

Building MyPyramid (2nd grade) and the Missouri Grade Level Expectations (GLEs)

Lesson and Summary	Content Area	Grade Level Expectation (GLE)
1-I Spy MyPyramid <ul style="list-style-type: none"> Students learn that eating a variety of foods and staying active helps them stay healthy. They apply their knowledge by placing food cards in the appropriate food group on MyPyramid. 	Communication Arts	L1A2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	ME1D2, ME2A2a, ME2B2b
	Physical Education	PA1B2
2-I Spy Grains <ul style="list-style-type: none"> Students learn about eating more whole grains, and that grains provide energy for growing, playing and learning. They identify safe food handling skills. 	Communication Arts	R1I2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	ME1D2, ME2B2b, ME2C2
	Physical Education	
3-I Spy Vegetables <ul style="list-style-type: none"> Students learn why vegetables are healthy and that it is fun to try new ones. They participate in a physical activity that gets their hearts beating faster. 	Communication Arts	L1A2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	
	Physical Education	
4-I Spy Fruits <ul style="list-style-type: none"> Students learn why fruit is healthy and that it is a fun to try new ones. They discuss the difference between commercials and regular television programs. 	Communication Arts	I1A2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	ME3A2
	Physical Education	
5-I Spy Milk <ul style="list-style-type: none"> Students discover that foods made from milk work together with physical activity to make healthy bones. They analyze an every day scenario for proper food safety techniques. 	Communication Arts	R1I2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	FS1C2
	Physical Education	

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<p>6-I Spy Meat & Beans</p> <ul style="list-style-type: none"> Students discover foods from the Meat & Beans group, both plant and animal sources. They recognize that bodies come in all shapes and sizes and that some activities can stretch muscles and get the hear beating faster. 	Communication Arts	L2A2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	ME1D2, ME2D2
	Physical Education	
<p>7-MyPyramid Power</p> <ul style="list-style-type: none"> Students learn that eating from all the food groups in MyPyramid is healthy. They select foods that are nutrient-dense that provide the body with long-lasting energy. 	Communication Art	L1A2
	Mathematics	
	Science	
	Social Studies	
	Fine Arts	
	Health	ME1D2, ME2A2a, ME2E2
	Physical Education	