

<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #1</b>	Facilitate the formation of a Grow Healthy Columbia/Boone County Partnership				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Enlist partners	<p>Form a Steering Committee</p> <p>Facilitate team building exercises</p> <p>Identify additional partners</p> <p>Create website</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>MUE Community Development</p>	12/08 – 9/09	<p>Work of Grow Healthy Columbia/Boone County enhanced</p> <p>Greater public recognition of the partnership and its efforts</p> <p>Sustainability of partnership enhanced</p>	<p>Working document prepared and circulated that outlines goals and functions of the partnership and partnering organizations</p> <p>Document approved by respective boards of directors</p> <p>Website created</p>
2. Form working groups	<p>Solicit volunteers from meeting attendees to refine action plans for each objective and put plans into action</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>MUE Community Development</p>	12/08 – 3/09	<p>Working groups formed</p> <p>Action plans refined and implemented</p>	<p>Document prepared and circulated that outlines working groups, working groups members, and respective responsibilities</p>

<p>3. Enhance collaboration, coordination and communication between Grow Healthy and the Eat Smart, Move More Columbia/Boone County Coalition</p>	<p>Convene meeting with Eat Smart, Move More</p> <p>Develop communication plan and identify synergies</p>	<p>Grow Healthy representative</p> <p>Eat Smart, Move More representative</p>	<p>1/09 - Ongoing</p>	<p>Enhanced communication and collaboration between the two groups</p>	<p>Reports to entire Grow Healthy group concerning collaboration, communication and activities</p>
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<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #2</b>	Enhance communication and increase networking opportunities for organizations and community members interested in increasing community access to healthy, locally produced food				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Document and map current activities and resources centered on increasing community accesses to healthy, locally produced food in Columbia and Boone County.	Identify previous surveys conducted Identify previous documents created Conduct additional surveys if needed Analyze information Create document and map	Current and prospective Grow Healthy Columbia/Boone County partners Data analysis GIS Report writing	1/09 – 9/09	Organizations and community members will have knowledge of the various efforts to increase community access to healthy, locally produced food in Columbia and Boone County	Document and map completed

<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #3</b>	Increase knowledge and skills related to growing, finding, using and preserving local foods.				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Increase underserved community members' participation at farmers' markets	Identify barriers to participation at farmers' markets  Plan educational and outreach efforts to reach underserved community members	MU Peace Corps Fellows  Sustainable Farms and Communities, Columbia Farmers' Market, Local churches  Data analysis  Report writing	11/08 – 6/09	Greater awareness of barriers to farmers' market participation  Development of educational and outreach plan	Report written  Educational and outreach efforts planned and scheduled
2. Enhance food preparation and preservation skills among youth and adults	Identify current food preparation and preservation programs, classes and workshops  Identify additional opportunities to improve food preparation and preservation skills  Plan and participate in Food Demo ISE	Young Skillet  YouZeum  Rock Bridge Culinary Arts program  Report writing  MUE FNEP	12/09 – 5-09  11/08 – 3/09 (Food Demo ISE)	Current and potential opportunities identified  Grow Healthy partners attend Food Demo ISE	Report written  Food Demo ISE attended

<p>3. Increase involvement of Master Gardeners</p>	<p>Clarify and formalize approval process for all MG volunteer projects</p> <p>Create resource manual for MG Volunteer projects</p> <p>Create MG Mentor program for all growing projects</p>	<p>MUE</p> <p>Master Gardeners</p> <p>Joy Amuedo</p>	<p>1/09 – 5/09</p>	<p>Better communication and coordination with Master Gardeners</p> <p>Increased number of Master Gardeners involved in Grow Healthy Columbia/Boone County</p>	<p>Resource manual created</p> <p>Master Gardner volunteer activities and hours reported</p>
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<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #4</b>	Increase opportunities for youth involvement in gardening and local food				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Determine current level of interest in youth gardening and food related activities, including Farm-to-School	<p>Identify school and youth programs that currently involve youth in gardening and food related activities</p> <p>Identify school administrators, after-school and youth program directors, churches, teachers, parents and others with an interest in these programs</p> <p>Identify opportunities and challenges</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>School administrators, program directors, teachers, parents</p> <p>MUE Community Development</p> <p>Report writing</p> <p>Local farmers</p>	12/09 – 5/09	Better understanding of current and potential status of youth gardening and food related activities in Columbia and Boone County	Report written and presented to Grow Healthy Columbia/Boone County
2. Increase knowledge about youth involvement in gardening and local food	<p>Create a youth gardening and local food manual</p> <p>Develop workshop for administrators, teachers and</p>	<p>MUE</p> <p>Lee Elementary, Douglas H.S., Southern Boone County, The Intersection, etc.</p>	4/09 – 4/10	<p>School administrators, teachers, and program directors are trained</p> <p>Increased awareness of value of involving youth in growing and food</p>	<p>Manual published</p> <p>Workshop conducted</p> <p>Workshop evaluation</p>

<p>3. Enhance existing youth gardening and food related programs</p>	<p>program directors</p> <p>Visit active youth gardening sites</p> <p>Address opportunities and challenges identified in report (above)</p> <p>Provide training where needed</p> <p>Provide funds where needed</p>	<p>Master Gardeners – Barb and John Willenburg, Lea Langdon, others</p> <p>Community Garden Coalition, Slow Food, Parents, PTAs, clubs, Young Skillet, YouZeum, Sustain Mizzou, Fun City</p> <p>Lee Elementary, Douglas H.S., Southern Boone County, The Intersection, etc.</p> <p>Master Gardeners – Barb and John Willenburg, Lea Langdon, others</p> <p>Community Garden Coalition, Slow Food, Parents, PTAs, clubs, Young Skillet, YouZeum, Sustain Mizzou, Fun City</p>	<p>3/09 – 5/10</p>	<p>project</p> <p>Increased interest in starting or improving youth growing and food projects</p> <p>Enhanced programming</p> <p>Increased youth and family involvement</p> <p>Increased access to local foods</p> <p>Increased knowledge about gardening and local foods</p>	<p>Program evaluation</p>
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<p>4. Increase the number of youth gardens</p>	<p>Identify school administrators, after-school and youth program directors, churches, teachers, parents and others with and interest in these programs</p> <p>Provide training and support</p> <p>Provide funds where needed</p>	<p>Grow Healthy Columbia/Boone County partners</p>	<p>3/09 – 5/10</p>	<p>Additional youth growing and food related opportunities created</p> <p>Increased youth and family involvement</p> <p>Increased access to local foods</p> <p>Increased knowledge about gardening and local foods</p>	<p>Program evaluation</p>
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<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #5</b>	Increase access to community gardens				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Identify partnership possibilities with city departments, school districts, local agencies, and others	Convene meetings with city departments, school districts, local agencies, and others	Current and prospective Grow Healthy Columbia/Boone County partners  MUE Community Development  Report writing	5/09 – 11/09	Increase understanding of potential for partnerships and coalitions between existing agencies/organizations	Report written and shared with Grow Healthy Columbia/Boone County
2. Identify land suitable for community gardens	Convene meetings with city departments, school districts, local agencies, and others  Schedule walking and biking tours of the city with PedNet to identify land  Work with Boone County Assessor to determine ownership of land	Current and prospective Grow Healthy Columbia/Boone County partners  Community Garden Coalition  Private land owners  PedNet  Boone County Assessor	5/09 – 11/09	Potential community garden sites identified	Map and document created

<p>3. Identify potential gardeners</p>	<p>Plan outreach and educational efforts to identify people interested in starting or being a part of an existing community garden.</p> <p>Include underserved or low-income groups</p> <p>Plan a community garden tour of existing community gardens with PedNet</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>Community Garden Coalition</p> <p>Master Gardeners</p>	<p>1/09 – 6/09</p>	<p>New community gardeners identified</p> <p>Increased public awareness of the value and benefits of community gardening</p>	<p>Outreach and educational efforts planned and scheduled</p> <p>Community garden tour completed</p>
<p>4. Develop resource materials and workshops</p>	<p>Complete “Community Gardening Toolkit” publication</p> <p>Plan and Conduct Community Gardening ISE</p>	<p>Bill McKelvey</p> <p>Lincoln University</p> <p>MUE Horticulture and Community Development</p> <p>Master Gardeners</p>	<p>3/09 – Publication</p> <p>Spring or Summer of 09 - Workshop</p>	<p>Increased knowledge of community garden development</p>	<p>Toolkit published</p> <p>Workshop conducted and evaluated</p>

<b>Goal</b>	INCREASE COMMUNITY ACCESS TO HEALTHY, LOCALLY PRODUCED FOOD				
<b>Objective #6</b>	Increase fresh food donations to local food pantries				
<b>Strategies to Implement</b>	<b>Steps</b>	<b>Materials, Resources and Personnel</b>	<b>Time Frame</b>	<b>Expected Outcome</b>	<b>Evaluation Method</b>
1. Expand gleaning projects in Columbia and Boone County	<p>Identify current gleaning activities in Columbia and Boone County</p> <p>Convene meetings with farmers and local agencies</p> <p>Involve food pantry/food bank clients</p> <p>Plan and schedule gleaning activities</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>Local farmers</p> <p>Central Missouri Food Bank</p> <p>Master Gardeners</p> <p>Report writing</p>	1/09 – 11/09	<p>Gleaning opportunities and challenges identified</p> <p>Increased fresh food donations to CMFB and pantries</p>	<p>Report written and shared with Grow Healthy group</p> <p>CMFB records</p>

<p>2. Expand Plant A Row projects Columbia and Boone County</p>	<p>Identify current Plant a Row activities in Columbia and Boone County</p> <p>Involve food pantry/food bank clients</p> <p>Plan and implement outreach and education activities</p>	<p>Current and prospective Grow Healthy Columbia/Boone County partners</p> <p>Central Missouri Food Bank</p> <p>Master Gardeners</p> <p>Community Garden Coalition</p> <p>Report writing</p>	<p>1/09 – 11/09</p>	<p>Plant A Row opportunities and challenges identified</p> <p>Increased fresh food donations to CMFB and pantries</p>	<p>Report written and shared with Grow Healthy group</p> <p>CMFB records</p> <p>Community Garden Coalition records</p>
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