"A History of Me" is a 20-page guide developed by David Burton, civic communication specialist with University of Missouri Extension.

The guide is full of questions that will guide a person toward preserving their own personal history for future generations. The same questions can be used by an interviewer trying to record another person’s history.

Take your time and enjoy the journey of recapping your own personal history through the pages of this journal. Once completed, share this personal history with your family.

The booklet is available at the Greene County Extension Center, 2400 S. Scenic, Springfield, Mo. 65807 or can be purchased by mail using this form.