IN THIS ISSUE

8 Course calendar
10 Courses
26 Special events
32 How to support Osher
33 Enrollment form
35 Directions and parking

This program is brought to you by MU Extension and the Bernard Osher Foundation.

ABOUT MU EXTENSION

Using research-based knowledge, University of Missouri Extension engages people to help them understand change, solve problems and make informed decisions.

MU Extension makes university education and information accessible to create

- economic viability,
- empowered individuals,
- strong families and communities and
- healthy environments.

MU Extension partners with the University of Missouri campuses, Lincoln University, the people of Missouri through county extension councils, and the National Institute for Food and Agriculture of the U.S. Department of Agriculture.

Learn more at extension.missouri.edu.

Cover photo: Hephaestus the American Kestrel at the Raptor Rehabilitation Project on the MU Campus. © 2014 – Curators of the University of Missouri
Spring Semester in a Glance

Spring is almost here, and we invite you to jump headfirst into lifelong learning by registering for classes in Osher’s 8-week-long Spring Semester. You’re certain to find something of interest among the more than 25 courses to bring you “up the hill” to the Waters Moss Memorial Wildlife Area (directions to Osher’s classrooms are on the inside back cover).

Osher’s theme this academic year is **Understanding Change: Challenges, Opportunities and Solutions**, and you’ll note that many of our instructors have embraced it in planning their courses. Sincere thanks to these amazing thinkers, who volunteer substantial time and energy to share their knowledge with our 50+ community of learners.

### Learn Something New (for the Fun of It)

<table>
<thead>
<tr>
<th><strong>Learn Something New (for the Fun of It)</strong></th>
<th><strong>Arts &amp; Letters</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Modern Bridge Basics (M 1 p.m.)</td>
<td>Dante’s <em>Purgatory</em> (M 1:30 p.m.)</td>
</tr>
<tr>
<td>Birds of Prey &amp; Falconry (T 11 a.m.)</td>
<td>Conversational French (T 11:30 a.m.)</td>
</tr>
<tr>
<td>Digital Photography (W 9:30 a.m.)</td>
<td>Life &amp; Times of John Keats (T 1:30 p.m.)</td>
</tr>
<tr>
<td><em>Math is NOT a 4-Letter Word (W 10 a.m.)</em></td>
<td>Existential Choices (Th 1 p.m.)</td>
</tr>
<tr>
<td>*The Mighty Missouri River (W 1 p.m.)</td>
<td>Films of the 70s (Th 1:30 p.m.)</td>
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</tbody>
</table>

### History, Government & Current Events

<table>
<thead>
<tr>
<th><strong>History, Government &amp; Current Events</strong></th>
<th><strong>Personal Growth &amp; Spirituality</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Civil Liberties &amp; The Bill of Rights (M 9:30 a.m.)</td>
<td>Writing in the 4th Quarter (M 10 a.m.)</td>
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<tr>
<td>Beyond ‘How a Bill Becomes a Law’ (T 9:30 a.m.)</td>
<td>Larry Brown: Culture &amp; Spirituality (T 9 a.m.)</td>
</tr>
<tr>
<td>TED Talks (T 2:30 p.m.)</td>
<td>Understanding Behavior &amp; Change (W 10:30 a.m.)</td>
</tr>
<tr>
<td>*A Window into Palestine (W 2 p.m.)</td>
<td>Systems &amp; Citizens: Social Change (Th 11 a.m.)</td>
</tr>
<tr>
<td>Our Changing World – Next 25 Years (Th 10 a.m.)</td>
<td>**Adv. Energy Medicine: Chakras (Th 2 p.m.)</td>
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### Planning for Your Future

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<thead>
<tr>
<th><strong>Planning for Your Future</strong></th>
<th><strong>Fridays at Osher – Always Something New!</strong></th>
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</thead>
<tbody>
<tr>
<td>Myths in Financial Planning (M 1 p.m.)</td>
<td>[OSHER CAFÉ runs 9 a.m. to 3 p.m.]</td>
</tr>
<tr>
<td>Understanding Medicare (T 9 a.m.)</td>
<td>Arts Potpourri (9:30 a.m.)</td>
</tr>
<tr>
<td>*Financial Education Workshop (Th 9 a.m.)</td>
<td>Brown Bag “Lunch &amp; Learn” (11:15 a.m.)</td>
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<tr>
<td></td>
<td>Friday Afternoon Film Festival (1:30 p.m.)</td>
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</table>

Classes start on Monday, March 12, and we look forward to seeing you in the Moss Building!

On behalf of Osher’s membership and Advisory Council, we thank you.

Sincerely,

Jennifer Erickson, Osher Senior Coordinator

**KEY**

* indicates 4-week sessions
** indicates prerequisite required

M: Monday, T: Tuesday, W: Wednesday, Th: Thursday.
IMPORTANT DATES

Tuesday, Feb. 27, 2018
Spring Registration Opens

Monday, March 12, 2018
Spring Semester Begins *(8-week session)*

Wednesday, March 14–15, 2018
Mizzou Giving Day

Monday, March 26 –
Friday, March 30, 2018
Spring Break — No Osher Classes

Thursday, May 17, 2018
Annual Member Meeting and
Volunteer Recognition Luncheon

Tuesday, May 22, 2018
Summer Registration Opens

Monday, June 4, 2018
Summer Semester Begins *(4-week session)*

INCLEMENT WEATHER POLICY

If the Columbia Public School System cancels classes due to inclement weather, Osher@Mizzou classes will not meet on that day.

OSHER@MIZZOU FOR ALL

We are dedicated to making Osher Lifelong Learning Institute at the University of Missouri membership and participation affordable and accessible to Columbia area residents over 50 who wish to be involved. If you would like to request tuition assistance or require disability-related accommodations or special assistance, contact the Osher@Mizzou office at osher@mizzou.edu or 573-882-8189.

If you wish to make a gift to support our programs (including our scholarship fund), go to Osher’s website (osh.missouri.edu) and click on Give to Osher@Mizzou. Or you may contact Osher’s staff at Osher@Mizzou.edu or 573-882-8189.

OSHER MEMBERSHIP AND FEES

Osher membership at all levels includes joint membership between Osher and the Columbia Parks and Recreation 50+ program, plus an “all-access pass” to use Parks and Recreation facilities for Osher functions such as Osher clubs, Saturday Morning Book Talks and other groups that might form in the future.

**Premium membership (school year)**

For $240 each fall*, you become a yearlong Osher member. Premium membership follows the school year, from Aug. 1 to July 31. (*New premium membership purchased in the spring session is pro-rated to $140 and good for the remainder of the school year.*) The premium membership includes all of the benefits of a basic membership, as well as these perks reserved for premium members:

- Enroll in as many classes each semester as you wish to attend and pay only $10 to enroll per semester
- Attend Friday Afternoon Film Festivals for the full school year (four semesters)
- Bring a guest at no charge to Brown Bag Seminar Series and the Friday Afternoon Film Festival sessions
- Request a University of Missouri library card for one full academic year
- Receive an invitation to the Robert G. Silvers Memorial Seminar, usually held in the fall
- Become eligible to serve on the Osher Advisory Council

**Semester membership**

Enroll in one or more classes for a single semester, paying a $20 enrollment fee and individual fees for each course in which you enroll. Course fees vary, from $40 to $60, according to the course length and semester (see enrollment form). Single Potpourri and series sessions are $25 each.
## Membership values for one school year (Aug. 1 to July 31)

<table>
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<tr>
<th>Membership type:</th>
<th>Premium</th>
<th>Semester</th>
<th>Basic</th>
<th>Single session and Non-members</th>
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<tr>
<td>Provides membership benefits?</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Duration of benefits during current school year</td>
<td>All school year</td>
<td>*Only during term registered</td>
<td>All school year</td>
<td>None</td>
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<tr>
<td>Content included with membership:</td>
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<tr>
<td>Parks and Recreation 50+</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
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<tr>
<td>Extramural events and clubs</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
<td>—</td>
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<tr>
<td>Brown Bag series</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
<td>—</td>
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<tr>
<td>Potpourri series</td>
<td>All courses included</td>
<td>Can purchase individually</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Courses</td>
<td>All courses included</td>
<td>Can purchase individually</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Friday Afternoon Film Festival</td>
<td>Yes</td>
<td>Yes*</td>
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<td>—</td>
</tr>
<tr>
<td>Single session from a series</td>
<td>All courses included</td>
<td>$25 each</td>
<td>$25 each</td>
<td>$25 each</td>
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**PRICE**

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<tr>
<th></th>
<th>$240</th>
<th>$20 enrollment, plus fee for each course ($40–60, depending on course and semester) and single session ($25)</th>
<th>$40</th>
<th>$25 for each session</th>
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<td>(plus $10 each additional term)</td>
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</table>

### Semester membership (cont.)

In addition to attending the course for which you enrolled, you receive these perks *for that semester*:

- All of the benefits of a basic membership
- Ability to attend Friday Afternoon Film Festivals

### Basic membership (school year)

The Basic Osher membership costs $40 for the school year. This level of membership lets you do the following:

- Attend Brown Bag Seminar Series throughout the year
- Attend all Saturday Morning Book Talks
- Take part in any of the Osher Clubs (see p. 21 for details)
- Have a Columbia Parks and Recreation 50+ membership with additional program benefits

### Single session non-membership

To attend individual sessions in the Potpourri series courses, the fee is $25 per session but does not include any membership benefits

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The University of Missouri complies with the Americans With Disabilities Act of 1990. If you have a disability and need accommodations for an Osher course or event, please notify the Osher@Mizzou Office at 573-882-8189 or 344 Hearnes Center, Columbia, MO 65211 as soon as possible so necessary arrangements can be made.
CONDUCT OF STAFF, ADVISORY COUNCIL, INSTRUCTORS, MEMBERS AND VOLUNTEERS

Osher members and Osher instructors are fundamental in partnering with MU Extension to guide and deliver programs relevant to the citizens of Missouri. Extension depends on volunteers to operate with a high standard of ethical conduct.

All Osher members and instructors must understand and observe these basic standards:

- Treat all youths and adults with respect and without discrimination. This standard includes providing equal access to participation for all, regardless of their race, color, national origin, ancestry, religion, sex, sexual orientation, gender identity, gender expression, age, genetic information, disability or protected veteran status.
- Avoid harming youths or adults, whether through neglect, sexual harassment, physical force, verbal or emotional abuse.
- Obey the laws of the locality, state and nation.
- Display mutual respect to one another.
- Practice personal and intellectual integrity.
- Demonstrate responsible decision-making.
- Display tolerance and respect for diverse opinions and perspectives.
- Avoid situations where a conflict of interest may occur, regarding their role as an MU Extension volunteer and their business interests.

Additional information and policy details may be found within the MU Extension Volunteer Conduct policy.

PHOTO AND PARTICIPATION DISCLAIMERS

Osher@Mizzou does not collect individual waivers for use of photographs or for liability.

Osher@Mizzou reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of Osher@Mizzou or by other participants, for promotional purposes. By enrolling in an Osher@Mizzou program, participants agree to allow their images to be used in such photography. Participants who prefer their images not be used are asked to contact the Osher@Mizzou office at 573-882-8189.

Individuals acknowledge and assume any and all risk associated with participation in Osher@Mizzou activities. The University of Missouri makes no representation regarding the appropriateness of any activity for an individual. Osher@Mizzou disclaims any and all liability for each individual's participation in said activities.

If you register for a course or event that involves physical activity, you are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended you consult your physician before participating in any physical activity. Osher@Mizzou disclaims any and all liability for each individual's participation in any course that involves physical activity.

Volunteer instructors are responsible for developing their own course content. The information, views and opinions provided by Osher@Mizzou instructors are those of the instructor and do not necessarily reflect the views and opinions of the University of Missouri or the Osher@Mizzou program.

Gift certificates

Celebrating a birthday or special occasion for someone you love? Consider buying a semester gift membership or a Premium membership for that special friend or family member. The joy of learning makes a wonderful gift! Contact the Osher office at 573-882-8189 to purchase a gift membership usable for any upcoming semester.
MAKE CHARITABLE CONTRIBUTIONS FROM YOUR IRA

For those age 70½ or older, it is possible to make tax-favored charitable gifts from traditional and Roth IRA accounts. A total of up to $100,000 can be transferred directly from traditional or Roth IRAs to one or more qualified charities, such as the University of Missouri, free from federal income tax each year.

There may also be state income tax savings. Amounts given in this way count toward required IRA minimum withdrawal amounts for the year of the gift.

If you are ready to make a charitable IRA rollover to Osher@Mizzou:

- Contact your IRA provider as soon as possible to initiate the rollover.
- Contact the MU Office of Gift Planning and Endowments to alert the university to receive the rollover.
- Call 1-800-970-9977 or email giftplanning@missouri.edu.

OSHER MEMBER COMMITTEES

Osher is a program that thrives thanks to the devoted work by our Advisory Council and its standing committees:

- Program
- Finance
- Development
- Facilities
- Volunteer
- Outreach

Osher Advisory Council committees are open to all interested members. We count on our members to guide the program in substantial ways. Contact any of our staff or a member of the Advisory Council to learn more.

WHY BE A PART OF OSHER?

The goal of Osher is to create a community for participants who are 50+, which offers many benefits:

- Intellectual health impacts physical health
- You can have thoughtful interactions about topics of interest to you
- Taking classes helps nurture your natural intellectual curiosity
- We create new opportunities for socializing, networking and meeting interesting people
- Learning is fun

Curiosity never retires. If you have an active mind, love learning and are over 50 years old, come join us. Stay young. Be active. Learn at Osher@Mizzou.

COURSE INSTRUCTORS

Wayne Anderson  Patrick Cronan  Jonathan Krueger  Sarah J. Read
Megan E. Arns  Thomas Dillingham  Aline Kultgen  Hannah Reeves
John Blakemore  Carolyn Dye  John Kultgen  Debbie Reschly
Larry Brown  Jeannie Dzurick  Verna Laboy  Kit Salter
Nancy F. Browning  Jalal El-Jayyousi  JR Lawless  Cathy Salter
Caryl Bryan  Judy Elliott  Dan Mangus  Gary Scharnhorst
Ruth Ann Burke  Terry Farmer  Jeff Moran  David Shipman
Larry Campbell  Alex George  Ben Nelms  George P. Smith
G. Michael Chippendale  Val Germann  Karen R. Onofrio  Bill Thompson
Yolanda Cioli  Steve Heying  Elizabeth D. Owens  Mike Trial
Cindy Claycomb  Jason Ingram  Diane Peterson  David Webber
Michael Connelly  Sharon Kinden  Michael Porter

A UNIVERSITY OF MISSOURI EXTENSION PROGRAM
<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDS.</th>
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<tbody>
<tr>
<td>9:00</td>
<td></td>
<td>9:00–11:00 am</td>
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<tr>
<td>9:30</td>
<td>9:30–11:00 am Bill of Rights (Cronan)</td>
<td>9:00–10:30 am Medicare Basics (Mangus)</td>
<td>9:30–11:00 am Beyond ‘How a Bill Becomes a Law’ (Connelly)</td>
</tr>
<tr>
<td>10:00</td>
<td>10:00–11:30 am Writing in the 4th Quarter (Salter)</td>
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<td>10:30 am–12:00 pm Behavior &amp; Change (Claycomb)</td>
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<td>11:00</td>
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<td>11:00 am–12:30 pm Birds of Prey (Heying)</td>
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<td>12:30</td>
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<tr>
<td>1:00</td>
<td>1:00–3:00 pm Financial Planning Myths (Ingram, Krueger)</td>
<td>1:00–3:00 pm Modern Bridge Basics (Shipman)</td>
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<tr>
<td>1:30</td>
<td>1:30–3:00 pm Why Purgatory? (Dillingham)</td>
<td>1:30–3:00 pm Life &amp; Times of John Keats (Nelms)</td>
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<tr>
<td>2:00</td>
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<td>2:00–4:00 pm Palestine (Browning, Smith, El-Jayyousi)</td>
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<tr>
<td>2:30</td>
<td></td>
<td>2:30–4:00 pm TED Talks (Dzurick)</td>
<td>4 Sessions; Starts April 18</td>
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<td>3:00</td>
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All courses are eight sessions except as noted.
### WEDNESDAY (continued)

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### THURSDAY

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<thead>
<tr>
<th>Time</th>
<th>Location A</th>
<th>Location B</th>
<th>Location C</th>
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<tbody>
<tr>
<td>9:00–10:30 am</td>
<td>Financial Workshop (Lawless)</td>
<td></td>
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<tr>
<td>10:00–11:30 am</td>
<td>Our Changing World (Anderson)</td>
<td></td>
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<tr>
<td>11:00 am–12:30 pm</td>
<td>Systems and Citizens (Read)</td>
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<tr>
<td>1:30–4:00 pm</td>
<td>Life Choices – Existentialism (Kultgen)</td>
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</table>

### FRIDAY

<table>
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<th>Time</th>
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<th>Location B</th>
<th>Location C</th>
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<tbody>
<tr>
<td>9:00 am–3:00 pm Osher Café</td>
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<tr>
<td>9:30–11:00 am Potpourri of the Arts (various)</td>
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<tr>
<td>11:15 am–12:45 pm Brown Bag Seminar Series (various)</td>
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<tr>
<td>1:00–2:30 pm</td>
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<tr>
<td>1:30–4:00 pm</td>
<td>Friday Afternoon Film Festival</td>
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*All courses are eight sessions except as noted.*

*Osher Café Note:*

This semester, on Fridays only, from 9:00 am – 3:00 pm, Room B will be set up as the Osher Café. This is YOUR spot, as an Osher member, to use as you see fit. Bring your lunch, bring snacks to share, grab a coffee and make yourself at home. If you don’t have a class on Friday, you may still take part in Osher Café. Engage your classmates to meet for a class discussion, come by to say ‘hi’ to other members, etc.
When the U.S. Constitution was proposed, those opposing its adoption (the anti-federalists) complained that the document did not include any protections of individual liberties. The proponents, recognizing the need for compromise, promised that the first Congress would propose amendments to the document to provide the missing protections. This course examines these amendments (plus the 14th Amendment) and how they are currently interpreted.

- **March 12:** History of adoption, theories of interpretation, the importance of the Fourteenth Amendment, brief overview of the First Amendment.
- **March 19:** The free speech parts of the First Amendment.
- **April 2:** Freedom of Information Acts and the Missouri Sunshine Law.
- **April 9:** The religious freedom parts of the First Amendment and the Religious Freedom Restoration Act.
- **April 16:** The Second and Third Amendments.
- **April 23:** The Fourth, Fifth and Sixth Amendments. Unreasonable searches, self-incrimination, right to counsel.
- **April 30:** The Seventh, Eighth, Ninth and Tenth Amendments.
- **May 7:** Decisions of the Supreme Court for the current, and for the next term.

**Instructor:** Patrick Cronan was born in Columbia, Mo., and educated in Missouri and Texas. Says Patrick, “After my undergraduate degree, I was drafted and sent to Germany where I (and several others) successfully prevented the Russian invasion of Western Europe. I returned to the University Law
School and then hung out a shingle. I am a retired lawyer, primarily interested in local government law. For several years I served University Extension as the state legal specialist for the Governmental Affairs program.”

Writing in the Fourth Quarter: What’s in YOUR Mind? [8 SESSIONS]
10:00–11:30 a.m., Moss B
Mondays: March 12, 19; April 2, 9, 16, 23, 30; May 7

This class is intended to explore the realm of personal ideas not yet fully expressed to your satisfaction. We all have decades of life experienced, considered, but not yet put to paper. There is a sense of relief at having made it to the ‘Fourth Quarter,’ and this class is intended to address, face on, the richness and interest inherent in our own lives. Four of our class meetings will be shaped around presentations by four local seniors talking about their writings and the processes that led them to writing. The other four sessions will be comprised of in-class discussions, looking at short pieces we have or will write in an effort to tease out our own primary concerns. In this process, we hope to draw on the fabric of our lives – both joys and fears. There will also be a presentation on things to consider if you are interested in publishing any of your present, past or future written work. The outcome will expose us to creative senior writers and some of their work – but it will also lead us to explore our own creative potential for ‘Writing in the Fourth Quarter.’

Instructors: Kit Salter is a geographer with four+ decades of college teaching and associated writing at UCLA, Mizzou and the National Geographic Society. He was educated at Oberlin College and the Univ. of California, Berkeley. Says Kit, “I’m teaching this because I’m married to a woman who loves and lives the writing life. Cathy Salter will be involved in two of the eight sessions; she’s a columnist for the Columbia Tribune and long-time geographer, writer and ace teacher.”

Myths, Misconceptions and Missing Facts in Financial Planning [8 SESSIONS]
1:00–3:00 p.m., Moss A
Mondays: March 12, 19; April 2, 9, 16, 23, 30; May 7

The world of financial planning is rife with those who did not know whom to trust, thought they knew how to “do it themselves” or took advice from a friend or relative. We will remove the wizard’s veil and “free Dorothy” to understand how to make decisions based on fact and logic. More education and less tension will empower you to know what questions to ask and of whom. We will focus on taxation and how the wealthy build tax-free retirement with the “Rich Man’s Roth” and the 7702 account, undisclosed and hidden fees and how to quantify true market risk.

Instructors: Jason Ingram is the principal of the Columbia office and partner/principal of the Chesterfield office of Accelerated Wealth. Jason holds a Series 65 license, which qualifies him to serve as an investment advisor representative. Jason is a member of the National Ethics Association, serves on the advisory board for the Better Business Bureau and works to support numerous philanthropic organizations. He lives in Columbia with his wife, a physician, and their dog, horses and a mule. He loves Osher and teaching adult learners.

Jonathan Krueger is executive director and investment advisor for Accelerated Wealth, with offices in Chesterfield, Mo., and Colorado Springs, Colo. Jonathan has invested in the personal finance industry and has held several executive
management positions throughout his career. As a fiduciary, Jonathan maintains his Series 65 registration and uses his intricate knowledge of insurance and investment solutions to provide Accelerated Wealth clients with advanced wealth preservation and legacy continuance strategies.

Modern Bridge Basics for Beginners
[8 SESSIONS]
1:00–3:00 p.m., Hillcrest A
Mondays: March 12, 19; April 2, 9, 16, 23, 30; May 7

Playing bridge is the hobby of Warren Buffet and Bill Gates. The ‘Bridge Basics’ class is geared for people new to the game, but can also be a valuable refresher course for novices. Modern bridge conventions will be taught. Upon completion of the course, you should feel comfortable playing socially or with a computer online.

Instructor: David Shipman started playing bridge in college in 1967, began playing competitive duplicate bridge in 1987 and has since been awarded over 3,800 master points. David attends national bridge tournaments on a frequent basis and was awarded bridge Life Master status in 1997. David is an ACBL certified instructor and has been teaching bridge classes for the last two years.

Why Purgatory? It’s Not Hell!
[8 SESSIONS]
1:30–3:00 p.m., Moss B
Mondays: March 12, 19; April 2, 9, 16, 23, 30; May 7

Finishing the stressful journey through the Inferno, Dante’s portrayal of the consequences of human evil, sin, cruelty and greed, is not the place to stop in the Divine Comedy. Dante’s carefully constructed poetic triptych continues with his arduous but rewarding climb up the mountain of Purgatory. Still accompanied by Virgil (not so much as mentor and disciplinarian, but as companion and fellow learner), Dante sees the transformation of the human soul by the power of art, of poetry, and most especially, of Love, both human and spiritual. As he approaches the peak of Purgatory, we accompany him toward a vision of the highest divinity. If there is a greater work devoted to the perception of change in human life and consciousness – from the shady isolation of sinfulness to the cleansing enlightenment of love and compassion – I do not know it. We will use John Ciardi’s translation as the “base,” though participants who have other versions are encouraged to use them and be prepared to offer comparative insights drawn from the other translators. Illustrations, including William Blake’s, will stimulate our eyes and supplement our thoughts.

Recommended text: John Ciardi’s translation of The Purgatorio, by Dante Alighieri (also known as part two of The Divine Comedy).

Instructor: Thomas F. Dillingham, Ph.D., retired from the Stephens College English/Creative Writing Department in 2001, after 30 years of teaching. Subsequently, he taught at Central Methodist University, retiring in 2006 as emeritus associate professor of English. He taught a variety of literary genres and periods, and published essays and reviews on 18th Century British literature, modern and contemporary poetry, mythology and science fiction.
Contemporary Culture and Indigenous Spirituality [8 SESSIONS]

9:00–11:00 a.m., Moss A
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

Given the current interest in primal cultural (earth-centered) practices, this course will consider indigenous spirituality through the examination of two case studies: Celtic Christian Spirituality (Irish) and Native American Spirituality (Lakota) in their historic Human Geography contexts.

Instructor: Larry Brown is a retired MU assistant professor of human geography with a doctorate in policy studies, master’s degrees in geography and in divinity and a bachelor’s degree in sociology. He is also a professional storyteller, past president of Missouri Storytelling and earned a certificate in Biblical Storytelling from the Academy for Biblical Storytelling. He is an ordained minister in the Christian Church (Disciples of Christ) and a frequent presenter on topics of cultural and political geography, Missouri history and religious studies.

Helping Medicare Beneficiaries: Understanding Benefits and Upcoming Changes [8 SESSIONS]

9:00–10:30 a.m., Moss B
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

The goal of this course is to educate anyone involved in the care or planning related to a Medicare beneficiary in regards to the benefits available to Medicare customers and, more importantly, how to utilize these benefits. By attending these sessions, you will gain a new insight into Medicare, Medicare-related programs and upcoming changes in 2018 and 2020 that will impact all Medicare beneficiaries. You will walk away with new methods and techniques to help Medicare beneficiaries fully utilize the benefits available to them.

Instructor: Dan Mangus has been involved with helping Medicare beneficiaries since 1982. He has trained thousands of agents to help them better assist their senior-aged and Medicare clients. Dan has real-world experience in helping clients explore healthcare options and providing them with tools and benefits to protect their health and finances. Most recently, he is the lead trainer on Medicare and health-related insurance products and vice president of sales for SMS - Senior Marketing Specialists in Columbia.


9:30–11:00 a.m., Hillcrest C
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

Active citizens seeking to be most effective in pursuing public policies to meet current and future challenges already know “how a bill becomes a law.” But, to be their most effective, have they given enough attention and effort to the “how, what, why and why not?” BEFORE and AFTER that bill becomes a law? Most of what affects policy happens in the stages of (1) defining what problems are and whether they merit public effort, (2) marshaling resources, understandings and energies necessary to implement successful bills as intended, (3) evaluating whether later results achieved those intentions and, if not, why not?, and (4) generating necessary feedback to maintain and extend the bill’s effectiveness in changing environments. While these stages receive extensive study from specialists, active citizens without advanced degrees in those fields, aka “regular people,” may desire more information about how to address those stages in their own planning, activity and understanding toward policy efforts. The sessions will offer some ideas to help those regular people and emphasize participant discussions to apply the information and ideas to topics of participant concerns.

Instructor: Michael Connelly, has served as associate professor at Southwestern Oklahoma State University; analysis director and executive director for state sentencing commissions in Oklahoma, Maryland and Wisconsin; provider of
technical assistance on program evaluation for the U.S. Bureau of Justice Statistics; and board member for the Weatherford (Okla.) school board, the Okla. Community Theatre Association and the National Association of Sentencing Commissions. Michael is the author of two policy-related books and has a Ph.D. in political science from the University of Missouri.

From Birds to Birds of Prey to Falconry: A Study in Form and Function [8 SESSIONS]

11:00 a.m.–12:30 p.m., Moss B
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

Steve Heying engages participants in an open discussion of what he finds so fascinating about birds, especially birds of prey, which has led him to a lifetime of participating in the art of falconry. You might even get to meet a bird or two, in class!

Steve will discuss the following:

- Birds — how attributes define the bird and its place in nature;
- Birds of prey — divisions by type and flight style;
- Buteos and one parabuteo;
- Accipiters;
- Falcons;
- Falconry through time and the world;
- Early experiences in falconry;
- Current practice in the art of falconry.

A note from Steve: “This will not be a repeat of the Spring 2017 course, as I have so much ‘stuff’ to draw from to make the course significantly new, different and exciting!”

Instructor: Steve Heying started the practice of falconry in 1964 and has not been without a bird a day in his life since before the fall of 1968. In 52 years of practice of this sport, every day has been a new day.

French Conversation [8 SESSIONS]

11:30 a.m.–1:30 p.m., Hillcrest C
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

Are you able to speak French well enough to be chatty, at a level somewhere between intermediate and fluent? Are there two or three years of French study or its equivalent somewhere in your high school and/or college history? Reinvigorate and polish your French skills, play along with enthusiasts, strut vocabulary and gesture and communicate with each other in a friendly, accepting setting. Speaking only French, you will read, act out and discuss passages from French literature, examine themes, imagine new endings and generally immerse yourself in the French language. There will be a choice of oral presentations and communicative activities relating to our reading and on various other topics of interest; some purely fun, but all encouraging serious communication. We end with a French film and a French déjeuner to which we all contribute.

Enrollment is limited to 16 students.
Instructor: Aline Kultgen is a native French speaker who taught French in Ontario, Canada, and for the Columbia Public Schools for a total of 25 years. She has been teaching French at Osher since 2006.

The Life and Times of John Keats: Renewal or Revolt? [8 SESSIONS]
1:30–3:00 p.m., Moss B
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

The brief life span of poet John Keats (1795-1821) coincided with a period of history both significant and fascinating. The England he knew was a time of repressive conservatism and demands for reform, hardships of war and threats of revolution, victories at Trafalgar and Waterloo and defeats at Baltimore and New Orleans, the madness of an old king and the craftiness of his son, the enclosure of common farmland and industrialization in the cities. Across the English Channel, Britons witnessed the heroic promise of Napoleon and his subsequent tyranny and defeat. British literature saw numerous exemplars of change and challenge: Jane Austen, Walter Scott, Mary Shelley, and the “romantic” poets Wordsworth, Coleridge, Blake, Byron, Shelley and, of course, Keats. This course will focus on Keats’ biography, the historic background and the crafting of his now “classic” poems (with a few by his contemporaries). The eight sessions will be devoted to the decade of Keats’ childhood, his education and apprenticeship, his early poetry and critical reception, the “living year” (1819) emphasizing his major works (four sessions) and his death and eventual recognition in England and the U.S.

Recommended text: The Modern Library paperback of Keats’ works, introduced by Edward Hirsch.

Instructor: A retired English teacher, Ben Nelms has taught 8th graders, high school students and undergraduates, as well as master and doctoral students, in Tennessee, Texas, Iowa, Missouri and Florida. As professor emeritus of the University of Missouri and the University of Florida, he has served as a department chair and dean of the UF College of Education. Nelms has been studying and teaching poetry for 55 years.

TED Talks [8 SESSIONS]
2:30–4:00 p.m., Moss A
Tuesdays: March 13, 20; April 3, 10, 17, 24; May 1, 8

You might be familiar with TEDtalks. TED.com (Technology, Education and Design*) features short web-based videos on compelling topics presented by some of the best minds in the world. For each session, the group will watch the video together and then join in a discussion and dialogue led by an experienced facilitator. Come. Watch. Learn. Discuss!

March 13: We’re Building a Dystopia Just to Make People Click on Ads (Zeynep Tufekci)

We’re building an artificial intelligence-powered dystopia, one click at a time, says techno-sociologist Zeynep Tufekci. In an eye-opening talk, she details how the same algorithms companies like Facebook, Google and Amazon use to get you to click on ads are also used to organize your access to political and social information. And the machines aren’t even the real threat. What we need to understand is how the powerful might use AI to control us – and what we can do in response.

March 20: We Should All Become Feminists (Chimamanda Ngozi Adichie)

We teach girls that they can have ambition, but not too much... to be successful, but not too successful, or they’ll threaten men, says author Chimamanda Ngozi Adichie. In this classic talk that started a worldwide conversation about feminism, Adichie asks that we begin to dream about and plan for a

*TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where technology, entertainment and design converge, and today covers almost all topics — from science to business to global issues — in more than 100 languages. Independently run TEDx events help share ideas in communities around the world.
different, fairer world – of happier men and women who are truer to themselves.

April 3: *What We Don’t Know About Europe’s Muslim Kids* (Deeyah Khan)

As the child of an Afghan mother and Pakistani father raised in Norway, Deeyah Khan knows what it’s like to be a young person stuck between your community and your country. In this powerful, emotional talk, the filmmaker unearths the rejection and isolation felt by many Muslim kids growing up in the West – and the deadly consequences of not embracing our youth before extremist groups do.

April 10: *Can a Divided America Heal Itself?* (Jonathan Haidt)

How can the U.S. recover after the negative, partisan presidential election of 2016? Social psychologist Jonathan Haidt studies the morals that form the basis of our political choices. In conversation with TED Curator Chris Anderson, he describes the patterns of thinking and historical causes that have led to such sharp divisions in America – and provides a vision for how the country might move forward.

April 17: *Doesn’t Everyone Deserve a Chance at a Good Life?* (Jim Yong Kim)

Aspirations are rising as never before across the world, thanks in large part to smartphones and the internet – will they be met with opportunity or frustration? As President of the World Bank Group, Jim Yong Kim wants to end extreme poverty and boost shared prosperity. He shares how the institution is working to improve the health and financial futures of people in the poorest countries by boosting investment and de-risking development.

April 24: *The New Generation of Computers is Programming Itself* (Sebastian Thrun)

Educator and entrepreneur Sebastian Thrun wants us to use AI to free humanity of repetitive work and unleash our creativity. In an inspiring, informative conversation with TED Curator Chris Anderson, Thrun discusses the progress of deep learning, why we shouldn’t fear runaway AI and how society will be better off if dull, tedious work is done with the help of machines. “Only one percent of interesting things have been invented yet,” Thrun says. “I believe all of us are insanely creative… [AI] will empower us to turn creativity into action.”

May 1: *My Wish: Use Art to Turn the World Inside Out* (JR)

French street artist JR uses his camera to show the world its true face, by pasting photos of the human face across massive canvases. At TED2011, he makes his audacious TED Prize wish: to use art to turn the world inside out.

May 8: *The Risky Politics of Progress* (Jonathan Tepperman)

Global problems such as terrorism, inequality and political dysfunction aren’t easy to solve, but that doesn’t mean we should stop trying. In fact, suggests journalist Jonathan Tepperman, we might even want to think riskier. He traveled the world to ask global leaders how they’re tackling hard problems – and unearthed surprisingly hopeful stories that he’s distilled into three tools for problem-solving.

Facilitator: Jeanne Dzurick moved to Columbia several years ago and has been an insurance executive and financial adviser. She is co-founder of Divorce Consultants and works with attorneys and their clients to facilitate a fair and mutual agreement on asset division and support. After learning about TEDtalks, she felt a strong desire to share and discuss with other lifelong learners these presentations from some of the world’s greatest innovators and speakers.
WEDNESDAYS

Digital Photography: Landscapes and Nightscapes [8 SESSIONS]

9:30–11:00 a.m., Hillcrest C
Wednesdays: March 14, 21; April 4, 11, 18, 25; May 2, 9

The digital revolution has opened up amazing vistas for all photographers, professional and amateur alike. Recent generations of digital cameras, including even the camera phone, have made it possible to create images considered impossible only a few years ago. In this course we will examine how digital cameras (DSLR, all-in-one and camera phone) can be used to create spectacular landscapes and nightscape photos. We will also take a look at software to manage and improve these images after they are made.

Instructor: Val Germann bought his first decent camera in 1966 and has been lugging photographic equipment around ever since. He developed his first roll of black/white film in the 100-degree heat of the Mekong Delta, in 1969, and began making large landscape prints in Germany the following year, all while serving in the U.S. Army. Val strongly considered photojournalism as a career but retired from teaching a few years ago. He and his wife, Marla, have lived in Columbia for more than 40 years.

Math is Not a Four-Letter Word [4 SESSIONS]

10:00–11:30 a.m., Moss B
Wednesdays: March 14, 21; April 4, 11

Mathematics, like death, gets bad press. Part of this confusion stems from a misunderstanding of the true natures of mathematics and arithmetic. Mathematics is so much more (and more fun!) than times tables, long division by paper/pencil, arbitrary movement of decimal points and seemingly random and arbitrary ‘rules’. This course will explore those differences in a wide-ranging, light-hearted, hands-on AND FUN manner. Brain teasers and games will open the door to re-capturing and building our confidence to attack and solve real-world problems using the tools at our disposal. NO ONE will be uncomfortable at any time, and EVERYONE will have a good time and learn some interesting facts, distinctions, shortcuts and practical uses of mathematics. The number of course sections for each of the following topics will be flexible, and partly determined by special interests and input from enrollees:

A) What Is Math Anyway, and Why Is It so Hated?
B) Guaranteed Fun: Brain Teasers, Games, Puzzling Problems, Patterns and Other Goodies.
C) Exploration and Examination of our Fun Session(s) - What Are ‘Basic Skills,’ Anyway?!
D) Interesting (and Weird!) Mathematicians, and Stories About Them.

Instructor: Larry Campbell spent his career working as a mathematics professor, split equally (17 years each) between the College of the Ozarks and Missouri State University. Since retirement, he has been running AfterMath Enterprises, LLC, an umbrella organization for a variety of activities. Besides doing talks and workshops for civic/community groups and schools, he also puts out a (free) Photo/Sharing e-mail blog which combines his photography hobby with several other Monday morning brighteners and tidbits for the week. He also writes a bi-weekly educational column for the Springfield News-Leader.
Understanding Behavior and Change Through Trans-State Induction Theory [8 SESSIONS]

10:30 a.m.–Noon, Moss A
Wednesdays: March 14, 21; April 4, 11, 18, 25; May 2, 9

Who am I? Why do I behave the way I do? Why is it so difficult to change? Trans-State Induction Theory is a meta-theory that draws concepts from a variety of psychological and philosophical sources to answer these questions and to help individuals effect change. The course will explore how we conceptualize ourselves and each other, how we can get stuck in non-productive patterns of thought and behavior and how we can free ourselves to become more independent, more creative and more mature.

Instructor: Cindy Claycomb is a licensed psychologist, retired from clinical practice. She is trained in Trans-State Induction Theory and has used it as a basis for conducting psychotherapy for twenty years.

Rollin’ Down the River: Exploring the Mighty Missouri River [4 SESSIONS]

1:00–2:30 p.m., Moss B
Wednesdays: March 14, 21; April 4, 11

This course is based on the instructor’s 2016 seven-week exploration trip (by car) down the entire Missouri River, from official source in Three Forks, Mont., to its confluence with the Mississippi near St. Louis. By the time of the course’s completion, a wide variety of the River’s personality and make-up will be explored. The course should be of interest to everyone, from armchair travelers to history buffs, with scenery, photography, geography, the River’s people, and much more, thrown in for good measure. Course content will likely include (though perhaps not be limited to) a variety of topics, such as: A) General Overview of the Trip and the Course; B) Itinerary: Cities Along the River; B1) The Four State Capitals and Capitols; C) Adventures and Special Sites & Sights; D) Human Treasures: People and Stores Along the River; E) In the Footsteps of Lewis and Clark; F) The Paradox: A Cultural Divide and a Connector of Peoples. The number of course sections for each topic above will be determined by course length and format, as well as by special interests and input from enrollees.

Instructor: Larry Campbell. Please see bio on page 17.

A Window into Palestine [4 SESSIONS]

2:00–4:00 p.m., Moss A
Wednesdays: April 18, 25; May 2, 9

In the last two decades, a rich array of distinctly Palestinian feature-length films have come to worldwide attention – the work of masterful directors and screenwriters, such as Annemarie Jacir and Hany Abu-Assad, and accomplished actors, such as Hiam Abbass, Ruba Blal, Saleh Bakri and Ali Suliman. We have chosen a series of four films whose art illuminates the Palestinian people and their historic homeland – what is now Israel, the West Bank, East Jerusalem and Gaza—in marvelously diverse styles, from delicate, good-humored satire to elegiac melancholy to shocking abuse and violence to matter-of-fact documentary.
narration, frequently seamlessly sewn together within the same film. The dispossession of the Palestinian people over the last 70 years is the subtext of all the films, but for most of them that subtext is overlaid by a compelling story with its own independent dramatic integrity. We have excluded shrilly, polemical works. A short introduction to each film that provides essential background and points to key markers of the filmmaker’s skill will be posted and distributed ahead of time. There will be time after each screening for participants to express their reactions to the films.

**Instructors:** **Nancy F. Browning** is an emeritus professor of cultural diversity at Lincoln University of Missouri. Nancy has a wide-ranging interest in social justice. She is the secretary for Mid-Missourians for Justice in Palestine (MJP). In her retirement, she takes and teaches Osher classes, edits freelance and writes children’s books.

**George P. Smith** is an emeritus professor of biological sciences at the University of Missouri, with a long-standing interest in the politics and modern history of Palestine and Israel. He is a member of MJP and Jewish Voice for Peace.

**Jalal El-Jayyousi** is a Palestinian American. He is a member of MJP, a local grassroots group whose mission is to educate Mid-Missourians about the need for justice for the Palestinians. In 1967, Jalal and his family had to leave their homeland when Israel occupied the West Bank of the Jordan River in Palestine. He grew up in Jordan before coming to the University of Missouri for graduate studies. He works as an environmental engineer.
THURSDAYS

Financial Workshop: Your Source for Financial Education [4 SESSIONS]

9:00–10:30 a.m., Moss A
Thursdays: March 15, 22; April 5, 12

At Edward Jones, we believe financial education is an important step in helping you achieve a better future. That is why our Financial Workshop: Your Source for Financial Education offers clear and practical investing education in a convenient and comfortable format. By attending our workshop, you’ll gain a better understanding of the key principles of saving and investing and also learn specific strategies to help reach your long-term goals.

March 15: Foundations of Investing

Whether you are a new investor or need a refresher, building your investor IQ starts with understanding the basics: the importance of developing a strategy, the impact of asset allocation and the influence of inflation on your long-term goals.

March 22: Retirement: Making Your Money Last

What type of lifestyle do you want in retirement? You’ll need a strategy to help you fulfill your retirement expectations, focusing on providing not only for your income needs today but also well into the future. Includes inflation, health care expenses and market volatility.

April 5: Ready or Not? Preparing for the Unexpected

Life is full of surprises. You probably prepare for potentially unpleasant, unexpected events. A job loss, extended disability or loss of a family member can profoundly impact your family’s financial situation. During this presentation, you’ll learn how to develop a proactive strategy to protect your family.

April 12: Preparing Your Estate Plan

Estate planning is easy to put off, but it’s vitally important. Proper planning helps prepare a secure future for yourself and for generations to come: what to consider when creating a will, the benefits of trusts in estate planning, how to reduce estate taxes and how insurance can help protect your family.

Instructor: JR Lawless, AAMS, CFP, began his Edward Jones career in Versailles in 2003 and has served Columbia investors since 2005. He became a principal with the firm in 2016, serving in regional leadership positions and garnering awards for client service excellence. A native of Marshall, Lawless graduated from the U.S. Air Force Academy and Washington University. Lawless was a captain in the U.S. Air Force and deputy program manager for the Korean F-16 Fighter Program.

Our Changing World in the Next 25 Years [8 SESSIONS]

10:00–11:30 a.m., Moss B
Thursdays: March 15, 22; April 5, 12, 19, 26; May 3, 10

Wayne Anderson will discuss the following topics, all related to Osher’s theme this academic year of change:

- **March 15**: Elon Musk, Tesla, China and GM: the end of gas stations.
- **March 22**: Bill & Melinda Gates and Oprah Winfrey: the end of bacterial illness and illiteracy in the third world.
THURSDAYS continued

- **April 5:** Craig Venter, Drew Endy, human DNA modification: the end of inherited illnesses and defects.
- **April 12:** Jeff Bezos and Amazon, Jack Ma and Alibaba: the end of stores and malls as we know them.
- **April 19:** Kevin Carey, Ryan Craig and Google: the end of lectures, text books and colleges as we know them.
- **April 26:** Tim Cook, Apple, artificial intelligence and the reprogramming of the human brain.
- **May 3:** Norman Borlaug and the green revolution: restoring and recreating what we eat.
- **May 10:** Al Gore and Bjorn Lomborg: the struggle with Global Warming consequences.

**Instructor:** Wayne Anderson is professor emeritus of psychology at MU; he retired in 1995. Wayne was a team member for the International Center for Psychosocial Trauma from 1995 to 2011, making 26 trips into trauma zones; from 1995 to 2012, he taught an MU honors class in human sexuality and taught a capstone course in criminal justice at Columbia College; since 1996 he’s written a weekly travel column for the Columbia Daily Tribune and has taught two courses per year for Osher since 2004.

**Systems and Citizens:** Monitoring and Managing Social Change [8 SESSIONS]

11:00 a.m.–12:30 p.m., Moss A 
Thursdays: March 15, 22; April 5, 12, 19, 26; May 3, 10

This course will look at the roles both systems and citizens play in shaping the changes that affect our lives and communities. We will consider these issues through the lens of three books: *Evicted* by Matthew Desmond (poverty and housing), *Dreamland* by Sam Quinones (the opioid crisis) and *Dark Money* by Jane Mayer (politics and money). Classes will use interactive and structured small-group dialogues as we explore each book. Topics to be discussed for each book will include the systems that affect individual and community choices and their drivers, opportunities for citizens to monitor and affect those systems and how what we are learning can be used to affect change in our own community.

**Instructor:** Sarah J. Read has more than 25 years of experience in resolving complex issues as an attorney, mediator, facilitator and consultant. Sarah has taught Public Policy Dispute Resolution at the MU School of Law, and is a frequent speaker and writer on issues related to civic engagement. Ms. Read received her B.A. Degree, cum laude, from Yale University and her Juris Doctorate degree with the Order of the Coif from the University of Wisconsin.

**Life Choices from Existential Perspectives:** Kierkegaard and Sartre [8 SESSIONS]

1:00–2:30 p.m., Hillcrest C 
Thursdays: March 15, 22; April 5, 12, 19, 26; May 3, 10

This course will consider a number of basic choices in life that affect a person’s existence and consider what existentialist philosophers had to say about them. The choices include religious faith; whether always to do what one’s conscience demands; to whom or what should one be loyal; when one should use violence and when abstain from it; whether one should be honest throughout life about who and what she or he is; and how one should face death. The existentialists included Soren Kierkegaard and Friedrich Nietzsche in the 19th Century and Martin Heidegger, Jean-Paul Sartre, Albert Camus and Simone de Beauvoir in the 20th. We will consider the views of Kierkegaard and Sartre, in particular, because they have much to say that is debated by
reflective people; one was a theist and the other an atheist, so they disagreed with one another on many important issues.

Instructor: John Kultgen received a B.A. and Ph.D. in philosophy at the University of Texas and University of Chicago and taught at Oregon State University and Southern Methodist before coming to University of Missouri, where he taught for 40 years before retiring in 2007. At MU, John taught courses at the undergraduate and graduate levels on ethics and social issues and Existentialism, having published books and essays in both topic areas.

Culturally Significant American Films of the 1970s [8 SESSIONS]

1:30–4:00 p.m., Moss A
Thursdays: March 15, 22; April 5, 12, 19, 26; May 3, 10

In this eight-part series, we will review key historical and cultural events of the 1970s and the impact they had on the filmmakers and their films.

Instructor: John Blakemore spent 11 years in the advertising agency business in New York City, Detroit, and St Louis, managing the Coca-Cola Export, Gillette International, Buick Motor Division, and Ralston Purina accounts in one capacity or another. He ran his own advertising and public relations firm in Columbia for 11 years. He also spent 19 years as a professor of mass communication at Stephens College. As department chair, he created the film and the Marketing: Advertising and Public Relations majors. He currently serves on the Osher@Mizzou Advisory, Outreach and Development committees and the Community Foundation of Central Missouri board.

Advanced Energy Medicine: A Deep Dive into the Chakras [8 SESSIONS]

2:00–4:00 p.m., Moss B
Thursdays: March 15, 22; April 5, 12, 19, 26; May 3, 10

In this course we will take a deep dive into the chakra system as another pathway to the integration of body/mind/spirit, to further connect to health, healing and a deeper understanding of your innate gifts and talents. Please review the ‘Chakra’ Chapter in Donna Eden’s book, Energy Medicine, as this course starts where that chapter ends. After the closing ceremony of our final class, we will carry on our potluck-lunch tradition.

Prerequisite: Students must have taken the Introduction to Energy Medicine course or currently practice Donna Eden’s Daily Energy Routine on a regular basis and be familiar with the information in her book, Energy Medicine.

Instructor: Karen R. Onofrio, M.D., EEM-CP, artist and retired pathologist, continues to deepen her knowledge and understanding of the human body and human spirit. She is an Eden Energy Medicine Certified Practitioner, Authorized Energy Medicine for Women Class Instructor, Usui Reiki Master, a Free Soul Instructor and a HealthRhythms trained facilitator. She takes Wisdom Healing Qigong classes from Master Mingtong Gu.
Potpourri of the Arts [8 SESSIONS]

9:30–11:00 a.m., Moss A
Fridays: March 16, 23; April 6, 13, 20, 27; May 4, 11

Each semester, Osher invites the movers and shakers of mid-Missouri’s arts scene to discuss, display, perform and showcase their work. Join us for this grab bag of arts topics.

Coordinator: Carolyn Dye

March 16: Theatre for Social Change and Understanding

Join Ruth Ann Burke and Gail Humphries Mardirosian as they discuss Stephens College’s upcoming production of Sarah Treem’s When We Were Young and Unafraid, including a live excerpt featuring performers from the cast. Set against the 1972 backdrop of the Women’s Rights Movement and so many other influential national changes of the time, this powerful play demonstrates how theater is a lens to provide insight on a compelling time in our history. The play will be performed March 16-18, 2018, at the Warehouse Theatre at Stephens College.

Instructor: From the School of Creative and Performing Arts at Stephens College, Ruth Ann Burke is the business manager and serves as the executive director for the Okoboji Summer Theatre summer stock company, owned and operated by Stephens College.

March 23: Exploring the Foundations of Nineteenth-Century Literature

The nineteenth century saw the greatest flowering of literature the world has ever seen. Austen, the Brontës, Dickens, Poe, Dumas, Thackeray, Collins, Hardy, Tolstoy, Eliot, Stevenson, Chekov, Dostoyevsky, Turgenev, Flaubert, Zola, Hawthorne and many, many more. But the literary geniuses of the nineteenth century would be unknown to us if it were not for concurrent changes in technology (fast, moveable type, printing presses), sociology (middle-class wealth, leisure and literacy and the changing place of women in society) and religious/political atmosphere (the need to appeal to the public for support of causes). This session explores the interdependency of technological and social change with great literature.

Instructors: Mike Trial worked as a civil engineer with the Corps of Engineers for 30 years at various locations in the U.S. and around the world. He is now retired, living on the family farm near Columbia, and spends his time writing novels.

Yolanda Ciolli started Compass Flower Press in 2013 as the premier imprint of her independent publishing house, AKA-Publishing, which opened in Columbia, Mo., in 2008. The two imprints publish a range of mainstream and genre fiction and nonfiction. In her previous careers, she owned 50 Minute Photo, a photofinishing, professional photography and graphics business for 24 years. She is a ceramic artist and painter and stays involved in the arts.

April 6: Writing and Performing a Play about a Homeless Camp

This session focuses on the writing and performing of Chuck’s Jungle: A Night the Campsite, which depicts a campsite of three homeless men, and three visitors who pass through. They share tents, food, alcohol, cigarettes, clothing and stories while
trying to figure out how to get along. The play will be performed April 12-15, 2018, at the Broadway Christian Church.

**Instructors:** David Webber, a retired MU political science professor, has written three plays — two about homelessness. He is a long-time volunteer at local homeless services.

Caryl Bryan is a veteran of local community theatre and homeless services. She has previously directed two plays about homelessness.

**April 13: An Introduction to the Unbound Book Festival 2018**

The Unbound Book Festival will return to Columbia for its third annual event on April 19-21, 2018. The festival more than doubled attendance between its first and second years, and it continues to grow in interesting and exciting ways. More than 40 nationally acclaimed writers and poets will come to mid-Missouri from across the country to talk about their writing. With programs for fiction, nonfiction, poetry and children’s literature, there is something for everyone. Come and learn about the authors and poets who will be attending this year’s festival, and the excellent panels and conversations we have planned. You'll learn about some of the new events for this year, one of which involves both pie and whiskey, and another of which features a renowned jazz musician playing music to accompany the poems of Carl Sandburg. Get hints and suggestions about how to plan your day in order to make the most of the event.

**Instructor:** Alex George is the founder and director of the Unbound Book Festival. He is the author of six novels, including *A Good American*, which was a national and international bestseller, and most recently *Setting Free the Kites*, both of which were published by Penguin. He also has his own law firm in Columbia.

**April 20: A Visit with Author Gary Scharnhorst**

Gary Scharnhorst will discuss his most recent book, *The Life of Mark Twain: The Early Years, 1835-1871*. This book begins the first multi-volume biography of Samuel Clemens to appear in over a century, and covers Clemens’s childhood in Missouri to his work in print shops and as a Mississippi River pilot, to his writing stint in Nevada and his trip to Europe and the Holy Land, and ends with his move east to Buffalo, New York. Scharnhorst also will talk a bit about his writing process, including the discovery of documents relevant to Clemens’s life in Missouri, along the Mississippi River, and in the West, some of which have been presumed lost.

**Instructor:** Gary Scharnhorst is distinguished professor emeritus of English at the University of New Mexico. He is the author or editor of fifty books, including *Mark Twain on Potholes and Politics: Letters to the Editor*. He lives in Albuquerque, New Mexico.

**April 27: The Role of an Art Director – Sager Braudis Gallery**

Join Hannah Reeves of Sager Braudis Gallery for a description of a “day in the life” as she directs a local, for-profit art gallery. Hannah will also give a preview of Sager Braudis’ May show – an opening
reception is scheduled for Friday, May 4, 6 to 9 p.m., as part of ‘First Fridays’ in Columbia’s North Village Arts District.

**Instructor: Hannah Reeves** serves as director for the Sager Braudis Gallery in Columbia. Prior to her current role, Hannah was director at the Bingham Gallery in MU’s Department of Art. She holds a B.F.A. in drawing and sculpture and an M.F.A. in fibers, both from MU. Hannah says that Sager Braudis “is more than a retail business – it’s a fixture in the art community. It’s important to me that the gallery serve this community… and I want to further connect Sager Braudis to art-centered MU events and projects.”

**May 4: A Visit with MU’s Chiyedza Mbira Ensemble**

Join Dr. Megan E. Arns and her students to learn about African instruments of Zimbabwe and experience the amazing sounds they produce. According to a recent article in the Columbia Missourian, the mbira “is a type of thumb piano from Zimbabwe created by the Shona people – a Bantu ethnic group native to the country. Traditionally, the instrument is made up of metal keys attached to a wooden soundboard. Bottle caps and other items attached to board vibrate to make sound when the keys are plucked. The sounds are believed to attract spirits.”

**Instructor: Megan E. Arns** is a percussionist, ethnomusicologist and educator with a diverse set of skills and a driven passion for her craft. She is a member of the music faculty at the University of Missouri as an assistant teaching professor of percussion, and also serves on percussion faculty at Interlochen Arts Camp and Valencia International Performance Academy during the summer.

**May 11: Music and Humor in Science and Mathematics**

Music and humor help people have fun and enjoy what they are doing. A lot of folks dread science and mathematics because they think those subjects will be dull (and uninteresting). This session will show participants that humor can be found in science and math, and that a song can be generated by many otherwise obtuse subjects. Both music and humor are doorways into the memory and learning.

**Instructor: Jeff Moran** has written nearly 200 songs about a wide range of subjects. Most are about various scientific topics, but some delve into other areas, and he has written a few songs for his church choir to sing. He has performed everywhere from Cooper’s Landing to the Smithsonian in Washington, D.C. Currently he lives with his wife (formerly a wildlife biologist) on 20 acres in Callaway County that they have restored to native prairie.
The Brown Bag Seminar Series

11:15 a.m.–12:45 p.m., Moss A
Fridays: March 16, 23; April 6, 13, 20, 27; May 4, 11
[8 SESSIONS]

Brown Bag seminars are open to all Osher premium, semester and basic members throughout the academic year. Feel free to bring some food to this “lunch & learn.”

Coordinator: Carolyn Dye

March 16: An African American History of Columbia
Bill Thompson will share personal experiences and stories about living in Columbia from an African American male perspective. He also will talk about his contributions in helping to create a plethora of diverse and engaging community programs here in town.

Instructor: Bill Thompson recently retired from Columbia Parks and Recreation and was the winner of the 2017 Columbia Values Diversity award. Bill helped to create many local organizations and programs including, among others, the CARE program for kids; “Moonlight Hoops” at Douglass Park; the Douglass Athletic Association for kids learning about baseball; STARS to help kids grow up; Boys & Girls Club; the Martin Luther King Jr. Memorial; and the original Blind Boone dancers, which became the Mid-Missouri High Steppers. He also was one of the original members of the Blind Boone Home Foundation. Bill plays music for Log Providence Baptist and Russell Chapel Methodist churches and has his own music ensemble, ‘Jam Session.’

March 23: Now That My Eyes Are Open: Tales from a College Diversity Classroom
For 16 years, Dr. Nancy Browning taught the general education course “CD200: Cultural Diversity in Modern America” at Lincoln University of Missouri, an HBCU (historically black college or university), to thousands of students. She will share stories about the racism, sexism, classism and heterosexism that students encountered and wrote about in their class papers as well as inspiring stories of change.

Instructor: Nancy F. Browning is an emeritus professor of cultural diversity at Lincoln University of Missouri. Nancy has a wide-ranging interest in social justice. She is the secretary for Mid-Missourians for Justice in Palestine (MJP). In her retirement, she takes and teaches Osher classes, edits freelance and writes children’s books.

April 6: The Amazing Instant Pot
Have you heard of the Instant Pot—the amazing electric pressure cooker that is an Amazon bestselling phenomenon? Should you join the Instant Pot cooking revolution? This do-all small appliance makes delicious food at super speeds. Diane has been an Instant Pot owner and advocate since 2012. We will cook a roast in class while examining the different models, features and accessories.

Instructor: Diane Peterson is a retired school library media specialist who promotes the romance novel industry as an analyst, speaker, reviewer and writer. Diane is very active on Goodreads, tracking her own extensive library of romance books, writing reviews and following many authors and groups.
April 13: What Happens at Waters-Moss When You’re Not in Class?

Columbia Parks and Recreation programs activities throughout the year from early morning to 11 p.m. Get a snapshot of the people here, what they do and how you can join in the activities. Daytime programs, Monday through Friday, are geared to adults 50 and better. You will get a good sense of how Osher fits in the whole picture of what is happening at Waters-Moss.

Instructor: Debbie Reschly is a graduate of Goshen College and worked as a travel agent at Canterbury Travel for 18 years. The last 23+ years have been at Columbia Parks and Recreation as tour manager/recreation specialist overseeing OAK Tours (now 50+ Tours) and 50+ programing.

April 20: The Golden Age of Pop Entertainment

This course will provide a nostalgic reflection on entertainers from the Golden Age of film, music and television.

Instructor: Terry Farmer is retired from a 30-year career teaching American History with the Columbia Public Schools. His wife is also a CPS retiree and former history and geography teacher. Their hobbies are international travel, raquetball, gardening, reading and watching very old black and white movies in the film noir genre. Pathetic as it may be, he’s the guy who still reads all the credits at the beginning and ending of every film, even if he’s seeing it for the twentieth time.

April 27: Annie Fisher, the Biscuit Lady

Reenacting the life of Annie Fisher is a volunteer effort for presenter Verna Laboy. She takes time off from her work as a city health educator and community activist, and puts in a significant amount of preparatory time for each presentation she’s done since 1996. Yet she still hopes more classroom teachers and community organizations will call on her to put on the apron and haul her turn-of-the-century biscuit machine out of her closet to appear as Annie Fisher. Verna’s goal is to make sure Fisher’s story – a story of the black community’s success in Columbia – “won’t die with me.”

“The resilience [of Annie Fisher], the beating the odds, rising above the perception of others and capitalizing on it to a point where she grew to be very successful,” is her main message, Laboy says. “And it didn’t really matter to her what other people thought of her. She was so good at what she did, and she loved it.” Verna hopes that students, by hearing the stories of Fisher and other figures in Columbia’s history who overcame considerable obstacles, will be encouraged to not let anything stand in their way of their dreams, their goals, their success.

Instructor: Verna Laboy is a health educator with Columbia/Boone County Public Health and Human Services, overseeing the ‘Live Well by Faith’ program, a wellness initiative for historically black churches aimed at reducing disparities in Boone County by decreasing the prevalence of high blood pressure and diabetes among African Americans.

May 4: Conservation of the Genetic Diversity of Crop Plants: A Pressing Need for Future Food Security

Over the last few decades, there has been a significant decline in the genetic diversity within crops and in the number of plant species commonly grown for food or feed. What does that mean for a growing world population? Come and
hear our presenters describe existing methods of crop cultivation and how the application of new genetic resources by plant breeders may combat diseases and pests, breed plants that can be productive in drought conditions and in soils with increased salinity and improve the nutritional value of crop plants. They’ll also discuss ex situ conservation (seed and germplasm banks) and in situ conservation (land races and heirloom varieties) of plant species and how they play essential roles in helping to preserve crop diversity, among other related topics.

Instructors: G. Michael Chippendale grew up in England where his interest in biology began. He moved to the U.S. and received his Ph.D. degree in entomology, spending his career at MU. His area of teaching and research was insect physiology, focusing on the relationship between insects and their host plants. His research led him to an understanding of the importance of maintaining the genetic diversity of crop plants to help keep them resistant to attack by pests and diseases.

Elizabeth D. Owens grew up on an experiment station in Idaho, where she worked as a student summer tech for plant breeders and entomologists. She completed a Ph.D. in crop protection entomology. In her career, she conducted research on control of insect pests, especially proud of the work she did in the regulation of products from biotechnology. In retirement, she serves as a docent for the World Food Prize Hall of Laureates in Des Moines.

May 11: Kenya: Safari and Mobility Worldwide Mission

Mobility Worldwide makes 3-wheeled, hand-operated carts that are a substitute for wheel chairs. These are given to people with mobility issues in more than 100 developing countries around the world. Last April, presenter Jeff Moran traveled to Kenya to participate in a distribution of these carts. A three-day safari was included as a part of this trip. This class will be a combination of pictures of that safari and the cart distribution.

Instructor: Jeff Moran has been volunteering with Mobility Worldwide for several years. He assembles the carts in the Columbia shop, and has participated in several cart distribution trips in Guatemala, as well as his recent trip to Kenya.
SPECIAL EVENTS: EXTRAMURAL

Want to take full advantage of your Osher membership? Then join a club this spring! Clubs are open, at no charge, to all current members, including premium, semester and basic.

El Club de Español

Tuesdays, 2:00–4:30 p.m., Hillcrest C

Habla español? Osher’s Spanish club is for participants who have studied the present and the preterite tenses in Spanish. Beginners will meet from 2 to 3 p.m., and advanced speakers from 3 to 4:30 p.m. Please call club organizer Judy Elliott at 573-424-4244 if you plan to participate in El Club de Español.

Diversity Book Club

Every third Thursday, 3:30–4:30 p.m., Hillcrest C

During each month of the Osher semester, Nancy Browning, Professor Emeritus of Cultural Diversity at Lincoln University, will facilitate a book discussion centered on diversity issues. Please plan to have read the book in advance and come to the monthly meetings ready for discussion, with questions, comments, and quotes to share. February’s book is Evicted: Poverty and Profit in the American City, by Matthew Desmond. Future books are decided by the group and will be announced via Osher’s e-newsletter.

Osher Sings Club

Mondays, 3:30–4:30 p.m., Moss A

The ‘Osher Sings Chorus’ launched in Fall 2017, and now makes its debut as an official Osher club. Come and sing along just for the sheer joy of singing – no experience necessary. The group is led and accompanied by two enthusiastic MU music students, and Osher member Michael Porter remains as the group’s founder and head ‘lounge lizard.’ Join in on the fun!

Travel Club

Every second Wednesday, 2:00 p.m., Hillcrest D

The Travel Club, originally an Osher@Mizzou class, is an open forum and agenda for sharing travel tips, tales, opportunities, photos, destinations, and deals. We’ve had presentations on extended living in a foreign country, purchasing the right camera, and the merits of traveling alone or in a group. If any of this sounds enticing, join the Travel Club at their monthly meetings. Please share your email address with sharonkinden@yahoo.com and she’ll add you to the mailing list for reminders and minutes of the topics and web resources discussed.
SPECIAL EVENTS: EXTRAMURAL continued

Osher Saturday Morning Book Talks

Coffee and cakes at 9:30 a.m.; Book Talk 10 a.m.; Hillcrest D
Book selling and signing will follow the Book Talks

Your participation is welcome on the first Saturday of the month. Osher members at any level may attend at no additional charge. For all others, admission is $3, or you can purchase a 10-event punch card for $20. Please thank the sponsors for their support of Saturday Morning Book Talks.

April 7
Sponsor: Lyanne Riley

Forty years ago, local author William Trogdon was faced with an array of bad news, just about this season. In the third paragraph of the book that grew from these sorrows he wrote: “A man who couldn’t make things go right, could at least go.” Trogdon did go more than 13,000 miles in 90 days and from that odyssey came his new name, William Least Heat-Moon, and a new life. He wrote Blue Highways: Journey into America (1982) – a book that spent 42 weeks on the NYT Best Seller List and has never been out of print! In the four decades since that trip, Heat-Moon has been authoring powerful books on people, places and the connections between the two with him as the observer and the questioner. Now, he has left creative non-fiction and engaged the medium of fiction for his 2017 debut novel Celestial Mechanics. In this innovative blending of fiction, near-fantasy and the protagonist’s continual search for ‘being harmoniously alive’ comes a new view of Heat-Moon. To create a special venue for the presentation of his novel, the Osher Saturday Morning Book Talk has organized an hour-long interview and audience discussion. Geography professor Dr. David Nemeth from the University of Toledo (and author of a very comprehensive review of Celestial Mechanics) will interview author Heat-Moon. Be sure to come to this first-ever formally interactive presentation of an Osher Saturday Morning Book Talk.

May 7
Sponsor: Beverly Smull

In our continuing effort to bring new ideas and new authors to the program, this Osher Saturday Morning Book Talk will present a very different ‘speaker.’ Author, editor and falconer, Steve Heying has been a part of the Osher Book Talks since they began. On May 7 he will play his first role as formal book presenter. He first experimented with falconry in 1964 and, since 1968, has been deeply involved in all aspects of falconry – both in Missouri and all across the U.S. In his detailed editing and updating of the basics of falconry, Heying has taken English falconer Tony Hall’s 2003 volume, and made it both up-to-date, and germane to American regulations and environments for falconry. Assisting him in his presentation will be “Big Bird, aka Moose,” a bird Steve has worked with – and lived with – since 2010. Know that this Book Talk has not come about because of a continuing call from Osher members asking more about falconry, but rather because Steve’s emotional and intellectual commitment to falconry is a phenomenon to witness and learn from. Steve has reassured me that all will be completely safe in the presence of Big Bird. If she gets bored with Steve’s words, he tells me, she will let him know to speed it up and feed her. I welcome you all for this new spin on the Osher Saturday Morning Book Talks.

June 2
Have Fun in Burma (2017) by Rosalie Metro
Sponsor: Judy Metro

Rosalie Metro’s first novel comes to our Spring Book Talks because of a dream her heroine had about an unknown locale in Burma (known as Myanmar since 1989). In the novel, Metro’s lead character imagines herself in a Burmese world, and encountering landscapes and peoples she had never known—or even thought much about. Then, Adela Frost, just days away from high school graduation, encounters a Burmese man in the cafeteria food line who is rolling sushi but also voicing a faint but strong chant. The girl, captured by his low and guttural voice that seemed to radiate the words rather than actually chant them, began a very sketchy conversation with him. This led to him saying a few more words in Burmese and then — oh, these lines that can so powerfully open so many novels and travel chronicles — he asked if Adela would like to have him teach her some Burmese. “Sure,” she said. And this launches a fascinating novel with themes of ethnic tensions, religious conflicts, threats of ethnic cleansing, awkward American involvement in local political unrest, Rohingya persecution… and add to that, this is the setting George Orwell used for his 1949 novel, Nineteen Eighty Four.
Columbia Parks and Recreation welcomes Osher members to an exciting new spring session at Waters-Moss Memorial Wildlife Area that includes Hillcrest Community Center, Moss Building and Waters House.

We hope you have taken advantage of the added benefits offered this Osher academic year (September 2017 through June 2018) that included a 2018 Parks & Recreation Hillcrest 50+ membership as well. As members, you can enjoy the following activities at Parks and Recreation facilities at Waters-Moss: Osher clubs, Saturday Morning Book Talks, painting groups, Mah Jongg, adult coloring, rug hooking, knitting, karaoke and games such as Mexican train dominoes, bingo and jigsaw puzzles, as well as potlucks.

Pick up a monthly calendar or visit www.CoMo.gov, then search “Senior/50” or let the Hillcrest front desk know you would like to receive the calendar by monthly email. The Hillcrest front desk can be reached Monday–Friday, 8:30 a.m.–4:30 p.m., at 573-874-7475.

50+ travel opportunities

Hop on board the chartered motor coach and join Columbia Parks and Recreation for fun and relaxation. Our 2018 travels begin in March as weather improves. We will attend the three remaining New Theatre Restaurant shows in the 2018 season. Watch our newsletters for future 2018 trips or call or stop by the Hillcrest front desk for the most up-to-date information (573-874-7475).

50+ Explorers

Our 14-passenger Parks and Recreation bus takes monthly trips at a minimal cost around Columbia. Each activity also includes a meal for social time together.

50+ Tours

Escorted day and overnight trips are onboard White Knight charter coaches. Trip costs will vary depending on length and included activities. Quality, safety and pacing are important to planning our trips.

March 9, 2018 — ‘Through the Eyes of Picasso’ Exhibit at the Nelson-Atkins Museum in Kansas City.

May 2–4, 2018 — 3 day/2 overnight trip to the Pella Tulip Festival in Iowa.

Spring 2018 — Watch for a date to be announced to return to Kansas City’s WWI Museum for the John Singer Sargent Exhibit of his painting, Gassed, on loan from the Imperial War Museum in London.

The New Theatre Restaurant in Overland Park, Kan., has unique surroundings, a food buffet that is fresh and tasty, and true professional entertainers. 2018 shows will include:

Mar. 28, 2018 — Barefoot in the Park, starring Cindy Williams and Eddie Mekka (Laverne & Shirley)

Jun. 6, 2018 — Sister Act (with an all-star cast)

Sep. 19, 2018 — Mamma Mia! (with an all-star cast)

Activities and meeting space

The Moss Building and Waters House are available for weekend rentals and some mid-week dates on a limited basis. With space for 80–150 people, they make a great place for meetings, birthdays, graduations, wedding receptions, reunions and other events. With a two hour minimum, plus a refundable deposit, consider this affordable and versatile space for your next gathering.

Contact Parks and Recreation Main Office at 573-874-7460 for availability and pricing.
INVESTING IN OSHER@MIZZOU

Please consider making a tax-deductible donation when you register for classes. Donations help our organization better serve its membership, keep fees affordable and solidify the future of programming and mission.

It’s easy – simply add in your donation amount on the Winter Semester registration form, on page 33. Or to donate online, go to osher.missouri.edu and click on “Give to Osher@Mizzou” at the top right of the web page. Staff may answer any questions you may have; please call us at (573) 882-8189.

FOUNDING MEMBERS - OSHER ADVOCATES

The following individuals/couples each donated $1,000 in support of Osher’s mission as part of the original Osher Advocate campaign in 2017. We appreciate their leadership and generosity.

Wayne Anderson, Ph.D., Professor Emeritus
Don and Joan Bay
Thomas and Barbara Bender
John and Patti Blakemore
Emily Bonwich
Ron and Judy Carter *
Robert and Barbara Churchill
Thomas Dillingham and Judith Clark
Patti Doyle
Carolyn Dye
William B. Fisch
Lawrence M. and Aileen R. Garvin
Beverly Giangiacomo
Anne Gifford
Robert Hibbs
Ken and Pat Hutchinson
Jason Ingram and Dr. Kimetha Fairchild
Beverly Kabrick
Sharon Kinden *
Don and Linda Ladd
Martha Matthews *
Carol A. McAllister
Peter and Pat McDonald
Ruth Miluski
Georgia Morehouse *
Stephen and Joan Mudrick
Jerry Murrell
Von and Joyce Pittman
Michael and Rose Porter
Neil and Lyanne Riley
Kit and Cathy Salter
Sally Silvers
Beverly Smull
Lindalee Stahlman Volmert
Gary and Beth Stangler
Marcia Walker
Paul Wallace and Robin Remington
George and Helen Washburn
Jack Wax
Nan Wolf
Anonymous
Anonymous
Anonymous, in honor of Helen Washburn

* indicates Sustaining Member (donated $500 or more during Osher’s 2018 academic year)

FRIENDS OF OSHER (Osher 2017/2018 fiscal year)

Special thanks to the Friends of Osher, who have provided support through monetary contributions above their registration fees. (Contributions received after Jan. 31, 2018, will be acknowledged in the Summer Catalog.)

Jerry Benedict
Jane Biers
Robert and Cokie Blake
Diane Booth and Jeanne Sebaugh
Marilee Dunn
Fred Erickson
Joseph and Jessica Giacchi
Jean Gurucharri
Sandra Knight
Alice L. Landrum and William L. Summerfield
Joan Luterman
Wayne and Pat Merrill
Bob and Bonnie Mullen
Mary Nesladek
Warren and Debbie Prost
Donna Reed
Candida Rogers
Gary Tatiow
Harvey Wax
Clarence Wolfshohl

Mark your calendar:

‘Mizzou Giving Day’ is coming up on March 14–15, 2018, during the first week of Osher Spring classes. This is a 24-hour, online effort to raise support from the entire Tiger family. Osher@Mizzou could qualify for bonus funds if it demonstrates significant participation. We hope you will consider donating as part of this exciting effort!
Please fill out enrollment form completely.

Name: ___________________________________________

Address: ________________________________________

City: ___________________________________________

State: ___________________________ ZIP code: __________

Daytime phone: ____________________________

Alt. phone: ___________________________________

Email: ___________________________________________

☐ Yes, please email me about course changes and cancellations for inclement weather, as well as information about upcoming films. (We will not share your email address with other organizations.)

☐ Yes, please contact me about Osher volunteer opportunities.

Note: We occasionally take pictures or record video segments of Osher classes and participants for internal and external communication regarding Osher@Mizzou. If you would prefer that we NOT include you in photos or identify you individually in photos that may eventually appear in brochures, press releases or in other forms, please notify one of the Osher staff. We cannot control how photos and video taken by the media at public sessions are used, but Osher will do its best to honor your request for Osher publications and presentations.

Membership

Decide your preferred membership enrollment status and determine your fees:

<table>
<thead>
<tr>
<th>MEMBERSHIP TYPE</th>
<th>TOTAL</th>
</tr>
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<tbody>
<tr>
<td>Basic — $40 I am only interested in clubs and Brown Bag Seminars for the complete school year. (This does not include attending any courses).</td>
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</tr>
<tr>
<td>Premium — $140 I want to register for any and all courses for the remaining school year for one price.</td>
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<tr>
<td>Returning Premium member — $10 I am re-enrolling for a subsequent semester.</td>
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<tr>
<td>Semester — $20 enrollment fee plus course fees I prefer to pay separately for each course I select.</td>
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<tr>
<td>Total A — (from next page) for the total course fees for individual sessions in which I am enrolling.</td>
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<tr>
<td>Total B — (from next page) for the total course fees for single sessions in which I am enrolling.</td>
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<tr>
<td>Non-member I only want to take individual sessions of a series. (This does not include any member benefits.)</td>
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Total amount of enrollment fees above

I wish to make a tax-deductible donation to Osher@Mizzou

TOTAL AMOUNT ENCLOSED


Total due and payment information

Payment by check or money order:
Enclose check or money order payable in U.S. dollars to the University of Missouri. Do not mail cash. Mail payment to:

Osher@Mizzou
344 Hearnes Center
Columbia, MO 65211

Payment by credit card:
Mail your completed enrollment form to the address above, or register over the phone by calling 573-882-8189.

For office use only
(C129798)

Customer ID _______________ Receipt # _______________

Method of payment

☐ Cash (accepted at office)

☐ Gift certificate

☐ Check (payable to University of Missouri)

☐ Credit card

Type: ☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card number: ___________________________ Expiration date: __________

Name on card (please print): ___________________________________________

Signature: ________________________________________________

For office use only

Check # ____________________ Date ____________________
**Spring course enrollment**  
Registration opens Feb. 27, 2018. Please submit a separate form for each participant. Photocopies are acceptable, or you may print copies from our website at [osherspring2018.](http://osherspring2018)

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### A. Premium and semester enrollment

**Premium members:** Check the box for the course(s) in which you wish to enroll. There is no extra cost after your Premium fee.

**Semester members:** Check the box next to the course fee for the course(s) in which you wish to enroll, and add the total fees at the bottom of the section.

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#### FRIDAYS

<table>
<thead>
<tr>
<th>Date</th>
<th>Course</th>
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<tbody>
<tr>
<td>March 16</td>
<td>Potpourri of the Arts</td>
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**Total A course fees**

(add to Semester totals on other page)

#### B. Single sessions only

**Semester members** and **Non-members:** Check the date(s) for each single session in a series in which you wish to enroll. Write the total ($25 per session) for each series.

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#### FRIDAYS

<table>
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<td>March 16</td>
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### Cancellation Policy

There is a $20 processing fee for canceling courses and no refunds will be issued once the class has held one session. Email cancellations to [osher@mizzou.edu](mailto:osher@mizzou.edu) or by mail to Osher@Mizzou, 344 Hearnes Center, Columbia, MO 65211.
DIRECTIONS AND PARKING

Courses are held in the Moss Building at the Waters-Moss Memorial Wildlife Area at 1905 Hillcrest Drive in Columbia, Mo., unless otherwise noted.

Directions:
Located about 1/3 mile from the Stadium/Old Highway 63 intersection. Turn on Hillcrest Drive. The Moss Building (Osher@Mizzou) and the Hillcrest Community Center will be on the left. The Moss building entrance is located on the east side.

Parking is conveniently located.

Visit osher.missouri.edu to view our catalog online.

OSHER UPDATES

Each week we email all members and these emails often include information not printed in the course catalog. Details about upcoming Brown Bag Seminar sessions and reviews of the movies to be shown at the Friday Afternoon Film Festival are routinely shared in these emails. In addition, new and exciting events might come up later and will be scheduled as a talk, a formal presentation or seminar. We rely on email to get you this timely information.

You can stay well-informed if you send your email address to osher@mizzou.edu. Do it today! Be sure to check your email for information about spontaneous events that might prove exciting.

THANK YOU

Bernard Osher Foundation

Barbro and Bernard Osher
Come as learners.
Leave as friends!

Osher@Mizzou delivers courses designed to complement the interests, concerns and lifestyles of the over-50 adult.

Classes begin
Monday, March 12!