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UNIVERSITY OF MISSOURI EXTENSION

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**Building healthy marriages**

(BLUE SPRINGS, MO - Sept. 21, 2009) University of Missouri Extension will offer a *Healthy Relationships* workshop at noon, Oct. 15, 2009, at the Truman Medical Center Hospital Hill, 2301 Holmes Kansas City, Mo.

Couples marrying for the first time face roughly a 50 percent chance of divorce as they experience the challenges of time, finances and emotions. Despite these challenges, there are ways that couples can build strong and healthy marriages. The workshop will help participants learn to recognize danger signs and strategies to nurture and build a happy couple relationship.

For more information, contact MU Extension at (816) 252-5051. To register for the workshop, which costs \$7, call the Truman Medical Center at (816) 234-9256.

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