



Clover Connection

News from University of Missouri Extension 4-H Youth Development

November 2011

4-H...*MAKING THE BEST, BETTER!*

4-H DAY WITH THE RAMS

Dave Hileman

Tickets are still available. Sign up now!



4-H families, alumni, and friends are invited to cheer on the St. Louis Rams at the 2011 4-H Day with the Rams on Sunday, December 18, 2011 at the Edward Jones Dome in St. Louis. The Rams will play the Cincinnati Bengals in a noon game.

Tickets are \$40 each (a \$15 discount). With each ticket ordered, participants will receive a \$10 voucher for food and drink at the dome, and a 4-H Day with the Rams t-shirt. And for orders of 10 or more tickets (must be on one order) each person will receive an additional \$10 food and drink voucher!

Ticket orders can be mailed, or you can call or e-mail the order. All the information for ordering is available at 4h.missouri.edu/events/rams/. T-shirts will be picked up at the dome on game day.

For additional information please contact Dave Hileman at: hilemand@missouri.edu or 636-583-5141.

CAMP FOOD AND FITNESS

Alison Copeland

Camp Food and Fitness is scheduled for January 14-15, 2012! In addition to activities at the Stoney Creek Inn, youth will visit the University of Missouri-Columbia campus to participate in workshops and tours related to food and fitness. Please note that instead of participants preparing their evening meal, the group will tour HyVee grocery store and eat dinner there.



Cost is \$90. Camp registration is between 10:00–10:45 a.m. on Saturday. The camp concludes at 10:30 a.m. on Sunday.

Details and forms at <http://4h.missouri.edu/events/foodandfitness/>

Laclede County 4-H Recognition Night

I would like to give a big "4-H Thank You" to everyone involved in our Recognition Night! Wow! What a great event! Thanks so much to everyone who helped plan and organize. Thanks to everyone who came, brought wonderful food to share, and participated in the silly trivia game!

Congratulations to the following members who were recognized for outstanding Recognition Forms . . .

Level 1—Sarah Smalley, Level 2—Rachel Coryell and Level 3—Hannah Stewart. Hannah Stewart was awarded the Citizenship Washington Focus Award.

The outstanding club scrapbook was awarded to Rachel Coryell, Whippoorwill Club; outstanding treasurer was awarded to Victoria Janacek, Freedom Reins Club and outstanding Secretary was awarded to Shannon Jenkins, Laclede County Aggies Club.

The Friends of 4-H award was presented to the First United Methodist Church. We appreciate all that they do to support the 4-H youth in Laclede County.

What a great evening to show our 4-H members how much we support them and how proud we are of them!

Shelly Hash,
4-H Council President



Clover Kids Corner

MISSOURI 4-H EQUINE TRIP 2012

Debbie Davis

They're off and running....to the horse capital of the world... Lexington, Kentucky for the Sixth Annual Missouri 4-H Equine Tour, May 23-29, 2012. Participants will explore the wide range of equine industry opportunities through visits to world renowned equine medical and research facilities. The itinerary will include farm tours of famous Thoroughbreds, Saddlebreds, Morgans, Quarter Horses and Haflingers. Higher education equine programs and facilities such as the University of Kentucky will be visited as well as opportunities to meet nationally recognized leaders in the equine industry. And, of course, the tour will include a visit to Churchill Downs!

Make your plans to be in the winner's circle! The \$550 tour fee includes the transportation on a charter bus, tours, hotels, meals; tour t-shirt, travel bag and other associated costs. Applications are available at 4h.missouri.edu/events/horse/ and are due on or before March 1, 2012 with initial deposit. 4-H staff and Marci Crosby, MU Equine Program Coordinator will be 2012 tour chaperones.



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News from University of Missouri Extension 4-H Youth Development

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UNIVERSITY OF MISSOURI

 Extension

equal opportunity/ADA institution

Alison Copeland

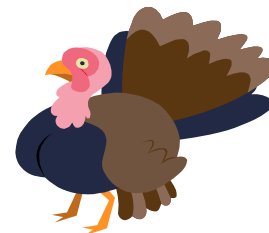
Through Clover Kids clubs, children learn how to get along, share, work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Placemats for Thanksgiving

Supplies:

- Large sheets of white construction paper
- Markers or crayons
- Brown, orange, and yellow finger paints
- Paper plates

Clear contact paper or laminating paper/machine



Directions:

1. Draw a turkey on a white piece of construction paper.
2. Pour the finger paint in a paper plate.
3. Have each child place a hand into the paint and use the handprint as the turkey's tail feathers.
4. When the paint is dry, cover both sides of the paper with the contact paper (or laminate) to create an easy-to-clean placemat.
5. Repeat steps 1 through 4 to create a placemat for each person.
6. Ask each child what they are most thankful for.

Happy Thanksgiving!!!

FUNDRAISING MADE SIMPLE- THE 4-H WAY...

Do you have Best Choice food items in your house that you already buy and use? Well...we can collect the UPC code and turn them in for some cool hard cash for 4-H council! How about it? Start collecting Best Choice labels for the UPC code and turn them at the office or at your club meeting. We'll turn them in periodically and see how much we can raise for our county to support camp and other scholarships.

Volunteer Orientation...simplified!!

What is it and why do I need it?

Do you know how 4-H began? Would you like to know more about how an 8 year old learns compared to a 14 year old? What about the mission statement...why do we do what we do with our youth? These are all questions volunteer orientation will address. Though it's a **one time** requirement of all 4-H volunteers, those who have already been through this training have said how important and educational it is. So, if you're a new volunteer or been notified that you have not finished the training, please go to the link below to access the training online. It takes approximately 2 hours to complete, but you can save and return to it at your convenience.



This is the second step to being a 4-H volunteer. The first step is the application. Volunteer Orientation is the last step and once completed you do not have to do it again. Please be kind to our club leaders and go this website: <http://4h.missouri.edu/getinvolved/volunteer/application.htm> and complete the volunteer orientation, if you are a new volunteer this year!

Thank you for making this training a priority! If you have questions, please call the office, 417-532-7126...and thank you for all you do to make our 4-H program a success.

4-H



 *Make a World of Difference* 

SCHOOL GARDEN GRANTS

Kris Heitkamp

Whole Foods Market groceries is offering nonprofits (4-H clubs and councils qualify) and partnering schools the opportunity to apply for a \$2,000 garden grant.



See <http://wholekidsfoundation.org/gardengrants-application.php> for details. **Applications are accepted until Dec. 31, 2011.**

You can use the Whole Foods Garden grant as match funding for a Missouri 4-H Foundation Community Service Grant—that's potentially \$4,000 to start a school vegetable garden!

4-H MOVE ACROSS MISSOURI

Alison Copeland

4-H Move Across Missouri (MOVE) promotes physical activity by encouraging youths and families to engage in physical activities they enjoy such as walking, biking, running, swimming, dance, taekwondo, gardening and more.



Using an online system, youths and their families can “log” the number of minutes they accumulate throughout the year. Sign up as an individual or as part of a team. MOVE awards will be provided. Sign up on the 4-H website at:

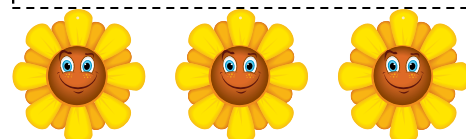
<http://www.4h.missouri.edu/programs/move/>

Monthly MOVEment Activity

Kids, families, clubs, afterschool groups and others can have fun while being physically active.

Steppin' Out!

Youth can do this activity outside, in a large room or hallway. How many giant steps does it take to get across a yard or room? How many “baby steps” does it take to get back? Can youth walk backward doing baby steps? Can they do this without falling or losing their balance? Participant can make a list of different steps for the group to try. Next to each one they can write how many steps it took for each trip up and down the yard or room. Compare and discuss the results!



4-H Club Reports

4-H Teen Meeting

It's Game Night!!

Who: 4-H Teens, age 13 and up

When: Monday, November 28 at 6:30 pm at the Extension Office

Please bring: \$3.00 for pizza. Cookies and drinks will be provided.

You **MUST RSVP** the Extension Office at 532-7126 or sign up at our face Book page or email dorseys@missouri.edu or jumbo712@gmail.com if you will be attending the meeting!

REMEMBER...bring a favorite game and your smile! We'll plan a community service project, so bring those ideas with you and we'll have a great evening stepping into the new year!

Be sure to invite new friends who have joined 4-H. They'll be more likely to come if YOU invite them to an event and they feel know someone else there!!

Laclede County-Wide Horse Project Off and Trotting!

HORSE PROJECT LEVELTWO enjoyed an amazing day together on Saturday, October 22nd learning and practicing equestrian skills. We worked through a series of games and obstacle courses, and some of us even took a roping lesson. That was fun! Our day ended with a short trail ride and an accomplishment ribbon ceremony. We were privileged to have Certified Horsemanship instructors helping us all day to ride tall and courageous. Amazing!



RIDER UP:

Our next meeting for *Horse Project Level Two* is Saturday, November 12th when we travel to Eugene, Missouri for a Mounted Drill Team clinic presented by the Show Me Thunder Drill Team.

Details will go out in email to the group.

TAKE NOTE:

The first meeting of *Horse Project Level One* will be at 10:00 am on Saturday, November 19th at the Shumate home. Dress for the weather.

Contact Pat or Scott Shumate, County-wide Horse Project Leaders

at slshumate2@gmail.com

4-H Club Reporters

Please email us news from your clubs by the 20th of each month to make our newsletter!



Sharing what your club is doing keeps us all connected and sparks ideas for others!

elyd@missouri.edu,
dorseys@missouri.edu and/
or lambethk@missouri.edu

Shooting Sports Project Schedule

Questions?? Call Martha Smith 417-664-7199 or Anthony Windsor at 417-588-5145

Archery Project 741
Nov. 3 and Dec. 1

Archery at DNR Archery located at South Valley Sporting Clays
6pm Call DNR Archery if you are planning to attend at 417-533-0800 Fee \$3.00

Air Rifle & Pistol 742, Small Bore Rifle 743, and Shotgun 745 Projects
Nov. 7 and Dec. 5, 6pm South Valley Sporting Clays
Call Anthony Windsor at 417-588-5145 if you are planning to attend.
Fee \$0 Must provide your own ammo.

Location: Take Hwy 5 South approx 4 miles to HH take HH approx 4 miles. It's on the left.

Please call Anthony Windsor or DNR Archery, 24 hrs. in advance if you are planning to attend these events.

Laclede County 4-H County Wide Projects

(Other projects may be added when project leaders are identified)

Arts and Crafts (311)

Project Leader—Shelly Hash shellyhash@hotmail.com 417-532-1873

Arts and Crafts - Scrapbooking (315)

Project Leader—Shelly Hash shellyhash@hotmail.com 417-532-1873

Clothing - Sewing Expressions – Level 1 (521)

Project Leader -Janette Frederick 573-346-1030

Electricity (831)

Project Leader—Sean Clearbrook sean@lebcams.com 417-588-9228

Filmmaking (270)

Project Leader—Eric Adams eadams@lebanon.k12.mo.us 417-718-0326

(This project is for teens 13 – 18 only)

First Aid (771)

Project Leader—Karla Lowe-Phelps klowephelps@gmail.com 531-3214

Foods A (551)

Project Leaders -Tammy McKimmey tmckimmey@yahoo.com 532-0934

and Dana Phillips dphillips@lebanon.k12.mo.us 417-345-0218

Geospatial (GPS) 991

Project Leader Steve LaVal steven.laval@mdc.mo.gov 417-532-7612

Horses (141)

(142—this project is for youth who completed Level 1 last year)

Project Leaders -Scott and Pat Shumate

slshumate2@gmail.com 417-588-2716

Photography (351, 352, 353)

Project Leader -Eric Adams eadams@lebanon.k12.mo.us 417-718-0326

Shooting Sports (740, 741, 742, 743, 744, 745)

Project Leader—Martha Smith faithrox2010@gmail.com 417-664-7199

Clothing, Sewing Expressions Level 1 Project Members

First project meeting is Saturday, Nov. 5, Noon—2:30 pm at the Extension Office. Please bring these items to the meeting:

Scissors, sewing needles, seam ripper, pin cushion, straight pins, marking pencils, paper and wheel, seam gauge, cloth measuring tape, thimble, fabric of their choice and thread to match fabric, extra machine needles, McCalls M5690 or Simplicity 1999 Pattern and notions listed on back of pattern and sewing machine with a bottom.

This year you will be making bibs for the Pregnancy Support Center and an apron for yourself. It still isn't too late to sign up for this project. Call Kim at the Extension Office and let her know that you would like to sign up for this awesome project!

Schedule for County—Wide Projects

November 5

Electricity 12 pm to 2 pm at the Methodist Church
Clothing, Sewing Expressions Level 1 12:00 to 2:30 at the Extension Office

November 19

Horseless Horse (Horse Unit 1) at 10 am
Horse Riding (Horse Unit 2) at 1:30

December 3

Scrapbooking Project 12 pm to 3:30 pm at The Artsy Café
Geospatial 8 am to 10 am at the Methodist Church

Geospatial 12 pm to 2 pm at the Coleman Conservation Area

December 10

Clothing, Sewing Expressions 10:00 am to 12:30 pm at the Extension Office

January 7

Electricity 12 pm to 2 pm at the Methodist Church
First Aid 12 pm to 3 pm at the Methodist Church

January 14

Clothing, Sewing Expressions 10:00 am to 12:30 pm at the Extension Office

February 4

First Aid 12 pm to 3 pm at the Methodist Church

February 18

Clothing, Sewing Expressions 10 to 12:30 (if needed) at the Extension Office

March 3

Electricity 12 pm to 2 pm at the Methodist Church
Foods 12 pm to 3 pm at the Methodist Church (First Aid...Make Up Snow Day)

April 14

Photography at Bennett Spring

April 28

Photography at Lebanon High School

May 5

Arts & Crafts 12 pm to 3:30 pm at The Artsy Café

Remember to call your project leaders if you are NOT attending a session.....Join the Revolution of Responsibility!! Be on time.

Laclede County Extension
186-D N. Adams Ave.
Lebanon, MO 65536



Laclede County 4-H Clubs

*Please Note Change: All 4-H Club Schedules are on the monthly calendars.
This way you can put them on your refrigerator or in a notebook!*

Global Summit is For YOU!

The 2012 Kansas City 4-H Global Summit is March 14– 17!

Visit the Missouri 4-H website for more details including the participant age requirement, workshop and tour descriptions and registration forms - <http://www.4h.missouri.edu/events/globalconf/>. The cost is \$275 for youth and \$380 for adults. The Summit provides opportunities for youth to explore careers, technology, environment and cultural diversity in a global society. Program features include: Tours to Kansas City area businesses and organizations (i.e., Bayer Science, Lee Jeans, Board of Trade, EPA Chemical Lab, Federal Reserve, Kansas City hospital, Smith Electric Vehicles and Farmland Foods) Workshops showcasing a variety of careers (i.e., engineering, international law, CSI, archeology, DJ Audio, nuclear pharmacy, veterinary medicine, law enforcement, marketing and geo science) Cultural events - ethnic enrichment festival, including food, music and art Dances, group events and other programs that provide opportunities for participants to meet youth from Arkansas, Kansas, Missouri, and Oklahoma.

For more information contact your local extension center!

MFA SADDLE AWARDS DUE JANUARY 3, 2012

Ben Gallup

Sponsored by MFA Agri-Services-Feed Division, the top applicant will receive a western saddle. Applicants must be 4-H age, 14 years and older, and must participate in the Missouri 4-H Horsemanship Program. Skill sets include a demonstrated knowledge in horsemanship and horse science. The ability to share that knowledge with other members and a commitment to better their community.

For more information go to: <http://4h.missouri.edu/events/horse/#MFA>

