



# It's So Easy To Preserve

## Home Food Preservation Series

- Each session covers a specific preservation method to use for highest quality and safety in home preserved foods.
- Solutions to common canning and freezing and dehydration problems.
- Hands-on experience with new recipes and sources of the latest research – each workshop will feature different processes and use different produce (chosen by availability).

### Class Topics and Dates

#### SESSION 1: June 24

Topic: Home Canning the Safe Way

- Pressure Canning Green Beans

#### SESSION 2: July 8

Topic: Water Bath Canning

- Making and preserving salsa

#### SESSION 3: July 22

Topic: Freezing and Dehydrating Produce

- Freezing garden produce

**Cost:**  
**\$15 per session**

**Registration deadline\*:**  
**Friday, June 18, 2010**

**For more information contact:**  
Janet Hackert, Nutrition/Health Specialist  
[HackertJ@missouri.edu](mailto:HackertJ@missouri.edu)

**Phone: 660-425-6434**  
**Fax: 660-425-6030 (call first)**

**\*Class sizes are limited, so call ahead to make sure space is available.**

### Locations and Times:

**Savannah 9-11 a.m.**

**Hamilton 2-4 p.m.**

**Bethany 6-8 p.m.**



*Your Source of  
Food Preservation  
Information*

EQUAL OPPORTUNITY/ADA INSTITUTIONS

Please let us know when you register if you will need special accommodation because of a disability.

*It's So Easy to Preserve Class registration*

**Registration Required.** Mail to University of Missouri Extension, 1505 Main, Court House Basement, Bethany, MO 64424  
(Please call first to make sure space is still available.)

Name (s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Check session(s) you'll attend:

9 to 11 a.m. Savannah (First Baptist Church, 500 E Pawnee)

June 24  July 8  July 22

2 to 4 p.m. Hamilton (United Methodist Church, 104 W Samuel St)

June 24  July 8  July 22

6 to 8 p.m. Bethany (Immanuel Baptist Church, 4207 Miller St)

June 24  July 8  July 22

**Include registration of \$15 for each session.**

Make checks payable to MU Extension