

Identification Number: _____

***To assign yourself a unique identification number, please combine the initials of your first and last name with the 4 digits that describe the month and day of your birth. For example, Laura Taylor was born on July 4; her unique identification number is: LT0704.

Socializing Healthy Habits in Young Children: Part 2: Physical Activity

Post-Session Evaluation

To improve this workshop, I need to hear your thoughts and ideas about what was helpful and what was not so helpful. Please provide brief and honest responses to the questions below. Thank you!

1=Strongly Disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly Agree

	SD	D	N	A	SA
1. Today's presenter was knowledgeable about the topic.	1	2	3	4	5
2. Today's program allowed enough chances for me to participate and ask questions.	1	2	3	4	5
3. Today's learning aides (e.g., overheads, videotapes, small group activities) helped me to better understand the material.	1	2	3	4	5
4. Overall, today's program was worthwhile.	1	2	3	4	5
5. Overall, the presenter was effective.	1	2	3	4	5

6. *Today, I learned...*

7. *Today's program inspired me to try something new....I am going to.....*

8. *I'd like to tell you that...*