FOR IMMEDIATE RELEASE

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Warrensburg, Mo. – Food Preservation Party - Johnson County

Spring is here and soon we will be digging in the soil to plant our gardens. This time of year holds many fond memories from my childhood.

My family spent a lot of time in our 1+ acre garden. We planted everything from peas to potatoes. We also preserved lots of this produce for those long cold Nebraska winters. I fondly remember Mom making wild grape jelly after we stomped through the creek bottom searching for grapes. And steam coming off the canner when she pressure canned peas and carrots and the smell of horseradish as it burned our eyes the ONE summer we made horseradish relish – What a smell!

The University of Missouri Extension will be presenting a Food Preservation Party beginning at 8:30 am June 18, 2016. Lunch will be provided to those pre-registered for the workshop. The one-day event will be held in the Johnson County Extension Center at 135 W. Market St., Warrensburg, Missouri.

The Food Preservation Party will focus on dehydration and freezing, making sweet preserves, pickles, pressure and water bath canning and salsa making. Hands on activities will allow participants to learn and implement the most up to date recommended research based methods for preserving foods at home.
Preregistration is required. To register please contact the University of Missouri Extension Center in Johnson County at 660-747-3193 or email jayh@missouri.edu for a registration form.

Class participants will receive University of Missouri Extension guide sheets and other handouts related to each topic. Registered attendees will draw for items to take home at the end of class. Come and enjoy the day and let your creativity flow as you gain knowledge about food preservation methods.

If you have any questions or want more information about canning/preserving food at home please contact Holly Jay, Nutrition and Health Education Specialist, University of Missouri – Cass County at 816-380-8460 or email: jayh@missouri.edu. You may also visit our website at: http://www.extension.missouri.edu to see upcoming Food Preservation Classes in your area.

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If you need accommodations because of a disability, if you have emergency medical information to give me, or if you need special arrangements in case the building must be evacuated, please inform me immediately. I may be contacted at 816-380-8460.

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