

Successful Aging

Inputs	Activities	Outputs	Outcomes		
			Initial	Intermediate	Long Term
<p>UMKC Center on Aging Studies faculty/staff</p> <p>Field faculty</p> <p>Local community partners & collaborators (e.g., AAAs, mental health networks)</p> <p>Facilities</p> <p>Equipment & supplies</p>	<p>Instructional modules (activity/leisure; creativity; emotional intelligence; memory; nutrition/exercise; relationships; retirement; sexuality/intimacy; spirituality; work) – 45-90 minute programs</p> <p>Web sites</p> <ul style="list-style-type: none"> Center on Aging Studies without Walls Missouri Families <p>Guidesheets for use with module presentations</p> <p>Articles in regional newsletters</p> <p>Workshops/ presentations for older adults & their families</p> <p>Cutting edge information delivered through internet news group</p> <p>Effective evaluation tools</p>	<p>Resources for field staff to use in community programs</p> <p>Workshops and programs presented by field staff in Missouri communities to older adults and their families</p> <p>Resources for older adults and their families</p>	<p>Older adults and families who have greater knowledge about aging changes and potential for continued development</p> <p>Older adults and families who know specific strategies for enhancing their function and personal development (e.g., creativity, relationships, activities, physical health, intimacy, spirituality, retirement planning)</p> <p>Older adults can assess their own status as “successful agers” in each of the target areas (creativity, memory, etc.)</p> <p>Community professionals who are more aware of the markers of “successful aging” and how to promote it</p>	<p>Older adults who set behavior change goals that help them improve their perceptions of their aging process</p> <p>Older adults who are carrying out behavior changes at 3-6 months</p> <p>Family members who are implementing learned strategies for promoting successful aging among older family members at 3-6 months</p> <p>Community professionals who are utilizing information in their programs at 3-6 months</p>	<p>Improved health and morale of older adults</p> <p>Improved function of older adults in their community</p>

Human Environmental Sciences Extension
 Program Logic Model

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