

# **Franklin County Service Providers**

June 5, 2007

## **Meeting attendees:**

Jennifer Bennett, ClearPoint Financial Solutions  
Barb Berger, Jefferson County Family Support  
Carol Conway, Al-Anon/Alateen  
Lauri Crum, GED Program  
Michael Cundiff, Family Wellness Program  
Barb Dreier, Adult Education & Literacy Program  
Lisa Epple, East Central College  
Diane Grove, St. John's Mercy Hospital  
Iris Hamilton, Mercy Care Plus  
Paulette Hensley, Jefferson Franklin Community Action  
Laurie Kelly, Jefferson Franklin Community Action  
Armin Klemme, Union Food Pantry  
Norma Klemme, Habitat for Humanity  
Lana Langhorst, Franklin County Health Department  
Sue Luedde, Adult Education & Literacy Program  
Sandra McKinnon, University of Missouri Extension  
Linda Metcalf, Mid East Area Agency on Aging  
Melinda Ohlemiller, St. Louis Arc  
Tahle Parks, Harmony Health Plan  
Julia Schaffner, St. Louis Arc  
Becky Stieffermann, Franklin County Area United Way  
Sheria Yancey, Farm Service Agency

## Franklin County Service Providers Presenter List for 2007

January 2, 2007	Linda Metcalf – Mid East Area Agency on Aging
February 6, 2007	Polly Watson – Jefferson/Franklin Community Action
March 6, 2007	Michael Cundiff – Family Wellness
April 3, 2007	Armin Klemme – Union Food Pantry
May 1, 2007	Carey Curran & Sherry Huxol–Probation & Parole (Franklin County Drug Court)
June 5, 2007	Melinda Ohlemiller – St. Louis Arc Prevention Project
July 2007	<u>NO MEETING SCHEDULED</u>
August 7, 2007	Crossroads Program
September 4, 2007	Laura Jensen – Exceptional Equestrians <b><u>Different Room Location!!!!</u></b> Meeting will be at the Regional Training Center in room RTC 114 - at the East Central campus in Union
October 2, 2007	Verna Woodson – Recovery, Inc.
November 6, 2007	<b><u>Tentative Field Trip</u></b> – Willow Brooke Assisted Living
December 4, 2007	Daphne Terrill – HealthCare USA

Franklin County Service Providers  
June 5, 2007  
Minutes

The meeting was called to order by Sandra McKinnon with the University of Missouri Extension. Introductions and the following announcements were made:

**Franklin County Service Providers:**

Sandra mentioned that if you're not on the list serv and would like to be, a sign up sheet will be passed around for you to add your contact information to.

A draft of the proposed by-laws was handed out at the May meeting, posted on the website, sent out to the list serv, and will be voted on today. Michael Cundiff made a motion to accept the by-laws as they are written with one addition to Article IV, section II that in the event another site would be suggested for holding meetings at that the location would be agreed upon by the members. Sue Luedde seconded this motion and all were in favor. Norma Klemme volunteered to serve as the Vice Chair committee member.

There will be a Basic First Aid training course held on Tuesday, July 10 from 9:00 a.m. to noon at the Union Ambulance District Office in Union. The cost is free and you can register today on the sheet that's being passed around or you can call Lisa Epple at 636-583-5195, Ext. 2416. Please register by July 2<sup>nd</sup>. The class size is limited to 15, but if it turns out we have more people than this to sign up, then we can check into forming a second training group.

**Harmony Health Plan:**

Tahle Parks provided flyers about a Healthy Baby Forum that will be held on Saturday, July 14 from 9:00 a.m. to 2:00 p.m. at the SSM Cardinal Glennon's Medical Center in St. Louis.

**Family Wellness Program:**

Michael Cundiff discussed that they'll be adding a parenting program this summer called Parenting, Love, and Logic. This program will be for all ages. It will start in July and run for 4 weeks; the cost is \$100.

**Jefferson County Family Support:**

Barb Berger provided flyers about the free mammogram and pap testing they provide for women ages 35-64.

**Adult Education and Literacy Program:**

Sue Luedde stated they're looking for volunteers to tutor. If you know of anyone, please let them know the number to contact is 636-583-5195, Ext. 2592. Volunteers will need to attend a 2-3 hour orientation, will be given materials to use in their tutoring sessions, and tutoring is done at the GED testing site. A flyer with information about the GED summer class schedule was given out.

**Farm Service Agency:**

Sheria Yancey stated their agency is waiting for the disaster aid program to begin. Plant and crop reporting is going on now.

**HealthCare USA:**

Tim Owens was unable to attend the meeting, but Sandra McKinnon made an announced for him that the Beary Important Bundle OB program that began in January now has over 400 participants. This information was previously being tracked by the doctor's name, but they will begin tracking the information by county as well.

**Mid East Area Agency on Aging:**

Linda Metcalf stated the eligibility age for the Silver Games has been lowered to 50. The Silver Games have an event for everyone. For \$7 you can participate in all four day's events. Their goal is to have 500 people sign up this year.

**Al-Anon/Alateen:**

Carol Conway stated that Al-Anon meetings are held in Franklin County every Thursday at 7:00 p.m. in St. Clair.

**United Way:**

Becky Stieffermann stated that their video titled *Making Our Future Brighter* is finished now.

**St. John's Mercy Hospital:**

Diane Grover discussed free mammograms that are available to women who might not normally be able to afford this service. Upcoming dates for the mammogram vans are May 30, August 22, and a date in October to yet be determined.

**Habitat for Humanity:**

Norma Klemme discussed that the dedication for the Habitat house built in Sullivan will be on June 29. The house being built in Leslie is under roof now and the process of selecting a family has begun. Please remember that application forms can be picked up at local post offices, except Washington or you can call 636-583-1020 to request one be mailed to you. The aluminum can collection will be held on July 14. You can drop off your donations at your local police departments and Wal-Mart stores. Or you can take your cans to area recycling centers and mention that you'd like the proceeds to go towards the Habitat for Humanity fund.

**Union Food Pantry:**

Armin Klemme stated that each community has a food pantry; Washington has 3 pantries. The Union Food Pantry is open Mondays and Thursdays from 2:00-4:00. In order to be eligible you must reside within the school district where the pantry is located. During the summer months there is a heavy drain on the food pantry because there are children at home from school thus a family has more mouths to feed. Please help to spread the word that donations are needed during the summer.

**Jefferson Franklin Community Action:**

Laurie Kelly stated the Back to School Fair will be held on July 27. The Missouri CHIPs child identification program will be there to provide fingerprint records. You must be pre-registered for this event through either the Gray Summit or Hillsboro office.

**Franklin County Health Department:**

Lana Langhorst stated that the Franklin and Jefferson County Health Departments have the HPV (human papilloma virus) vaccine available for females who are between the ages of 9 and 26. This is being made available through a grant from the Missouri Foundation for Health.

**St. Louis Arc:**

Melinda Ohlemiller and Julie Schaffner were our guest speakers. Since 1950, St. Louis Arc has been supporting people of all ages with development disabilities. Services are provided to residents in 5 counties in Jefferson, St. Louis, Franklin, Lincoln, and St. Charles. The agency offers residential, employment, leisure, community integration, and respite care services. They also provide early intervention through their Childgarden Development Center and offer Family Support and Networking, Parents Learning Together, and Prevention and Community Education programs.

St. Louis Arc has created a Prevention Project that offers free educational presentations and information about prenatal alcohol exposure. The program has been approved for grants that will be available through March of 2008. If you or your agency would like to host one of these presentations, please put your name on the list that's being passed around. Presentations have been given at several area high schools to help educate students on how drinking alcohol during pregnancy can be harmful. There are many myths and misinformation about drinking during pregnancy and their agency would like to use common language to educate and inform people of the dangers. The fact is there's no safe amount of alcohol to drink during pregnancy. When the mother drinks the fetal blood alcohol level will stay higher for a longer period of time. This is due to the fetus's small size and the time delay for the alcohol to circulate back out of the blood stream. The fetus is trapped and experiences the alcohol at a much richer level. Many pregnant women are told that having a drink of wine every now and then is fine. But, everyone's definition of that timeframe ("every now and then") and size of drink is different. In fact, one shot of whiskey is the same as drinking 5 ounces of red wine. Even a small amount of alcohol can have a lasting effect on the fetus. Things such as behavioral problems, height differences, lower IQ, and decreased sensitivity on the hands are all potential effects of fetal alcohol syndrome.

A video was shown of a mother who talked about that she only drank alcohol on the weekends when she was pregnant. As her baby began to develop she noticed that her daughter had some delays in talking, walking, responding, and in coordination. At first she thought her daughter might grow out of these things and later learned that she had the affects of fetal alcohol syndrome. She now tries to nurture what she can do not what she's limited to. Melinda and Julia brought life size baby dolls with them to represent what the size and features were of normal babies and those with fetal alcohol syndrome. Differences in the dolls were that those representing babies born with fetal alcohol syndrome had smaller heads, flattened facial features, and body size smaller overall. But babies with they syndrome can look "normal" but can later develop memory or psychiatric problems.

St. Louis Arc is working to help inform healthcare providers in hopes of getting their help to spread the word to expecting mothers.

Respectfully submitted by,  
Lisa Epple