What is 4-H?
4-H is a community of young people and adults across America who are learning leadership, citizenship and life skills. Come join our family!

What do the 4 H’s stand for?
Head, Heart, Hands and Health.

What will I do in 4-H?
4-H members can be a part of a club where they learn about activities they’re interested in, like Shooting Sports. There are about 100 different projects in 4-H, ranging from Rocketry, to Small Engines, to Woodworking, and so much more. There are also camps, fairs, club parties and community service opportunities.

How old do I have to be to join 4-H?
4-H welcomes all young people ages 5 to 18. For youths ages 5 to 7, there is a special program called the Clover Kids. Clover Kids do not select projects, such as shooting sports, but they are included in all county events. Shooting sports is only open to youth ages 8-18. There are also some age restrictions in certain disciplines.

Safety First
All members wishing to enroll in any shooting sports projects, must complete 6 hours of instruction in shooting sports safety. Safety classes will be held on January 6th and 13th. Join us at the informational meeting to learn more.

Shooting Sports Meeting
Tuesday, October 8, 2013 7:00 PM, at the Blue Springs Extension Office. Join us for our informational meeting for the 2012-2013 4-H Shooting Sports Year!
Jackson County 4-H
Shooting Sports Project

What is the Shooting Sports Project?

Jackson County 4-H is lucky enough to offer a county wide Shooting Sports project. This project is much more than just hunting, gun safety and marksmanship. Of course these skills are emphasized. But in each of the shooting sports disciplines you will learn about natural resources, wildlife and outdoor recreation safety.

The goal of these projects is to teach safe and responsible use of shooting sports equipment including sound decision-making, self-discipline, and concentration. The project will also work to promote the highest standards of safety, sportsmanship and ethical behavior.

Each project is lead by a certified project leader. Each leader, strives to make each of the project meetings fun for the members by incorporating games and competition.

A great deal of safety instruction is built into the shooting sports projects. Each project member must complete 6 hours of safety instruction. The extension office partners with the department of conservation to provide opportunities for the project members to easily complete this requirement.

4-H provides a wonderful opportunity to make friends, promote family recreation and meet other youth from the county with similar interests.

Shooting Sports Discipline Areas:
- Archery
- Rifle (BB, Pellet, and .22)
- Air Pistol (Pellet)
- Shotgun

How Do I join 4-H?

It’s easy. Call the Jackson County Extension Office at (816) 252-5051. A 4-H staff member will guide you to 4-H opportunities in your area, and attend the Shooting Sports meeting on Tuesday, October 9, 2012 at 7:00 PM at the Blue Springs Extension Office.

Does it cost to join 4-H?

There is a minimum fee to join 4-H. Jackson County’s membership dues are $20 per youth per year. There is an additional fee of $10 per discipline for shooting sports. This fee covers state dues as well as most of the county sponsored activities.

Can my parents/guardians be involved?

Parents and guardians can become leaders and volunteers after participating in a leader and volunteer training.

Who sponsors 4-H?

Missouri 4-H is sponsored by the University of Missouri with funding support from state, federal and county government in each Missouri county.

Upcoming Meetings
- October Club meeting 8th, 2013 7:00PM, Blue Springs Office.
- December Club meeting 10th, 2013 7:00pm Blue Springs Office.

Head
4-H is an adventure. As you work with your shooting sports project and participate in your club, you will discover the world around you. You will learn public speaking and demonstration skills while working in both team and individual activities.

Heart
You will have the chance to talk with other 4-H members and leaders about things that are important to you. You will share similar ideas, thoughts and emotions and form lasting friendships and memories.

Hands
As a 4-H member, one of the benefits is gaining hands on experience. In 4-H you’ll learn new skills and have the opportunity to explore careers that interest you. You’ll have fun improving your community and preparing for the future. Better yet, you’ll make lifetime friends while sharing your talents and ideas with others.

Health
Being healthy means feeling good inside and out, which is important to 4-Hers. You will begin to develop a healthy lifestyle by being active with your projects. With each step of the journey you’ll learn things about yourself.