitment and auditions, blocking the script and organizing rehearsals, play production and support, advertising and promotion, and fundraising.

The goal of “A Night at the Shelter” is rather simple: to portray typical volunteers and homeless guests in a temporary community shelter in a realistic way while asking questions about personal and social responsibilities. One well-informed attendee wrote that the play is “interesting, informative and true.” We can recognize a path of incremental improvements in the script, cast, marketing and expectations that came together for an energetic,
well-presented and well-received performance.

Instructors: Caryl Bryan, co-director, is a long-time participant in local theatre and community groups, and is currently the office manager of Turning Point.

David Webber is a writer, retired MU political science professor, former "Columbia Daily Tribune" columnist and veteran Room at the Inn volunteer.

March 25 — A Florist Is a Creative Artist

This presentation will address the care and handling of flowers, from the time they leave the growers to the time they are enjoyed by the consumer. This will cover how they are cut and immediately cooled down and treated so they can be dry packed and shipped to the wholesaler, then to the florist. Learn about different designs, with example arrangements for different styles, as well as how design and the floral industry has changed. This presentation will include a short segment on how to care for your house plants and conclude with a question and answer time.

Instructor: Tina Bradley has worked in the floral industry for 28 years and has been with Allen’s for the past 17 years. She’s taught classes with adult education through Hickman High school, with Michael’s arts and crafts, and has presented for school children, brides and other groups.

April 8 — Art House: Fulton

The Art House was founded on the belief that creative arts enrich lives. Through art exhibits and classes, as well as special events, the Art House creates opportunities for experiencing and growing with art.

Instructor: Jane Bick Mudd, assistant professor of art at William Woods University, lives on a farm outside of Fulton, Mo., with her husband Tom. She works in several medias and has a body of work that reflects many different themes. She explains: “The subject of my next painting or project is usually dictated by my daily experiences and exposures. I look for opportunities and challenges and I’m curious. I feel strongly about the environment, women’s issues, peace, and the importance of art in the world. I most often work directly from life but occasionally use other imagery for inspiration. Recently, I have pursued several opportunities for public art.”

April 15 — How I Became a Quilter

Nancy Gentzsch will share the history, purpose and the creative art involved in quilting. Throughout her quilting experiences, she has moved through traditional and creative, then returned to standard.

Instructor: Upon high school graduation, Nancy Gentzsch came to Columbia to attend the University of Missouri for two years, left for Brussels for two years, then returned to finish her degree. According to Gentzsch, “I wanted to learn all about rural living. I read all the Foxfire books learning about gardening, canning, blacksmithing, woodworking and what I came to really love, quilting. I was attracted to the color and feel of the fabrics. I love how a quilt can change just because of the placement of the colors.”

Gentzsch has constructed quilts of all kinds and sizes from small wall hangings to full bed size. She has done piecing, applique and all techniques in between, and has shown several of her quilts in local quilt shows.

April 22 — To Be Announced
April 29 — Afro-Cuban Art

Examine and appreciate Afro-Cuban art with an internationally-recognized expert in Afro-Hispanic art, film and culture.

Instructor: Juanamaría Cordones-Cook has published extensively on contemporary Spanish-American literature and culture, with special interest in Afro-Hispanic writers in major national and international journals in the U.S., Canada, Europe and Latin America. Her articles have appeared in numerous major publications. She will highlight an upcoming conference entitled: "Afro-Cuban Artists: A Renaissance" in late April.

She has recently completed a book-length study of a generation of Afro-Cuban writers and artists who came of age with the Cuban Revolution, Havana’s Black Renaissance, as well as on "La silla dorada," an anthology of poetry by Nancy Morejón accompanied by an audiovisual of her poetry reading, and a collection of essays on Ediciones Vigía and the art of book-making.

May 6 — Three Films and Three Poems: A Cine-Poetical Program

We will screen three short films produced by James Bogan: "T-Shirt Cantata," "Man vs. Tree" and "Stanley Bielecky’s Mackinac" — his earliest (1988) to his most recent (2016) film productions. Then we’ll connect the films to the poems and places that inspired them: the Amazon, the Ozarks and the Upper Great Lakes. What makes a poet? What makes a filmmaker? What happens when both artistic disciplines meet? Let’s find out!

Instructor: James Bogan is a curators’ teaching professor emeritus at the Missouri University of Science and Technology.

Friday Afternoon Film Festival

Each Friday during the semester
Films begin at 1:30 p.m., Moss A
March 11, 18, 25, April 8, 15, 22, 29, May 6

Quality films are followed by genuinely interesting discussions. Films are announced weekly via email and on the Facebook page for Osher at Mizzou. All classes will be at the same location. If you wish to be kept informed about the weekly films, include your email address when you register for a course. If your email address changes, be sure to update us. The Friday Afternoon Film Festival is now open only to Osher members and guests of premium Osher members.
The Brown Bag Seminar Series
11:15 a.m.–12:45 p.m., Moss A
March 11, 18, 25, April 8, 15, 22, 29, May 6

Weekly seminar topics are listed below. Additional sessions may be scheduled and announced via email updates. Brown Bag Seminars are open to all Osher premium members, semester members and basic members throughout the academic year. Feel free to bring your lunch.

March 11 — Never Say Never: Grandparenting in the 21st Century

Today’s grandparents are a younger generation, living longer and retiring later in life than ever before. “Traditional” or stereotypical silver-haired grandparents baking, knitting, fishing and golfing with summer visits from grandchildren may still exist; however, many never think grandparenting can be parenting a second time around. Economic, social and unforeseen circumstances have forced nearly 125,000 (10 percent) of Missouri’s children to live in a household headed by a grandparent or other relative. Factors ranging from military deployment and sudden loss of income to health concerns impact grandparents’ ability to live out pre-planned retirements during a phase of life that was to be considered “carefree.” This session will highlight the vast array of roles that grandparents play today. Issues such as grandparenting from a distance, intergenerational households and primary caregiving a second time around will be discussed.

Instructors: Karen B. Traylor-Adolph, MS, LPC, NCC, is a ninth-year doctoral candidate at Mizzou. She has taught on a wide range of topics in counseling psychology and multicultural psychology. As a family support specialist at ParentLink, Traylor-Adolph offers problem-solving support to caregivers and professionals on issues such as child development, healthy family interactions, and behavior management. As the coordinator of the Missouri GRANDFamily Coalition, she has given a number of presentations across Missouri to grandparents raising grandchildren on relevant topics regarding raising their grandchildren and navigating various social systems. Moreover, her ongoing dissertation, “Understanding the Impact of Family Routines and Rituals in Relative and Kinship Families,” seeks to highlight the strengths of “grandfamilies.”

Amy Hoffman, MSW, is a family support specialist and leader of the Columbia/Boone County Grandfamilies Support Group at ParentLink. She received her master’s degree in Social Work from the University of Missouri in 2004. Her first internship, as a non-traditional undergraduate student, was with ParentLink in 2000. Since graduating, she has worked with Fun City Saturday Academy and summer programs, with MU Extension to teach Kids in the Kitchen, and with veterans transitioning from homelessness into more permanent HUD/VASH housing. Her most rewarding position is being “Gramma” to six of her grandchildren, one of which she raised until last year.

March 18 — Sound Healing From Around the World

In this session, we will be toning sacred healing sounds from around the world. Native American spirituality talks about how we are beings of light, sound, and vibration. Sound is a fast and powerful way to bring the body, mind and spirit back into resonance, harmony and balance. No musical training is needed. Come as you are, join in and experience the healing power of sound.
March 25 — Personal Lines of Insurance

We will discuss the various types of coverages, exclusions and conditions common in many insurance policies. Most people don’t realize the extent of their coverage, the insurer’s responsibilities or their own responsibilities. We will also address the requirements the state government imposes on policies, elements of pricing and underwriting, as well as related topics as time allows.

Participants are encouraged to bring in their own auto policies as well as their homeowners, renters or condo owners policies as a point of reference during the presentation.

April 8 — The Power of Dreams

How far have we moved beyond Freud in our understanding of dreams? Modern methods of brain scanning have advanced our understanding significantly. We now know more: why we dream, what kind of stories occur in our dreams, what dreaming does for our mental health and how therapists can rewrite the nightmares of traumatized individuals. We will look at lucid dreaming, where the dreamer takes control of events in the dream, and how some creative people, such as writers and scientists, do their best work while asleep.

Instructor: Wayne Anderson, PhD in psychology and professor emeritus, has written a weekly travel column for the “Columbia Daily Tribune” for the past 19 years. He has been fascinated by the changes in the psychological scene since he started graduate school in 1952. He spent seven years as a rehabilitation psychologist at veterans’ hospitals and 32 years as a counseling psychologist and professor with a heavy emphasis on training doctoral counseling psychologists at the University of Missouri. After retirement in 1995, he spent 15 years as a volunteer with the International Center for psychosocial trauma working with doctors and teachers around the world in trauma zones. As an adjunct professor for Columbia College’s master’s degree program in criminal justice, he taught crisis intervention. He continues to teach an honors course on psychology. All of this has given him an overview of the tremendous progress that has been made in understanding many phases of human behavior.

April 15 — Negro Baseball League

This program will present an historical overview of Negro League Baseball:

- A short history of professional baseball prior to the formation of the Negro League
- The Gentleman’s Agreement
- The organizational structure of Negro League teams
- Women in Negro League Baseball
- Men who played in both Negro League and Major League baseball
- A recorded interview with Buck O’Neal

Instructor: John Carl Kelly served as Hickman High School’s assistant principal, as well as the director the Secondary Learning Center where he administered programs for students unable to function in “regular” classrooms. He served in the
Peace Corps (India), the U.S. Army and currently serves on the Douglas Athletic Association.

**April 22 — The Road to Publication or Magnifying Your Talents**

It is easy to give up when the going gets tough; success doesn't come easy. Winston Churchill once said that success is leading from failure to failure without loss of enthusiasm. Many great artists, writers, athletes and business executives had to work very hard to achieve their goals. Persistence and hard work mark the path to success. In this presentation, listeners will be encouraged to discover their own personal talents and pursue them. Hear about the instructor's own climb to get published, her weaknesses and shortcomings, and the struggles and mistakes of the publishing process. Above all, understand what drove her to persist.

**Instructor:** Didi Lawson tutored German in college, taught religion classes in church, and she is a former Cub Scout den leader and academic adviser at the University of Arizona. She is a published author and group speaker.

**April 29 — To Be Announced**

**May 6 — Childhood Stories of Famous Missourians**

The stories that survive from a famous person's childhood often foretell the kind of famous they will become. We will discuss Thomas Hart Benton's penchant for drawing trains, Harry Truman's early eyeglasses, Jesse James watching his stepfather strung up and other stories of famous Missourians. The instructor has researched the lives of more than 20 of our famous, infamous and overlooked for her 2014 book, "Show Me Famous Missourians." And because the overwhelming response to the book has been, "But you forgot—" Yes, a second book is underway.

**Instructor:** Alice Anna Reese is a member of the State Historical Society and on the Board of the Boone County Historical Society. She is a member of the BCHS's Traveling Trunk, which makes history presentations at local schools. Reese has a degree in English and an elementary teaching credential from UCLA, as well as a PhD in animal science from North Carolina State University. She is an active member of the River and Prairie Storyweavers (RAPS).
Special events: Extramural

**Travel Club**

*Every second Wednesday, 2 p.m.*
*Hillcrest A*

The Travel Club, originally an OLLI class, is an open forum and agenda for sharing travel tips, tales, opportunities, photos, destinations and deals. We’ve had presentations on extended living in a foreign country, purchasing the right camera and the merits of traveling alone or in a group. If any of this sounds enticing, join the Travel Club at their monthly meetings.

Please share your email address with sharonkinden@yahoo.com and she’ll add you to the mailing list for reminders and minutes of the topics and Web resources discussed. Anyone can become a Travel Club member for $40 for the entire year; this membership entitles Travel Club members to enjoy all the benefits of a basic Osher membership. All other Osher members may attend Travel Club meetings at no charge.

**Osher Saturday Morning Book Talks**

*Coffee and cakes at 9:30 a.m.; Book Talk 10 a.m.; Hillcrest D*
*Book selling and signing will follow the Book Talks*

Your participation is welcome on the first Saturday of the month. Osher members at any level may attend at no additional charge. For all others, admission is $3, or you can purchase a 10-event punch card for $20. Please thank the sponsors for their support of Book Talk.

<table>
<thead>
<tr>
<th>Month</th>
<th>Title</th>
<th>Sponsor</th>
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<tbody>
<tr>
<td>April</td>
<td>“Uncertain Promise: An Anthology of Short Fiction and Creative Nonfiction” (2014) edited by Von Pittman</td>
<td>The Compass Flower Press</td>
</tr>
<tr>
<td>May</td>
<td>“A Dark Gamble” (2015) by Gladys Swan</td>
<td>“Her Tai Chi Friends”</td>
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<tr>
<td>June</td>
<td>“Finding Helen: Diary of a WWI Battlefield Nurse” (2013) by Brooke Cameron and Janice C. Collins</td>
<td>Laura Perez-Mesa</td>
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**El Club de Español**

*Thursdays, 3–4:30 p.m.*
*Hillcrest C*

This Spanish club is for participants who have studied the present and the preterite tenses in Spanish. Osher members at any level may attend at no charge. For all others, the Parks & Recreation charge for using the room is $20 per person for the entire year. Call Judy Elliott at 573-445-3194 if you plan to participate in El Club de Español.
COLUMBIA PARKS AND RECREATION 50+

Columbia Parks and Recreation 50+ welcomes Osher Members to an exciting new winter session at Waters-Moss Memorial Wildlife Area, Hillcrest Community Center, Moss Building and Waters House!

Osher members will get a 2016 Parks and Recreation Waters-Moss/Hillcrest 50+ membership as well. As members, you can enjoy these activities at Parks and Recreation facilities at Waters-Moss: Travel Club, Saturday Morning Book Talks, Spanish Club, Painting Group, Mah Jongg, Adult Coloring Group and games such as a Mexican train dominoes, bingo and jigsaw puzzles, as well as potlucks.

A monthly calendar is printed the last week of the month for the next month’s activities and is placed in wall racks for you to pick up. The same information is available at http://www.GoColumbiaMo.com when you search for “Senior/50.”

50+ travel opportunities

Hop on board the bus and join Columbia Parks and Recreation for fun and relaxation. Day trip information is listed below. Additional trips may be announced as well. Travel is always an adventure that enriches your life. 50+ Tour members only make the experience richer!

Wednesday, March 9 — “Moon Over Buffalo”

Starring Marion Ross from “Happy Days” and Hal Linden from “Barney Miller.”
Cost is $80.

Wednesday, May 11 — “Beau Jest”

Starring Barbara Eden from “I Dream of Jeannie.”
Cost is $80.

Wednesday, Aug. 10 — “Chicago”

Cost is $80.

For summaries of these shows and more information on New Theatre, visit http://www.newtheatre.com/cs/cs.html.

50+ musical opportunities

Bell choir, adaptive bell choir, choir (The Good Timers), ukulele ensemble Jammers House Band will provide music for dances. The groups practice at Hillcrest and go out to perform at retirement centers, schools, nursing homes and special events.

Activities and meeting space

We are always looking for new activities and interests to fill our rooms during the day and some evening hours. Please inquire at the Hillcrest front desk for more information or to check availability.

The Moss Building is available for weekend rentals and some mid-week dates on a limited basis. With space for 150 people, this is a great place for meetings, birthdays, graduations, wedding receptions, reunions and other events. At $35 an hour (with a 2 hour minimum plus a refundable deposit), the Moss Building is an affordable and versatile space for your next gathering. Contact Parks and Recreation at 573-874-7460 for information.
FRIENDS OF OSHER
We thank these Friends of Osher for providing extra support through monetary contributions to support the work of Osher at Mizzou

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Thank you to the businesses that support Osher at Mizzou.

Golden Tiger ($2,500) Commerce Bank

*Businesses that support Osher at Mizzou are recognized based on their donation level, which includes Annual Major Underwriter ($7,500), Platinum Tiger ($5,000), Golden Tiger ($2,500) and Silver Tiger ($500).

BECOMING A FRIEND OF OSHER
How to invest in the future of Osher at Mizzou
Consider if your preference is to give a gift that will be used within one to two years for programming or to contribute to an endowment fund through which proceeds from your contribution will benefit OLLI forever — or both.

Then, act!

• Give online. Online giving generally takes less than five minutes. Go to https://donatetomu.missouri.edu/extension. Choose the “Statewide endowments” tab and select Osher Lifelong Learning Institute. You can make a one-time donation or set up a monthly automatic donation.

• Give by mail. Mail your check, payable to University of Missouri Extension, to University of Missouri, Extension Development Office, 109F Whitten Hall, Columbia, MO 65211. Please specify that your gift is for Osher, and indicate whether your gift is for general use or if it is for an endowment. If it is a tribute, specify a name for the tribute.

• Give in other ways. If you are interested in contributing in other, even more substantial or specific ways such as supporting an endowed lecture series or significantly endowing another aspect of Osher, we would love to meet with you to explore ideas.

If you would like more information, contact the Osher Director, Kristin Millikan. You can also request a confidential conversation about options by contacting the office of MU Extension Advancement at 573-884-8570 or muextadvancement@missouri.edu.
Please fill out enrollment form completely.

Name: __________________________________________
Address: _________________________________________
City: _____________________________________________
State: ___________________ ZIP code: ____________
Daytime phone: ________________________________
Email: __________________________________________

☐ Yes, please email me about course changes and materials. (We will not share your email address with other organizations.)

Please tell us about yourself:
Are you 50+?  ☐ Yes  ☐ No
Gender:  ☐ Male  ☐ Female

Are you a new Osher member?
☐ Yes  ☐ No

If yes, how did you hear about Osher at Mizzou?
☐ Radio
☐ Newspaper
☐ Website
☐ Friend
☐ Other — please specify: ________________________

I am interested in volunteering for an Osher committee or helping in other ways.

☐ Please contact me about volunteer opportunities.

Courses
Mark the circle next to the course(s) in which you wish to enroll. Please submit a separate form for each participant. Photocopies are acceptable, or you may print additional copies from our website: [extension.missouri.edu/learnforlife/pdf/form.pdf](extension.missouri.edu/learnforlife/pdf/form.pdf)

Mondays
- Discussions on Climate Change
- Healthier Living Through Nutrition
- Choosing Civility
- Financial Planning
- Why We Wear Clothes
- Shadows and Satins: Film Noir
- Victorian Social Criticism and the Absurd

Tuesdays
- Vision and Aging
- Years of Decisions: U.S. People, Peace and Policies
- Historical People, Places and Events of Boone County
- Using a Case Study to Break Through Those Genealogy Brick Walls
- William Blake’s Visions of Innocence and Experience
- Four Myths in a World of Myths
- The Pleasures of Probability

Wednesdays
- Experiencing World Wonders
- Potpourri of Local Issues and Leaders
- The Buddha and Buddhism
- Digital Photography With the Camera Phone
- iPhones and iPads
- Film Interpretations of Jane Eyre

Thursdays
- Existential Choices
- TED Talks
- Conversational French
- 300 Years of Rice Cultivation in the U.S.
- Is Survival Insufficient in the Post-Apocalypse World?
- Help Yourself to a Healthy Home

Fridays
- Potpourri of the Arts
- Friday Afternoon Film Festival

Note: We occasionally take pictures or record video segments of Osher classes and participants for internal and external communication regarding Osher at Mizzou. If you would prefer that we NOT include you in photos or identify you individually in photos that may eventually appear in brochures, press releases or in other forms, please notify one of the Osher staff. We cannot control how photos and video taken by the media at public sessions are used, but Osher will do its best to honor your request for Osher publications and presentations.

Please provide payment information for courses on the back of this form.
Course enrollment
Please indicate on the prior page the courses in which you are enrolling by marking the circle next to the title(s).

- I would like to enroll as a **Premium member** entitling me to attend ALL courses offered during the remainder of the Academic Year 2015-2016. **PAY NO OTHER AMOUNT IN COURSE FEES AT THIS TIME** — $140

- I already am a Premium member for this academic year. I need to pay the **re-enrollment fee** for this session. — $10

**OR**

- I prefer to enroll in individual courses only and pay the fee(s) for individual course and NOT remit the annual amount: **Enroll me in one course at $80***

```
* You become an Osher member when you enroll in and pay for a course for the semester. Osher membership entitles you to attend both the Friday Afternoon Film Festival and special events like the Brown Bag Seminar Series for this semester.
```

- Additional courses — _______ # of courses
  $60 per course

- Basic membership — $40

- Single Potpourri session fee — _______ # of sessions
  $25 per session

- I wish to make a tax-deductible donation to Osher at Mizzou

**Total amount enclosed**

$________

**Did we get your email address?**

All communication regarding course changes and cancellations for inclement weather, as well as information about upcoming films, will be emailed. Please include your email address on your enrollment form so we can reach you.

**Cancellation policy**

There will be a $20 processing fee for canceling courses and no refunds will be issued once the class has held one session.

Email cancellations to ginternovingers@missouri.edu

**Or by postal mail:**

Osher at Mizzou
109 Whitten Hall
Columbia, MO 65211

The University of Missouri complies with the Americans With Disabilities Act of 1990. If you have a disability and need accommodations in connection with an Osher course or event, please notify the Osher at Mizzou Office at 109 Whitten Hall, Columbia, MO 65211 or 573-882-8189 as soon as possible so that necessary arrangements can be made.

**Total due and payment information**

**Payment by check or money order:**
Enclose check or money order payable in U.S. dollars to the University of Missouri. Do not mail cash. Mail payment to:

Osher at Mizzou
109 Whitten Hall
Columbia, MO 65211

**Payment by credit card:** Complete the information and mail to the address above. Or register over the phone by calling 573-882-8189.

**Method of payment**

- Check (payable to University of Missouri)
- Credit card
  Type: □ VISA □ MasterCard □ Discover □ American Express

Card number: ____________________________
Expiration date: _________________________
Name on card (please print): ____________________________
Signature: ____________________________

**For office use only**
Customer ID_______________________ Receipt #_______________________
DIRECTIONS AND PARKING

Courses are held in the Moss Building at the Waters-Moss Memorial Wildlife Area at 1905 Hillcrest Drive in Columbia, Mo., unless otherwise noted.

Directions:
Located about 1/3 mile from the Stadium/Old Highway 63 intersection. Turn on Hillcrest Drive. The Moss Building (Osher at Mizzou) and the Hillcrest Community Center will be on the left. The Moss building entrance is located on the east side.

Parking is conveniently located.

Visit extension.missouri.edu/osher to view our catalog online.

OSHER UPDATES

Each week we email all members and these emails often include information not printed in the course catalog. Details about upcoming Brown Bag Seminar sessions and reviews of the movies to be shown at the Friday Afternoon Film Festival are routinely shared in these emails. In addition, new and exciting events might come up later and will be scheduled as a talk, a formal presentation or seminar. We rely on email to get you this timely information.

You can stay well-informed if you have taken the time to send your email address to Sarah Ginter-Novinger at ginternovinger@missouri.edu. Do it today! Be sure to check your email for information about spontaneous events that might prove exciting.

THANK YOU

Bernard Osher Foundation

Barbro and Bernard Osher
Come as learners. Leave as friends!

Osher at Mizzou delivers courses designed to complement the interests, concerns and lifestyles of the over-50 adult.

Classes begin Monday, March 7!