



# Jackson County 4-H Newsletter



<http://extension.missouri.edu/Jackson/>

January 2012

## MESSAGE FROM MEG:

Ahhh, the Holidays are here. We hope everyone gets to spend good quality time with your family and friends. Wishing everyone a safe and Happy Holiday season.

## EXTENSION OFFICE HOLIDAY SCHEDULE

The Jackson County Extension Council has decided that both Jackson County Extension Offices will be closed **December 23 through January 2 ---- Reopen Tuesday, January 3 at 8AM.**

## EQUINE COUNCIL MEETING NOTICE

The next Equine Council meeting will be on **Thursday, January 5 at 7PM**, at the Blue Springs Extension Office. Please make sure if your club has a focus on the equine project you have a youth and an adult representative at each equine council meeting.

## FAIR ADVERTISEMENT DEADLINE EXTENDED

The 2012 Jackson County Fair Book Advertisement Sales campaign should be over. However, only \$3500 of the budgeted \$6000 has been turned into the Extension Office. Club Leaders received an email on December 16 from Fair Chairs **Kate Lee** and **Sydney Webb**. Here is a short blurb from their email.

*“We encourage every 4-H member to try and sell \$100 worth of advertisements. However any dollar amount is better than nothing. If again in January our goal has not been met drastic changes will have to be made to the 2012 fair. These changes may include a new, probably un-air conditioned location and pot-luck dinner. These are things we are trying to avoid but we need your help to do so.”*

Packets were mailed to each 4-H family AND are available on the Jackson County 4-H website. This is THE major fundraiser for the Jackson County 4-H Council. Proceeds from Fair Book Advertisements help pay for fair expenses; ribbons, awards, building rental, supplies, etc. **EACH AND EVERY 4-H member should sell AT LEAST \$100 in Fair Book Advertisements.**

Clubs can also view this as a fundraiser, since clubs will receive a check for 10% of the advertisements sold by their club members. All fair advertisements and money are due to the Blue Springs 4-H Office by **Monday, January 9 by 5PM.** Get out there and **SELL, SELL, SELL.**

## 4-H COUNCIL MEETING NOTICE


The 4-H Council meeting will be on **Monday, January 16 at 7PM, at the Blue Springs Extension Office.** Please plan to arrive by 6:45 for some ice breakers before the meeting. The Extension Office is closed that day in observance of Martin Luther King, Jr. Day, but Meg will open the office just for the King and Queen Committee meeting and the 4-H Council meeting. Each and every club can help shape the direction of the Jackson County 4-H program by having your club represented by a youth member from your club.

## INCLEMENT WEATHER MEETING POLICY

In the event of inclement weather a decision will be made as soon as possible to ensure the safety of our members, leaders, families and staff. If a meeting or an event is cancelled e-mails will be sent to club organizational leaders. Event cancellations will also be broadcast on channels 41 and 38 (NBC Action News and 38 The Spot), we share closings with all seven Entercom radio stations in Kansas City (KMBZ, KXTR, 106.5 The Wolf, 99.7 KY, 98.1 KUDL, 98.9 The Rock, and 610 Sports) and with the Kansas City Star. **Cancellations will be listed as Jackson County 4-H.**

For events that are being held on the weekend, a decision will be made by noon the day before the event, if possible. The Extension Office will also do everything that it can to contact the people who have **pre-registered** for an event via email and/or phone. If an event is not cancelled, please use your best judgment to ensure your own safety.

## FIND THE HIDDEN SYMBOL

**Madison Madden**, Sunset Trails, was the first to spot the symbol in last month's newsletter. Her prize is waiting for her at the Blue Springs Office. Each month the symbol will change. The first 4-H member to find the symbol and email Meg with its location at [sagemachm@missouri.edu](mailto:sagemachm@missouri.edu) will win a 4-H prize of their choice. This month's symbol is:  Read the newsletter carefully to find the symbol.

## Jackson County 4-H Staff

### 4-H Youth Development Specialist

Meg Sage Mach  
Leon Moon  
Beth Rasa

### Youth Program Associate

Susan Smith

### Youth Education Assistants

Naomi Reynolds  
Lucinda Carr

### 4-H Secretaries

Karen Colby  
Crystal Lutgen  
Sherrie Norman

## Jackson County Extension

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### COUNTY WIDE SHOOTING SPORTS


Any 4-H member who is enrolling in any of the Shooting Sports projects for the first time must attend Shooting Sports Safety meetings. The next meetings will be on **January 8 and 15 from 1PM-4PM at the Blue Springs Office**. Members must attend both days to complete their safety training and must RSVP by January 5<sup>th</sup> to Susan Smith at her email below.

The next County Wide Shooting Sports meeting will be on **Tuesday, February 21, at the Blue Springs 4-H Office**. Please note this is a date change from previous newsletters. Anyone interested in participating in any of the shooting sports projects (740-749) must be led by a state certified instructor, so you **MUST** attend the county-wide meetings. Questions about shooting sports - contact Susan Smith at [smithsusan@missouri.edu](mailto:smithsusan@missouri.edu).



### COUNTY WIDE PHOTOGRAPHY PROJECT

Anyone enrolled in the photography projects are welcome to attend the County Wide Photography Project meetings. **The next meeting will be held on Saturday, January 21, at 2:30PM at George Owens Park**, weather permitting. For more information: contact Sandy Sands at [104145.2065@compuserve.com](mailto:104145.2065@compuserve.com).



### 4-H CLUB REPORTS



#### CLASSY CLOVERS

Our December meeting was held on the 7<sup>th</sup> at Franklin Smith Elementary. **Trezelle, Jackson, and Jenni** made it possible for our club to co-adopt a family in need. We all agreed to use club money to purchase some nice towels for the family. Members also brought Christmas gifts and food items to help the family have a nice Christmas. After the meeting we had a fun Christmas party with games and snacks and we all helped Sydney make some plastic wreaths to donate to the Blue Springs Community Service League.

*Nicholas Strathman, Reporter*



#### SUNSET TRAILS

The Sunset Trails 4-H club met on Monday, December 12, 2011. We made final details regarding our club Christmas party to be held on Wednesday, December 28, 2011. We discussed our community service project at Toys 4 Tots. We also donated items for soldiers' care packages. We received our club sweatshirts. We had a snack and enjoyed playing octopus tag. Our next club meeting will be held on Monday, January 9, 2012.

*Kate Davis, Secretary*



### 4-H CLUB REPORTS CONTINUED



#### HOMES COOL

On December 9<sup>th</sup> we held a business meeting. We discussed fundraising ideas and we also discussed ideas for the February class. The project leaders gave their report. After we adjourned the meeting we had a potluck lunch.

*Jered Brown, Home's Cool Reporter*



#### DOGGIE CORNER


Winter is here and the weather outside is frightful. Oh what to do with your dog? Well you should be training about 5 minutes, 3 times a day for a total of 15 minutes a day. Ask your dog to watch (or look) so that he gets the idea of paying attention to you. Also if your dog is not used to a lead and collar then now is the perfect time to practice this as well.

You need to choose what words you are going to be using. A good list of words are:

- Watch-attention
- Sit-for the sit position
- Down-for the down position
- Come-when you want a dog to come to you
- Off-to get dogs off of stuff
- Out-to get them out of stuff
- Wait-this is used when doing the come command

If none of these terms work for you then you need to come up with a list of your own and stick to it.


For more information about the Dog Project, contact Angela Brown at [brownfamilyof5@gmail.com](mailto:brownfamilyof5@gmail.com).



#### REGIONAL ENERGIZER

##### INFORMATION AND REGISTRATION DEADLINE

Once again, back by popular demand, the West Central Regional 4-H Energizer! **Mark your calendars for Saturday, January 28 from 9AM - 3PM**. The event will be held at the Belton Freshman Center. **Registration for the event is required to be in the Blue Springs 4-H Office by Friday, January 13**. This event is open to all 4-H members, leaders and families. There will be many different learning opportunities specifically for Clover Kids, Youth ages 8-18, and Leaders. Workshops will all include hands-on learning with a project focus. Cost for the event will be \$10.00 per person, which includes your lunch. The flyer is in this newsletter. Check out all of the exciting workshops. To register for the Regional Energizer, please call the Office at 252-5051. **Payment must be received in the Blue Springs office on or before January 13**. All sessions are filled on a first come, first serve basis at the Energizer, you can't pre-register for the sessions you want ahead of time.





## ***VOLUNTEER ORIENTATION REQUIRED FOR ALL LEADERS***

The Missouri 4-H program feels that orienting all 4-H leaders will create a stronger 4-H program overall. As of January 1, 2009, all 4-H leaders (organizational, project, activity and resource leaders) are required to complete a one-time volunteer orientation session BEFORE working with youth.

Leaders may complete this session 3 different ways: Face to Face, Online orientation, or using the Orientation CD. Let's start off the 2011-2012 4-H Year on the right foot. Anyone who will be volunteering and completes a volunteer application must complete volunteer orientation. **Please make sure you complete orientation within 1 month of completing your application.** 🍀


**Face to Face session - Saturday, January 28, Belton Freshman Center** Must pre-register by **January 13.**

### **Online Orientation**

- o <http://mo4h.missouri.edu/getinvolved/volunteer/#orientation>
- o Scroll down till you see the heading: **Online version**
- o You may want to use the optional [Study Guide \(PDF\)](#) to track your progress.
- o Begin the [Online Volunteer Orientation](#)
- o After completing the Online Volunteer orientation – follow the link to the Required Quiz.


### **Volunteer Orientation CD**

Each club leader has a copy of the volunteer orientation CD. Copies are also available at the Blue Springs Extension Office. You must have internet access to complete the online quiz.



### ***NEWSFLASH!!!***

Please have all of your information for the February newsletter sent to Meg at [sagemachm@missouri.edu](mailto:sagemachm@missouri.edu) by **January 15.** Please make sure the information is 4-H related.



### ***JOIN THE REVOLUTION***

Join the Revolution of Responsibility. This campaign will tell the 4-H story in far more compelling terms than ever before. It showcases the stories of real 4-H members making a real impact in their communities, and gives a voice to the uncommon dedication and barrier-breaking commitment of the young people who are 4-H. That's the kind of revolution the world needs now. More information will be coming soon, but for now go to the campaign site: [www.4-h.org/about/revolution](http://www.4-h.org/about/revolution) to learn more about Revolution of Responsibility.




## ***FAIR BOOK COVER CONTEST***

The theme for the 2012 Jackson County 4-H Fair is "Join the Revolution of Responsibility". The Fair Committee is calling all 4-H members into action to design the cover for the Fair Book. All submitted designs will be displayed at the fair. One design will be chosen by a neutral committee of artists based on creativity and the following rules and guidelines;


1. All eligible designs must be submitted by an active Jackson County 4-H member.
2. Designs must be copy-ready and arranged on 8 1/2 x 11 paper with **a one inch margin all around.**
3. A printed copy of the design should be submitted to the office, but the office will also need an electronic version of the design.
4. Designs will include the fair dates (July 11-14)
5. Designs must include the theme – Join the Revolution of Responsibility
6. Designs must include the fair location and address – Grain Valley Community Center, 713 Main Street, Grain Valley, MO 64029
7. Designs must include the 4-H clover, and follow all rules for use of the clover.
8. Designs must be neat and legible.
9. **Only one design per 4-H'er will be accepted.**

Please label the back of designs with your name, age and club. The contest winner will receive a special prize, second and third place artists will also be recognized. **Fair Book Ad Cover Contest Design deadline is Monday, January 16 at the Blue Springs 4-H Office during the 4-H Council Meeting between 7-8PM.**



### ***JACKSON COUNTY 4-H ROYAL COURT APPLICATIONS, INTERVIEWS AND KING & QUEEN EVENT DETAILS***

Applications will be accepted soon for youth who are interested in being a member of the Jackson County 4-H Royal Court. Club leaders will be emailed applications in late December. Applications will also be available online. Open positions on the court are for King, Queen, Senior Attendant, Prince, Princess, Junior Prince and Junior Princess. If you are interested in applying please contact your club leader or visit the Jackson County 4-H website for you application. **Applications must be in the Jackson County 4-H office by Friday, January 27.** All youth who apply will participate in an **interview on Saturday, February 4.** The 2012 Jackson County 4-H Royal Court will be crowned at the **King and Queen event, Saturday, February 25.**



**JOIN | THE REVOLUTION  
OF RESPONSIBILITY** 🍀




## MISSOURI SHOW-ME QUALITY ASSURANCE

All 4-H members enrolled in food animal projects including [beef](#), [sheep](#), [swine](#), [dairy cattle](#), [meats](#), [dairy goats](#), [rabbits](#) and [poultry](#) must complete the appropriate level of MSMQA certification to be considered a 4-H member in good standing in that project. In order to be eligible to exhibit your animal at the Jackson County fair you must complete the appropriate level of MSMQA. Missouri 4-H Food Quality Assurance Policies and MSMQA Information available at: <http://mo4h.missouri.edu/events/livestock/docs/foodqualityassurance.pdf>

An online tutorial is available at:


<http://www.agebb.missouri.edu/smqa/>

**Face to Face sessions will also be taught at the Regional Energizer on January 28 at the Belton Freshman Center. You must register for Regional Energizer by Friday, January 13<sup>th</sup>.**



## MOVE ACROSS MISSOURI

The MOVE Across Missouri program will be back for the 2012 4-H year. The goal of the MOVE Across Missouri program is to promote physical activity. MOVE encourages youth and families to engage in a broad range of physical activities. Using an online program, members and families can “log” in the number of hours they MOVE. **Members and leaders will need to sign-up again after January 1, 2012.** If you do not re-enroll in the MOVE Across Missouri program, your efforts will not be counted in 2012. The MOVE competitive program will run from February 1 – May31. For more information visit the MOVE website at [www.4h.missouri.edu/programs/move/](http://www.4h.missouri.edu/programs/move/)



## CITIZENSHIP – SERVICE LEARNING

*Citizenship is one of our mission mandates and a crucial part of the 4-H brand.*

When youth plan an activity, they are able to feel empowered to identify a community problem and decide on ways in which to address that problem. In reflecting on the activity, they are able to share their experience with others and make connections between their service activity and the larger community issues. When youth engage in long-term community service, typically identified as a semester or longer, they are able to see the longer term effects of the service and make deeper connections within the community. Youth who are engaged in service-learning are more likely to talk about political and community issues with other youth and adults than youth who do not participate.

*Source: Corporation of National and Community Service*

“Preventing the conflicts of tomorrow means changing the mind-set of youth today.”


~ Graça Machel-Mandela



## COMMUNITY SERVICE CORNER


Community service is an important piece of the 4-H puzzle. In reference to the article just before this one, how can these basic community service projects be turned into service learning opportunities? Need some community service ideas? Try the community service page, on the state 4-H website at

<http://mo4h.missouri.edu/projects/service/>. Don't forget to start filling out your club Service to Communities form in the back of your Clover. This month we will focus on helping those less fortunate:

1. Make a care package with mittens, socks, T-shirts, etc. for a child at a homeless shelter, emergency shelter or domestic violence prevention shelter.
  2. Collect grocery coupons to give a local food bank.
  3. If your community doesn't have a food bank, work with local officials to start one.
  4. Clip coupons and give them to your local food pantry or homeless shelter.
  5. Pack and hand out food at a food bank.
  6. Sponsor a food drive at your school or parent's workplace or business.
  7. Prepare a home-cooked meal for the residents of a nearby homeless shelter, emergency shelter, or domestic violence prevention shelter.
  8. Bake a batch of cookies and deliver them to a soup kitchen or homeless shelter.
  9. Raid your closet and attic to find toys and clothes to donate to a homeless shelter, emergency shelter, or domestic violence agency shelter.
  10. Assist with sorting and organizing items donated to a homeless shelter.
- 

## SCHOLARSHIPS AVAILABLE

It is scholarship application time. We will try to announce as many as we can each month.

- State Fair Youth in Agriculture Scholarships are offered through the State Fair Sale of Champions. **These scholarships are due to State Fair Office in Sedalia by February 1, 2012.** More information can be found at [www.mostatefair.com](http://www.mostatefair.com). Look for the information on the right side of the page.
  - MO Corn Growers Association and the MO Corn Merchandising Council are offering 10 \$750 scholarships. Visit [www.mocorn.org](http://www.mocorn.org) for more information and the application requirements. **Application deadline to MO Corn office is February 10, 2012.**
  - West Central Electric Cooperative, Inc. has many different scholarships available with different deadlines. **The earliest deadline is February 24, 2012 to the West Central Electric Offices.** Applications can be found at [www.westcentralelectric.coop](http://www.westcentralelectric.coop). Look under “Youth Programs.”
- 



## TEEN CONFERENCE

Hey, 11-13 year olds...are you ready for spring training??? This year's theme is NFL (nation's finest leaders) and your State 4-H Council teens are pulling out their playbooks for a fun and active event. Your training will include leadership and communication skills, along with routes to all the exciting opportunities waiting for you as a 4-H teenager! This is the first big trip away from home for many Teen Conference delegates, and it's a good choice. The environment is safe and fun, the Stoney Creek Inn is amazing, and making about 300 new friends keeps you too busy to feel homesick. Did we mention this event is planned by teenagers??? **Come be part of the NFL and report to spring training on March 24-25!** Information at [4h.missouri.edu/go/events/teenconf](http://4h.missouri.edu/go/events/teenconf) The price is \$129 per person. **Registration is due in the Blue Springs 4-H Office by Friday, February 17.** Youth can attend more than one time if they meet the age requirement.



## NATIONAL STEM VIDEO GAME CHALLENGE

The 2012 National STEM Video Game Challenge - <http://stemchallenge.org/Default.aspx> is underway. The Challenge was launched in partnership with **Digital Promise**, a new initiative created by President Obama and Congress, supported through the Department of Education. The initiative is designed to unlock the promise of breakthrough technologies to transform teaching and learning.

**Entrants have until March 12, 2012 to submit their ideas and games.** The contest is open to students and game designers in four levels: middle school, high school, college and graduate students, and educators.

Inspired by the **Educate to Innovate Campaign**, President Obama's initiative to promote a renewed focus on Science, Technology, Engineering, and Math (STEM) education, the National STEM Video Game Challenge is a multi-year competition whose goal is to motivate interest in STEM learning among America's youth by tapping into students' natural passion for playing and making video games.

Responses and requests for information can be emailed to [rural@ed.gov](mailto:rural@ed.gov)



## 4-H SCIENCE

*Science is another of our mission mandates and a crucial part of the 4-H brand.*

In the past couple of newsletters there have been articles about the importance of including applications of science, engineering, and technology in our 4-H programs. The practical “hands-on” learning that we do in 4-H naturally incorporates many aspects of science, engineering, and technology. It is easy to take for granted the complexities of many of the lessons and projects that 4-H members complete. It is not as easy to remember that each lesson learned is a building block full of potential for further exploration and discovery.

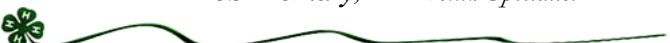
Exploration and discovery is the heart of the 4-H learning process. The individual nature of so many projects, even as a part of a broader project area, gives each member the opportunity to ask questions, to try new ideas, and to express their own creativity. Asking questions and trying new ideas is part of exploring. Expressing creativity is a part of discovery. Analyzing the results of exploring new ideas is the next step in discovery.

Throughout this 4-H year, busy 4-H members have participated in many activities to encourage exploration and discovery. At this time of the year, many project meetings are being held, or getting ready to be held. The time for members to exhibit, demonstrate the skills and knowledge they have gained at the fair is still 6 months away. However, it is never too early for 4-H members and families to start thinking about how they are going to showcase all that has been learned over the past year in 4-H.

Exhibiting, whether it be small projects, or livestock, gives each member the opportunity to show the judges, their parents, their project leaders, other members, and the visiting public what they have learned about each project as they studied to gain knowledge in the subject area and as they did the “hands on” part of the project. For many of us the biggest challenge is when we are called upon to describe what we designed or created, what we learned by doing this, and maybe some of the considerations we went through to decide upon and then complete the finished product. Each member needs to have the opportunity to show what they have explored, and an opportunity to share what they have discovered.

The ability to stand up by yourself and present your discoveries becomes increasingly important for each of us as we go through life. College students majoring in the sciences and engineering must complete courses in public speaking. 4-H members who have completed a project and can exhibit it before a judge; or who can give a demonstration; or show an animal and answer the judge's questions about the care and feeding of the animal, are preparing themselves for a life of successful exploration and discovery.

*Bob McNary, 4-H Youth Specialist*





## 4-H HORSE NEWS

### *EQUINE COUNCIL MEETING*

The next Equine Council meeting will be on **Thursday, January 5, 2012** at 7PM at the Blue Springs 4-H Office.

### *HORSE BOWL AND HIPPOLOGY*

Horse Bowl and Hippology are competitive activities. Participation in and regular attendance at practices is part of what it takes to be ready for competition. Regional competition is scheduled for **Saturday, February 25** and State competition will be **April 21-22** in Columbia, Mo. Youth must compete in the Regional Competition in Horse Bowl before advancing onto the State Contest. For Hippology, there is no regional contest.

Jackson County is looking for youth to be on these teams. For information about Horse Bowl or Hippology, contact **Cynthia Calbert 816-805-0393**

### *STATE HORSE JUDGING CONTEST*

The State Horse Judging contest will be **March 17, 2012** in Columbia. Due to low turnout in past years there will NOT be a judging clinic scheduled during this event. If you are interested in learning more about horse judging, please visit <http://mo4h.missouri.edu/events/horse/>. The fee for the contest is \$15 per member. **Registration for this contest will be due to the Blue Springs Office by February 15.**

### *2012 MISSOURI 4-H EQUINE TRIP*

They're off and running...to the horse capital of the world - Lexington, Kentucky! 4-H teens dreaming of an equine related career will want to participate in the **Sixth Annual Missouri 4-H Equine Tour, May 23-29, 2012**. The tour begins at the Keeneland Race track catching the early morning 'breezing' of the horses and a day at the Kentucky Horse Park, the premier international equestrian facility. Participants will explore the wide range of equine industry opportunities through visits to world renowned equine medical and research facilities. The itinerary will include farm tours of famous Thoroughbreds, Saddlebreds, Morgans, Quarter Horses and Haflingers. Higher education equine programs and facilities such as the University of Kentucky will be visited as well as opportunities to meet nationally recognized leaders in the equine industry. And, of course, the tour will include a visit to Churchill Downs!

Make your plans to be in the winner's circle! The \$550 tour fee includes the transportation on a charter bus, tours, hotels, meals; tour t-shirt, travel bag and other associated costs. Applications are available:

<http://mo4h.missouri.edu/events/horse/> and are due on or before **March 1, 2012** with initial deposit. 4-H staff and Marci Crosby, MU Equine Program Coordinator will be 2012 tour chaperones. Questions? Debbie Davis, [davisdd@missouri.edu](mailto:davisdd@missouri.edu) or 816-539-3765.



## JACKSON COUNTY 4-H CALENDAR OF EVENTS



Dates and times are subject to change; please make sure you have the most recent calendar.

### DECEMBER

23-Jan 2 - Jackson County Extension Office Closed for winter holiday

### JANUARY

- 1 Reenrollment for the MOVE Across Missouri program opens online.
- 3 Jackson County Extension Office re-opens
- 5 RSVP deadline to participate in Shooting Sports Safety trainings.
- 5 Equine Council Meeting, 7PM, Blue Springs Office
- 8 Shooting Sports Safety training, 1PM-4PM, Blue Springs Office, must RSVP by 1/5/12
- 9 Fair Advertisement Deadline, 5PM, Blue Springs
- 9 Fair Committee Meeting, 7PM, Blue Springs Office
- 12 NC Sustainable Agriculture Research Grant application deadline to Jefferson City.
- 13 Registration deadline for Regional Energizer
- 14-15 Camp Food and Fitness
- 15 Shooting Sports Safety training, 1PM-4PM, Blue Springs Office, must RSVP by 1/5/12
- 16 Jackson County Extension Office Closed for Martin Luther King, Jr. Day
- 16 4-H Council and Equine Council Officer Meeting, 1PM, Blue Springs Office
- 16 Deadline for Fair Book Cover Contest, 7PM, Blue Springs Office
- 16 4-H Council Meeting, 6:45PM, Blue Springs Office
- 21 County wide photography project meeting, 2:30 PM, George Owens Park
- 27 Jackson County 4-H Royal Court application deadline, 5PM, Blue Springs Office
- 28 Regional Energizer, 9AM-3PM, Belton Freshman Center

### FEBRUARY

- 1-May 31 - MOVE Across Missouri competitive program
- 3 Equine Council Meeting, 7PM, Blue Springs Office
- 4 Jackson County 4-H Royal Court Interviews, 9AM-1PM, Blue Springs Office
- 13 Fair Committee Meeting, 7PM, Blue Springs Office
- 15 Registration deadline for State Horse Judging, 5PM, Blue Springs Office
- 17 Teen Conference Registration deadline, 5PM, Blue Springs Office
- 18 County wide photography project meeting, 2:30 PM, George Owens Park
- 20 4-H Council Meeting, 6:45PM, Blue Springs Office
- 21 County Wide Shooting Sports Meeting, 7PM, Blue Springs 4-H Office
- 25 Regional Horse Bowl Competition
- 25 Jackson County 4-H Royal Court (King and Queen) Event



**WEST CENTRAL REGIONAL ENERGIZER**  
**SATURDAY, JANUARY 28, 2012**  
 BELTON FRESHMAN CENTER - 801 W. NORTH AVE, BELTON, MO



Pre-Registration: \$10/ person (includes lunch)  
 Day of Event Registration: \$15/ person (lunch NOT included)

**SCHEDULE**

**9:00 AM** REGISTRATION  
**9:30 AM** WELCOME - Mary Jo Williams and Sarah Torbert

**SESSION 1 - 9:45 AM-10:40 AM**

Clarer Kids: Arts and Crafts - Lynn Lee

Everyone:

- Community Service Project - Gymnasium
- Filmmaking - Bradd Anderson
- Scrapbooking - Nancy Mense
- Presentation/Public Speaking/Demonstration tips - Kathy Bondy
- Horse Bowl - Cynthia Calbert
- Basic Cake Decorating - Courtney Twyman
- Being Inclusive at Club Meetings - Nancy Coleman
- Basic Livestock Judging - Megan Richner
- Home Environment - Chris Mosbrucker
- Tips for Project Leaders - Joyce Taylor
- Advanced Animal Management - Kyle Lovercamp
- Horticulture Tips - Mark Goodwin
- Robotics - Gear Tech 21 curriculum - must attend session 1 and session 2 - Naomi Reynolds and Katie Thomas

Volunteers only:

Sharing Session - Shaping the Direction of the Missouri 4-H Program - Mary Jo Williams

**SESSION 2 - 10:45 AM-11:40 AM**

Clarer Kids: Horticulture - Selinda Ramsey

Everyone:

- Community Service Project - Gymnasium
- Take Ten for Leadership - Nancy Mense and Kathy Bondy
- Hippology - Cynthia Calbert
- Opportunities for 4-H Participation Beyond the County - WC Regional Reps
- Advanced Cake Decorating - Courtney Twyman
- Entomology - Megan Richner
- SMQA 1 - Patrick Davis
- Clothing - Ella Hackney
- Design Decisions - Marsha Alexander
- Microwave Magic - Tammy Roberts
- Theatre Arts (Repeated in Session 3) - Andy Pierce - Starlight Education Coordinator
- Neighbors Helping Neighbors-Serving Your Community-Todd Farley-Dputy Chief-Central Jackson County
- Robotics - Gear Tech 21 curriculum - must attend session 1 and session 2 - Naomi Reynolds and Katie Thomas

Volunteers:

Sharing Sessions - Fundraising - Alice Roach

**11:45 AM - 12:15 PM - LUNCH - Nadler's Catering, Wellington, MO**



**SESSION 3 - 12:20 PM-1:15 PM**

Clarer Kids: Science - Kylie Dicket

Everyone:

- Community Service Project - Gymnasium
- "You Get Out What You Put In" Equine Nutrition - Susan Remington
- How to Market Your Club - Alice Roach
- Challenges for Small Spaces (Repeated in session 4) - Sharen Hunt
- Photography (with a portion on property mounting photos) - Karley Jones
- Foods and Nutrition - Tammy Roberts
- SMQA 2 - Patrick Davis
- Conservation - Eric and Selinda Ramsey
- Small Animal Projects - Beyond the Show Ring - Susan Jaster
- Using Photography to Document Your Club's History - Amanda Slapp
- Entrepreneurship - Nancy Mense and Show Me Wares Participants
- Theatre Arts (Repeat from Session 2)-Andy Pierce-Starlight Ed Coordinator
- Science for 4-H from NASA (Repeated in Session 4) - Ollie Bogdon

Volunteers only:

Volunteer Orientation (must attend sessions 3 & 4)... Alan Munday

Sharing Sessions - Community Service - Nancy Coleman

**SESSION 4 - 1:20 PM-2:15 PM**

Clarer Kids: Foods and Nutrition - Tammy Roberts

Everyone:

- Community Service Project - Gymnasium
- Photography - Experiences Beyond 4-H - Karley Jones
- Songs and Games for Club Meetings - Nancy Mense & Kylie Dicket
- Challenges for Small Spaces (Repeat from Session 3) - Sharen Hunt
- Food Allergies and 4-H Club Activities - Sarah Albert
- Livestock Grooming and Showing Tips - Patrick Davis
- Join the Revolution of Responsible Face Booking - Sarah Torbert
- Adding Bling to Your Outfit - Rachel Simmons
- What is the State 4-H Council? - WC Regional Representatives
- Getting Your 4-H club in the News - Amanda Slapp
- Getting Started and Moving Forward with 4-H Robotics - Bill Pabst
- Science for 4-H from NASA (Repeat from Session 3) - Ollie Bogdon
- Garden Measuring and Growing Experiments - Susan Jaster
- (Please bring 2 clear two liter soda/pop bottles and a pair of pointed scissors to create a take home project)

Volunteers only:

Volunteer Orientation (must attend sessions 3 & 4)... Alan Munday

Sharing Sessions - Club programming - Alice Roach

**2:30 CLOSING AND AWARDS**

Sing along time... Campers lead some songs - Nancy Mense & Kathy Bondy

**RESERVATIONS REQUIRED BY FRIDAY, JANUARY 13, 2012**

To register contact your local Extension Office

**NO REFUNDS ON REGISTRATIONS**

If you have a disability as defined by the Americans with Disabilities Act and require a specific accommodation, please contact your local Extension Office.

**DIRECTIONS TO BELTON FRESHMAN CENTER**

- Take the Belton exit at M58/E. North Ave.
- Drive west on M58/E. North Ave. until you get to the intersection at Scott St. (There will be a stoplight.)
- Jog left onto W. North Avenue
- Continue west on W. North Avenue through 3 traffic circles
- Shortly after the third traffic circle, the Belton Freshman Center will be on the south side of the street. (Building sits back off the road quite a bit)

**"MU: An equal opportunity/ADA institution"**



West Central 4-H T-Shirts  
 for Sale at Regional  
 Energizer



Front of Ash Gray T-shirt with Green 4-H Clover



Image on back of T-shirt with Black & green writing and Green 4-H Clover

Show off your West Central Regional Pride and bring your \$10 to order your shirt at the Energizer. \$1 of each shirt will be donated to relief efforts in Japan.

# Clover Kids - Snowflake Impressions

## Materials

- A large piece of glass (an 8" x 10" picture frame works well)
- Can of hair spray
- Magnifying glass
- Falling snow



## Directions

- Chill the glass and the hair spray before doing this activity. Putting both in the freezer for about an hour before this activity works well. While snow is falling, take the glass and hair spray outside. Hold the can about 10 inches away from the glass and spray it with a quick sweeping motion. Spray from side to side once, then up and down. Use very little spray; only spray 1-2 seconds. Collect some snowflakes on the sprayed glass. Go back indoors and let the glass dry for 15-20 minutes. Ice crystals should have formed on the glass. Look at the results with a magnifying glass.

YOU CAN ALSO VIEW YOUR MONTHLY 4-H NEWSLETTERS ONLINE AT: <http://extension.missouri.edu/jackson/>

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