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This program is brought to you by MU Extension and the Bernard Osher Foundation.

ABOUT MU EXTENSION

Using research-based knowledge, University of Missouri Extension engages people to help them understand change, solve problems and make informed decisions.

MU Extension makes university education and information accessible to create

• economic viability,
• empowered individuals,
• strong families and communities and
• healthy environments.

MU Extension partners with the University of Missouri campuses, Lincoln University, the people of Missouri through county extension councils, and the National Institute for Food and Agriculture of the U.S. Department of Agriculture.

Learn more at extension.missouri.edu.

Cover photo of winter berries in Columbia, Mo., courtesy of Jennifer R. Erickson
You are invited.

Those are three of the most welcoming words I know, and I say them sincerely. You are invited to take a class, a course, to join in an interest group or to become an Osher member at whatever level serves you best. You’re invited to become a part of the Osher community — to attend classes, to meet others who share your interests and your desire to continue learning.

You’re invited to volunteer and to get to know the other volunteers and learners who make Osher possible. What I’m saying is that if you’ve been waiting for an invitation to get involved with Osher, here it is. Let’s say, just hypothetically, that you’ve been thinking of becoming an Osher volunteer. Maybe, you’ve got an hour or two a week, and you are thinking that it might be fun to use that time to help support Osher. Maybe, you can see yourself answering the phone and doing light office work, or helping out at social events, or introducing speakers and serving as a class host? Maybe you have some ideas for programs and would like to serve on the program committee; maybe you want to help distribute catalogs. Who knows? There are many, many different ways that you can help Osher and your fellow classmates. Plus, the more people who volunteer, the more services we can provide to Osher learners. The better we will all be.

But I have to warn you. Once you get started, you’re likely to get hooked. That’s what happened to me. After I retired, I knew that it would be important to remain connected with other people and do useful things. I had taken a few Osher classes, and I enjoyed them thoroughly. I knew nothing about how Osher operated. I didn’t even realize that all the teachers are volunteers who don’t receive even a penny for teaching. (They do receive one free meal, though, at the Instructor Appreciation Dinner held in the fall.) I didn’t know that there was an advisory council, composed of all volunteers, or an outreach committee, or a programs committee, or a volunteer committee, or even a development committee. All composed of people like you and me, people who think that the Osher experience is so worthwhile that they want to support it.

So, please, think about it. If you think Osher provides a valuable experience, you may decide to give volunteering a try. I’ve been doing it for a couple years now, and I’ve noticed that everyone else who volunteers enjoys helping out. You won’t get paid, but you will be part of a thriving organization that is doing worthwhile work in Columbia.

To learn more about volunteering for Osher@Mizzou, check the box on the course enrollment form that indicates you’d be interested. It’s as easy as that. Someone will contact you, and you’ll be on your way to an interesting and fulfilling experience.

Sincerely,

Jack Wax, Osher Advisory Council Chair
IMPORTANT DATES

Tuesday, Jan. 9, 2018
Winter Registration Opens

Monday, Jan. 22, 2018
Winter Semester Begins

Monday, March 12, 2018
Spring Semester Begins

Monday, March 26 – Friday, March 30, 2018
Spring Break

Monday, June 4, 2018
Summer Semester Begins

INCLEMENT WEATHER POLICY

If the Columbia Public School System cancels classes due to inclement weather, Osher@Mizzou classes will not meet on that day.

OSHER@MIZZOU FOR ALL

We are dedicated to making Osher Lifelong Learning Institute at the University of Missouri membership and participation affordable and accessible to Columbia area residents over 50 who wish to be involved. If you would like to request tuition assistance or require disability-related accommodations or special assistance, contact the Osher@Mizzou office at osher@mizzou.edu or 573-882-8189.

If you wish to make a gift to support our programs (including our scholarship fund), go to Osher’s website (osher.missouri.edu) and click on Give to Osher@Mizzou. Or you may contact Osher’s staff at Osher@Mizzou.edu or 573-882-8189.

CONDUCT OF STAFF, ADVISORY COUNCIL, INSTRUCTORS, MEMBERS AND VOLUNTEERS

Osher members and Osher instructors are fundamental in partnering with MU Extension to guide and deliver programs relevant to the citizens of Missouri. Extension depends on volunteers to operate with a high standard of ethical conduct.

All Osher members and instructors must understand and observe these basic standards:

• Treat all youths and adults with respect and without discrimination. This standard includes providing equal access to participation for all, regardless of their race, color, national origin, ancestry, religion, sex, sexual orientation, gender identity, gender expression, age, genetic information, disability or protected veteran status.

• Avoid harming youths or adults, whether through neglect, sexual harassment, physical force, verbal or emotional abuse.

• Obey the laws of the locality, state and nation.

• Display mutual respect to one another.

• Practice personal and intellectual integrity.

• Demonstrate responsible decision-making.

• Display tolerance and respect for diverse opinions and perspectives.

• Avoid situations where a conflict of interest may occur, regarding their role as an MU Extension volunteer and their business interests.

Additional information and policy details may be found within the MU Extension Volunteer Conduct policy.

The University of Missouri complies with the Americans With Disabilities Act of 1990. If you have a disability and need accommodations for an Osher course or event, please notify the Osher@Mizzou Office at 573-882-8189 or 344 Hearnes Center, Columbia, MO 65211 as soon as possible so necessary arrangements can be made.
PHOTO AND PARTICIPATION DISCLAIMERS

Osher@Mizzou does not collect individual waivers for use of photographs or for liability.

Osher@Mizzou reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of Osher@Mizzou or by other participants, for promotional purposes. By enrolling in an Osher@Mizzou program, participants agree to allow their images to be used in such photography. Participants who prefer their images not be used are asked to contact the Osher@Mizzou office at 573-882-8189.

Individuals acknowledge and assume any and all risk associated with participation in Osher@Mizzou activities. The University of Missouri makes no representation regarding the appropriateness of any activity for an individual. Osher@Mizzou disclaims any and all liability for each individual’s participation in said activities.

If you register for a course or event that involves physical activity, you are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended you consult your physician before participating in any physical activity. Osher@Mizzou disclaims any and all liability for each individual’s participation in any course that involves physical activity.

Volunteer instructors are responsible for developing their own course content. The information, views and opinions provided by Osher@Mizzou instructors are those of the instructor and do not necessarily reflect the views and opinions of the University of Missouri or the Osher@Mizzou program.

MAKE CHARITABLE CONTRIBUTIONS FROM YOUR IRA

For those age 70 ½ or older, it is possible to make tax-favored charitable gifts from traditional and Roth IRA accounts. A total of up to $100,000 can be transferred directly from traditional or Roth IRAs to one or more qualified charities, such as the University of Missouri, free from federal income tax each year.

There may also be state income tax savings. Amounts given in this way count toward required IRA minimum withdrawal amounts for the year of the gift.

If you are ready to make a charitable IRA rollover to Osher@Mizzou:

• Contact your IRA provider as soon as possible to initiate the rollover.
• Contact the MU Office of Gift Planning and Endowments to alert the university to receive the rollover.
• Call 1-800-970-9977 or email giftplanning@missouri.edu.

OSHER MEMBER COMMITTEES

Osher is a program that thrives thanks to the devoted work by our Advisory Council and its standing committees:

• Program
• Finance
• Development
• Facilities
• Volunteer
• Outreach

Osher Advisory Council committees are open to all interested members. We count on our members to guide the program in substantial ways. Contact any of our staff or a member of the Advisory Council to learn more.

Gift certificates

Celebrating a birthday or special occasion for someone you love? Consider buying a semester gift membership or a Premium membership for that special friend or family member. The joy of learning makes a wonderful gift! Contact the Osher office at 573-882-8189 to purchase a gift membership usable for any upcoming semester.
WHY BE A PART OF OSHER?

The goal of Osher is to create a community for participants who are 50+, which offers many benefits:

- Intellectual health impacts physical health
- You can have thoughtful interactions about topics of interest to you
- Taking classes helps nurture your natural intellectual curiosity
- We create new opportunities for socializing, networking and meeting interesting people
- Learning is fun

Curiosity never retires. If you have an active mind, love learning and are over 50 years old, come join us. Stay young. Be active. Learn at Osher@Mizzou.

OSHER MEMBERSHIP AND FEES

Osher membership at all levels includes joint membership between Osher and the Columbia Parks and Recreation 50+ program, plus an “all-access pass” to use Parks and Recreation facilities for Osher functions such as Osher clubs, Saturday Morning Book Talks and other groups that might form in the future.

Premium membership (school year)

For $240 each fall*, you become a yearlong Osher member. Premium membership follows the school year, from Aug. 1 to July 31. (*New premium membership purchased in the winter session is pro-rated to $200 and good for the remainder of the school year.) The premium membership includes all of the benefits of a basic membership, as well as these perks reserved for premium members:

- Enroll in as many classes each semester as you wish to attend and pay only $10 to enroll per semester
- Attend Friday Afternoon Film Festivals for the full school year (four semesters)
- Bring a guest at no charge to Brown Bag Seminar Series and the Friday Afternoon Film Festival sessions
- Request a University of Missouri library card for one full academic year
- Receive an invitation to the Robert G. Silvers Memorial Seminar, usually held in the fall
- Become eligible to serve on the Osher Advisory Council

Semester membership

Enroll in one or more classes for a single semester, paying a $20 enrollment fee and individual fees for each course in which you enroll. Course fees vary, from $20 to $40, according to the course length and semester (see enrollment form). Single Potpourri and series sessions are $25 each.

In addition to attending the course for which you enrolled, you receive these perks for that semester:

- All of the benefits of a basic membership
- Ability to attend Friday Afternoon Film Festivals

Basic membership (school year)

The Basic Osher membership costs $40 for the school year. This level of membership lets you do the following:

- Attend Brown Bag Seminar Series throughout the year
- Attend all Saturday Morning Book Talks
- Take part in any of the Osher Clubs (see p. 21 for details)
- Have a Columbia Parks and Recreation 50+ membership with additional program benefits

Single session non-membership

To attend individual sessions in the Potpourri series courses, the fee is $25 per session but does not include any membership benefits.
### Membership values for one school year (Aug. 1 to July 31)

<table>
<thead>
<tr>
<th>Membership type:</th>
<th>Premium</th>
<th>Semester</th>
<th>Basic</th>
<th>Single session and Non-members</th>
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<tbody>
<tr>
<td>Provides membership benefits?</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Duration of benefits during current school year</td>
<td>All school year</td>
<td>*Only during term registered</td>
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<tr>
<td>Content included with membership:</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parks and Recreation 50+</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
<td>—</td>
</tr>
<tr>
<td>Extramural events and clubs</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
<td>—</td>
</tr>
<tr>
<td>Brown Bag series</td>
<td>Yes</td>
<td>Yes*</td>
<td>Yes</td>
<td>—</td>
</tr>
<tr>
<td>Potpourri series</td>
<td>All courses included</td>
<td>Can purchase individually</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Courses</td>
<td>All courses included</td>
<td>Can purchase individually</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Friday Afternoon Film Festival</td>
<td>Yes</td>
<td>Yes*</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Single session from a series</td>
<td>All courses included</td>
<td>$25 each</td>
<td>$25 each</td>
<td>$25 each</td>
</tr>
</tbody>
</table>

| PRICE | $240 (plus $10 each additional term) | $20 enrollment, plus fee for each course ($40–60, depending on course and semester) and single session ($25) | $40 (plus single session fees) | $25 for each session |

### COURSE INSTRUCTORS

- Elissa Balch
- Brett Barton
- Robert (Robin) Blake
- Julie Brookhart
- Nancy Browning
- Yolanda Ciolli
- Cindy Claycomb
- Thomas Dillingham
- Patti Doyle
- Carolyn Dye
- Jalal El-Jayyousi
- Judy Elliott
- William Fisch
- Julia Gaines
- Tim Haller
- Pamela Heyen
- Jason Ingram
- Jerry W. Kiesling
- Sharon Kinden
- Jonathan Krueger
- Howard Marshall
- Timothy Materer
- Elyse Murrell
- Sharon Pauley
- Diane Peterson
- Von Pittman
- Michael Porter
- Sarah Read
- Marjorie Sable
- Kit Salter
- Jane W. Smith
- Joan Stack
- Jan Swaney
- Greig Thompson
- Mike Trial
- David Wilson
- Clarence Wolfshohl

![Image of people attending a seminar or event]
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00–10:30 a.m.</td>
<td>Literary Makeovers (Wolfshohl)</td>
</tr>
<tr>
<td>10:00–11:30 a.m.</td>
<td>Freedom of Speech (Fisch)</td>
</tr>
<tr>
<td>11:00–12:30 p.m.</td>
<td>Passive-Aggressive Behavior (Claycomb)</td>
</tr>
<tr>
<td>1:00–2:30 p.m.</td>
<td>Three Poets (Dillingham)</td>
</tr>
<tr>
<td>2:00–3:30 p.m.</td>
<td>Collapse of Society (Salter)</td>
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</tbody>
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All courses are four sessions except as noted.
<table>
<thead>
<tr>
<th>Time</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
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<tbody>
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<tr>
<td>11:30</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Noon</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>12:30</td>
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<td></td>
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<td>3:00</td>
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<td>4:00</td>
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<td>4:30</td>
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<tr>
<td>5:00</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>10:30 a.m.–Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ulysses</td>
<td>(Materer)</td>
</tr>
<tr>
<td>Noon</td>
<td></td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>10:00 a.m.–Noon</th>
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</thead>
<tbody>
<tr>
<td>School of Music</td>
<td>(Gaines)</td>
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<tr>
<td>Jan. 25 and Feb. 1 only</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>10:30 a.m.–Noon*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beading on Felt</td>
<td>(Doyle)</td>
</tr>
<tr>
<td>Jan. 25 and Feb. 1 only</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>10:30 a.m.–Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potpourri</td>
<td></td>
</tr>
<tr>
<td>of the Arts</td>
<td>(various)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>10:00 a.m.–Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potpourri</td>
<td></td>
</tr>
<tr>
<td>of the Arts</td>
<td>(various)</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>1:00–2:30 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monuments, Memorials...</td>
<td>(Pittman)</td>
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<tr>
<td>2 Sessions</td>
<td></td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>1:00–2:30 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Historical Romance</td>
<td>(Peterson, Pauley)</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>1:30–3:00 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Info Series</td>
<td>(various)</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>1:30–3:00 p.m.</th>
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</thead>
<tbody>
<tr>
<td>Difficult Issues</td>
<td>(Pea)</td>
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</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>1:30–4:00 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday Afternoon Film Festival</td>
<td></td>
</tr>
</tbody>
</table>

All courses are four sessions except as noted.

* The Thursday 10:30 a.m.–Noon slot in Moss A has two courses over two dates; the first occurs during the first two weeks, from Jan. 25 to Feb. 1, and the second follows to meet Feb. 8 to Feb. 15. You may enroll in both courses.
MONDAYS

Freedom of Speech Under the U.S. Constitution: Recent Developments [4 SESSIONS]
10:00–11:30 a.m., Moss A
Mondays: Jan. 22, 29, Feb. 5, 12

After an introduction to the text and the scope of its application, we will look at current issues in a number of contexts:

- Demonstrations and protests
- Subversive and offensive speech, including “hate speech”
- Freedom of speech of public employees
- Speech issues in union membership and representation
- Student speech in schools and colleges
- Political campaign finance laws

Instructor: William B. Fisch, professor emeritus of law at the University of Missouri, has been a member of the law faculty since 1970. Before coming to MU, he practiced law in Chicago with the law firm of Kirkland & Ellis and served on the law faculty of the University of North Dakota. He retired and took emeritus status in January 2003, continuing to teach as an adjunct faculty member until 2012. Fisch has published widely in the fields of American and comparative civil procedure, professional responsibility and constitutional law.

Adaptive Distribution Theory for Retirement [4 SESSIONS]
1:00–3:00 p.m., Moss A
Mondays: Jan. 22, 29, Feb. 5, 12

Innovative retirement solutions are not easily developed or understood. Retirees have a small margin for error and may be hypersensitive to losses, so they need approaches that focus on
downside risk and adapt as goals, risks, biases, wants, and markets change over time. In this class, we will redefine risk and capture investor psychology. Risk and cash flow will be addressed as well as managing the portfolio using acceptable annualized erosion rates and building a buffer of earnings. The ability to see the obvious is a recurring theme and the key to retirement income solutions.

**Instructors:** Jason Ingram is one of the original members of the Accelerated Wealth organization, founded in 2007. He is the principle of the Columbia office and co-owns the Chesterfield office. Jason holds a Series 65 license, which qualifies him to serve as an Investment Advisor Representative. He also maintains Life and Health licenses in numerous states. Jason is a member of the National Ethics Association, serves on the advisory board for the Better Business Bureau and works to support numerous philanthropic organizations.

Jonathan Krueger is Executive Director and Investment Advisor for Accelerated Wealth, with offices in Chesterfield, Mo., and Colorado Springs, Colo. Jonathan has invested in the personal finance industry and has held several executive management positions throughout his career. As a fiduciary, Jonathan maintains his Series 65 registration and uses his intricate knowledge of insurance and investment solutions to provide Accelerated Wealth clients with advanced wealth preservation and legacy continuance strategies.

**Collapse of Human Civilization: A Further Consideration** [4 SESSIONS]

2:00–3:30 p.m., Moss B

**Mondays:** Jan. 22, 29, Feb. 5, 12

**Jan. 22:** Class will feature five, ten-minute segments from a one-hour PBS video called *The Last Days of Man*, which introduces the gravity and the fearsome ease with which human society might end its time on Earth. Our viewing and discussion will create a ‘platform’ of possibilities for societal collapse.

**Jan. 29:** We will discuss the early novel of human collapse, *Alas, Babylon*, by Pat Frank (1959), which outlines America’s (re-) entrance into atomic war and the elimination of major U.S. urban centers. Frank is effective in taking the reader through the political processes that lead to collapse and social actions that demonstrate small groups trying to piece together survival at a new scale.

**Feb. 5:** We’ll discuss the first half of *Station Eleven*, by Emily St. John Mandel (2015). This novel — the 2015 DBRL One Read — is wonderfully comprehensive, showing diverse aspects of human deportment in the onset of a deadly plague. But, Mandel’s real genius is the variety of responses outlined following the breakdown of urban utility systems.

**Feb. 12:** We’ll continue discussion of *Station Eleven*, as well as our own efforts to evaluate the approaches and responses to societal crises. The whole fabric of the class will be the examination and reaction to these fictional — but potential — scenarios.

**Required books:** *Alas, Babylon* (1959) by Pat Frank (Amazon claims 200+ used copies) and *Station Eleven* by Emily St. John Mandel (2015) in B&N, used book stores and in the library.

**Instructor:** Kit Salter is a geographer with 20 years teaching at UCLA, 14 at MU, 10 years consulting work with National Geographic Society, and a great deal of bright-eyed travel, both domestic and global. Most of all, his life is defined by being married to a really fun and thoughtful woman, Cathy Salter. He was educated at Oberlin College and the University of California, Berkeley.
Literary Makeovers: The Theme of Metamorphosis [4 SESSIONS]

9:00–10:30 a.m., Moss A
Tuesdays: Jan 23, 30, Feb. 6, 13

Change is a constant in literature (and coincides with Osher’s theme this year of ‘understanding change’). Characters undergo psychological changes as part of the novel’s trajectory. Some undergo physical changes — even to fantastic degrees. We will look at four such metamorphoses: the protagonist changes into a giant bug in Franz Kafka’s The Metamorphosis, into a nose in Nikolai Gogol’s The Nose, into a salamander in Julio Cortazar’s Axolotl, and into a mammary gland in Phillip Roth’s The Breast. All of these are available in inexpensive editions, in collections, or free on the internet.

Instructor: Clarence Wolfshohl is professor emeritus of English at William Woods University in Fulton, Mo. His poetry, creative nonfiction and literary articles have appeared in many small press and scholarly journals, both in print and online. His latest published work of poetry is the e-book Scattering Ashes, from Virtual Artists Collective.

Passive-Aggressive Behavior: Sabotaging Work and Love [4 SESSIONS]

11:00 a.m.–12:30 p.m., Moss A
Tuesdays: Jan. 23, 30, Feb. 6, 13

Passive-aggressive behaviors are often employed as defenses, particularly in the areas of work and love. Many use such defenses, if only occasionally, to attempt to navigate relationships, avoid negative feelings, and/or exert influence where doing so seems difficult. This course will identify these behaviors, their origins in personality development, and means to recognize and address them.

Instructor: Cindy Claycomb is a licensed psychologist retired from clinical practice.

Three Poets, Eleven Poems Each: Emily Dickinson, Elizabeth Bishop, Gwendolyn Brooks [4 SESSIONS]

1:00–2:30 p.m., Moss A
Tuesdays: Jan. 23, 30, Feb. 6, 13

While it is dangerous to repeat a cliché, I will risk it here: sometimes, less is more. For this course, we will explore small selections of each of three great American poets. For the opening class, one poem by each of the three will be the focus of an introductory discussion. In the three following weeks of the course, I will supply ten poems by each of the poets, and we will read and discuss them with plenty of time for exploration, re-examination, open-ended thought. The point of the small selection is to assure that we have time for attention to details and depth. The three poets are distinctly different in historical context, style, and poetic strategies, but each has achieved comparable stature.

Instructor: Thomas F. Dillingham, Ph.D., taught in the Stephens College English Department, 1971–2001; he also taught English at Central Methodist University, 2002–2006, and was designated Emeritus Associate Professor of English when he retired. He has published many reviews and scholarly essays on contemporary American poetry, science fiction, and 18th Century poetry.
### Introducing James Joyce’s *Ulysses* (also Leopold Bloom and Stephen Dedalus)

**[4 SESSIONS]**

**10:30 a.m.–Noon, Moss A**

**Wednesdays: Jan. 24, 31, Feb. 7, 14**

The Ulysses of Greek myth and Homer’s epic poems left Ithaca for adventures throughout the Mediterranean world before returning home. In Joyce’s novel, Leopold Bloom leaves his house in Eccles St., Dublin, for everyday (and night) adventures in Dublin on June 16, 1904, before returning home the next morning with Stephen Dedalus. This course will study four episodes in the 18-episode novel to introduce the new or returning reader to its major characters and plot lines. Each of the four classes will examine one episode, and the instructor will assign brief sections of the text to focus on. Students are encouraged to read the entire episode, but it will be enough to read only the sections that the teacher will post on the course website.

**Jan. 24:** Chapter 1, *Telemachus.* The name of Ulysses’ son Telemachus hints at the relationship he will have to Ulysses/Bloom and the personal tensions he is under after the death of his mother and what he considers betrayal by his friends.

**Jan. 31:** Chapter 3, *Nestor.* Explores Stephen’s despair at living in a politically violent, commercial, and anti-Semitic environment. Homer’s Nestor offered wise advice to Telemachus, but Stephen hears only stale clichés from his employer Mr. Deasy.

**Feb. 7:** Chapter 4, *Calypso.* Introduces us to Bloom and his relationship to his wife Molly who is compared to the nymph Calypso and Ulysses’ faithful wife Penelope. Molly however is unfaithful, and so Bloom like Stephen broods on betrayal.

**Feb. 14:** Chapter 6, *Hades.* Like Homer’s Ulysses, Bloom visits the dead during a funeral for a friend. He reflects on the loss of his infant son and the way Dubliners confront mortality.

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### Monuments, Memorials, and Markers: To the Victor Go the Spoils

**[2 SESSIONS]**

**1:00–2:30 p.m., Moss A**

**Wednesdays: Jan. 24, 31**

Commemorations of war are almost as old as war itself. And just as nations and warriors have sought to dominate their rivals, they have tried mightily to win the histories of their wars. The American Civil War is among the wars that have led to contentious, persistent campaigns to dominate the peace through the placement of monuments to the military – to memorials mourning their deaths in battle, and to historical markers interpreting the sites of battles, triumphs, and surrenders.

William Faulkner told an enduring truth: “The past is never dead. It’s not even past.” Americans are presently fighting the Civil War with renewed conviction and anger. Its monuments, memorials, and markers are the battlegrounds. By far the greatest number of monuments commemorate the Confederate side. Their proponents say they honor the sacrifice of the southern troops and the military prowess of their leaders. Their critics point out that the Confederacy was engaged in treason, fighting to dissolve the Union and to maintain the institution of slavery. With growing frequency, sparked by incidents like the mass murder of innocent African-American churchgoers in Charleston and the recent Charlottesville riot, critics are demanding that Confederate monuments and statuary be removed from publicly-owned property and consigned to obscurity or destruction. In this two-session class, we will discuss the use of monuments and memorials to establish, promote, and defend political points of view.

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**Text note:** The complete *Ulysses* is available on the internet at Project Gutenberg and the Internet Archive.

**Instructor:** Timothy Materer is an emeritus English professor at the University of Missouri. He has written six books on modern literature and has received MU teaching awards. He has frequently written and taught courses on James Joyce.
Jan. 24: Discussion of the historical and international examples of political and military statuary and the ways in which they were defended or attacked. We will also discuss several very local controversies over markers and memorials.

Jan. 31: Discussion of the monument-removal controversies and the way they have, or have not, been resolved around the U.S. We will also consider the “slippery slope” argument. (If we remove General Lee’s statue today, will we take down Thomas Jefferson’s tomorrow? Who else’s statue and what other memorials could become the objects of controversy?)

Instructor: Von Pittman directed offices of continuing and distance education at three state universities, including MU, where he also taught in the College of Education and served as Interim Director of the Law Enforcement Training Institute. He has taught American history both online and in the classroom. In the Osher program he has taught courses on Cold War espionage and the Civil War.

Historical Romance Redux [4 SESSIONS]
1:30–3:00 p.m., Moss B
Wednesdays: Jan. 24, 31, Feb. 7, 14

Join Diane Peterson and Sharon Pauley as they again recreate the events and activities of the Historical Romance Retreat. Learn about the attending authors, enjoy an old romantic comedy on film, play historic games of chance, plus more. Diane and Sharon will wear their period costumes and share photos of the events. Take a trip into history and enjoy the elegance of another era!

Instructors: Diane Peterson is a retired school library media specialist that promotes the romance novel industry as an analyst, speaker, reviewer and writer. Diane is very active on Goodreads, tracking her own extensive library of romance books, writing reviews and following many authors and groups.

Sharon Pauley is a lifelong reader of historical romance novels. Previously a social worker, she now enjoys helping her family run Cottonwoods RV Park. Sharon has earned a BSW from Columbia College and MSW from University of Missouri.
**Upcycled Beading on Felt** [4 SESSIONS]

10:00 a.m.–Noon, Moss B  
Thursdays: Jan. 25, Feb. 1, 8, 15

You will use beads and jewelry pieces from my “stash” and loads of beads given to me just for this class. Projects can vary with your time and interest. There is no Right or Wrong way to create jewelry! This is ART!

**Instructor:** Patti Doyle is the retired Professor of Costume Design from Stephens College. She exhibits at the Columbia Art League’s Central Bank of Boone County show each year and had a booth at the Artlandish Gallery on Walnut Street, in Columbia, Mo.

**MU School of Music – A Centennial History** [2 SESSIONS]

10:30 a.m.–Noon, Moss A  
Thursdays: Jan. 25, Feb. 1

Dr. Julia Gaines will present on the history of the MU School of Music and share related musical snippets as the School celebrates 100 years of excellence. Julia will discuss the many special events organized on campus during the past century and how the School has impacted the state of Missouri.

**Instructor:** Dr. Julia Gaines is Director of the School of Music at the University of Missouri. She received her DMA from the University of Oklahoma, her Master’s and a Performer’s Certificate from the Eastman School of Music, and her Bachelor’s from the Lawrence Conservatory of Music. Her first solo CD, Tiger Dance, was released by Centaur Records in April 2017. Her first pedagogical book, *Sequential Studies for Four-Mallet Marimba – Level 1* is the only beginning four-mallet marimba book of its kind.

**Better Health at Any Age** [2 SESSIONS]

10:30 a.m.–Noon, Moss A  
Thursdays: Feb. 8, 15

Feb. 8: *Food Sensitivities: What They Are, and What to Do About Them*

Allergies and the number of people affected by them have grown by leaps and bounds in our lifetime. In the last few years we have heard of more and more occurrences of food sensitivities. What is the difference between an allergy and a sensitivity? How do you know if you have one or the other, and what is to be done about them? Join us as we discuss the four signs that may mean that you have one or more food sensitivities, along with a brief explanation of how each may occur. We’ll also be reflecting on ways to re-normalize the body after it has been ravaged by sensitivities.

Feb. 15: *Revving Up for Spring: 12 Easy Steps to Better Health*

As longer, lighter days gain momentum, and we think about warmer weather activities and more exercise, thoughts naturally turn to things like “getting in shape,” “eating better,” and, in general, thinking more about improvements that might be made to our health and lifestyle. Good plan, except for the acknowledgement of the many and varied ways winter has led us to many comfort foods, inadequate exercise, seasonal stressors, and too many nights with not enough sleep to be functioning at our best. In this class, we’ll look at many possibilities and break them down into 12 easy-to-manage, doable steps with some rationale about why each of them is important. We’ll have time for discussion, questions and answers, and some fun, nutrient-dense, delicious snacks during each session.

**Instructor:** Jane W. Smith (DMin, AADP, Certified Holistic Health Coach and Raw Food Specialist) has been a student of nutrition and healthy living all of her adult life, and believes that getting older doesn’t have to mean living with chronic conditions, aches and pains, and excess weight. Jane is the owner of Abundant Raw Life, where she provides health coaching programs and raw food preparation classes to people seeking healing from illnesses and overall improved wellness and vitality.
Health Care Information Series [4 SESSIONS]
1:00–2:30 p.m., Moss A
Thursdays: Jan. 25, Feb. 1, 8, 15
Coordinator: Carolyn Dye

Jan. 25: Medicare News for 2018
The Centers for Medicare & Medicaid Services, the federal agency that administers Medicare and other health care programs, has news to share about new cards being mailed to people on Medicare to protect them from healthcare fraudulent activity. Spend some time with Medicare officials hearing about what’s new in 2018, other related programs that may be beneficial to you, and get answers to your questions about Medicare. A short presentation will be delivered followed by a longer Q&A period to hear directly from those who are on Medicare and/or from their caregivers.

Instructors: Julie Brookhart is the Public Affairs Specialist in the Centers for Medicare & Medicaid Services (CMS), Kansas City Regional Office. Julie has worked for CMS for about 23 years in Media Relations, Outreach, Education and Partnership Development. As the Public Affairs Specialist, she handles both reactive, and proactive, media relations to promote the initiatives and programs of CMS, including Medicare, Medicaid, the Children’s Health Insurance Program and the Affordable Care Act.

Elissa Balch is a Health Insurance Specialist for CMS, Kansas City Regional Office. Elissa has worked for CMS for about 7 years and has experience working in several different divisions and in several different regions. Elissa initially began her career in the Division of Medicare Health Plan Operations, which oversees the Medicare Managed Care, Medicare Prescription Drug and the Affordable Care Act Health Insurance Plans that contract with our federal agency to offer health insurance to consumers.

Feb. 1: Supporting People Affected by Alzheimer’s
This session will cover basic information on Alzheimer’s, provide tips on enhancing daily life and point to resources available in Missouri.

Instructor: Elyse Murrell, MSW, is the Education Outreach Manager for the Alzheimer’s Association, Greater Missouri Chapter.

Feb. 8: Estate and Nursing Home Planning
This session will feature legal estate-planning tips for a generation that is living longer, but experiencing higher rates of dementia and Alzheimer’s. Specific topics to be covered: irrevocable vs. revocable trusts, durable powers of attorney, long-term care insurance, and asset protection for people living in nursing homes.

Instructor: Brett Barton is a ‘98 graduate of the University of Missouri Law School. He is an attorney with The Barton Law Firm, LLC, which has offices in Columbia, Mo., and Johnston, Iowa. The firm’s practice is limited to the areas of estate planning and nursing home planning. Mr. Barton is a member of the National Academy of Elder Law Attorneys and is a frequent speaker on the federal and state Medicaid laws.

Feb. 15: Senior Care in our Community
Caregiving can be rewarding and complicated. 90% of all care is provided by family and friends of the individual needing assistance, and it is almost always unpaid. However, life goes on and the individual and his/her care partner can navigate the options and have a rewarding relationship. This session will feature a review of the care options available in our community, followed by a discussion of caregiver health.

Instructor: As Director of MU Adult Day Connection, Jerry W. Kiesling, LCSW, Outreach Manager for the Alzheimer’s Association, continues his lifelong work with Seniors and individuals with
Dealing with the Difficult Issues: Learning and Using Advanced Dialogue Techniques

[4 SESSIONS]

1:30–3:00 p.m., Moss B

Thursdays: Jan. 25, Feb. 1, 8, 15

“Dialogue” refers to a set of communication skills that promote understanding, build collective wisdom and help to navigate conflict in productive ways. This course will look at ways to work through some of the most difficult issues of our time. Even if you missed prior classes on basic dialogue skills and civility, you will be able to learn and participate in these classes. All sessions will involve some interactive activity.

Jan. 25: Stories of Wisdom and Other Approaches to Defusing Bias and Hate

Can you build a dialogue with people who hate you or others? You can. This session will review how.

Feb. 1: Disruptive Questions and Invitation: Recognizing and Working Through Cognitive Errors

Cognitive Errors are thinking patterns that lead us astray. In this session we will review 14 patterns that affect our public discourse and how to ask questions that disrupt those patterns and encourage more productive discourse.

Feb. 8: Mapping and Navigating Through Difficult Issues

In this session, we will take two or three current issues voted on by prior classes, map them to common sources of conflict and chart a course for moving through them.


In this session we will look at ongoing national and local efforts that are using dialogue to build bridges that overcome partisan and other divides. If you are looking to make a difference, this session will help you identify with whom you might work.

Instructor: Sarah J. Read has more than 25 years of experience in resolving complex issues as an attorney, mediator, facilitator, and consultant on conflict resolution processes. Sarah served on the Missouri Supreme Court Commission on Alternative Dispute Resolution and received the President’s Award from the Association of Missouri Mediators in 2010. Ms. Read received her B.A. Degree, cum laude, from Yale University and her Juris Doctorate degree with the Order of the Coif from the University of Wisconsin. She is a member of the Missouri, Illinois, and Wisconsin Bars and the American and Chicago Bar Associations.
Potpourri of the Arts [4 SESSIONS]
9:30–11:00 a.m., Moss A
Fridays: Jan. 26, Feb. 2, 9, 16
Coordinator: Carolyn Dye

Each semester, Osher invites the movers and shakers of mid-Missouri’s arts scene to discuss, display, perform and showcase their work. Join us for this grab bag of arts topics.

Jan. 26: The Wonderful World of Missouri Artist Robert F. Bussabarger

Dr. Joan Stack will present a slide lecture and discussion of life’s work of the late MU Art professor Robert Bussabarger (1922-2013). Bussabarger was a compulsively creative individual whose interests in education, politics, spirituality and international travel infused his art. Stack will be accompanied by State Historical Society of Missouri’s Collections’ Manager, Greig Thompson, a lifelong friend and colleague of Bussabarger, and they will use examples from the SHS’s current exhibition, “Being Bussabarger: Painting, Sculpture, Ceramics, Sketchbooks and More,” to explore the cultural legacy of Bussabarger’s life and art.

Instructors: Dr. Joan Stack serves as the Curator of Art Collections at the State Historical Society of Missouri, a position she has held since 2006. She received her PhD in art history from Washington University in St. Louis and over the course of her career has organized over sixty art exhibitions. She has published three books on Missouri art and presented her scholarly work nationally and internationally. Joan is a recognized authority on Missouri art and artists.

Greig Thompson graduated with an MFA from the University of Missouri and has a distinguished professional resume as an artist, educator and museum professional. He currently works as collection’s manager at the State Historical Society of Missouri, where he works with a collection of over 19,000 artworks related to the history of Missouri and its artists.

Feb. 2: Missouri’s Popular, but Less Well Known, Literary Figures

We’ve all heard of Missouri writers Mark Twain, T.S. Eliot and William Least Heat-Moon, but have you heard of the following? The woman writer from La Plata who crossed Siberia and witnessed the Russian revolution in 1917. A woman writer from Branson who has more than 320 million copies of her books in print. The Missouri author who wrote the most popular mystery story series in the U.S. from 1933 to 1949. A famous playwright from Warrensburg who went on to become a movie star. The Missouri-born movie star who authored a series of popular cookbooks. The author from Butler who became the most popular genre writer in the world in the 1960’s. The Maryville author who wrote the most popular self-help book in the world. And many more. This course will discuss the writings and the lives of 25 less well known, but very popular, Missouri literary figures.

Instructors: Yolanda Cioli grew up in central Missouri, attended Lincoln University, and for twenty years operated her own photo finishing lab and studio in Columbia. Since 2009, she has owned and operated Compass Flower Press, publishing quality works by regional authors.

Mike Trial is a retired civil engineer now managing his family tree farm.

Feb. 9: Missouri Traditional Fiddle and Dance Music

Join Howard W. Marshall and friends for some live music and a discussion of this distinctive Missouri art form.

**Instructor: Howard W. Marshall** is Professor Emeritus of Art History and Archaeology and former director of the Missouri Cultural Heritage Center at the University of Missouri. Marshall is the author of “Folk Architecture in Little Dixie” (1982), “Barns of Missouri” (2005), and the recently published “Fiddler’s Dream” (2017). Marshall has played fiddle music more than four decades, records and produces CDs for Voyager Records and has been nominated for two Grammy Awards for record producing and album notes.

Feb. 16: The True/False Film Festival Preview

Join True/False “co-conspirator,” David Wilson, for his annual preview of the documentary film festival, which runs March 1–4 in downtown Columbia. David will build his talk around some general tips for navigating the fest and specific information about the film list. True/False offers a heightened weekend of creative place-making in which filmmakers, artists, musicians and others remake our college town into a one-of-a-kind utopia. The transformative, rambunctious, ecstatic experience of T/F creates a cathartic journey that forces participants to do nothing less than to re-imagine reality.

**Instructor: David Wilson** is “co-conspirator” of the True/False Film Fest and an award-winning filmmaker.

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**Friday Afternoon Film Festival**

*Each Friday during the semester*
Films begin at 1:30 p.m., Moss A  •  Fridays: Jan. 26, Feb. 2, 9, 16

Quality films are followed by genuinely interesting discussions. Films will be announced weekly via email and on the Facebook page for Osher@Mizzou. The Friday Afternoon Film Festival is open to all Osher members and guests of premium Osher members.
The Brown Bag Seminar Series

11:15 a.m.–12:45 p.m., Moss A
Fridays: Jan. 26, Feb. 2, 9, 16 [4 SESSIONS]

Brown Bag seminars are open to all Osher premium, semester and basic members throughout the academic year. Feel free to bring some food to this “lunch & learn.”

Coordinator: Carolyn Dye


Pamela Heyen will discuss different schools of application of essential oils, how oils are extracted and the history of usage. She’ll also cover chemistry, purity and potency as well as how to spot an adulterated oil. Participants will find out how to use essential oils safely and effectively.

Instructor: Pamela Heyen began her holistic health education after regaining her own health through natural remedies and therapies. Her credentials were obtained through the American School of Health Sciences in Portland, Oregon. She uses her health-related experience, formal training, Zyto technology and essential oils to educate, encourage and empower clients with the option to heal the “whole self.” Pamela speaks to groups, offers webinars and personal consultations for those interested in taking control of their whole health.

Feb. 2: Discover the Big Muddy National Wildlife Refuge

The Big Muddy National Fish and Wildlife Refuge derives its name from the Missouri river. Learn how the Refuge revolves around the river and its floodplain to provide wildlife habitat and recreational opportunities to the public.

Instructor: Originally from Jefferson City, Tim Haller has worked on rivers across this country throughout his federal career. He returned to his home state and is excited to work on one of the most impressive, yet altered, river systems in the country on the Missouri river.

Feb. 9: Big Pharma: Market Failure

Why do Americans spend twice as much for prescription drugs as people in other countries? We will show a 35-minute film, Big Pharma: Market Failure, followed by a panel and audience discussion. Marjorie Sable, Coordinator.

Instructors: Robert (Robin) Blake, MD, Emeritus Professor of Family and Community Medicine at the University of Missouri, is a long-time participant in Osher educational activities. He has given presentations and written about the American healthcare system.

Jan Swaney, MD, is a retired Internal Medicine physician who has cared for patients across a variety of settings, led the clinical operations of a non-profit Medicaid HMO and conducted NIH-funded research on how to use technology to provide better primary and preventive healthcare.

Feb. 16: Homeland Denied: A Palestinian Perspective

In 2018, when the Israelis celebrate the 70th anniversary of their independence, the Palestinians will commemorate the 70th anniversary of the Nakba, or catastrophe, the loss of their homeland. Indeed, history has many narratives, and the Palestinians have a story to tell. This seminar will shine a light on the current conflict by providing a historical, human rights, and personal perspective that is often missing in mainstream media and public discourse.

Instructor: Jalal El-Jayyousi is a Palestinian American and alum of Mizzou. He is a member of Mid-Missourians for Justice in Palestine and Mid-Missouri Fellowship of Reconciliation.
El Club de Español

Thursdays, 2:00–4:30 p.m., Hillcrest C

Habla español? Osher’s Spanish club is for participants who have studied the present and the preterite tenses in Spanish. Beginners will meet from 2 to 3 p.m., and advanced speakers from 3 to 4:30 p.m. Please call club organizer Judy Elliott at 573-424-4244 if you plan to participate in El Club de Español.

New! Diversity Book Club

Every third Thursday, 3:30–4:30 p.m., Hillcrest C

Starting on February 15 and during each month of the Osher semester, Nancy Browning, Professor Emeritus of Cultural Diversity at Lincoln University, will facilitate a book discussion centered on diversity issues. Please plan to have read the book in advance and come to the monthly meetings ready for discussion, with questions, comments, and quotes to share. February’s book is Evicted: Poverty and Profit in the American City, by Matthew Desmond. Future books are decided by the group and will be announced via Osher’s e-newsletter.

New! Osher Sings Club

Mondays, 3:30–4:30 p.m., Moss A

The ‘Osher Sings Chorus’ launched in Fall 2017, and now makes its debut as an official Osher club. Come and sing along just for the sheer joy of singing – no experience necessary. The group is led and accompanied by two enthusiastic MU music students, and Osher member Michael Porter remains as the group’s founder and head ‘lounge lizard.’ Join in on the fun!

Travel Club

Every second Wednesday, 2:00 p.m., Waters House (2104 Hillcrest Dr.)

The Travel Club, originally an Osher@Mizzou class, is an open forum and agenda for sharing travel tips, tales, opportunities, photos, destinations, and deals. We’ve had presentations on extended living in a foreign country, purchasing the right camera, and the merits of traveling alone or in a group. If any of this sounds enticing, join the Travel Club at their monthly meetings. Please share your email address with sharonkinden@yahoo.com and she’ll add you to the mailing list for reminders and minutes of the topics and web resources discussed.
SPECIAL EVENTS: EXTRAMURAL continued

Osher Saturday Morning Book Talks

Coffee and cakes at 9:30 a.m.; Book Talk 10 a.m.; Hillcrest D
Book selling and signing will follow the Book Talks

Your participation is welcome on the first Saturday of the month. Osher members at any level may attend at no additional charge. For all others, admission is $3, or you can purchase a 10-event punch card for $20. Please thank the sponsors for their support of Saturday Morning Book Talks.

Jan. 6
Sponsor: Two Mules Editing

Kit Salter is presenting three volumes of family lore written by his three elder sisters. Carrying the Banner (2014) was written by his youngest sister, Jean, who just passed away at 92. It chronicles the lives of a mother and three adolescent daughters and a young brother trying to save money by living in hotels. The second book is Lean on the Wind: A Collection of Poems Celebrating Life (2010), written by his middle sister, Patricia, (now 94). The publication comes from a manuscript Kit found in a stack of random papers in her apartment in 2009. His oldest sister, Kate, took a six-week freighter trip from Rotterdam to Manila in 1949 and Dream Trip to the Orient: A Memoir (2017) tells of early adventures in photography and writing (she soon went from this freighter odyssey to working for Life magazine). Kit played a role in bringing all three books to print, and will read evocative passages and talk a little about being the fifth of five children in a family with keen demands for change, adventure, and creative writing.

Feb. 3
Too Quick for the Living (2017) by Walter Bargen
Sponsors: Greg and Carol Busacker

Poet and author Walter Bargen was designated Missouri’s first Poet Laureate in 2008. In his poetry he achieves a poet’s prime goal — he makes the reader or the listener look at words in new and unexpected ways. Bargen will focus on Too Quick for the Living (2017), but he also may draw on other poetry in the 20 books he has penned in support of making our images and language richer. During this talk, ask Walter to do a reading of “Jack Mackerel Joins the Roman Legion” or “The Usual Regrets” and watch your mind stretch to grasp the poet’s possible/probable/outrageous intention in creating the lines he does. You will be glad for the invention of poetry and particularly glad that the State of Missouri selected local Boone Countian Walter Bargen to bring that tradition to our reading and listening public. There will be considerable time given to Q&A, but also listening time spent in quiet, sometimes grinning awe as Too Quick for the Living is examined by its author.

Mar. 3
Mongolian Interior: An Expatriate Experience (2017) by Lori Younker
Sponsor: Marilee “Cricket” Dunn

Author Lori Younker weaves together a series of vignettes of life with her husband and three children between 1995 and 2000 on the desert margins of China. Although life for this family of five was mostly based in the Mongolian capital city of Ulaanbaatar, they also passed time in living in a desert yurt — the traditional structure that has been the standard shelter for thousands of years for Mongolians living outside the few traditional city spaces. The Younkers made the decision to invest their foreign field time and energy because of strong rural experiences they had in Winner, S.D., working with farming and religious organizations. The book is full of very real life experiences — including home schooling — and graced by lovely graphics done by Laurel Springer. As always, there will be generous time for Q&A as you peer inside the world of Mongolia and the American expatriate experience in a very distant and distinct setting.
Columbia Parks and Recreation 50+ welcomes Osher members to an exciting new winter semester at Waters-Moss Memorial Wildlife Area, Hillcrest Community Center, Moss Building and Waters House!

We hope you have taken advantage of the added benefits offered this Osher academic year (September 2017 through June 2018) that included a 2018 Parks and Recreation Waters-Moss/ Hillcrest 50+ membership as well. As members, you can enjoy the following activities at Parks and Recreation facilities at Waters-Moss: Osher clubs, Saturday Morning Book Talks, Painting Group, Mah Jongg, Adult Coloring, Rug Hooking, Knitting, Karaoke, and games such as Mexican train dominoes, bingo, and jigsaw puzzles, as well as potlucks.

Pick up a monthly calendar or visit www.CoMo.gov, then search “Senior/50” or let the Hillcrest front desk know you would like to receive the calendar by monthly email. The Hillcrest front desk can be reached Monday–Friday, 8:30 a.m.–4:30 p.m., at 573-874-7475.

50+ travel opportunities

Hop on board the bus and join Columbia Parks and Recreation for fun and relaxation. Due to uncertain weather, our trips take a break from mid-December to March. We will attend New Theatre Restaurant shows in 2018. Watch our newsletter for future trips or call or stop by the Hillcrest front desk for the most up-to-date information (573-874-7475).

50+ Explorers

Our 14-passenger Parks and Recreation bus takes monthly trips at a minimal cost around Columbia. Each activity also includes a meal for social time together.

50+ Tours

Escorted day and overnight trips are onboard White Knight charter coaches. Trip costs will vary depending on length and included activities. Quality, safety and pacing are important to planning our trips.

May 2–4 — 3 day/2 overnight trip to the Pella Tulip Festival in Iowa.

The New Theatre Restaurant in Overland Park, Kan., has unique surroundings, a food buffet that is fresh and tasty, and true professional entertainers. 2018 shows will include:

Mar. 28, 2018 — *Barefoot in the Park*, starring Cindy Williams and Eddie Mekka (Laverne & Shirley)

Jun. 6, 2018 — *Sister Act* (with an all-star cast)

Sep. 19, 2018 — *Mamma Mia!* (with an all-star cast)

Activities and meeting space

The Moss Building and Waters House are available for weekend rentals and some mid-week dates on a limited basis. With space for 80–150 people, they make a great place for meetings, birthdays, graduations, wedding receptions, reunions and other events. With a two-hour minimum, plus a refundable deposit, consider this affordable and versatile space for your next gathering.

Contact Parks and Recreation Main Office at 573-874-7460 for availability and pricing.
INVESTING IN OSHER@MIZZOU

Please consider making a tax-deductible donation when you register for classes. Donations help our organization better serve its membership, keep fees affordable and solidify the future of programming and mission.

It’s easy – simply add in your donation amount on the Winter Semester registration form, on page 25. Or to donate online, go to osher.missouri.edu and click on “Give to Osher@Mizzou” at the top right of the web page. Staff may answer any questions you may have; please call us at (573) 882-8189.

FOUNDING MEMBERS - OSHER ADVOCATES

The following individuals/couples have each pledged $1,000, to be paid in 2017, in support of Osher’s mission. Please consider joining this groundbreaking crew – simply contact Osher’s staff by Dec. 31, 2017 (Pledges received after Nov. 30, 2017, will be included in the Spring catalog.)

Wayne Anderson, Ph.D., Professor Emeritus
Don and Joan Bay
Thomas and Barbara Bender
John and Patti Blakemore
Emily Bonwich
Ron and Judy Carter
Robert and Barbara Churchill
Thomas Dillingham and Judith Clark
Patti Doyle
Carolyn Dye
William B. Fisch
Lawrence M. and Aileen R. Garvin
Beverly Giangiacomo
Anne Gifford
Robert Hibbs
Ken and Pat Hutchinson
Jason Ingram and Dr. Kimetha Fairchild
Beverly Kabrick
Sharon Kinden
Don and Linda Ladd
Martha Matthews
Carol A. McAllister
Peter and Pat McDonald
Ruth Miluski
Georgia Morehouse
Stephen and Joan Mudrick
Jerry Murrell
Von and Joyce Pittman
Michael and Rose Porter
Neil and Lyanne Riley
Kit and Cathy Salter
Sally Silvers
Beverly Smull
Lindalee Stahlman Volmert
Gary and Beth Stangler
Marcia Walker
Paul Wallace and Robin Remington
George and Helen Washburn
Jack Wax
Nan Wolf
Anonymous
Anonymous
Anonymous, in honor of Helen Washburn

FRIENDS OF OSHER (June to November 2017)

Special thanks to the Friends of Osher, who have provided extra support through monetary contributions. (Contributions received after Nov. 30, 2017, will be acknowledged in the Spring Catalog.)

Jerry Benedict
Jane Biers
Robert and Cokie Blake
Jim and Anne Campbell
Marilee Dunn
Fred Erickson
Jean Gurucharri
George and Victoria Hubbell
Joan Luterman
Richard H. Martin
Jack and Terry Meinzenbach
Wayne and Pat Merrill
Bob and Bonnie Mullen
Donna Reed
Candida Rogers
Gary Tatlow
Harvey Wax
Please fill out enrollment form completely.

Name: ___________________________________________

Address: _______________________________________

City: ___________________________________________

State: ___________________ ZIP code: ___________

Daytime phone: __________________________________

Alt. phone: ______________________________________

Email: ___________________________________________

☐ Yes, please email me about course changes and cancellations for inclement weather, as well as information about upcoming films. (We will not share your email address with other organizations.)

☐ Yes, please contact me about Osher volunteer opportunities.

Note: We occasionally take pictures or record video segments of Osher classes and participants for internal and external communication regarding Osher@Mizzou. If you would prefer that we NOT include you in photos or identify you individually in photos that may eventually appear in brochures, press releases or in other forms, please notify one of the Osher staff. We cannot control how photos and video taken by the media at public sessions are used, but Osher will do its best to honor your request for Osher publications and presentations.

Membership

Decide your preferred membership enrollment status and determine your fees:

<table>
<thead>
<tr>
<th>MEMBERSHIP TYPE</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic — $40</td>
<td></td>
</tr>
<tr>
<td>(I am only interested in clubs and Brown Bag Seminars for the complete school year. $ ______</td>
<td></td>
</tr>
<tr>
<td>Premium — $200</td>
<td></td>
</tr>
<tr>
<td>(This does not include attending any courses.) $ ______</td>
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</tr>
<tr>
<td>Returning Premium member — $10</td>
<td></td>
</tr>
<tr>
<td>I am re-enrolling for a subsequent semester. $ ______</td>
<td></td>
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<tr>
<td>Semester — $20</td>
<td></td>
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<tr>
<td>enrollment fee plus course fees</td>
<td></td>
</tr>
<tr>
<td>I prefer to pay separately for each course I select. $ ______</td>
<td></td>
</tr>
</tbody>
</table>

Total A — (from next page) for the total course fees for individual sessions in which I am enrolling. $ ______

Total B — (from next page) for the total course fees for single sessions in which I am enrolling. $ ______

Non-member I only want to take individual sessions of a series. (This does not include any member benefits.) $ ______

Total B — (from next page) for the total course fees for single sessions in which I am enrolling. $ ______

Total amount of enrollment fees above $ ______

I wish to make a tax-deductible donation to Osher@Mizzou $ ______

TOTAL AMOUNT ENCLOSED $ ______

Note: We occasionally take pictures or record video segments of Osher classes and participants for internal and external communication regarding Osher@Mizzou. If you would prefer that we NOT include you in photos or identify you individually in photos that may eventually appear in brochures, press releases or in other forms, please notify one of the Osher staff. We cannot control how photos and video taken by the media at public sessions are used, but Osher will do its best to honor your request for Osher publications and presentations.

Total due and payment information

Payment by check or money order:
Enclose check or money order payable in U.S. dollars to the University of Missouri. Do not mail cash. Mail payment to:

Osher@Mizzou
344 Hearnes Center
Columbia, MO 65211

Payment by credit card:
Mail your completed information to the address above, or register over the phone by calling 573-882-8189.

Method of payment

☐ Cash (accepted at office)

☐ Gift certificate

☐ Check (payable to University of Missouri)

☐ Credit card

□ Type: □ VISA □ MasterCard □ Discover □ American Express

Card number: ___________________ Expiration date: ___________

Name on card (please print): ________________________________

Signature: ________________________________________________

For office use only

Customer ID ________________ Receipt # ________________

(C129796)

For office use only

Check # ___________________ Date ________________
Winter course enrollment  Registration opens Jan. 9, 2018. Please submit a separate form for each participant. Photocopies are acceptable, or you may print copies from our website at osher.missouri.edu.

A  Premium and semester enrollment

Premium members: Check the box for the course(s) in which you wish to enroll. There is no extra cost after your Premium fee.

Semester members: Check the box next to the course fee for the course(s) in which you wish to enroll, and add the total fees at the bottom of the section.

B  Single sessions only

Semester members and Non-members: Check the date(s) for each single session in a series in which you wish to enroll. Write the total ($25 per session) for each series.

---

### Premium and semester enrollment

<table>
<thead>
<tr>
<th>Premium</th>
<th>Semester</th>
<th>Courses (4 sessions unless noted)</th>
</tr>
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<tbody>
<tr>
<td></td>
<td></td>
<td><strong>MONDAYS</strong></td>
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<tr>
<td>○</td>
<td>○ $40</td>
<td>Freedom of Speech Under the US Constitution: Recent Developments</td>
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<td>○ $40</td>
<td>Adaptive Distribution Theory for Retirement</td>
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<td>○ $40</td>
<td>Collapse of Human Society: A Second Consideration</td>
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<td></td>
<td><strong>TUESDAYS</strong></td>
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<td>○</td>
<td>○ $40</td>
<td>Literary Makeovers: The Theme of Metamorphosis</td>
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<td>○</td>
<td>○ $40</td>
<td>Passive-Aggressive Behavior: Sabotaging Work and Love</td>
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<tr>
<td>○</td>
<td>○ $40</td>
<td>Three Poets, Eleven Poems Each: Emily Dickinson, Elizabeth Bishop, Gwendolyn Brooks</td>
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<tr>
<td></td>
<td></td>
<td><strong>WEDNESDAYS</strong></td>
</tr>
<tr>
<td>○</td>
<td>○ $40</td>
<td>Introducing James Joyce’s Ulysses</td>
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<td>○ $20</td>
<td>Monuments, Memorials, and Markers: To the Victor Go the Spoils [2 sessions]</td>
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<tr>
<td>○</td>
<td>○ $40</td>
<td>Historical Romance Redux</td>
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<td><strong>THURSDAYS</strong></td>
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<td>○</td>
<td>○ $40</td>
<td>Upcycled Beading on Felt</td>
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<td>○</td>
<td>○ $20</td>
<td>School of Music Centennial History [2 sessions]</td>
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<td>○</td>
<td>○ $20</td>
<td>Better Health at Any Age [2 sessions]</td>
</tr>
<tr>
<td>○</td>
<td>○ $40</td>
<td>Health Care Information Series</td>
</tr>
<tr>
<td>○</td>
<td>○ $40</td>
<td>Dealing with the Difficult Issues: Learning and Using Advanced Dialogue Techniques</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>FRIDAYS</strong></td>
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<tr>
<td>○</td>
<td>○ $40</td>
<td>Potpourri of the Arts</td>
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### Single sessions only

<table>
<thead>
<tr>
<th>Semester</th>
<th>Courses</th>
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<tbody>
<tr>
<td></td>
<td><strong>THURSDAY</strong></td>
</tr>
<tr>
<td>○</td>
<td>$25 ea</td>
</tr>
<tr>
<td>○ Jan. 25</td>
<td></td>
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<tr>
<td>○ Feb. 1</td>
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<tr>
<td></td>
<td><strong>FRIDAY</strong></td>
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<tr>
<td>○</td>
<td>$25 ea</td>
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<tr>
<td>○ Jan. 26</td>
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<tr>
<td>○ Feb. 2</td>
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<tr>
<td></td>
<td><strong>FRIDAY</strong></td>
</tr>
<tr>
<td>○</td>
<td>$25 ea</td>
</tr>
<tr>
<td>○ Jan. 26</td>
<td></td>
</tr>
<tr>
<td>○ Feb. 2</td>
<td></td>
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</tbody>
</table>

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Total A course fees (add to Semester or Non-member totals on other page)

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CANCELLATION POLICY There is a $20 processing fee for canceling courses and no refunds will be issued once the class has held one session. Email cancellations to osher@mizzou.edu or by mail to Osher@Mizzou, 344 Hearnes Center, Columbia, MO 65211.
DIRECTIONS AND PARKING
Courses are held in the Moss Building at the Waters-Moss Memorial Wildlife Area at 1905 Hillcrest Drive in Columbia, Mo., unless otherwise noted.

OSHER UPDATES
Each week we email all members and these emails often include information not printed in the course catalog. Details about upcoming Brown Bag Seminar sessions and reviews of the movies to be shown at the Friday Afternoon Film Festival are routinely shared in these emails. In addition, new and exciting events might come up later and will be scheduled as a talk, a formal presentation or seminar. We rely on email to get you this timely information.

You can stay well-informed if you send your email address to osher@mizzou.edu. Do it today! Be sure to check your email for information about spontaneous events that might prove exciting.

THANK YOU
Bernard Osher Foundation

Directions:
Located about 1/3 mile from the Stadium/Old Highway 63 intersection. Turn on Hillcrest Drive. The Moss Building (Osher@Mizzou) and the Hillcrest Community Center will be on the left. The Moss building entrance is located on the east side.

Parking is conveniently located.

Visit osher.missouri.edu to view our catalog online.

Barbro and Bernard Osher
Come as learners. Leave as friends!

Osher@Mizzou delivers courses designed to complement the interests, concerns and lifestyles of the over-50 adult.

Classes begin
Monday, Jan. 22!