Dear HLI Partner,

Greetings!

In this month’s newsletter you will find the Healthy Communities Movement Summit full and detailed schedule and information on Grow Eat Grow, the latest guide in the Seasonal and Simple series. Please respond to the request from Flavia for information on school and community gardening in your area. We appreciate all you do and your help in showing the impact of Extension support in your communities.

We look forward to seeing you next week!

Sincerely,

Your On-Campus HLI Team
Ann, Dale, Margie, Nancy, Arlene, Flavia, Kristin and Rachel

2012 Healthy Communities Movement Summit - April 12 & 13
Hampton Inn & Suites - Columbia

2012 Healthy Communities Movement Summit
Deepening Partnerships
Building Skills for Place Based Change
Connecting Health and Wealth

Monte Roulier, president of Community Initiatives, will facilitate the summit designed to foster partnerships and build capacity among those engaged in the healthy eating and active living movement in Missouri. Community Initiatives is a network of individuals and partner organizations dedicated to building healthy and whole communities.

Through presentations, workshops, peer exchanges and networking, participants will be able to:

- Develop connections and strengthen relationships with colleagues from throughout Missouri
- Improve community facilitation skills
- Examine policy development and environmental changes to promote healthy eating and active living
- Explain the economic impact of improving local opportunities for healthy eating and active living

LODGING: Reservations will be made for HLI community participants to stay in double rooms at Hampton Inn & Suites. For additional information or questions, contact Margie Meyer at 573-884-8711 or meyermm@missouri.edu
Grow Eat Grow - Coming Soon!!

Grow Eat Grow, A Seasonal and Simple Guide for Gardening and Cooking with Kids, the third in the seasonal and simple series, is in production with printing planned for late April!

The guide is filled with a variety of garden themes in the Grow section that provide inspiration to begin or transform a garden and to encourage experiential learning about history, literature, cultures, science and art. The Eat section has simple steps for preparing and enjoying fruits and vegetables in season. The guide promotes the many benefits of gardening and cooking for kids including a greater ability to work in groups, appreciate nature, be responsible, have a greater understanding of nutrition and eat more fruits and vegetables.

We do not have a price set for the guide yet, but expect it to be priced similar to Seasonal and Simple, A Guide for Enjoying Fresh Fruits and Vegetables and to be able to share the cost of the guide with HLI communities as we did for Seasonal and Simple. We will send ordering information as soon as we have it.

2012 Healthy Communities Movement Summit
Deepening Partnerships, Building Skills for Place Based Change and Connecting Health and Wealth

Conference Schedule
April 12-13, 2012
Hampton Inn & Suites
Columbia, MO
Thursday, April 12:
7:30 - 8:30 am Check In

Morning Session
8:30 - 9:00am Welcome & Warm Up - Monte Roulier
9:00 - 9:40am Shaping Healthy Places - Jessica Donze Black, Pew Charitable Trust
Learn why the shift from focusing on individuals and groups through education to holistic place-based change is occurring. This creative, engaging presentation will honor programs, but emphasize why policy and environmental change are essential for community transformation.

9:40 - 10:15am Table & Large Group Dialogues
Reflect with colleagues on Ms. Black's presentation, what you are working to transform in your community, and your hopes for this gathering.

10:15 - 10:40am Physical Activity Break

10:40 - 11:45 am Health in All Policies - Eleanor Dunlap, Livewell Greenville
Experience a larger vision for state level collaborations for health in all policy areas.

Lunch
12:00 - 1:00pm

Afternoon Session
1:00 - 3:45pm Workshops
(Choose to attend two of the three)

☐ Creating an Advocacy Campaign
Learn the nuts and bolts of developing and implementing an effective advocacy campaign aimed at local policy and/or environmental improvements.
Presenter: Jessica Donze Black

Offered at 1:00 p.m. only

☐ The Importance of Small Businesses to the economy
Participants will be get a better understanding about who makes up our economic
environment and how small businesses are an asset to the growth of a community.

Presenter: Chris Bouchard

**Offered at 2:15 p.m. only**

- **Getting Sustainable Results Through Effective Coalitions/Partnerships**
  Learn principles and strategies to ensure you local collaboration is well position to get long-term and meaningful results.
  Presenter: Eleanor Dunlap
  **Offered at 1:00 p.m. and 2:15 p.m.**

- **Using the Art of Storytelling to Advocate for Change in Your Community**
  Learn to articulate individual and community stories about family and community food practices and traditions, and to make the connection between sharing stories and community-building. This workshop provides the first steps toward creating a story-sharing tradition to enhance community-building within a place-based initiative.
  Presenter: Milbre Burch
  **Offered at 1:00 p.m. and 2:15 p.m.**

4:00 - 4:45pm Participants tell their stories- with Milbre Burch

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**Friday, April 13**

**Morning Session**

8:30 - 8:45am Start Up - Monte Roulier

8:45 - 9:45am Wealth Creation and Resilient Rural Communities- Brian Dabson

The future for many rural communities is uncertain, given long-term economic and demographic trends, but there are opportunities on the horizon that could improve prospects for rural regions and communities. One new approach, which is currently being tested around the country, focuses on wealth creation and retention strategies that offer the possibility for communities to take greater control over their destinies. Brian Dabson will talk about these developments and show how they relate to healthy lifestyles initiatives.

9:45 - 10:25 am Support for Place-Based Change in Missouri

A panel presentation about resources available in Missouri for place-based change.

- Missouri Park and Rec Association- Jan Neitzert
- The Health Communication Research Center- Jon Stemmle
- Extension Community Economic and Entrepreneurial Development (ExCEED)- Terry Hackney
- Social Innovation for Missouri grants- Amy Stringer Hessel
- Community Commons- Jamie Kliensorge

10:25 - 10:40am Physical Activity Break

10:40 - 11:00 am The Impact of Place-Based Change at the County Level

- Ray Walden - Healthy Lifestyles Initiative impact
- Dean Crader - Economic Impact of Improving Health in the Community

11:00 - 11:30 a.m. Moving into Action

Participants reflect and share where they see their own initiative going as a result of what they have learned at the Summit

11:30am - 12:00 p.m. Photovoice Missouri- a Youth Perspective on Health and Place

Students share their experiences in discovering and documenting the health environment in their communities and how they have advocated for change

**Lunch**

12:00- 1:00 pm Lunch with Local Resources and Peers

Choose to sit at a table hosted by one of the Friday presenters to talk, ask questions and learn more about support for place based change in Missouri. Connect and exchange information with colleagues working for healthy communities.
The University of Missouri is releasing Seasonal and Simple for mobile phones, tablets, and the web Spring 2012!

To learn more and stay up-to-date on the release, visit http://seasonalandsimple.info.

Survey of Community Gardening

Can You Help Us?

We are compiling information on the extent of community gardening in HLI communities. We would like to know such things as the number and size of community and school gardens and the number of people who work in these gardens. It would also be helpful to get an idea of how each of these things has changed since HLI partnerships began working in each community and/or if you predict any new growth in the near future (pun intended). We do hear that gardening and activities around gardening have been important and popular in most places. You guessed it! We are trying to get a clearer picture of gardening practices in HLI communities and to assess whether or not we have had an impact.

Some of you have sent some information to our campus office in response to our email request. Thank you. We do understand that you have not necessarily kept records, nor have we asked you to do so. However, we are hoping that each community will send what information they have, making estimates where necessary. The information can be sent directly to fatzc@mail.missouri.edu We will be calling in the next few weeks if we have not heard from your group.

Thank you again for your help!

Upcoming Dates and Events

April 12-13 - Healthy Communities Movement Summit
Hampton Inn & Suites- Columbia, MO
Monte Roulier, president of the Community Initiatives, will facilitate the summit designed to foster partnerships and build capacity among those engaged in the healthy eating and active living movement in Missouri. Registration, lodging, travel and meals will be provided for four people from each HLI community to participate!

April 14 - Understanding and Managing Soil Water Quality Workshop
Leavenworth, KS
Contact Cary Rivard for more information at (913) 856-2335

April 17 - Wholesale Success Workshop for Fruit and Vegetable Growers, Food Safety Training, and Farmer/Wholesale Buyer Panel
Warren County Extension Center - Warrenton, MO
Learn about: post harvest handling, food safety needs of wholesale buyers, packing and grading, and maintaining the cold chain.
RSVP by April 12th. Cost: $15/person.
Contact Warren County Extension for more information: warrenco@missouri.edu or (636) 456-3444

April 27 - Healthy Lives, Healthy Communities: Building Healthy Equity in Missouri One Community at a Time
Garden Conference Center - Hilton Garden Inn, Columbia
Sponsored by the Missouri Health Equity Collaborative (MOHEC), the Missouri Foundation for Health (MFH), the MU Sinclair School of Nursing and the MU Office of Continuing Medical Education.
Contact Lindsey Beckmann at 573-882-3458 or beckmannli@health.missouri.edu for questions.
More information at: medicine.missouri.edu/cme

May 7 - Webinar: Legal Issues with Direct Marketing, Part 1
7-8:30 pm
Go to http://univmissouri.adobeconnect.com/r8rveyda9u/ and sign in as a guest.

**May 14 - Webinar: Legal Issues with Direct Marketing, Part 2**
7-8:30 pm
Go to http://univmissouri.adobeconnect.com/r4fwlpfelli/ and sign in as a guest.

**May 19 - Run, Remember, Rebuild ~ Joplin Memorial Run**
6:30 AM @ Joplin, MO 212 W. 8th Street, Corner of 8th and Joplin Street
Registration Closing Date: Wednesday, May 16, 2012 @ 10:00 PM PST

**May 26-27 - Pedaler's Jamboree**
Live Music on the Katy Trail
Welcome in the summer with a slow paced, family friendly bicycle ride from Columbia to Booneville.
2 days of biking (30 miles each day) & live music with stages on the Katy Trail. Main stage at Booneville's Kemper Park.
Bicycle Tour Registration: $30 Early/$40 after May 13th - 16 years and under ride free
For more information and to register online go to: www.pedalersjamboree.com

Grants and Funding Opportunities

**COS Funding Opportunities**
COS provides the world's most comprehensive funding resource, with more than 25,000 records worth over $33 billion.
To search for funding opportunities you may be eligible for go to: http://pivot.cos.com/
The HLI team is working extensively to improve our list of funding and grant opportunities for you. More information will be available soon!

Comments or Suggestions? Let Us Know!
In order to be the most effective we can be for you, we need your feedback! Please feel free to reply to this e-mail or send us an e-mail to hli@missouri.edu to let us know what you thought of this newsletter and what you'd like to see in newsletters to come!