

**Situation: Situation:** University Outreach and Extension has identified building strong families and communities as a high-priority need for Missouri. Increasing parenting quality is a key component of building strong families. Many studies have shown that parenting quality is related to child development. Parents who use techniques that foster positive child development are more likely to have children who are physically, cognitively, socially, and emotionally healthy.

# Parent-Child Relationships

Inputs	Outputs			Outcomes	
<p>Campus (MU HDFs) and field faculty (HES, HDFs, and 4-H specialists)</p> <p>Community partners (e.g. Head Start; Missouri circuit courts)</p> <p>Facilities</p> <p>Program equipment and supplies</p>	Activities	Participation	Initial	Intermediate	Long Term
	<p>Basic Parenting (six 2-hour workshops)</p> <p>Focus on Kids (2.5 hour workshop)</p> <p>Families and Divorce (2-4 hour workshop)</p> <p>Programs for Parents (thirteen 2-hour workshops)</p> <p>RETHINK Anger Management (six 2-hour workshops)</p> <p>Materials on MissouriFamilies website</p>	<p>Number of parents</p> <p>Number of professionals who work with parents &amp; children</p> <p>Number of sessions conducted</p> <p>Number of participants in each type of activity</p>	<p>Increased awareness of strategies for reducing parenting stress and/or managing negative emotions</p> <p>Increased awareness of parenting behaviors that foster positive child development and parenting behaviors that can be harmful to children's development</p> <p>Increased knowledge about child development</p>	<p>Increased use of strategies for reducing parenting stress and/or managing negative emotions</p> <p>Increased use of parenting behaviors that foster positive child development</p> <p>Decreased use of parenting behaviors that can be harmful to children's development</p>	<p>Reduced rates of child abuse and neglect</p>
	<p>Provision of written materials, e.g. guidesheets, newsletters, newspaper articles</p>		<p>Increase in knowledge/awareness (end of session surveys)</p>	<p><b>Indicators</b></p> <p>Use of skills learned in program (follow-up survey)</p>	<p>Decrease in rates of abuse/neglect &amp; removal from home (Kids Count indicators)</p>