



Family Caregiving Resources

General

**US Department of Health & Human Services
Administration on Aging**
www.aoa.dhhs.gov

AARP—American Association of Retired Persons
601 E Street, NW
Washington, DC 20049
202-424-3410
www.aarp.org

Asociacion Nacional Prosonos Mejores (National Association for Hispanic Elderly)
1333 W 27th Street
Kansas City, KS 66106
913-722-1155

National Caucus & Center on Black Aged
1424 K Street NW, Suite 500
Washington, DC 20005
202-637-8400
ncba-aged.org
Regional Office
1325 S Wabash, Suite 100
Chicago, IL 60605
312-554-0466

**Administration on Aging
Eldercare Locator**
800-677-1116
www.aoa.dhhs.gov

**American Geriatrics Society
Foundation for Health in Aging
The Empire State Building**
350 Fifth Avenue, Suite 801
New York City, NY 10118
800-563-4916
www.healthinaging.org

eXtension
Reliable, unbiased information
www.extension.org

National Association of Area Agencies on Aging
927 15th Street, NW, 6th Floor
Washington, DC 20005
202-296-8130
www.n4a.org

National Council on the Aging
409 3rd Street, SW, Suite 200
Washington, DC 20024
202-479-1200
www.ncoa.org

**National Institute on Aging
Information Center**
PO Box 8057
Gaithersburg, MD 20898-8057
800-222-2225
TTY: 800-222-4225
www.nia.nih.gov

Consumer Issues

National Consumers League
1701 K Street NW, Suite 1200
Washington, DC 20006
202-835-3323

National Fraud Information Center
800-876-7060
www.nclnet.org

Financial

Benefits Check-Up
(Fifty state on-line service identifies federal and state assistance programs for older persons and their families)
www.benefitscheckup.org

Medicare
800-638-6833 or 800-633-4227
www.medicare.gov
7500 Security Bldg.
Baltimore, MD 21244-1850
877-267-2323
877-226-1819 (TTY)

Social Security Administration (SSA)
Office of Public Inquiries
Windsor Park Bldg
6401 Security Blvd
Baltimore, MD 21235
410-965-1234
TDD 800-288-7185
24-hour automated service
800-772-1213
www.ssa.gov

Centers for Medicare and Medicaid Services
www.cms.hhs.gov

Health Related

Alzheimer's Association
225 North Michigan Avenue
Suite 1700
Chicago, IL 60601-7633
312-335-8700
TDD: 312-335-5886
Toll Free Information
800-272-3900
TDD 866-403-3073
info@alz.org
www.alz.org

American Cancer Society
1599 Clifton Road NE
Atlanta, GA 30329
404-320-3333
Information Service
800-227-2345
www.cancer.org

American Diabetes Association
1701 N. Beauregard St
Alexandria, VA 22311
703-549-1500
800-342-2383
Patient Information Line
800-232-3472
www.diabetes.org

American Dietetic Association
216 West Jackson Blvd
Chicago, IL 60606-6995
800-366-1655 (Consumer Hotline)
www.eatright.org

American Foundation for the Blind
11 Penn Plaza, Suite 300
New York, NY 100014
212-502-7600
Information Hotline
800-232-5463
www.afb.org
Regional Office
401 N. Michigan Ave., Suite 308
Chicago, IL 60611
312-245-9961

American Health Care Association
The Association of the Long-Term Care Community
1201 L St NW
Washington, DC 20005
202-842-4444
ahcanca.org

American Parkinson Disease Association

1250 Highland Blvd
Staten Island, NY 10305
718-981-8001
Information Hotline
800-223-2732
www.apdaparkinson.org

Arthritis Foundation

1330 W. Peachtree St.
Atlanta, GA 30309
404-872-7100
Information Service: 800-283-7800
www.arthritis.org

Better Hearing Institute

5021 Backlick Rd
Annandale, VA 22003
703-642-0580
Hearing Helpline: 800-327-9355
www.betterhearing.org

Hospice Foundation of America

800-854-3402
www.hospicefoundation.org

American Health Assistance Foundation

15825 Shady Grove Road, Suite 140
Rockville, MD 28050
800-437-AHAF (2423)
www.ahaf.org

Department of Veterans Affairs

Office of Public Affairs
810 Vermont Avenue, NW
Washington, DC 20420

Hill-Burton Free Medical Care Program

Health Resources & Services
Administration
Department of Health and Human
Services
Division of Facilities Compliance
and Recovery
5600 Fishers Lane, Room 10C-16
Rockville, MD 20857
800-638-0742
www.hrsa.gov

Employee Benefit Security Administration

Department of Labor
200 Constitution Avenue, NW
Room N5626
Washington, DC 20210
866-275-7922
www.dol.gov/ebsa

Meals on Wheels Association of America

1414 Prince Street, Suite 302
Alexandria, VA 22314
www.mowaa.org

Medic Alert Foundation

P.O. Box 1009
2323 Colorado Ave.
Turlock, CA 95382
209-668-3333
24-hour Information Service:
800-344-3226 / 800-432-5378
www.medicalert.org

National Association for the Visually Handicapped

22 West 21st St., 6th Floor
New York, NY 10010
212-889-3141
www.navh.org

National Association of People with AIDS

1413 K St. NW
Washington, DC 20005-3405
202-898-0414
www.napwa.org

National Hospice Organization

1901 N. Moore St., Suite 901
Arlington, VA 22209
703-243-5900
Resource Helpline
800-658-8898

End-of-Life/Palliative Care

bioethics.od.nih.gov/endoflife.html

National Stroke Association

9707 Easter Lane
Englewood, CO 80111
303-649-9299
Information Service:
800-787-6537
www.stroke.org

Self-Help for Hard of Hearing People, Inc. (SHHH)

7910 Woodmont Ave., Suite 1200
Bethesda, MD 20814
301-657-2248
TDDD: 301-657-2249
www.shhh.org

United Seniors Health Council

www.unitedseniorshealth.org

Legal

American Bar Association Commission on Legal Problems of the Elderly

740 15th St. NW, 8th Floor
Washington, DC 20005
202-662-8690
800-285-2221
www.abanet.org

National Academy of Elder Law Attorneys (NAELA)

1604 North Country Club Road
Tucson, AZ 85716
520-881-4005
www.naela.com

National Center on Elder Abuse

www.elderabusecenter.org

National Senior Citizens Law Center

1101 14th Street NW, Suite 400
Washington, DC 20005
202-289-6979
www.nsclc.org

Partnership for Caring: America's Voices for the Dying (Formerly known as Choice in Dying)

Legal information, living wills/powers of attorney
1620 Eye St. NW, Suite 202
Washington, DC 20006
www.partnershipforcaring.org

Long Term Care

National Clearinghouse for Long-Term Care Information

U.S. Dept. of Health and Human Services
Administration on Aging
Washington, DC 20201
202-619-0724
Fax 202-357-3555
www.longtermcare.gov

Missouri Long-Term Care Public Awareness Campaign

800-390-3330
ownyourfuture.mo.gov

American Association of Homes and Services for the Aging

2519 Connecticut Ave. NW
Washington, DC 20008
202-783-2242
www.aahsa.org

Medicare Long-Term Planning Tool
www.medicare.gov/LTCPlanning

The Federal Long-Term Care Insurance Program

Determine the costs of care in your area
www.ltcfeds.com/assessing_your_needs

National Association of Home Care

228 7th St. SE
Washington, DC 20003
202-547-7424
www.nahc.org

National Coalition for Nursing Home Reform

1424 16th St. NW, Suite 202
Washington, DC 20036-2211
202-332-2275
www.nccnhr.org

Assisted Living Federation of America

1650 King St, Suite 602
Alexandria, VA 22314-2747
703-894-1805
Fax 703-894-1831
www.alfa.org

Care Planner

www.careplanner.org

National Center for Assisted Living

1201 L Street, NW
Washington, DC 20005
202-824-4444
www.ncal.org

Well Spouse Foundation

30 East 40th Street
New York City, NY 10016
800-838-0879
www.wellspouse.org

Medication/Prescription Drugs

Visiting Nurse Association of America

11 Beacon St., Suite 910
Boston, MA 02108
617-523-4042
www.vnaa.org

AARP State Pharmacy Assistance Programs

601 E. Street, NW
Washington, DC 20049
202-434-2277
Member Assistance Hotline:
800-424-3410
www.aarp.org/bulletin/yourmoney

Housing

The Center for Universal Design

College of Design Box 8613
Raleigh, NC 27695-8613
800-647-6777
www.design.ncsu.edu/cud

Center for Inclusive Design and Environmental Access

School of Architecture and Planning
University of Buffalo
Buffalo, NY 14214-3087
716-829-3485 x329
www.ap.buffalo.edu/idea

National Council on Independent Living

2111 Wilson Boulevard, Suite 405
Arlington, VA 22201
703-525-3406
www.ncil.org

Adaptive Environments

374 Congress Street, Suite 301
Boston, MA 02210
612-625-1225
www.adaptiveenvironments.org

The Lighthouse, Inc.

111 East 59th Street
New York, NY 10022
212-821-9200
www.lighthouse.org

ABLEDATA

8630 Fenton Street, Suite 930
Silver Spring, MD 20910
800-227-0216
www.abledata.com

Disabled American Veterans

National Service Headquarters
807 Mains Avenue, SW
Washington, DC 20024202.554.3501
www.dav.org

National Aging in Place Council

1400 16th Street, NW, Suite 420
Washington, DC 20036
202.939.1770
www.naipc.org

American Association of Retired Persons (AARP) Resource Service Group

Dept. QD
601 E. Street, NW
Washington, DC 20049
202-434-6049
www.aarp.org

Care Giving

The Caregiver's Handbook

pbs.org/caringforyourparents

Children of Aging Parents (CAPS) Information referral for caregivers

1609 Woodbourne Road, Suite 302A
Levittown, PA 19057-1511
212-945-6900
800-227-7294

Eldercare Locator Service

927 15th Street, NW 6th Floor
Washington, DC 20005
202-296-8130

Nationwide Assistance Directory

800-677-1116
www.eldercare.gov

National Family Caregivers Association

10400 Connecticut Avenue, Suite 500
Kensington, MD 20895-3944
800-896-3650
301-942-6430
Fax 301-942-2302
info@thefamilycaregiver.org
thefamilycaregiver.org

Provided to you by

UNIVERSITY OF MISSOURI
 **Extension**
Live. And Learn.

For more information,
visit Missourifamilies.org

Disclaimer: No special endorsement of any specific product is intended, nor is criticism implied of similar products not mentioned.