4-H is a community of young people across America who are learning citizenship, leadership and life skills.

February 2014

Slow Poke Copycat

Have the group stand facing forward, at least two arm-lengths away from each other. Tell them to be “slow poke copycats” by copying your movements. Lead the group through a series of slow movements to help stretch the different body parts:

- One arm on waist, gently swing the other arm forward and backward, and side-to-side. Change sides.
- Place on foot in front of the other about 12 inches apart. Rock back and forth, slowly lifting the free leg.
- Take two sliding steps to one side and back to the other.
- Sit with legs straddled and arms overhead, palms facing each other. Bring arms down to shoulder height with palms up, then bring arms forward with palms facing each other. Repeat.
- Lie down and make yourself as long as possible, then as wide as possible.

Ask for volunteers to take turns being the leader.

There’s still time to be a part of the 2014 MOVEment. Sign up now!

Northwest Regional Energizer Held

The second annual Northwest Regional Energizer was held on Saturday, January 25, 2014 in Hamilton. The energizer was open to 4-H members from the nineteen counties in the Northwest Region. Hamilton Elementary School in Caldwell County was the site of the energizer. There were 49 workshop facilitators who co-led 31 different workshops. Workshop facilitators included regional and campus 4-H specialists, 4-H staff, youth and program partners such as the MO Department of Conservation, the Missouri Star Quilt Company of Hamilton and Crowder State Park in Trenton.

The day included 236 youth and adult participants. Workshops included robotics, Show-Me Quality Assurance training, Missouri Volunteer Orientation, Social Media, Getting the Best Photos, Let’s Demonstrate, Team Building, Community Service and many more.

Members of the Missouri State 4-H Council also participated in the day. Those members present included Taylor Faucett, Cooper Sadowsky, Clay Schmildi, Jensen Mayes, Marci Eggers, and Nic Dungee. They spent the day assisting presenters, selling the new Missouri 4-H t-shirts, taking photographs and interacting with the 4-H members present. Plans are being made for a 2015 energizer.
Through Clover Kids clubs, children learn how to get along, share and work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce 5- to 7-year-olds to the 4-H concept of learning by doing.

**Wild Bird Treat**

**YOU WILL NEED**

- Wild bird seed mix
- Pinecones
- Creamy peanut butter
- String, thread, or twine
- Newspaper

**HERE’S HOW**

1. Pour a pile of bird seed onto the newspaper.

2. Using a dull knife, fill the spaces in the pinecone with peanut butter.

3. Roll the sticky pinecone in the bird seed and push the seeds into the crevices with your fingers. Make sure you fill it up with seeds.

4. Tie the string onto the top of the pinecone. Cut the string, leaving it at least six inches long.

5. Hang the pinecone from a tree outside as a treat for wild birds.

http://kids.nationalgeographic.com/kids/activities/crafts/

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**Animal Ownership Dates**

| Animal        | Breeding animals | Steers | Breeding boars | Market lambs | Market hogs | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
|---------------|------------------|--------|----------------|--------------|-------------|------------------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|----------------|
| Beef Cattle   | Breeding animals | 3/1    | Breeding boars | 6/1          | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Sheep         | Breeding animals | 7/1    | Breeding boars | Since farrowing | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Swine         | Breeding animals | 90 days | Breeding boars | Since farrowing | Market lambs | 90 days         | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Dairy cattle  | All dairy cattle | 6/1    | Breeding boars | Since farrowing | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Dairy goats   |                 | 6/1    | Breeding boars | Since farrowing | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Meat goats    | 6/1             | 6/1    | Breeding boars | Since farrowing | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Horses        | 5/1             | 5/1    | Breeding boars | Since farrowing | Market lambs | 5/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Rabbits       | 6/1             | 6/1    | Breeding boars | Since farrowing | Market lambs | 6/1             | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars | Breeding animals | Breeding boars |
| Poultry       | Meat pen        | 5-10 weeks prior to show | 8-10 weeks prior to show | 6-8 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show | 5-10 weeks prior to show |

The ownership dates indicated above, apply to 4-H and FFA youth. Livestock shows and exhibitions set up minimum dates for length of ownership necessary for exhibiting. The above dates have been established by the state of Missouri.
4-H Lock-In

Where: YMCA, Chillicothe – 1725 Locust St.

When: Arrive at 11 pm Friday, February 21st
Leaving at 6 am Saturday, February 22nd

Who: 6th grade and up (4-H members from across North MO are welcome!)

What: Come for sports, swimming (appropriate swimsuit), movies, games and leadership activities – most of all come to have a great time with area youth!
Staff and adult volunteers will be on hand to chaperone youth.
Please pick youth up promptly at 5:45 – 6 am Saturday morning.

Cost: Register w/health form by Wednesday, 2/19 $10
Register w/health form after 2/19 or at the door $15
-includes all food (pizza), drinks and games
*must have signed 4-H health form to attend*

Mail or bring health form and payment to:
MU Extension
2881 Grand Dr., Suite 2
Chillicothe, MO 64601

Contact info on day of Lock-In – 660/973-3444 (Shaun’s cell)

For more information please contact
University Extension at 660/646-0811
murphyse@missouri.edu

Equal Opportunity/ADA Institution
2014 4-H DAY WITH THE CARDINALS
Saturday, May 17, 2014

Ticket Orders Must be Postmarked by April 7, 2014!

4-H members, alumni, families and their friends are invited to join us for 4-H Day with the National League Champion St. Louis Cardinals, Saturday, May 17. The Cardinals will be playing the Atlanta Braves in a 1:15 p.m. game in Busch Stadium. Prior to the game, 4-H members and their parents/leaders can take part in a parade around the ball field—that’s right, participants will actually get to go down on the field and march one time around the stadium behind their state or county 4-H banner. Also, everyone who orders a ticket on this form will receive a specially designed t-shirt featuring the 4-H and Cardinals logos to commemorate the day. Note: Groups of families or county groups that wish to sit together must send their orders in one package. Tickets usually sell out, so order early. Tickets and t-shirts will be mailed on May 5.

You could throw out the first pitch of the game, get an autographed baseball, or win other great prizes! 4-H members who participate in the 4-H raffle will have a chance to be selected to throw out the first pitch, and other family members, alumni, and guests can win other great prizes. Each person who completes Section B of the order form will receive one chance to be selected for every $1 they donate to the 4-H Day with the Cardinals Raffle Fund. You must order tickets on the form below to participate in the raffle. See the back of the form for details and a list of prizes.

Return this form to:
Rhonda Shafer, University of Missouri Extension, 107 West Walton, Warrenton, Mo. 63383
For more information: (636) 528-7038
www.mo4h.missouri.edu

TICKET ORDER FORM

Complete both parts of this form to be eligible for all 4-H Day with the Cardinals opportunities.

Name: ___________________________________________  Phone: (______) ____________________________
Address: ___________________________________________  County: ________________________________

Street:_________  City:_________  State:_________  Zip:_________

Section A: Complete this part to order tickets and t-shirts for 4-H Day with the Cardinals. Tickets and t-shirts will be mailed on May 5. Tickets are for Pavilion seating. All tickets are $25.00. All sales are final, no refunds.

Payment must be received with order.

Section B—4-H Raffle: Complete this part to have an opportunity to throw out the first pitch or win other great prizes! Each $1 donation to the 4-H Day with the Cardinals Raffle Fund provides one chance to win. Be sure to indicate the number of chances for each family member. All proceeds will be used to support Missouri and Illinois 4-H programs.

Name:_________________________ Age:_________ #Chances:_________
Name:_________________________ Age:_________ #Chances:_________
Name:_________________________ Age:_________ #Chances:_________
Name:_________________________ Age:_________ #Chances:_________
Name:_________________________ Age:_________ #Chances:_________
Schedule of Events
4-H DAY WITH THE CARDINALS
Saturday, May 17, 2014
www.mo4h.missouri.edu

10:45 am Batting practice winners arrive at Busch Stadium.
11:00 - 11:45 am All members who wish to participate in parade around the ball field arrive. We will send information on where to gather when we send tickets and t-shirts.
11:45 am Enter stadium and line up for parade.
12:30 pm Pre-Game Ceremony, including first pitches and 4-H Pledge.
1:15 pm Play Ball!

All ticket orders must be postmarked by April 7!

Note: We have a limited number of seats, and have usually sold out early. Seats will be assigned on a first come, first served basis. So send your order as quickly as possible.

4-H Raffle Details
Winners will be notified after May 1.
Prizes will be mailed to winners after the game.

Each dollar donated to 4-H in the raffle will provide one chance to win. First prize, the opportunity to throw out the first pitch, must be awarded to a 4-H member only. All other prizes are available to youths and adults. All funds donated will be used to support Missouri and Illinois 4-H programs. You must purchase 4-H Day with the Cardinals tickets on the attached form if you wish to participate in the 4-H raffle.

Prizes:

1st Prize: Throw out the first pitch (must be a 4-H member), one Missouri and one Illinois winner.

2nd-4th Prize: Four tickets to watch a 2014 Cardinal game in all inclusive seats (includes tickets, food, and beverages). Approximate value - $400

5th-16th Prize: Baseball autographed by a Cardinal player.

17th-22nd Prize: Watch batting practice down on the field. (Three winners from Missouri and three from Illinois.)

23rd-27th Prize: Vouchers for four tickets to a 2014 Cardinal baseball game ($80 - $100 value).
Youth and adult partnerships in 4-H provide an opportunity for sharing responsibility and ideas and developing leadership skills together. Youth leaders are involved in planning, teaching and leading projects, activities and events at all levels of 4-H.

**Successful youth-adult partnerships**

- Build relationships and a cooperative environment. Learn about each other before you start the project to build trust.
- Understand differences. Learn from one another what each of you needs and expects from the other. Understand that each person brings gifts/talents/resources to the partnership.
- Know your goals and focus on those you have in common. Youths need to be involved with decisions that affect them, and adults need to understand why this is important.
- Find a balance of power and find importance in working together. Try to maintain an equal number of youths and adults. Ensure that youths are decision-makers, not just participants or observers.
- Reveal skills and attitudes that will cultivate a successful partnership. Young people are capable of significant decision-making.
- Show genuine concern for issues addressed in the project. The issues should be real and relevant to members.
- Recognize and bring attention to the feelings of accomplishment. Acknowledge each person’s contribution as a part of the team.

**Both adults and youths should agree to the following:**

**Adults**

1. Recognize youths as equals in making decisions and accepting responsibilities.
2. Model good communication with youth leaders.
3. Encourage and support youths on a continuing basis throughout planning, implementation and evaluation of the activity.
4. Understand that mistakes are opportunities to learn.
5. Ask for help when needed.

**Teens**

1. Get along with and be a positive role model to younger 4-H members, peer group and adults.
2. Be sincere in helping others and working with groups.
3. Plan ahead and complete activities.
4. Be aware of abilities and limitations.
5. Ask for help when needed.
6. Share decision-making and responsibilities with adults.

*For more information, see project meeting plan worksheet in the 4-H Project Leader Guidesheet LG784.*
February club leader tips

February is often described as the month of love, adoration and appreciation. We hope that you are enjoying your experiences as a club leader and enjoying the time you are investing in the 4-H program. You are a very important member of the MU Extension 4-H team, and we value your commitment to the success of the program. As you begin reviewing items for this upcoming month, consider the following ideas and suggestions:

1. Before the meeting, contact project leaders and confirm they have judging classes prepared for the club meeting. Junior leaders are a great resource for creating and working these stations.

2. Check committees to be sure they are functioning and progressing toward goals set earlier in the club year.

3. Set up time to recruit people to help members prepare recognition forms for recognition. Helpers could be older members, alumni members, parents and 4-H Extension staff.

4. Check project groups. If a project group has not met, offer time immediately before or after the club meeting for the project’s organizational meeting. Discuss timeline for completion with project leaders.

5. Begin sharing opportunities available to members in the summer. Encourage participation in summer activities such as camps, 4-H Congress, fairs and other trips by having club members share experiences attending these events.

6. Enjoy a Valentine Party and/or service project. If a service project is completed, take time to discuss how the group felt about the project, how they think their project will affect others and what other projects they would like to complete in the future related to this one. (“Do – Reflect – Apply” learning triangle)

7. Remind livestock members of weigh-in deadlines and ownership dates for state fair participation.

Knee-Hi 4-H Club

The Knee-Hi 4-H club was called to order on January 8, 2014, at the Gallatin Methodist Church. Hadley Jumps led the American pledge and Calvin Grady led the 4-H pledge. 17 members were in attendance with 11 guests. Roll Call was “What is your favorite winter activity or sport?”

Unfinished business: Twenty ABC’s of 4-H coloring book contest entries were submitted from club members and sent to the state 4-H office for judging. The 20 entries were also judged by the local Daviess County Extension staff. 1)Kourtney Bird 2) Johnna Tadlock 3) Hayden Jumps. The Club voted to reschedule bowling to Sunday, February 9th. Everyone is to meet at the High School parking lot at 1:15pm to carpool to Fast Lanes Bowling in Chillicothe. Alex Endicott reported on Officer Training that she and Libby Endicott attended on January 4th in Albany. New Business: Archery meeting is scheduled for Sunday, February 2, 2014, at 2:00pm at the Gallatin Methodist Church. Club Leader, Lena Ishmael explained project records and reported on which projected leaders that were still needed. Game and Song Leader Alex Endicott lead the group in a Human Knot game that was done at the recent Officer Training. Refreshments were provided by the Endicott and Ishmael families. The next meeting is scheduled for Wednesday, February 19, 2014, at 7:00pm at the Gallatin Methodist Church.

Respectfully submitted by Libby Endicott, Reporter

Pictured at left are the participants of the Daviess, Gentry and Harrison County officer training. The training was held on Saturday, January 4, 2014 at the Hundley-Whaley Discovery Center in Albany. Janet Sager, Gentry Co. YPA, Kyla Payne, Harrison County YPA and Becky Simpson, 4-H Youth Development Specialist for Daviess, Gentry, and Harrison Counties led the workshops for the youth.
4-H Discovery Trip — St. Louis
May 16-18, 2014

Do you like adventure? Love baseball? Join other 4-H middle school aged youth (Ages 12-14) and discover some amazing things about our world and beyond! The trip fee of $275 includes round trip transportation, hotel accommodations (4 to a room), 4-H Day with St. Louis Cardinals Game, most meals, and admission fees to The City Museum, World Bird Sanctuary, Endangered Wolf Center, Gateway Arch and other special tours. Completed registration due MARCH 15 with minimum $150 trip to secure your reservation of the limited seats. All fees must be paid by May 1 with complete trip details sent to participants. Departure from Cameron May 16, 7:00 am, with return on May 18, 9 pm. School absence letter supported by MO DESE for 5/16 can be provided.

Chaperones/4-H Youth Specialists: Becky Simpson simpsonre@missouri.edu 660-663-3232
Debbie Davis davisdd@missouri.edu 816-539-3765

Please send registration, 4-H Health Form, Trip fee (checks: Clinton County Extension) to: Debbie Davis, Clinton County Extension, PO Box 294, Plattsburg, MO 64477.

Name__________________________ 4-H Age (1-1-14)_________ T-Shirt: _______YL _______AM _______AXL
Address_________________________ MO Zip_________

Parent/Guardian Name(s)______________________________________________________________

Primary Contact Phone Number____________________ Secondary Phone____________________

Email: ____________________________ Roommate(s) Preference(s)?________________________

Why do you want to participate in this 4-H experience?

What would you like for us to know to help make this a terrific experience for you?

*Signature of Club Leader or 4-H Staff to verify you are member in good standing

REFUND POLICY
Upon receipt of registration, the 4-H member will be considered a trip participant. Should it become necessary for the member to withdraw, it is their responsibility to find an appropriate replacement. Refunds will only be issued if there is a suitable replacement delegate. We understand emergencies but tour expenses are prepaid based upon member’s commitment.

☐ Please check this box and sign below to verify that you understand and agree to this refund policy.

Parent/Guardian__________________________ Date________________
Youth__________________________ Date________________
Payment Method

☐ Cash

☐ Check # ____________________________

☐ Money Order # _______________________

☐ Credit Card- To pay by credit card, please call (660) 663-3232

☐ Total amount enclosed: ______

In compliance with fire code the camp can accommodate 96 campers. We will accept 32 males and 64 females. Completed registrations will be accepted until the camp fills or until the registration deadline whichever comes first.

Registrations will be dated and taken on a first come, first served basis. Only complete registrations will be accepted. A complete registration includes camp application, summer food service program Income Eligibility Form, payment and health form.

Return complete registration with 2014 camp fee of $110 to:

Daviess County Extension
102 North Main, Suite 1
Gallatin, MO 64640

All applications and money must be received by Friday, May 9, 2014

No refunds after May 16th-Except in cases of serious illness or accident of camper and cancellation must be made prior to camp by calling 660-663-3232.

By signing below you are agreeing that you have read and understand the camp policies for: application acceptance, the number of youth the camp can legally accept, and the refund policy and deadline.

Signature of parent or legal guardian ____________________________

University of Missouri Extension provides equal opportunity to all participants in extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, national origin, age, disability or status as a protected veteran.
**MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES**
**BUREAU OF COMMUNITY FOOD AND NUTRITION ASSISTANCE**
**SUMMER FOOD SERVICE PROGRAM**

**INCOME ELIGIBILITY FORM**

To apply for free or reduced-price meal eligibility benefits for your child(ren), please fill out this form and return it to the program.

**PART 1: CHILDREN ENROLLED IN THE PROGRAM**

Complete information below for children enrolled at the camp/site. If child(ren) are receiving Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamp) or Temporary Assistance (formerly AFDC, now funded by TANF), complete Parts 1, 2, 3, and 4 only. Complete Parts 1, 2, 3, and 4 if you did not provide a SNAP case number or Temporary Assistance case number. In certain cases, foster children are eligible for free meals regardless of household income. If foster children live in your household, please contact the camp or site sponsor for more information.

<table>
<thead>
<tr>
<th>NAME (first and last)</th>
<th>BIRTH DATE</th>
<th>FOSTER CHILD</th>
<th>SNAP CASE NUMBER</th>
<th>TEMPORARY ASSISTANCE CASE NUMBER</th>
</tr>
</thead>
</table>

**PART 2: HOUSEHOLD AND INCOME INFORMATION**

List all members of the household including the children listed in Part 1. Indicate source and amount of current income for all members of the household before deductions, such as taxes and social security. Where there are wage earners and self-employed adults, the income of the wage earner cannot be offset by the business losses of the self-employed adult. If last month’s income does not accurately reflect your circumstances, you may provide a projection of your current annual income. Irregular self-employed income may be averaged over the prior 12 months.

<table>
<thead>
<tr>
<th>INCOME BASED ON (CHECK ONE)</th>
<th>YEARLY</th>
<th>MONTHLY</th>
<th>2 X A MONTH</th>
<th>EVERY 2 WEEKS</th>
<th>WEEKLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOUSEHOLD MEMBERS</td>
<td>GROSS WAGES</td>
<td>WELFARE, CHILD SUPPORT, AID</td>
<td>PENSION, RETIREMENT, SOCIAL SECURITY</td>
<td>OTHER</td>
<td></td>
</tr>
</tbody>
</table>

**PART 3: PARTICIPANT’S ETHNIC AND RACIAL INFORMATION (Optional)**

<table>
<thead>
<tr>
<th>Hispanic or Latino:</th>
<th>[ ] Yes</th>
<th>[ ] No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race:</td>
<td>AMERICAN INDIAN OR ALASKA NATIVE</td>
<td>ASIAN</td>
</tr>
</tbody>
</table>

**PART 4: SIGNATURE**

I hereby certify that all information provided is correct and true and that all income is reported. I understand that this information is being given in connection with the receipt of federal funds, that institution officials may verify information, and that deliberate misrepresentation may subject me to prosecution under applicable state and federal laws.

<table>
<thead>
<tr>
<th>SIGNATURE OF ADULT FAMILY MEMBER</th>
<th>SOCIAL SECURITY NUMBER</th>
<th>DATE</th>
</tr>
</thead>
</table>

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced-price meals. You must include the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a SNAP, Temporary Assistance (TA) Program case number for your household or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced-price meals, and for administration and enforcement of the lunch and breakfast programs. These verification efforts may be carried out through program reviews and investigations, and may include contacting employers to determine income, contacting a SNAP or welfare office to determine current certification for receipt of SNAP or Temporary Assistance benefits, contacting the State employment security office to determine the amount of benefits received and checking the documentation produced by the household member to provide the amount of income received. These efforts may result in a loss or reduction of benefits, administrative claims, or legal actions if incorrect information is reported.

**FOR SPONSOR USE ONLY**

<table>
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<tr>
<th>TOTAL HOUSEHOLD SIZE</th>
<th>INCOME BASED ON (CHECK ONE)</th>
<th>YEARLY</th>
<th>MONTHLY</th>
<th>2 X A MONTH</th>
<th>EVERY 2 WEEKS</th>
<th>WEEKLY</th>
<th>SNAP (Food Stamp)</th>
<th>TEMPORARY ASSISTANCE</th>
</tr>
</thead>
</table>

**Eligibility Determination:**

- [ ] Eligible
- [ ] Ineligible

**SIGNATURE OF CENTER REPRESENTATIVE**

[ ]

[ ]

[ ]

[ ]

[ ]

[ ]

[ ]
Youth Health Statement, Parent Consent & Event Acceptance Form
Complete the ENTIRE two page form – Do NOT alter the form in any manner

For health or safety reasons, every person attending the event must submit a completed health form prior to the beginning of the program.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date(s) of Event</th>
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</thead>
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<table>
<thead>
<tr>
<th>Name of Youth</th>
<th>County</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th>Female</th>
<th>Male</th>
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<table>
<thead>
<tr>
<th>Birth Date</th>
<th>Age</th>
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<table>
<thead>
<tr>
<th>Parent(s)/Guardian(s)</th>
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<table>
<thead>
<tr>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
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<thead>
<tr>
<th>Home Phone</th>
<th>Work Phone</th>
<th>Cell Phone</th>
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<td></td>
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<td></td>
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<table>
<thead>
<tr>
<th>Do you have health insurance?</th>
<th>yes</th>
<th>no</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insurance Company Name</td>
<td>Insurance Company Policy Number</td>
<td></td>
</tr>
<tr>
<td>Insurance Company Address</td>
<td>City</td>
<td>State</td>
</tr>
<tr>
<td>Insurance Company Phone</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Will your child be bringing any type of medication to this event?</th>
<th>yes</th>
<th>no</th>
<th>If yes, explain.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Does your child have any allergies?</th>
<th>yes</th>
<th>no</th>
<th>If yes, explain.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Describe any special needs (medical, physical or mental challenges) we should be aware of.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Does your child have any special dietary needs?</th>
<th>yes</th>
<th>no</th>
<th>If yes, explain.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Date of last Tetanus immunization</th>
</tr>
</thead>
</table>

| If necessary, I approve of officials taking my child, ________________________________, to the nearest doctor or hospital. I further understand that, should a health problem arise, I will be notified. If I cannot be reached by phone, such medical treatment, including surgery, as deemed necessary by competent medical personnel, would be rendered. |

<table>
<thead>
<tr>
<th>Emergency Contact Information</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>Relationship</td>
</tr>
<tr>
<td>------</td>
<td>--------------</td>
</tr>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Home Phone</th>
<th>Work Phone</th>
<th>Cell Phone</th>
</tr>
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<tbody>
<tr>
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</table>

<table>
<thead>
<tr>
<th>Family Physician</th>
<th>Office Phone</th>
<th>Home Phone</th>
</tr>
</thead>
<tbody>
<tr>
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</table>
Event Acceptance
Education events and activities are coordinated by the University of Missouri 4-H Youth Development Programs. All participants must observe the following guidelines for conduct:

- Participate fully in all sessions.
- Show respect for property/facilities used during the event and assume financial responsibility for any damages caused.
- Follow the established agenda and expectations for behavior.
- Use appropriate language and wear acceptable clothing at 4-H activities and events.
- Use no alcohol, stimulants, non-prescription drugs or tobacco products.

I understand and accept the responsibility for following the above guidelines and understand that failure to do so will result in dismissal from the event or activity. Further, I accept financial responsibility for damages to property or materials, travel costs and/or program costs that might result from violation of this agreement. I understand and agree that in consideration of the acceptance in these activities, we release 4-H, the Curators of the University of Missouri, their respective officers, agents and/or employees from all liability and loss (including court costs and attorney fees) resulting from any property damage, personal injury and bodily injury including death to me in the course of these events. We will be bound by all rules and regulations while participating in said events.

CHILD PHOTO AUTHORIZATION:

I ___________________________ authorize the University of Missouri to make pictures and sound recordings of my child/children ___________________________ and use the same in any form for its purposes and consent that the pictures and recordings may be copied, published, telecast or broadcast for such purposes together with descriptions and editorial statements. The University of Missouri is not responsible for third party photographs.

<table>
<thead>
<tr>
<th>Date</th>
<th>Signature of Parent/Guardian</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Signature of Youth</td>
</tr>
</tbody>
</table>

Both youth and parent (guardian) must sign this form. If you choose to have this form notarized, your signature must be witnessed by the Notary Public. I understand if I do not have this health statement and consent form notarized, it could cause a delay in my treatment.

Notary Optional (some hospitals require)

State of Missouri, county of ___________________________

My commission expires ___________________________

Subscribed and sworn to before me on this __________ day of __________________________ 20___

Notary Public Signature ___________________________

4-H MU is an Equal Opportunity Institution. For concerns about access or opportunity, contact your local MU Extension center or call 573-882-7430. The University of Missouri complies with the guidelines set forth in the Americans with Disabilities Act of 1990. If you have special needs as addressed by the Americans with Disabilities Act and need assistance with this or any portion of the enrollment process, call 573-882-2719. Reasonable efforts will be made to accommodate your special needs.

Copy Form as Needed

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Clover Connection: Daviess, Gentry and Harrison Counties

MCCULLOUGH FITTING CLINIC

HOSTED BY: ANDREA MILLIGAN AND TEELA SADOWSKY
LOCATION: NORTHWEST MISSOURI FAIR GROUNDS
BETHANY, MO
DATE: MAY 2-4, 2014

COST: 1 KID/ 1 CALF/ 1 CHUTE $130
2 KIDS/ 2 CALVES/ 2 CHUTES $230

Fee includes the cost of one on one instruction throughout the weekend, one clinic tee-shirt, and lunch on Saturday and Sunday for 2 people. Extra meals may be purchased for $5 per person. Each person is responsible for bring their own show supplies, chute, and bedding and clean-up of stalls. There will be only 20 spots for this clinic. Please get your registration form and money in by Feb 25-2014, as this will reserve your spot. Money has to be paid in full.

Applications can be found at: http://extension.missouri.edu/daviess or by contacting Andrea Milligan at (660)425-5642 or miligan72@hotmail.com OR Teela Sadowsky at (660) 868-0433.