

# FOOD PRESERVATION

## WORKSHOPS AND DEMONSTRATIONS

**Tuesdays— June 12, 19, 26 & July 17, 24 & 31**

**6:30 to 9:00 pm**

**Union Memorial Auditorium**

**Classroom 3 (Lower Level)**

*corner of Linden and Locust in Union, Missouri*



*Whether you've never done any home canning or it's been a while since you last canned food—this class is for you!*

**Sessions are \$7 each or all 6 for \$30 !**

**\*\* Registration is required \*\***

To register, call 636-583-5141 with your name, mailing address and phone number or e-mail address

### **June 12 Canning Vegetables & Fruit**

Learn safe methods for canning both fruits and vegetables for home use. Topics include a water bath canning and pressure canning demonstration. Learn to select and care for canning equipment, as well as prepare food for canning, process it correctly, and check seals.

### **June 19 Freezing Vegetables, Fruit, and Prepared Foods**

Subjects covered will include selecting foods for freezing, blanching, sugar vs. dry pack methods for fruit, proper packaging, and freezer storage temperatures.

### **June 26 Preparing Jams & Jellies**

Explore traditional ways to preserve jams and jellies, as well as alternative sweet spreads prepared with Splenda<sup>®</sup>. Topics include sterilizing jars, water bath processing of jams and jellies, pectin products, freezer jams, and recipe sources for specialty jams.

### **July 17 Preparing Pickles & Relishes**

Learn to understand safe methods of preparing fermented pickles, as well as quick pack pickles. Topics include: dill pickles, bread & butter pickles, relishes and fruit pickles.

### **July 24 Preparing Salsa**

Learn up-to-date methods for turning your peppers into salsa you and your family and friends can enjoy all year long !

### **July 31 Drying Foods**

Learn to safely dry jerky, fruits, fruit leathers and vegetables despite humid conditions.

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