Hello Jasper County!

First, I would like to congratulate every member, parent, volunteer, and faculty of the county on a wonderful and successful 4-H year! I am new to Jasper County 4-H, but from what I have been told and what I have seen, you all truly are the best. With that being said, it’s time to ring-in a new 4-H year!

A new 4-H year is an amazing thing, because that means every single person gets the chance to create a fresh start. Whether you wish to have done better at the fair or didn’t feel confident with your projects, guess what? It is OKAY! This month marks a clean slate. A brand new chance to achieve things you didn’t believe that you could. It also means the opportunity to try something new! I understand it is hard to reach outside of our comfort-zones, but that one reach can lead us to possibilities and new experiences we never would have imagined.

I believe that every person, especially in 4-H, has the world at their fingertips. It is up to you, and you only, to reach for the world and make it yours. Whether with your club, county, school, sports, etc., set goals for yourself! Do whatever it takes to achieve them, and don’t look back!

I’ll end with my favorite note from an unknown author: “My time on this earth is limited, but what I can do with that time is not.” Happy New Year 4-H!

-Garren Johanson

Dear 4-H Families,

In the French Proverb, “The young tell us what they are doing, the old tell us what they have done and the foolish tell us what they wish to do.” It is very important that each of you be part of the young that are telling what you are doing. It is okay to listen to the old when they are telling you what they have done especially if it gives you ideas of what you can do. None of us wants to be a part of the foolish in telling us what they wish to do. It is okay to wish and dream, but if that is as far as it is followed it does us no good.

In 4-H we are given a great opportunity to work alongside experienced adult volunteers that will assist you in what you are doing, because they have, like the proverb, done it before. They are willing to share what they have done with you so that you can do it too. Just like the 4-H motto, “Learn to do, by doing” it is with those experienced adult volunteers that we can accomplish so much in 4-H.

In 4-H we use what is called the Experiential Learning Model. Doing is the first step. It is very important that we do something; a project, speech, demonstration, contest, and so on. If nothing is done, the rest of the learning model is of no use, however if the doing is done then the second step can be accomplished…Reflecting.
Reflecting is merely looking back at what you have done and evaluate it to see what you did wrong, what you did right, what you liked best, what you liked least, et cetera. The next step in the Experiential Learning Process is applying. After you have done what you did and reflected upon what was done you need to then move on to applying.

Applying is simply taking what you have done and what you learned from reflecting on it and applying it to how you are going to do better in the future.

One of the best aspects of 4-H is that you learn by doing. That it is actual hands-on learning with the help of an adult volunteer. There is another saying, “The best way to make your dreams come true is to wake up.” So let’s dream big dreams, but also wake up and see if we can make our dreams come true.

Have a great October.

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**Jasper County News**

**Jasper County 4-H Parents’ Association**

**Parent Association** meetings are open to all. The next meeting will be **Thursday, October 25, 6 pm** at the extension office. It is important for every club in the county to have a representative come to these meetings; that way your club has input in the County’s 4-H Activities.

**Officers:**
- President: Sheila Andrews
- Vice President: Sarah Calvin
- Secretary: Vanessa Hudson
- Treasurer: Susan Block
- Board Members: Rachael Ferguson, Diana Martin, Melissa Gilbreath, Janie Garner

**Welcome new families**

With the new 4-H year, we welcome many new families to the Jasper County 4-H program. As a veteran family you may remember the first few years of 4-H being confusing. Please welcome new members into your club and help them to become involved in club, county, and state activities.

You get out of 4-H what you put into it!

If you are a new family in the Jasper County 4-H program, your club leader will have a new family (or new volunteer) packet for you with a copy of the Jasper County 4-H handbook as well as other materials.

If you have questions that need answered, or just need some direction, please don’t hesitate to call the office at 417-358-2158.

**Let’s make it a safe and enjoyable year!**

Please be aware of any member within your club that may have food allergies and plan your refreshments accordingly.

**Parents** if your child has a food allergy, please make those scheduled to bring refreshments at the monthly meeting aware of the restrictions.

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**Awards Banquet**

**November 10**

Carthage First Christian Church
Lighthouse
6:00 pm.

Registration included in this newsletter.

**Deadline to register: November 1**

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**Event registrations**

Most event registrations are entered in 4-H online. **Important! Deadline reminder:** Even though 4-H online may show a registration deadline, if you are paying by check, that payment will need to be received in the Jasper County office **15 days prior to the registration deadline** so we have ample time to get checks sent to State before the actual deadline.

If you are paying by credit card, you can register up to the online registration deadline date.

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**Jasper County 4-H Library**

Materials are available for check out at the 4-H office. A list of available topics can be found at [http://extension.missouri.edu/jasper/project-resources.aspx](http://extension.missouri.edu/jasper/project-resources.aspx)
**Remember* do not create a new profile. Contact the office if you can’t remember your log-in email. If you can’t remember your password there is an option to reset it on the log-in screen.

We received very few copies of the Clover this year but each club leader should have a copy and it can be found online.

There are several new and expanded projects for the up-coming year so check out the new clover before enrolling. It is located at: [http://digitalpubs.extension.missouri.edu/univofmissouri.digitalpubs/4685839319932147/MobilePagedReplica.action?pm=2&folio=1#pg1](http://digitalpubs.extension.missouri.edu/univofmissouri.digitalpubs/4685839319932147/MobilePagedReplica.action?pm=2&folio=1#pg1)

### Project enrollment guidelines

First year member - three projects. Second year or higher age 8-10 - three projects. Age 11 or older six projects.

Exploring, Leadership, Shooting Sports Safety and Entrepreneurship can be carried in addition to these totals.

If you wish to carry more than the recommendation then you will make an appointment to come before the Parents’ Association and request the additional projects.

### Club officers / Youth leaders

When enrolling you must select yes as a volunteer. For club officer, select the club tab and designate your club officer status. For youth leader, select the projects tab and add youth leader under volunteer type for the project(s) you will be helping to lead.

As a youth volunteer you will not be required to do a background check.

### 4-H online

It is very IMPORTANT and your responsibility to keep ALL your online 4-H information up-to-date so that we are able to keep you informed.

If you have further questions, give us a call.

**Remember***

In order for a member of the Jasper County 4-H program to receive credit for his/her work for the year the following rules and requirements must be met.

- Members must attend 51% of club meetings. If the 4-H’er is unable to attend his/her own monthly club meeting he/she may attend another Jasper County 4-H club meeting during the same month.
- Member must participate in at least 6 hours of project studies and additional time as directed by the project leader.
- Recommended completion of project work -- Member must complete work in at least one project area for the year; exhibit at the Jasper County Youth Fair; give at least one demonstration or illustrated talk before an organized group, such as a club meeting or Jasper County Achievement Day; and participate in at least one judging event at a club or county event.

### Re-enrollment

Please review your information thoroughly when re-enrolling.

Hint: projects from the current year will automatically rollover. If you do not wish to enroll in the same project, please de-select it. Add all new projects.


### Volunteer Application Process for the 2019 Program Year

**NEW** – All volunteers must complete a NEW background check form for the 2019 year.

Also, new volunteers must complete the one-time 4-H volunteer orientation. The orientation helps volunteers learn basic terms, organizational structure and safety practices.

Updating or creating a Missouri 4HOnline volunteer profile is the **first step** for all volunteer applicants, not the last.

Help Guides for 4HOnline enrollment: [http://extension.missouri.edu/jasper/4h.aspx](http://extension.missouri.edu/jasper/4h.aspx)

### Self-Determined projects

The self-determined project is exactly what it sounds like – you decide what topic you want to learn about, set goals for yourself, plan how to meet those goals, and evaluate your efforts. This project is for youth who want to enroll in projects that 4-H doesn’t offer or who want to study a regular 4-H project in more depth and detail.

Guidelines for planning a Self-Determined Project:

- Narrow down project to one interest area.
- Set goals on what you hope to learn or accomplish.
- Make a list of supplies, materials, or facilities needed.
- Estimate cost of supplies and materials.
- Identify references.
- Identify a project leader.
- Develop a step-by-step plan of action.
- Record results and evaluate.

Anyone interested in the Self-Determined Project needs to obtain a copy of the 4-H guide sheet Y951, “Choose your own direction,” which outlines the process needed to choose and complete a Self-Determined Project. If you have any questions contact the County 4-H Office.
**Club reporters**

One of your duties as a reporter is to take notes at each meeting and prepare a report for the county 4-H office. Please send your club news to the 4-H office by the last day of the month so that it may be published in the 4-H News & Notes. You can drop your report off at the extension office; send by mail to: Jasper County 4-H, Courthouse Basement, Carthage MO 64836; or by email to jasperco@missouri.edu.

**NEW*** Club Reports – We have been asked by the state to keep track of the attendance at our county club meetings so we can more accurately report our contacts with 4-H members. We hope that this will not be an overwhelming task, so all that is being asked is to include an attendance report in your monthly club report. If you don’t have a monthly club report for the News and Notes we ask that you submit an attendance report every quarter. If there are any questions please contact Bob.

**Lincoln 4-H Club**

Members: 35  Others: 44
This month’s meeting was held at the Harvest Community Church at 6:30pm. We started with pledges led by Laura and Marissa Thorn and prayer by Grady Weaver. We selected project leaders and Pam Weaver reminded everyone who was going to be a project leader that they would have to fill out a background check form. We were also reminded to sign up to bring snacks. We were then informed not to sign up for 4-H until after October 1st. Pam also told our club we would be needing a new clover kids leader. Vice President Hannah Andrews informed us about the Southwest Regional Bonfire on October 20 from 6-9, and the awards banquet. She then handed out ribbons from the fair. We then discussed National 4-H week and decided to make posters to hang up around town. We will meet on September 24th, at 10am at Harvest Community Church to make the posters. We were also informed each club was to make a basket to fill up and raffle off at the awards banquet. We selected a camping themed basket. Everyone is to bring an item to put in it at the next meeting. We then voted to donate $300 to the Jasper County Horse Judging Team going to nationals to help with the expenses. We also played a game called noodle war led by our club game leader Jake Thorn. Our next meeting will be on October 15th at 6:30 at the Harvest Community Church.

Submitted by club reporter
Laura Thorn

The **Avilla 4-H club** elected officers at the September 17th meeting.
President—Cheyenne Horton
Vice-president—Cody Rinehart
Secretary—Loralei Thomason
Treasurer—Emily Bowles
Reporter—Kylee Rinehart
Sentinel—Faith Calvin
Game Leader—Emma Bourgeois
Song Leader—August Haile
The next meeting will be October 15th.
Kylee Rinehart
Report

Submitted by club reporter
Laura Thorn
**Tractor Supply Co. Paper Clover Campaign**

**October 3-14**

This is a wonderful opportunity for 4-H clubs to partner with their local Tractor Supply stores to hold in-store fundraising events.

**New this year** is the opportunity to purchase Paper Clovers online. The shoppers cannot designate a particular county, the credit for the store/county is determined the shopper’s zip code.

Tractor Supply wants to stress that all project types are welcome to participate in this fundraising opportunity; they do not have to be agriculturally-based.

For more information on the TSC Paper Clover Campaign or to get in touch with your local TSC store, visit the TSC website at [http://www.tractorsupply.com/landing-pages_4-h_4h-home.html](http://www.tractorsupply.com/landing-pages_4-h_4h-home.html)

The spring campaign earned Jasper County 4-H $223.72.

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**Regional News**

**Southwest Regional Bonfire**

**October 20**

6-9 p.m.

Ages 12 and up

There will be hot dogs, s’mores and so much more.

Bring a lawn chair and a side dish (chips, dessert, etc.)

23784 Maple Rd., Oronogo

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**Dolly Parton’s Stampede**

Webster County will be selling Dixie Stampede tickets again for the **November 3, 2018** show at 12:30 p.m. Price will be $30.00 each. Deadline is **October 8**. Order form can be found at [http://extension.missouri.edu/jasper/documents/4H/2018DollyParton's.pdf](http://extension.missouri.edu/jasper/documents/4H/2018DollyParton's.pdf)

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**4-H Youth Horse Workshop**

**October 20**

1 p.m. to 4 p.m

Mountain Grove Senior Center and Fairgrounds Mountain Grove, Mo.

Do you have a child that loves horses? Wright County 4-H is offering a new workshop open to any youth age 8-18 interested in horses.

Youth do not have to own horses to participate. Youth will learn about horses in fun and exciting ways.

It does not matter if you are a beginner or already have experience with horses. Workshop will give youth hands-on interactions with horses regarding feeding, care, breeds, tack, and grooming.

The workshop will be held from 1 p.m. to 4 p.m., Saturday, Oct. 20 at the Mountain Grove Senior Center and Fairgrounds.

Pre-registration is required. Registration deadline is Oct. 15. To register, or for more information, contact the local University of Missouri Extension office at 417-967-4545.

Cost is $30 per person. This fee is for the cost of the workshop but also allows youth to participate in as many other 4-H events and activities throughout the year as they want.

For more information, contact Janice Weddle, by email at weddlejd@missouri.edu or phone at 417-967-4545.
State and National News

4-H Global Education

Just as 4-H goes beyond our doorstep and your county line, it also goes beyond our nation’s border.

4-H Global Education contributes to understanding people of the world through hosting, travel experience, project, and activity enrollment for individuals and clubs. Global Education provides insight into the world for 4-H families in whatever area they choose to participate.

4-H members have the opportunity to participate in global education in a variety of ways. They can host an exchange student, participate in the global education project, or even take a trip to another country over the summer. The experiences that a member can get from global education are ones that will last them forever, and give them an insight into the different cultures around the world.

A list of Outbound Exchanges can be found at http://www.4h.missouri.edu/global-experiences/4h-exchanges#gsc.tab=0

Applications for 2019 are due by Nov. 1, 2018.

For more information, please contact the coordinator, Joyce Taylor. TaylorJL@missouri.edu 573-882-6393

Citizenship Washington Focus

June 22-July 1, 2019

Washington D.C.

Learn leadership, live history, explore your nation!

Citizenship Washington Focus (CWF) is a 4-H leadership program for high school’ers aged 14 to 18. 4-H members will stay at the National 4-H Youth Conference Center, near Washington, D.C., and participate in a week-long program enriching their lives with activities that broaden their appreciation and respect for themselves and others. 4-H members will tour national landmarks and meet their elected officials. Side trips to Fort McHenry and New York City will follow the conference.

Delegates participate in a variety of experiences in our nation's capital. Forums, workshops, prominent speakers, mock elections and congressional sessions are just a few of the fun activities offered. You won’t want to miss this opportunity for a hands-on learning experience and a great time with other 4-H'ers.

4-H members will

- tour national landmarks,
- meet elected officials,
- create an action plan to help their communities, and
- create life-long memories.

Details for the 2019 trip is coming soon! The cost for the trip has not been posted but last year the cost was $2,300 and payments were due in four installments with the first one due with application on Dec. 1. Keep checking the website for updates as they become available https://4h.missouri.edu/CWF#gsc.tab=0

In October, Code Your World is a four-part computer science (CS) challenge that teaches kids to apply CS to the world around them through hands-on activities. Developed by Google and West Virginia University Extension Service, it includes a computer-based activity on Google’s CS First platform and three unplugged activities that bring coding to life through games and interaction. For more information go to: 4-H.org/NYSD
Grants/Scholarships/Financial resources

MU Full Tuition Scholarship
MU has announced that full tuition scholarships for low-income, Missouri residence students will be available in the fall of 2018. Please share this information with your youth, parents and anyone who may qualify. This is a great opportunity for youth who want to attend MU, meet the scholarship specifications, but may not have the financial means to attend.


Farm Service Agency (FSA) loans for youth farmers
The Farm Service Agency (FSA) grants individual rural youth to finance income-producing, agriculture-related projects of modest size in connection with their participation in 4-H clubs, FFA and similar organizations.

Each project must be part of an organized and supervised program of work. The project must be planned and operated with the help of the organization advisor, produce sufficient income to repay the loan, and provide the youth with practical business and educational experience in agriculture-related skills. http://www.fsa.usda.gov/FSA/webapp?rea=home&subject=paca&topic=y

Missouri 4-H Foundation Grants
The Missouri 4-H Foundation continues to award grants to support a wide range of 4-H programs, events, and facilities. Information about grant funds and application procedures may be found on the 4-H Foundation website at http://4h.missouri.edu/foundation/

- Community Service
  Through generous grants from Crader Distributing and Stihldealers.com, as well as DuPont Pioneer, the Missouri 4-H Foundation offers grants of up to $1,000 to match funding for a 4-H community.

- Kids Helping Kids is a program devoted to helping 4-H members and their families in times of need. Through donations made by 4-H families and friends, support is available to Missouri 4-H families that have been affected by an emergency disaster.

- Doane Youth Center
  Through a generous endowment given by D. Howard Doane, one of the founding trustees of the Missouri 4-H Foundation, funds are available to improve facilities owned and/or controlled by Missouri 4-H.

- 4-H Foundation Scholarships
  The Missouri 4-H Foundation offers educational scholarships for 4-H members and former 4-H members pursuing post-secondary study.

  60+ scholarships are available, each ranging from $500 to $2,500. One scholarship application permits the applicant to be considered for any available scholarship, subject to conditions specified by the donor.

  Jasper County 4-H offers a $1,000 Scholarship. Preference is given to qualified applicants from Jasper County.

  Applications are accepted after January 1.

  The scholarship guidelines and application is available on the Missouri 4-H website at http://www.4h.missouri.edu/recognition/scholarships

4-H Project resources

Jasper County 4-H website
Check out our website at http://extension.missouri.edu/jasper/4H.aspx for all of your 4-H information including the monthly 4-H News & Notes newsletter. You will find links along the left-hand column to a calendar of upcoming events (which includes registration forms); applications and forms (which mainly deals with enrollment and report forms); county, regional and state 4-H events; and Jasper County award winners; as well as project resources.

Jasper County 4-H handbook
Find it at http://extension.missouri.edu/jasper/documents/4H/4hhandbook.pdf
Suggested 4-H project leader calendar

A Project is a focused area of work that a member decides to enroll in each year. Several members working in the same subject matter area become a project group under the guidance of a volunteer 4-H project leader. A 4-H club can include several project groups. An individual member may be the only person enrolled in a particular project.

Within the project, members learn things to do, things to make and things to explore.

This calendar is to help volunteers plan their project. The actual time of the year that you begin your project meetings will depend on the project you are leading, and the time you have to give. Please keep this calendar as a reference.

**September /October**

Commit to lead the project. Complete an Annual Background Check Consent Form LG639 if required and return it to the Jasper County 4-H office. Order project leader materials so that you can begin planning the project. Literature order forms are available in the 4-H Clover. Look over project literature. Encourage members to order individual project member guides (check with other project leaders/members within your club or county to see if it would be beneficial to place one order). Check the list of resource items listed in the Clover under the Project Leader and Learning Activities section. These will be beneficial to you. Also, check out the project information on the state 4-H website - [http://4h.missouri.edu/programsprojects.aspx](http://4h.missouri.edu/programsprojects.aspx) and on the Jasper County 4-H website: [http://extension.missouri.edu/jasper/4H.aspx](http://extension.missouri.edu/jasper/4H.aspx)

**November**

Call 1st meeting – include member(s) and parent(s). **It is important that you hold this meeting as soon as possible, even if your first project meeting will not take place until the spring. Kids can become discouraged, and assume that the project will never meet if you do not have this meeting to let them know when the project will begin and what they will be doing.**

Do an introductory activity to create interest. Outline goals and requirements. Set dates for future meetings. You should plan to hold at least 6 meetings. **Remember members must have a minimum of 6 hours of project time.** Discuss any cost for supplies, tools, etc., that will be associated with the project.

**December – March**

Continue conducting the project meetings as planned. Utilize at least one of the following learning activities: Demonstrations, Skillathon, Judging.

**April**

Check on progress of goals and status of what members plan to exhibit for the fair. Encourage participation in competitive events at the fair (demonstrations, judging, etc.)

**May**

Last project meeting held (for some projects, such as horticulture or vegetable gardening, the last meeting will be later in the summer).

Encourage members to exhibit in the county Fair.

Use this meeting to complete entries to the Jasper County Youth Fair. Remember Members’ completed fair entry form must have your signature before they are allowed to compete.

**June club meeting**

Members’ items to be shown at the fair should be completed. 4-H Club Project Leader Summary reports are due to Club Leader.

**End of July – first of September**

Meet one last time to complete Project Record Forms. Submit to County 4-H Office (with all signatures complete). Let Club Leader know if you intend to lead a project for the new 4-H year or suggest others that might be interested.

**Meeting ideas for Club Leaders**

A document of meeting ideas for club leaders can be accessed on the website at [http://4h.missouri.edu/resources-and-forms/](http://4h.missouri.edu/resources-and-forms/)

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**Project leader and club leader**

Leaders and 4-H members, check out the project resources on the Missouri 4-H website at [http://4h.missouri.edu/programsprojects.aspx](http://4h.missouri.edu/programsprojects.aspx)

Under the individual projects, you will find project briefs that also contain ideas for demonstrations, community service, etc. From A to Z, every project has lots of resource information worth checking out. Additional information can be found at [http://4h.missouri.edu/resources-and-forms/](http://4h.missouri.edu/resources-and-forms/)

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**Fostering, Growing and Sustaining 4-H Clubs: Project Leaders**

Project volunteers have a lot of responsibilities when it comes to keeping youth engaged and excited about 4-H project work across the span of several months. Be sure to check out Session 7: Creating a Project Plan resource. This outstanding training was put together through the national 4-H Military Partnership. Access this and other practical volunteer resources by going to the Missouri 4-H volunteer page [http://4h.missouri.edu/volunteer.aspx](http://4h.missouri.edu/volunteer.aspx) and choose 4-H 201: Fostering, Growing and Sustaining 4-H Clubs under the Volunteer Training heading.
Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Toasted Pumpkin Seeds

Don't toss those pumpkin seeds! Roast them to make a quick and crispy snack.

Supplies:
- Pumpkin seeds from your jack-o'-lantern
- Olive oil
- Salt
- Baking pan with raised edges

Directions:
1. Preheat oven to 350º Fahrenheit
2. Separate the seeds from the pumpkin. Rinse and pat them dry with a paper towel. Put the seeds in the baking pan.
3. Drizzle olive oil over the pumpkin seeds and then sprinkle them with salt. Stir the seeds to coat them with oil, then spread them out evenly over the bottom of the baking pan.
4. Cook for 10 minutes, then remove the pan from the oven and stir the seeds. Return to the oven for another 10 minutes until the seeds are golden brown.
5. Let the seeds cool, then transfer them to a plate lined with paper towels to soak up the extra oil.
6. Experiment by adding other spices to see what flavor you like best!

Calendar of Events

Dates subject to change without notice.

October 3-14
Tractor Supply Co Paper Clover campaign

October 6
Make it with Wool Contest

October 7-13
National 4-H Week

October 8
- Dolly Parton Stampede ticket order due
- National Youth Science Day

October 9
National 4-H Spirit Day

October 20
SW Regional Bonfire

October 25
4-H Parents’ Association meeting

November 1
- Jasper County 4-H Awards Banquet registration due
- Outbound Experience (Global Exchange) application due

November 3
Dolly Parton’s Stampede with 4-H

November 10
Awards Banquet

November 23-27
National 4-H Congress

2019

June 22-July 1
Citizenship Washington Focus

Find a complete list of upcoming events on the Jasper County 4-H website at: http://extension.missouri.edu/jasper/upcoming4hevents.aspx
Jasper County 4-H  
Awards Banquet & Recognition Night  
November 10, 2018  
6:00 p.m.  
First Christian Church  
Lighthouse  
800 S Main  
Carthage MO  

The Jasper County 4-H Parents’ Association commends all 4-H members, leaders and parents for their outstanding participation and accomplishments that have been achieved this past year in the Jasper County 4-H program. All 4-H families are invited to attend the county’s annual 4-H Awards Banquet and Recognition Night. Grandparents and friends are welcome to attend also.

The program will recognize outstanding project members of the year, top club officers and special recognition of members. 4-H members who took part in 4-H events and/or trips will also be recognized as well as volunteers who have served 5, 10, 15 and more years.

**PLEASE register by Nov. 1. WE CANNOT ACCEPT PAYMENT AT THE DOOR!** Enclose check or money order (no cash please) with the form below. Make checks payable to Jasper County Extension Council and mail to Jasper County 4-H, Courthouse Basement, Carthage, MO 64836. **Reservations are necessary in order to plan for the amount of food.**

Cost: $10.00 adults  
Age 7 and under $7.00  

4-H members who submitted a 4-H year-end report will receive a free meal (please note ‘free’ in the cost field).

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