

Lawrence County 4-H Achievement Day

Event Guidelines

In addition to project exhibits that represent a member's work throughout the year, there are several other events they may choose to participate in. Here is a description of each event, and details of where a member may participate in these events beyond the county level. Clover kids may bring project exhibits or participate in any of the events listed below, but will receive a group participation ribbon.

Personal Appearance (also known as Good Grooming)

AGE DIVISIONS:

Elementary –Ages 8-9-10 on or before December 31, 2016.

Junior---Ages 11-12-13 on or before December 31, 2016.

Senior ---Ages 14 and over on or before December 31, 2016

RULES:

1. The top two (blue ribbon) participants from each group will be selected to attend Regional 4-H Achievement Day.
2. Each participant will be scored in three categories:

Informal talk, demonstration or presentation – 30% of score. Each participant will give a brief 2-3 minute talk on a topic of personal appearance. Example topics are: “How Food Affects You”, “Standing Tall with Good Posture”, “Proper Way to Brush Your Teeth”, etc.

Interview and self-evaluation with judge -- 40% of score. Each participant will have a personal interview with the judge, telling how they prepared for the event in the way of personal grooming – polished shoes, practiced correct posture from walking and sitting, etc. They may be dressed formal, dressy or casual. They should discuss the occasions the garments or accessories are appropriate for.

Written Quiz – 30% of score. Each participant will take a written quiz. An oral test will be read to younger members participating in the event. Questions will be true/false. (Example: exercise is important to keep your body in good working order; you do not need to wash your comb and brush regularly; a friendly person likes other people; you should never say “thank you” for a gift unless you really like it; iron helps build blood)

Member Judging

AGE DIVISIONS:

Junior Division – 8-13 years of age on or before December 31, 2016

Senior Division – 14-18 years of age on or before December 31, 2016

RULES:

1. Members may judge in any project area but may advance to Regional 4-H Achievement Day only in project areas in which they are enrolled.
2. Members will complete four classes in the project area they choose to judge.
3. Members will be expected to give oral reasons in at least one class in each project.
4. Some projects will be broken down by ages.
5. Judging contests will be held in the following projects:

Arts and Crafts
Photography

Beef
Poultry

Cake Decorating

Clothing
Shooting Sports

Foods
Gardening

Horse
Swine

Demonstrations and Illustrated Talks

Rules:

1. A MEMBER MUST BE ENROLLED IN THE PROJECT IN WHICH HE/SHE DEMONSTRATES.
2. Blue ribbon demonstrators may have the opportunity to demonstrate at the Regional 4-H Achievement Day, Ozark Empire Fair, Missouri State Fair, and/or State 4-H Speaking Contests.
3. Members will be limited to 10 minutes for their demonstration.
4. Set up for demonstrations must be done by the 4-H member. Set up will be evaluated as part of the demonstration. Members should try to keep set up time to a minimum.
5. Members must furnish all needed equipment such as hot plate or electric skillet, container for water, ice chest for refrigeration, etc. Tables and electrical outlets will be available. Kitchen facilities will not be available for use before, during or after the demonstration.
6. Use props and visual aids.
7. Team Demonstrations (2 members per team) are allowed in Horse Demonstrations/Illustrated talks.

See this link for more information on Demonstrations <http://4h.missouri.edu/resources-and-forms/#Demonstrations>

MISSOURI 4-H DEMONSTRATION SCORE CARD –Total Score=100 points

SELECTION OF SUBJECT (Max. Score 7) – Important, practical, suited to age, experience and ability

INTRODUCTION (5) – Brief, complete, tells what and why

BODY OF DEMONSTRATION (40) – Steps clear, key points stressed, workmanship skillful and neat, visuals strengthen important points, subject matter accurate and complete, techniques correct, finished product of high quality

SUMMARY (10) – Main points reviewed, effective closure

QUESTIONS (10) – Well answered

APPEARANCE (8) – Pleasant, courteous, poised, dressed appropriately, posture

VOICE (5) – Natural, clear, distinct, words well chosen

MATERIALS (10) – Equipment and working space adequate and well arranged, visuals (22x28 poster board) effectively displayed

AUDIENCE RESPONSE (5) – Interested, attentive

A slight change will be made for the video-taped live animal demonstrations.

Public Speaking

Horse Public Speaking

Juniors (ages 8-13) and Seniors (ages 14-18)

Subject must pertain to the horse industry. Speeches, not appropriately related to the horse industry, can be disqualified at the discretion of the judge(s). No visual aids may be used. Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judge(s). During the event, the contestants may introduce themselves by name, county, and speech topic. Senior speeches should be 7-10 minutes in length. Three points will be deducted from the total score on each judge's score sheet for every minute (or fraction of a minute) under 7 minutes or over 10 minutes. No points will be deducted from Jr. speeches for time. Contestants should cite their major references after the conclusion of their speech. This time will not be counted in the allotted time. State event is TBA. For more information see <http://4h.missouri.edu/horses/horse-public-speaking>

Prepared Speaking

Juniors (ages 8-10) , Intermediate (ages 11-13) and Seniors (ages 14-18)

This is the “traditional” category from past Missouri State 4-H Public Speaking Contests. As in the past, speeches may be on any topic of the participant’s choice that is in good taste for a group of peers and adults. Speeches should be 3-5 minutes long for Juniors, 4-6 minutes for Intermediates and 5-7 minutes long for Seniors. Note cards may be used. For more information see: <http://4h.missouri.edu/state-public-speaking/prepared-speaking-rules>

Extemporaneous Speaking

Juniors (ages 8-10), Intermediate (ages 11-13) and Seniors (ages 14-18)

Speakers will draw three topics, have up to 30 minutes to prepare, and select one to speak on.

For more information see: <http://4h.missouri.edu/state-public-speaking/extemporaneous-speaking-rules>

Technology Assisted

Juniors (ages 8-10) , Intermediate (ages 11-13) and Seniors (ages 14-18)

Technology assisted speeches are subject to the same rules and guidelines as prepared speeches, but allow for the use of presentation software (such as PowerPoint). This is another 4-H experience with excellent workforce preparation benefits. For more information see: <http://4h.missouri.edu/state-public-speaking/technology-speaking-rules>

Interpretation

Juniors (ages 8-10), Intermediate (ages 11-13) and Seniors (ages 14-18)

Interpretations are to be memorized and take place without music or other external sound effects. Special makeup and clothing may be worn as the contestant deems appropriate to the content of the interpretation. Interpretation consists of three sub-categories:

Dramatic: An oral interpretation of a serious selection of narrative or dramatic work. The source material may come from literature, a monologue, a theatrical production or poetry. This can be a great fit for youth in 4-H Theatre Arts clubs!

Pantomime: A physical and emotional interpretation. Source material may be original or inspired from other performers work. This is a natural fit for any youth in 4-H Clowning clubs!

Humorous: A memorized oral interpretation of a humorous selection (or a humorous interpretation of an oral selection. Source material may come from plays, prose, literature, poetry, or other performance pieces.

For more information see: <http://4h.missouri.edu/state-public-speaking/interpretation-rules>

RULES:

1. All members are eligible to participate. Enrollment in Public Speaking project is not required.
2. Speeches may be on any topic but must be prepared specifically for the contest by the participant. Any appropriate subject may be used as a speech topic. Topics must be appropriate to the standards of a 4-H event and appropriate for audience members ages 8-18.
3. Notes on index cards are perfectly acceptable. However, no props may be used.
4. Prepared speeches, extemporaneous speeches and technology assisted speeches are to be 3-5 minutes in length for Juniors (ages 8-10), 4-6 minutes in length for Intermediates (ages 11-13) and 5-7 minutes in length for Seniors (ages 14-18). Public Service Announcements must be 60 seconds or less. Interpretations must be 5 minutes or less.
5. One member in each age division, in each category will be selected to attend Regional 4-H Achievement Day (Date TBA) and then go to the State Public Speaking Contest (**September 30, 2017**) in Columbia, MO

Fashion Revue

Category:

Clothes You Make Junior (8-10) Intermediate (11-13) Senior (14 and older)
The Clothes you Buy Junior (8-10) Intermediate (11-13) Senior (14 and older)

Rules:

1. This event is open to all 4-H members enrolled in Clothing, Knitting and Crochet projects.
2. Garment modeled must be made or purchased by the member this 4-H year.
3. One member from each Division will be selected to attend Regional Achievement Day and **State Fashion Revue October 7, 2017 in Columbia**. Alternates will be selected.
4. Judging will be made on the basis of overall appearance of model and his or her garment (fit, design, posture, poise, grooming, fashion, personal qualities, construction)
5. All participants **MUST** provide details of their garments to the judges (i.e., pattern number and company, approximate cost, description of accessories, etc.)

State 4-H Fashion Revue

This event allows county Fashion Revue winners to participate at the State Fashion Revue at the University of Missouri in Columbia.

FASHION REVUE CHECKLIST

FIT – Consider the “look” on the wearer; the outfit is not overly tight or loose; free from wrinkles or gaps

DESIGN – Evaluation of total picture made by person wearing outfit; consider line, color, texture, space and form

POSTURE & POISE – Stands straight but not stiff; models with confidence, giving attention to features on outfit

GROOMING – Neat and clean body, hair, nails and clothes

FASHION – Current, appropriate for intended use; compliments wearer, suitable hairstyle and makeup; well chosen accessories

PERSONAL QUALITIES – Smiles, enthusiastic, projects personality

CONSTRUCTION – Smooth outer appearance, matching seam lines, plaids

Garment Data and evaluation forms can be found here: <http://extension.missouri.edu/lawrence/4h.aspx>

Share the Fun

Share the Fun is the 4-H version of a talent show! Acts may include talent or skits, and may also be individual or done in groups. Clover Kids and members are eligible to participate. Each act should limit their time to 10 minutes. Two acts will be selected to represent Lawrence County at Regional Achievement Day.

2017 Regional Achievement Day! Monday, July 31, 2017, Ozark Empire Fair**State Contest Dates 2017****Missouri State Fair August 10-20, 2017**

Blue ribbon demonstrations may be done in the 4-H building during the Fair. Time and date requested through 4-H online.

State Public Speaking Contest September 30, 2017

One member in each age division in each category per county may qualify for the state contest.

State Fashion Revue October 7, 2017

One member in each age division in each category per county may qualify for the state contest.

State Horse Public Speaking TBD

Each county may send one junior and one senior contestant in public speaking and demonstration; one junior and one senior team in team demonstration.