Dear HLI Partner,

This HLI update includes some very quickly approaching events and deadlines we would like you be to be aware of.

First, the deadline to register for our HLI Community Convening was yesterday, August 8th. If you have not already registered with Margie Meyer, please do so immediately.

Second, a webinar will be taking place TODAY at 1pm that may be of interest to you. Please see the article below for more information and the registration information in order to get the number for the call.

Third, two exciting workshops are quickly approaching that may interest you. Please see the article on the Action 2020 Workshops and note that the registration deadline is Friday, August 10th.

We appreciate all you do and your help in showing the impact of Extension support in your communities.

Sincerely,

Your On-Campus HLI Team
Ann, Margie, Nancy, Kristin and Rachel

HLI Community Convening

Bring as many people from your community as you would like to the:
HLI Community Convening
Hampton Inn & Suites
August 28-29, 2012

August 28
11:30 am - Check into Hampton Inn & Suites on Stadium Blvd. & College Avenue
12:00 pm - Lunch
1:00 pm - Presentations
Collaborations with Regional Planning Commissions to fund trails, sidewalks, and bike lanes
Success Stories from HLI Communities
Dinner on Your Own

August 29
Check out of hotel
8:30 am - Bradford Farm for Tour and Presentations
12:00 pm - Lunch
12:30 pm - Presentations
High Tunnel Manual Adapted from Iowa State
Success Stories from HLI Communities

**Reservation Deadline: August 8, 2012**
Call Hampton Inn Reservations @ 573-214-2222. HLI code: HLC

**Registration Deadline: August 8, 2012**
E-mail or call Margie Meyer with names of the people coming from your community

**HLI pays:**
Your hotel room
Your mileage
Tuesday & Wednesday dinners

**Questions?** Margie Meyer - meyermm@missouri.edu - 573-884-8711

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**Webinar: The Economic Benefits of Safe Routes to School:**
*How Safe Routes to School and Active Transportation Can Improve the Economics of Local Communities*
**TOMORROW - Thursday, August 9 - 1pm to 2pm**

**Speakers:**
- Jim Sallis, Ph.D., director, Active Living Research, University of California - San Diego
- Robert Ping, technical assistance director, Safe Routes to School National Partnership
- Candace Rutt, Ph.D., Centers for Disease Control, Division of Nutrition, Physical Activity and Obesity

**Highlights include:**
- The economic benefits of increasing physical activity and improving walkability and the built environment
- How bicycling and walking has saved money in selected communities
- How much money is actually spent on bicycling and walking in comparison to other transportation modes
- A Q&A session via a chat function with webinar attendees.

This webinar is being offered by the Safe Routes to School National Partnership. Thank you to our friends at America Walks and the National Center for Safe Routes to School for lending us the use of their webinar tool.

"The Economic Benefits of Safe Routes to School" is the third in a series of monthly webinars on topics related to Safe Routes to School and other policy and program initiatives that can increase walking and bicycling to school and in daily life.

Register [here](#) to receive a join link and call-in information.

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**Grow Eat Grow - NOW AVAILABLE!**

*Grow Eat Grow, A Seasonal and Simple Guide for Gardening and Cooking with Kids,*
the third in the seasonal and simple series, is now available!

The guide is filled with a variety of garden themes in the Grow section that provide inspiration to begin or transform a garden and to encourage experiential learning about history, literature, cultures, science and art. The Eat section has simple steps for preparing and enjoying fruits and vegetables in season. The guide promotes the many benefits of gardening and cooking for kids including a greater ability to work in groups, appreciate nature, be responsible, have a greater understanding of nutrition and eat more fruits and vegetables.

The publication number for Grow Eat Grow, A Seasonal and Simple Guide for Gardening and Cooking with Kids is MP922.

The Extension publication cover price of Grow Eat Grow (GEG) is $17. For HLI communities, the price of GEG is $8.50. That cost will be split between the HLI community ordering GEG and the campus HLI account. Therefore, communities may order Grow Eat Grow for $4.25 and the campus HLI account will pay the remaining $4.25. You may wish to order quantities of Grow Eat Grow at the HLI community price to sell it at the cover price of $17. You could use the proceeds to support your gardening and cooking programming with kids.

To order, please contact Margie Meyer at meyermm@missouri.edu.

Action 2020 Workshops Coming to Missouri August 15 & 17
Citizens and Advocates are Needed to Attend!
Submitted by Brent Hugh

A pair of exciting, motivational, informative workshop are coming to Missouri in August.

The Action 2020 Workshops are designed to bring together elected officials, staff, and bicycle/pedestrian advocates from across the state to give you specific ideas and techniques you can use to supercharge your local bicycle and pedestrian efforts.

Right now we have lots of staff and elected officials signed up--but so far not too many ordinary citizens or advocates.

So we need you!

- More about the workshops:
  - Registration page for Jefferson City, Fri, Aug 17th, 2012
  - Registration page for Concordia, Wed, Aug 15th, 2012

Both sessions are identical--just two dates and locations for the same workshop. Attend whichever is more convenient for you.

You would ordinarily pay somewhere in the hundreds of dollars for a workshop of this quality, but thanks to financial support from SRAM we are able to bring this to you for free!

All the details about the Action 2020 Workshops

The Missouri Bicycle & Pedestrian Federation, the Missouri Association of Councils of Government, and the Pioneer Trails Regional Planning Commission are pleased to announce two upcoming FREE workshops in Missouri.

The workshops bring nationally recognized presenters to Missouri and are presented by Advocacy Advance - a partnership between the League of American Bicyclists and Alliance for Biking & Walking.

The workshops focus on finding funding for the biking and walking projects we all want to get done--and, particularly, on opening up new sources of bike/ped funding that have not (yet!) been fully tapped in Missouri.
The sessions also focus on fostering relationships between the advocates, staff, and elected officials—one reason it is very important for us as citizens and advocates to attend!

**Notes:**
- We are offering a special "train the trainer" version of the workshop that will give you the materials and extra training to take this training session back to your local area. There will be an extra 'train the trainer' session, about 90 minutes, at the end of the day.
- If you want to take the training with the extra 'train the trainer' session, simply leave a note indicating "train the trainer" in the special requests section of the registration form.

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**Who:** Bicycle/pedestrian advocates, elected officials, agency staff and bicycle/pedestrian professionals  
**When:** Wednesday, August 15, 2012 at 8:00 a.m.  
**Where:** Pioneer Trails Regional Planning commission, 802 S. Gordon St. in Concordia, MO  
**When:** Friday, August 17, 2012 at 8:00 a.m.  
**Where:** Harry S. Truman State Office Building, Room 490, at 301 W. High St. in Jefferson City, MO

**Cost:** This Action 2020 Workshop is offered for free, thanks to the generous donations from the SRAM Cycling Fund

Action 2020 workshops bring together advocates, agency staff and elected officials and are designed to ensure participants have the knowledge, skills and resources to access funding sources at the state, regional and local level to build bicycling and walking infrastructure and programs.

We invite you to register for this one-day workshop, locally hosted by Missouri Bicycle & Pedestrian Federation, the Missouri Association of Councils of Government (MACOG), and the Pioneer Trails Regional Planning Commission.

**Action 2020 Workshop attendees will:**
- Learn about potential funding sources that exist for biking and walking projects and programs;  
- Learn the key characteristics, requirements, and opportunities of those sources and best practices from around the country;  
- Discuss favorable factors for bicycling and walking investments;  
- Understand the important role of advocates, agency staff, and elected officials working within Missouri's Statewide Transportation Planning Framework; and,  
- Share knowledge and experiences in the local context, working together to develop a list of local/regional priorities and strategies for funding bicycle and pedestrian projects and programs.

The workshop also serves as a great way to meet and socialize with other advocates, agency staff, elected officials, and bicycle/pedestrian professionals. This provides a priceless opportunity to develop relationships and learn best practices.

**Tentative agenda: (subject to change)**
8:00 Registration (continental breakfast will be provided)  
8:30 Introductions  
9:00 Keynote Speaker - Jefferson City: Former Columbia Mayor Darwin Hindman
Concordia: The Honorable David Pearce, State Senator  
9:30 Program Overview  
10:30 Break  
10:45 State/Regional Context -  
Jefferson City: Ron Effland, Non-Motorized Transportation Engineer, MoDOT  
Concordia: Hope Visconti, Transportation Planning Coord., MoDOT  
11:15 Prioritization Activity  
12:00 Lunch (provided)
12:45 Road Map for Success
1:15 Next Steps Discussion
1:45 Closing
2:00 Training for Trainers (optional, register in advance)
4:00 Adjourn and Happy Hour

Registrants are invited to join us for a two hour "train the trainer" session after the Action 2020 Workshop. This session will focus on implementation next-steps and preparation for participants to provide similar trainings across the state. If you are interested in attending the "train the trainer" session, please tell us in the "Other Special Requests" box of your online registration. Contact Brighid@AdvocacyAdvance.org for more information.

Participants must register by August 10, 2012 at
Concordia: http://www.advocacyadvance.org/trainings/registration/concordia-mo

For more information, contact: Brent Hugh, Executive Director, Missouri Bicycle & Pedestrian Federation director@mobikefed.org, 816-695-6736

Workshop Facilitators
Darren Flusche is the Policy Director for the League of American Bicyclists. Before joining the League in April 2009, he worked for six years in New York City on a number of urban policy areas including transportation, education and philanthropy, and the arts. Darren has earned a B.A. in history from Syracuse University and a Masters of Public Administration with a concentration in public policy analysis from New York University.

Brighid O'Keane is the Advocacy Advance Program Manager for the Alliance for Biking & Walking. Before joining the Alliance in February 2011, she opened a food cooperative market as the Program Director of the Berkeley Student Food Collective. An environmental policy graduate of the University of Colorado-Boulder, she has worked in Colorado, California, Alaska, and Thailand on community organizing, organizational development and facilitation.

Matt Wempe is the State and Local Advocacy Coordinator for the League of American Bicyclists. Prior to joining the League, he worked for three years as a transportation planner and Safe Routes to School Coordinator in Fort Collins, Colo. He holds a BA in Economics from the University of Illinois at Chicago and a Masters of Urban and Regional Planning from the University of Illinois Urbana-Champaign.

Guest Presenter
Peter Lagerwey is the Regional Office Director for Toole Design Group in the Northwest. Peter has over 26 years managing high profile pedestrian and bicycle projects and programs with the City of Seattle and as a private consultant. Peter is a nationally known expert having worked on non-motorized projects and made presentations in over 200 states, counties and cities. He was the project manager for developing and implementing the widely acclaimed Seattle Bicycle Master Plan; and co-author of the FHWA manual and training course on How to Develop a Pedestrian Safety Action Plan (PSAP). Peter has taught the PSAP course along with the FHWA's designing for Pedestrian Safety (DPS) course in eleven states.

Upcoming Dates and Events

Integrated Pest Management (IPM) for Beginning Farmers Workshop
This hands-on IPM workshop is designed to help beginning farmers learn about IPM and to see IPM as a sustainable approach to pest control that provides a variety of tactics to prevent, avoid or suppress weeds, insects and crop diseases while protecting human health, the environment, and the profitability of agriculture. For this workshop, emphasis will be on management of insect pests but some common diseases that will be discussed.
As a result of this workshop, participants will:
- Understand the importance of pest identification, action thresholds, and pest monitoring tools and techniques
- Identify the components of an IPM program including preventative practices, biological control, behavioral control, physical and cultural controls

**August 22-23** - Southwest Research Center - Mt. Vernon, MO

Due to the nature of the hands-on activities, registration will be limited to the first 15 people to register and pay. The cost of the workshop is $30/person which includes one lunch, breaks, handout materials, *Identifying Diseases of Vegetables* book and IPM sample materials. To register, call 573-882-3776 to reserve your spot and then mail your check made out to University of Missouri to Sharon Naylor, University of Missouri, 205 Gentry Hall, Columbia, MO 65211. For questions, email kellyd@missouri.edu.

**Community Development Academy: Building Communities from the Grass Roots and Creating Capacity for Dynamic Communities.**

**September 24-28, 2012** - Excelsior Springs, MO

**Are scholarships available?** Yes, limited scholarships for registration fees are available. Contact us at 573-882-8393 or vangelt@missouri.edu for more information.

**Who should attend?** Community organizers, community planners, faith-based professionals, volunteers, non-profit organization members, Chamber of Commerce members, neighborhood association members, extension and outreach professionals, planning council and city council members, utility and electric coop members, Main Street programs designers, developing leaders, school teachers, administrators, government personnel, anyone else who is out to make a difference in their community!

**How to register?** Register for this professional development opportunity by visiting our website at http://muconf.missouri.edu/commdevelopmentacademy. Earn continuing education credits, undergraduate credit or graduate credit.

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**Grants and Funding Opportunities**

**WellPoint Foundation Healthy Generations Funding**

The Healthy Generations program funds programs in several areas, including: childhood obesity reduction, improving and sustaining adult activity levels, smoking cessation, and improved pre-natal care and risk reduction. Policy projects must receive pre-approval before entering the application process. For more information visit: [http://www.wellpointfoundation.com/](http://www.wellpointfoundation.com/)

**Deadline:** September 7, 2012

**Captain Planet Foundation**

These grants are made for activities that conform to the mission of the Captain Planet Foundation which is to: Promote and support high-quality educational programs that enable children and youth to understand and appreciate our world through learning experiences that engage them in active, hands-on projects to improve the environment in their schools and communities. These grants are primarily made to U.S.-based schools and organizations with an annual operating budget of less than $3 million.

**Deadline:** September 30. Application details are available here: [http://captainplanetfoundation.org/apply-for-grants/](http://captainplanetfoundation.org/apply-for-grants/)

**COS Funding Opportunities**

COS provides the world’s most comprehensive funding resource, with more than 25,000 records worth over $33 billion. To search for funding opportunities you may be eligible for visit [http://pivot.cos.com/](http://pivot.cos.com/).
See our website for a detailed list of funding opportunities and deadlines. Many grants have rolling submission deadlines, so look closely!

Comments or Suggestions? Let Us Know!
In order to be the most effective we can be for you, we need your feedback! Please feel free to reply to this e-mail or send us an e-mail to hli@missouri.edu to let us know what you thought of this newsletter and what you'd like to see in newsletters to come!

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